

# BUILDING A #STRONGIOWA

## CARROLL COUNTY

Iowa State University Extension and Outreach connects the needs of Iowans with Iowa State University research and resources. We are working with the people of Carroll County for what we all want: a strong Iowa.

### Carroll County Extension Council

Every Iowa county has an elected extension council that guides local educational programming by partnering with staff. From needs assessment through program implementation and evaluation of outcomes, the council represents the issues and people of the county.

We have identified these local issues as priority topics for current and future programming:

- Economic Development
- Food and the Environment
- Health and Well-being
- K12 Youth Outreach



### Economic Development

Annie's Project has been empowering women in agriculture for over 14 years and has been taught in over 33 states. This fall the Annie's Project six week farm risk management course was once again offered in Carroll County. Topics were centered on five areas of risk that ag producers face; financial, human resource, production, legal and estate planning, and market risk. Local community experts and ISU Extension field specialists taught the best methods for managing risk and answered questions. The most positive element for this learning experience was the discussion that developed between participants and answers provided by expert speakers. Thirteen participants learned strategies that will help them make better management decisions, take a more active role in the management of their farming operation, and better communicate with their spouse or other business partners. Annie's Project is based on the objective of providing a positive, safe learning environment while empowering women with knowledge and confidence. In this program, ISU Extension develops



### Extension Council Members

We want communities and farmers to thrive, and families and children to be healthy. And eventually we want to turn the world over to the next generation better than we found it.

#### Bary Kienast

*Extension Council Chair*

#### Name

*Kelly Danner*

#### Name

*Jane Boes*

#### Terry Torneten

*Regional Director*

#### Name

*Karen Whalen*

#### Name

*Jim Heithoff*

#### Name

*Denny Halder*

#### Name

*Jim Friel*

#### Name

*Holly Schreck*

#### Name

*Ron Morlok*

## IN 2017





(Economic Development cont.)

one of Iowa's brightest, impactful and growing economic resources: Women in Agriculture.

## Health and Well-Being

"Grab and Go: Emergency Kit" delivered by ISU Human Sciences Extension and Outreach Family Finance Specialists had participants explore the question: "Would you be ready to evacuate with your vital records within 30 minutes?" The Human Sciences Extension and Outreach program provides advice for safeguarding your important documents and a set of fillable forms for recording your personal and financial information, identifying your advisors, and giving the locations of important documents. Research indicates when an emergency plan is established families worry less about money, focus on personal safety, and are better prepared to respond to financial challenges during an emergency.

## Food and Environment

ServSafe delivered by ISU Extension and Outreach Human Sciences, is a program that addresses food safety. Americans continue to spend over half of their food dollars on food prepared away from home which means staff working in retail establishments need the proper knowledge and skills to prevent food borne illness. Due to high employee turnover in the retail food industry, continual training is needed. Seventy-two people attended six ServSafe classes offered at the Carroll County Extension office in 2017. Iowa State University Extension and Outreach is recommended by

the Department of Inspection and Appeals as the entity to contact for Food Safety Training.

## K-12 Youth Outreach

Clover Kids is a fun 4-H program specifically designed for children in kindergarten through third grade. Carroll County ISU Extension and Outreach has 5 Clover Kids groups in the county with a total of 76 youth participating. The overall purpose of the Iowa 4-H Clover Kids program is to foster the development of life skills that are essential for the cognitive, social, emotional, and physical maturation of kindergarten through third graders by providing a unique, age-appropriate educational opportunity. In order to provide a high quality learning experience, the Clover Kids program is designed to be continuous and long-term. For this reason, Clover Kids groups meet on a regular basis. In addition to Clover Kids, the Iowa 4-H program offers a variety of experiences and activities that children in kindergarten through third grade are eligible to participate in. Carroll County Extension and Outreach has a total of 185 youth involved in 4-H programs. Statewide the 4-H Youth Development program has 23,100 4-H members and 6,852 Clover Kids.



## ISU Extension and Outreach Carroll County

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