

BUILDING A #STRONGIOWA

MONROE COUNTY

Iowa State University Extension and Outreach connects the needs of Iowans with Iowa State research and resources. We listen, learn, and work with the people of Monroe County for a #STRONGIOWA.

Monroe County Extension Council

Every Iowa county has an elected extension council that guides local educational programming by partnering with staff. From needs assessment through program implementation and evaluation of outcomes, the council represents the issues and people of the county.

We have identified these local issues as priority topics for current and future programming:

- Economic Development example
- Food and the Environment example
- Health and Well-being example
- K12 Youth Outreach Example



Health and Well-Being

Monroe County NEST serves 28 families and over 35 children. Classes are held three times a week, Monday and Wednesday evenings as well as Wednesday mornings. Classes are each one hour and clients have the option to attend the class that fits their schedule.

NEST is able to provide families with resources and education needed for higher family functioning, social support, child development, nurturing and attachment and other knowledge of parenting skills. From cooking classes to parent/child activities, NEST offers a variety of hands-on learning experiences.



Extension Council Members

We want communities and farmers to thrive, and families and children to be healthy. And eventually we want to turn the world over to the next generation better than we found it.

Terry Maloy
Extension Council Chair

Sue Henderson
Regional Director

Mike Stocker
Council Vice Chair

Josh Buckingham
Treasurer

Christine Wilson
Secretary

Stephanie Coughlin
Council Member

Jordon Haywood
Council Member

Dien Judge
Council Member

Lizzy McGlothlin
Council Member

Amber Reed
Council Member

IN 2019



Community Project Workshops

The Monroe County 4-H youth were able to continue an opportunity started last year. Each month, community partners are able to lead a project workshop at the Extension Office. All supplies and materials were provided for by the Community Partners and workshops were hosted by the 2019-2020 Junior Youth Council.

- In September the CYC conducted a hands-on workshop about recordkeeping
- In October the Albia Quilt Guild provided a hands-on experience with quilting and sewing techniques. They provided all machines and materials
- November brought Dawn Maughn of White Oak Gallery. They were able to build a barnboard puzzle quilt block that they were then able to paint and frame.
- Diana Walker from Sentimental Journey took on December and helped to youth design elements while constructing charm accessories.

Prosper Rx

In 2019, the local team led by Laura Teno sponsored a vaping program for parents and community members, distributed prescription disposal kits, shared information about opioid misuse and arranged for the What You Don't See Trailer to be part of the fall parent teacher conferences.

County Extension Staff

Maddi Kahoe
Office Assistant

Autumn Denato
County Youth Coordinator

Julie Foreman
Clover Kids & CPPC
Coordinator

Cicely Lawrence
NEST Coordinator

Laura Teno
Prosper Team Leader

Sue Goode
Prosper Families Matter
Coach

Steph Kosman-Baker
AmeriCorps Member

K-12 Youth Outreach

Iowa State University Extension and Outreach Monroe County staff planned a variety of experiences in club and afterschool delivery modes. Educational activities were planned for K-8th grade students each Wednesday.

- Clover Kids is split into two groups, K-1st grade and 2nd-3rd grade. Each group met two times per month from September through April of the 2019-2020 school year.
- Life Skills Club taught interested 2nd-5th graders how to bake, sew and craft. They met once a month throughout the 2019-2020 school year for two hours.
- The-Art-In-Me class allows youth to learn and communicate through art. They are able to express how they feel and think without speaking or explanation.
- Sew-Up-Some-Fun taught 4th-6th graders the basics of sewing and how-to-design patterns. They met once a month at the Extension Office throughout the school year, each being able to learn and use their own machines.
- Mentoring was a small group of kindergarten-first graders that were able to have fun and develop a friendship with a high school buddy and learn important life skills. They met once a month for one hour.

ISU Extension and Outreach

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