

4-H Food and Nutrition Exhibits Resource List

General Resources:

- [Time Temperature Control for Safety \(TCS\) Foods Poster](#)
- [Evaluation and Definition of Potentially Hazardous Foods](#)
- [Water Activity \(aw\) in Foods](#)
- [What is pH?](#)
- [Microbial Growth](#)
- [Baking Food Safety 101](#) (publication)
- [Frostings and Icings Resource](#) (publication)
- [Food for Iowa 4-H Fairs – Quick Reference Guide](#) (publication)
- [4-H Resources for Evaluating Exhibits](#)
 - [2022 Iowa 4-H Judges Training: Food and Nutrition](#) (recording)

Food Preservation:

- [Judging Home Preserved Foods Guide](#) (publication)
- [Iowa State University Extension and Outreach's Preserve the Taste of Summer](#) (publications)
- [National Center for Home Food Preservation](#)
- [USDA Complete Guide to Home Canning \(2015\)](#)
- [So Easy to Preserve \(University of Georgia\)](#)

AnswerLine Contact Information:

For any questions regarding fair exhibits, contact AnswerLine. Calls are answered Monday through Friday, 9 a.m. – noon, 1-4 p.m.

- Call: 1-800-262-3804 or (515) 296-5883
 - Relay Iowa (hearing impaired): 1-800-735-2942
- Email: answer@iastate.edu