



## Cerro Gordo County 4-H May Newsletter



### **Updates**

Iowa State University Extension and Outreach has a no face-to-face contact mandate through May 31, 2020.

Iowa 4-H has cancelled all summer overnight experiences through August 31<sup>st</sup>.

At this time the following events have been cancelled.

- All face-to-face contact during the month of May.
- May open ride nights – May 18, 20, and 27
- 4-H Dog Obedience Workshop – May 20 & 27
- 4-H Camp – June 10-12
- 4-H Youth Conference – June 30-July 2
- Omaha Zoo Trip – July 22-23

### **Newspaper Articles**

This month's newspaper articles are due Tuesday, May 19<sup>th</sup> by noon.

### **Hands to Larger Service**

We have several care centers that we can send "Thinking of You" & "Take Care" cards to. Please bring completed cards to the Extension Office to drop off and we will send out to the care centers! Mason City Challengers have already completed 10 cards! Thank you for showing your hands to larger service!

### **Virtual 4-H Meetings**

Need help setting up a virtual 4-H club meeting? Contact a member of the Teen Council, your club president, or an Extension staff member to help set up the meeting.

When hosting a virtual meeting, just like a regular meeting, make sure there are at least two adult volunteers on all virtual meetings with youth.

If you are looking to add a fun, interactive, team building activity to your meeting here is a great resource with a variety of activities that can be done virtually. [Virtual Activities](#)

### **4-H At Home Learning Resources**

Iowa 4-H is committed to serving Iowa youth and their families through research-based learning opportunities. A collection of 4-H resources K-12 youth can use to explore topics of interest while at home is available on the Iowa 4-H website.

<https://www.extension.iastate.edu/4h/4h-at-home-learning-resources>



### **Animal ID Deadline Extended**

Animal ID deadline has been extended from May 15<sup>th</sup> to June 1<sup>st</sup>. Fill out the [form here](#) to request tags or retina scans. All swine need tags from the Extension Office for ID. This is a change from previous years.

4HOnline [Animal ID Family Help Sheet](#) has been updated for 2020 with the recent changes. The 2020 State Fair Market Broiler Entry is June 1. The entry is now in FairEntry. Help sheets are on the [4-H Poultry](#) page and the [4-H Livestock State Fair](#) webpage. The 2020 State Fair 4-H Premium Book is now posted under "[Premium Book and Exhibitor Info](#)" section.

### **North Iowa Fair**

The 2020 North Iowa Fair book is now available on the Cerro Gordo County 4-H App and on the [Cerro Gordo Extension website](#).

This is a great time to work on fair projects, goal cards, and record keeping. We are working with the North Iowa Fair Board to make decisions about this summer. At this time we are planning on having fair for 4-H members but it may look different than it has in the past. We are considering face-to-face options with social distancing measures, virtual options, and everything in between. We will keep you informed as decisions are being made.

### **Workshop Opportunities for you 4-H Meetings**

If you have any questions please let me know! We are trying to provide opportunities for our members while following the guidelines.

+Bucket of Flowers- May 19, 2020 Virtual/Plant at

home: [https://docs.google.com/forms/d/e/1FAIpQLSf8Tu-z3CLH1qr-Ft00z\\_vCJRr9iMTBPK5\\_sQBxAdZvcY4yIlg/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSf8Tu-z3CLH1qr-Ft00z_vCJRr9iMTBPK5_sQBxAdZvcY4yIlg/viewform?usp=sf_link)

+Service Project Facemask Kits: Ongoing until we run out of fabric

[https://docs.google.com/forms/d/e/1FAIpQLSdxk\\_iKDr8smlQ9nWKH7DGQYFBWoid31KVOgJ9HthjC4SNJow/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSdxk_iKDr8smlQ9nWKH7DGQYFBWoid31KVOgJ9HthjC4SNJow/viewform?usp=sf_link)

### **Poultry Judging Workshop**

Our next poultry workshop will be on June 23, 2020 via Zoom. We will have the registration link out in the near future to learn about showing your birds from our Superintendent Bart Pals.

### **4-Hers for 4-H Campaign**

Help the Iowa 4-H Foundations reach their goal of \$29,000. 4-H clubs across the state are encouraged to donate \$3 pre 4-H member. The funds raised benefit financial aid, State 4-H Conference, and other projects. The deadline has been extended to June 15<sup>th</sup>. For more information check out the [Iowa 4-H Foundation](#) website.

### **Iowa 4-H 25,000 Mask Challenge**



Iowa 4-H has met the goal to make 25,000 face masks! If you would still like to make one, fill out this [Google form](#) for a face mask kit.

### **Crop Scouting Opportunities Available**

Two new opportunities are available for teams signed up for the Crop Scouting Competition. Teams registered by July 1 receive a package of study materials for each member. Any interested youth in grades 7-12 can join "Office Hours with an Agronomist" on Mondays at 3 p.m. starting June 15. For more information visit the [Crop Scouting website](#).

### **Design Dimensions Camp offered virtually June 21-26, 2020**

Iowa 4-H in collaboration with the ISU College of Design, will offer its immersive design educational experience through the virtual 2020 Design Dimensions Camp. Students entering grades 9-12 and 2020 high school graduates can explore college majors and career opportunities in architecture, studio/fine arts, community and regional planning, graphic design, interior design, and landscape architecture. Event and registration information is posted on the College's [website](#). Questions? Contact [Clark Colby](#), Communication and Design Specialist.

### **Mindful Teen Registration Open for Grades 7-12**

The new [4-H Mindful Teen: From Surviving to Thriving in a Busy World](#) program will be offered for youth in grades 7-12 starting the week of June 1. This workshop series will be one hour, once a week for 6 weeks for 75 youth. They will receive *The Mindful Teen* book and journal. Deadline to register is **May 24**. Questions? Contact [Tiffany Berkenes](#), Youth Program Specialist.

### **4-H Club Highlight Opportunity Available**

We are looking to feature different 4-H clubs across Iowa on our Iowa 4-H social media platforms. We want to see the great things clubs have done and hear what makes each one unique. Promote this opportunity with your club leaders and have them complete this simple [JotForm](#). It includes an option to upload 1-4 photos of the club in action. Questions? Contact [Lexa Krause](#).

### **Clover Kids**

For those in Kindergarten – 3<sup>rd</sup> grade.

#### **Clover Kids Coloring Activity**

- During the month of May, print and color this [coloring page](#)
- When completed, return the coloring page to the Cerro Gordo County Extension Office. Please include child's name, grade, and address (to receive prize).
- The coloring pages will be displayed in the office and on our Facebook page.
- All participants will receive a prize for participating.



### Virtual Clover Kids

Michelle is hosting some virtual Clover Kids activities. The next activity will be scavenger hunt. If you are interested in joining please contact Michelle at [mschub@iastate.edu](mailto:mschub@iastate.edu).

### **Eating Healthy with Michelle Videos**

Want to learn about some fruits and vegetables? Enjoy watching Michelle's videos based on the Pick a Better Snack program provided to 2<sup>nd</sup> grade classrooms across the county. Each video features a fun snack to eat at home.

[Week 1](#)

[Week 3](#)

[Week 5](#)

[Week 2](#)

[Week 4](#)

For more videos, follow the Cerro Gordo County 4-H Facebook page. A new video will be released each week throughout the month of May.



### **We Are Here For You**

The Cerro Gordo County Extension Office is currently closed to the public but we are still here for you. We are rotating working in the office and remotely. If you need to get in touch with us please use the contact info below.

**Sarah DeBour**

County Director

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Please call and leave a message and we will get in touch with you.



Make sure to like and follow us on Facebook at [Cerro Gordo County 4-H](#) for current updates and information.



**IOWA STATE UNIVERSITY**  
Extension and Outreach