

Brain Break

Elementary Kit Number 1

Description 4-H Healthy Living Brain Break Kit

Kit Contains

Brain Break Manual
Yoga for Kids: 4-H Pledge and
Pose Instructions packet
24 Active BINGO Cards and Key
Fitness Dice
3 Play-Doh
10 Cones
6 Poly-spots
2 miniature Beach Balls
4 Handkerchiefs
6 balloons
30 Popsicle sticks
1 deck of cards

