



NOVEMBER 2017 CLOVER CONNECTION



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Calendar of Events

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November

- 1 Club Paperwork Due/Deadline for Enrollment Incentive
- 2 Fairboard@ 7 PM
- 12 County Convention
- 14 New Member Night@ 6:30 PM
- 23-24 Thanksgiving Holiday—Office Closed
- 29 New Volunteer Training@ 6 PM

December

- 14 Fairboard@ 7 PM
- 16 Beef Weigh-in
- 25-26 Holiday Observation—Office Closed

January

- 1 Holiday Observation—Office Closed
- TBD Volleyball Tournament

February

- 27 Annual Volunteer Training

Committee Opportunities: We are seeking individuals for committees. We are in need of an Endowment Committee member who would serve a 4 year term. We also have several seats open on Youth Action Committee (YAC) and this would be a 2 year term. If you are interested or know a deserving candidate to serve on either of these committee's please contact the extension office.

805 W. 10TH STREET, ATLANTIC, IA | 712-243-1132 | 8:00 AM-4:30 PM



4-H Enrollment

Many of you have already enrolled in 4-H for the 2017-2018 4-H year. Thank you! If you have not, please go to ia.4honline.com and log in with your 4-H family e-mail & password. It is okay to select the "I forgot my password" option if you do not remember your password. There are many great help sheets at: <http://www.extension.iastate.edu/4h/page/4honline-information-families-and-leaders> for you to use when re-enrolling. Our goal is to have all re-enrolling members enrolled by November 1. To be in the running for our great incentives you will need to be enrolled or re-enrolled by November 1st. If you do not re-enroll, we cannot tell if you are participating for the 2017-2018 4-H year, we cannot enter your animals after weigh-ins, and you will not receive important information from the newsletter about upcoming events, activities and deadlines. If you have questions about enrolling, please contact the Extension Office.

County Convention—November 12 @ 2 PM

County Convention is a great time to celebrate the previous year's accomplishments, recognize award winners and close out the year with an enjoyable time with your clubs and other 4-H members in the county. At this year's County Convention in November, recognition will be given to project award winners and leaders. The new Youth Council will be installed and special club awards will be presented. This is an event you won't want to miss! Mark your calendars for November 12 at 2 PM to celebrate with other 4-Hers in the county at the 2017 County Convention!

County Convention Slideshow

Do you have some great photos from the past 4-H year that you want to see on the County Convention Slideshow? If you have group photos of some of the 4-H events from the past year, please share them for the County Convention Slideshow! Email photos to Shelby at shelbyrw@iastate.edu to show the awesome things you did in 4-H this past year! Plan to attend County Convention on November 12 at 2 PM to see your photos on the slideshow!

County Fair Trophy Sponsors

Are you or someone you know interested in recognizing our 4-Hers for their great accomplishments at the County Fair? Consider sponsoring a trophy that is given to out at the shows and events. We have a few available trophies in many departments. Please contact the Extension Office if you would like to check on available trophies and sponsor a trophy for the 2018 Cass County Fair!

New Member Night—November 14 @ 6:30 PM

All new or second year 4-H members are invited to attend the New Members Night on November 14 at 6:30 PM. Bring your parents and learn about the opportunities in 4-H, learn about possible project ideas, record keeping, meet new friends, and much more! Please contact the Extension Office if you plan to attend this fun, informative event!

WANT TO KNOW MORE?

FIND US AT: EXTENSION.IASTATE.EDU/CASS/4H



Beef Weigh-in—December 16 @ 8 AM-12 PM

Market Beef Weigh-in is scheduled for Saturday, December 16 from 8 AM-Noon at the Cass County Fairgrounds. All market beef planning to exhibit at the 2018 Cass County Fair, Iowa State Fair or the AKSARBEN Stock Show must attend weigh-in. If you are nominating market animals for the Iowa State Fair we will be using retinal imaging to record their required data. Animals being nominated for AKSARBEN will require a form of identification taken at weigh-in. Cost per head will be \$1/county, \$5 Retinal Verification (State Fair & AKSARBEN). FFA exhibitors, please check with your advisors for any updates.

Citizenship Washington Focus

Looking for an experience of a lifetime? Look no further than the Citizenship Washington Focus trip where you as a 9-12 grader can travel to visit Washington D.C. and the National 4 H Center. Experience leadership and citizenship on a higher level with this epic opportunity on June 15-23, 2018. Trip highlights include the Flight 93 Museum, Capitol Hill, and the Holocaust Museum. Youth will also meet with the Iowa Congressional and Senate delegations to discuss legislative issues. Besides tours and workshops, 4-H'ers will have time for socializing and meeting new friends!

Cost of the trip is \$1,700. This includes lodging, transportation, tour site admissions and most meals.

The Cass County 4-H Endowment offers financial scholarships to assist with the costs for individuals who are interested in attending these events.

Registration deadline is Friday, January 10, 2018. To learn more about the trip and to get registration information contact the Extension Office or visit: www.extension.iastate.edu/4h/cwf.

Race Across Iowa Challenge

Starting November 1 and running through June 30, clubs can take part in a Healthy Living Club challenge by introducing a variety of healthy living practices during club meetings each month and earn "miles" as they race across Iowa. This 1,400 mile route destination sure fulfills the definition of a challenge, but by working together as a team and setting goals to incorporate healthy living practices each month, we hope to see you meet or surpass the final mile by the end of June!

Each month, your club submits that month's tracker. The club will designate who will do this each month, whether it be an adult leader or a youth leader. Be sure to submit your progress monthly so we can publish results and track it by county and across the state. Don't wait until the end of the challenge to submit your monthly accomplishments, because each monthly tracker is due by the 10th of the following month. (For example: November tracker is due December 10th, December tracker is due January 10th, etc.) The 5 clubs that log the most miles and complete the route by the end of June will be recognized for their accomplishments at the Iowa State Fair. Visit <https://www.extension.iastate.edu/4h/healthy-living-club-challenge> to register your club. Please plan to participate as we will be having a Cass County Incentive along with many fun activities along the way. Keep an eye out for these exciting and fun events! If you need help registering your team please contact the extension office.

4-H PLEDGE

**I PLEDGE MY HEAD TO CLEARER THINKING, MY HEART TO GREATER LOYALTY, MY HANDS TO LARGER SERVICE,
AND MY HEALTH TO BETTER LIVING, FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD.**



First Lego League Club

We have a First Lego League Club for grades 4-8 that has started meeting every Sunday through January in the afternoons. They meet here at the Cass County Community Center. If you, or someone you know is interested in joining please have them contact the extension office for more information.

Share your 4-H Experience

Are you doing something really neat in your 4-H club or in your project area? Share it with your local newspapers, they are interested in showcasing your 4-H experience. Write up an article about what you are doing, share a few photos and get published in the newspaper. This is a great way to fulfill the communication requirement in your project area and share the great things you are doing in 4-H! If you need contact information for the local newspaper, contact the Extension Office.

Plan Now for Project Success

Right now is a great time to start planning for project success this 4-H year. Set some personal and project goals to work on this year. Be sure to sign up in 4-H online for any project area that you may be interested in. This will help us get you the information needed for those project areas throughout the year. Check out project resources on the state 4-H website: <https://www.extension.iastate.edu/4h/>

Opportunities to Connect

Did you miss officer training? Do you need help with 4-H online? Or want to learn more about record books? Please contact the extension office or email Shelby at shelbyrw@iastate.edu if you need any help. Also this year Shelby is looking to make Club Visits. If this is something you and your club would be interested please let us know a good time and we will make it work!

Harvest Market Cupcake Contest

Harvest Market will take place Monday, November 20th from 3-7 PM at the Cass County Community Center. There will be seasonal produce, baked goods, specialty foods and hand crafted items.

Cupcake Contest: Entry deadline: November 16 . No entry fee. May enter more than one entry.

To enter, deliver the following information to Cass Co. Extension Office:

Name, address, phone number or email address, titles(s) of recipe(s)

712.243.1132 www.extension.iastate.edu/cass 805 W 10th St.

DELIVER CUPCAKES TO CASS COUNTY COMMUNITY CENTER BETWEEN 12:00-2:00 ON MONDAY, NOVEMBER 20TH .

CONTEST RULES

- 1 .Entries must include recipe(s).
- 2 .Submit minimum of 1 dozen average sized cupcakes. (no minis).
3. NO entries requiring refrigeration will be accepted.
4. Cupcakes will be judged on flavor, appearance, & texture. Extra credit will be given for use of local seasonal ingredients.

All contestants will receive a \$2.00 coupon to be used at Harvest Market.

3 winners will each receive \$25.00 Atlantic Cash. .

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