



JANUARY 2017 CLOVER CONNECTION



CASS COUNTY EXTENSION
xcass@iastate.edu
712-243-1132
www.extension.iastate.edu/cass

Calendar of Events

WHAT'S INSIDE:

2. Don't Forget to Re-Enroll
Beef Verification Deadlines
4-H Volleyball Tournament
County Fair Trophy Sponsors
3. Veterinary Feed Directive
Record Book Workshop
Annual Volunteer Training
Mardi Gras
4. 4-H Scholarships Available
State Recognition & Awards
Mardi Gras
5. CWF Washington DC Trip
Share Your 4-H Experiences
4-H Contact and Questions

January

- 2 Office Closed - Happy New Year!
- 5 Fairboard Meeting
- 13 Volleyball Registration Deadline
- 16 YAC Meeting
- 22 4-H Club Volleyball Tournament

February

- 1 Market Beef Verification Deadline in 4-H Online
- 17 3-5 Winter Day Camp at Lewis
- 20 3-5 Winter Day Camp at Anita
- 20 Record Book Workshop @ 6 PM
- 22 Beginning Rabbit Workshop @ 6:30 PM
- 27 Annual Volunteer Training

March

- 3 3-5 Winter Day Camp at Atlantic
- 5 Mardi Gras, 2-4 PM
- 23 Endowment Pancake Supper
- 24 K-2 Winter Day Camp at Atlantic

April

- 1 State Recognition Day
- 8 Swine Weigh-in
- 17 K-2 Winter Day Camp at Atlantic

805 W. 10TH STREET, ATLANTIC, IA | 712-243-1132 | 8:00 AM-4:30 PM



Don't Forget to Re-enroll!

We still have many inactive youth in 4-H Online. Please take care of this now.

We cannot enter your animals after weigh-ins, gather accurate information for insurance coverage, share project related information with you, and many other things without current enrollment figures. You can find complete instructions on how to re-enroll online at: www.extension.iastate.edu/4h/page/4honline-information-families-and-leaders. If you have any questions or concerns about the process, please give us a call and we will be happy to help. Please complete this as soon as possible; we cannot assure you that will get all the communication you need if you are not re-enrolled.

Beef Verification Deadline: February 1!

Exhibitors who weighed-in market beef animals, either at the Cass County weigh-in on December 17, or at another location, please remember to log in to 4-H Online in January to verify your market beef animals by February 1. This is a very important step in the ID process for all exhibitors and helps us to ensure that all data was entered correctly after weigh-ins. If you have any questions or concerns, please call the Extension Office and we will be happy to help you with this process.

Beef breed steers for state fair: the breed & registration number must be identified in 4-H Online by February 1. Please contact the Extension Office before February 1 to complete this step. Registration papers are required at state fair check-in in August. If a breed is not identified by February 1, the animal will only be eligible to show as a crossbreed. You must have declared at time of weigh-in if you are planning to exhibit at the 2017 Iowa State Fair.

Thank you to all volunteers, parents, and participants for your patience on weigh-in day. Despite less-than-ideal weather conditions, we had a successful weigh-in with 148 4-H and FFA calves ID'd.

4-H Volleyball Tournament—January 22

The 4-H club volleyball tournament is scheduled for Sunday, Jan 22 at the CAM High School and Anita Wellness Center, games will begin at 2 PM. **Teams must give their captain's name to the Extension office by Friday, January 13 in order to be placed in the bracket.** Call 243-1132 or email xcass@iastate.edu to give us your captain's name. Team captains will be sent schedules following the January 13 deadline. Rules for the 2017 4-H Club Volleyball Tournament are on the last page of this January newsletter.

County Fair Trophy Sponsors

Are you or someone you know interested in recognizing our 4-Hers for their great accomplishments at the County Fair? Consider sponsoring a trophy that is given to out at the shows and events. We have a few available trophies in many departments. Please contact the Extension Office if you would like to check on available trophies and sponsor a trophy for the 2017 Cass County Fair!

WANT TO KNOW MORE?

FIND US AT: EXTENSION.IASTATE.EDU/CASS/4H



Veterinary Feed Directive - Are You Prepared?

Livestock exhibitors- the new Veterinary Feed Directive (VFD) law takes effect January 1, 2017. Not sure how, or if, this applies to you? An informational document has been developed by state 4-H Livestock staff to help explain the new law and how it may impact 4-H members use of certain feed and water-based antibiotics.

The VFD information sheet is available on the front page of the 4-H Livestock Homepage: www.extension.iastate.edu/4h/projects/livestock. This website is designed by State 4-H staff and has many resources for exhibitors and their families pertaining to livestock projects and exhibits in 4-H, so be sure to check out other resources while you are there!

Record Book Extravaganza—February 20 @ 6:00 PM

Join the Youth Action Committee and 4-Hers from around the county on Monday, February 20 at 6 PM for the 4-H Record Book Extravaganza! Youth, adults and parents will have the opportunity to learn about record books, where to find the forms, what forms need to be included, and how to answer those challenging record book questions. There will be games, prizes, snacks and FUN! Don't miss out; you're sure to learn something new that will help you get your record book off to a great start.

Mark your calendars and plan to attend the Record Book Extravaganza on February 20. Please call the Extension Office by Friday, February 17 to register.

Annual Volunteer Training—February 27 @ 6:30 PM

Join 4-H leaders from across Cass County in an interactive, hands on training that will help volunteers create a fun, safe, inclusive environment for all youth. During this training, 4-H leaders will be discussing youth engagement as well as sharing ideas for club management and learning from fellow county leaders. We are excited to roll out some new training activities as we work to make these trainings more beneficial and interactive for our leaders!

This training will meet your requirement for your annual volunteer training and will be held on February 27. A light supper will begin at 6:00 PM with the training beginning at 6:30 PM at the Community Center.

A benefit of participating in the face-to-face volunteer training is the interaction and sharing with other volunteers. If you are not able to attend the training, contact the Extension office to learn more about participating through other training options. Please register to attend by contacting the Cass County Extension Office by February 23 so we can plan for food and materials.

We hope to see a great group of leaders join us for training this year— YOU are the ones who help keep the Cass County 4-H program going strong!

4-H PLEDGE

I PLEDGE MY HEAD TO CLEARER THINKING, MY HEART TO GREATER LOYALTY, MY HANDS TO LARGER SERVICE,
AND MY HEALTH TO BETTER LIVING, FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD.

Iowa 4-H Scholarships

Are you a senior planning to attend college or know someone who is currently in college?



The Iowa 4-H Foundation is now accepting applications for you to earn scholarships to offset some of the costs of attending college. Visit www.iowa4hfoundation.org/scholarships to learn more about the scholarship opportunities available through the Iowa 4-H Foundation. When you are applying, be sure to check out the Roberts Family 4-H Scholarship and the Orscheln Scholarship. These scholarships are available to a limited group of youth, but Cass County 4-Hers are eligible!

Over 90 scholarship opportunities valued at over \$90,000 will be awarded, in amounts ranging from \$500 to \$10,000. Certain scholarships are open to students pursuing any field of study, while others are open to students pursuing degrees in agriculture, food and nutrition, ag business, animal science, journalism and STEM related studies. Former and current 4-H members graduating from high school or currently attending college are eligible applicants.

All 2017 scholarship application materials must be submitted online **no later than 11:59 PM, February 1, 2017** for consideration.

State Recognition Awards and Opportunities

Your project work and involvement in 4-H deserves to receive recognition! If you are in grades nine through twelve, there are many opportunities available to you for recognition awards or to represent Cass County on the state and national levels. These include National 4-H Conference, National 4-H Congress, State 4-H Council and State 4-H Project Awards.

The process isn't difficult and it is a great learning experience for senior level 4-H members. All it takes is filling out a quick online application about yourself and your 4-H experience and participate in an interview on April 1, 2017 in Ames. Learn more about applying for these opportunities by contacting the Extension Office or visiting www.extension.iastate.edu/4h/page/recognition-opportunities. Applications need to be submitted online by **11:59 PM on February 1, 2017**. This is a great opportunity for senior level 4-H members to grow their 4-H experience!

Mardi Gras Set for March 5!

Mark your calendars! 4-H Mardi Gras is scheduled for March 5, 2016 from 2-4 PM at the Cass County Community Center. Each club who wishes to participate must submit their club activity to the Extension Office by Monday, February 27, so start thinking now on what your club would like to do. Don't forget to be creative with your Mardi Gras game or activity! New ideas and activities can be more fun for participants and raise more money for your club. Mardi Gras is also a great low-cost opportunity for families to have fun and support 4-H. Be on the lookout for more details in the February newsletter, and get to brainstorming for fun ideas!

WANT TO KNOW MORE?

FIND US AT: EXTENSION.IASTATE.EDU/CASS/4H

Citizenship Washington Focus



Looking for an experience of a lifetime? Look no further than the Citizenship Washington Focus trip where you as a 9-12 grader can travel to visit Washington D.C. and the National 4-H Center. Experience leadership and citizenship on a higher level with this epic opportunity on June 16-24, 2017. Trip highlights include the Flight 93 Museum, Capitol Hill, and the Holocaust Museum. Youth will also meet with the Iowa Congressional and Senate delegations to discuss legislative issues. Besides tours and workshops, 4-H'ers will have time for socializing and meeting new friends!

Cost of the trip is \$1,570. This includes lodging, transportation, tour site admissions and most meals.

The Cass County 4-H Endowment offers financial scholarships to assist with the costs for individuals who are interested in attending these events.

Registration deadline is Friday, January 6, 2017. To learn more about the trip and to get registration information contact the Extension Office or visit: www.extension.iastate.edu/4h/cwf.

Share your 4-H Experience

Are you doing something really neat in your 4-H club or in your project area? Share it with your local newspapers, they are interested in showcasing your 4-H experience. Write up an article about what you are doing, share a few photos and get published in the newspaper. This is a great way to fulfill the communication requirement in your project area and share the great things you are doing in 4-H! If you need contact information for the local newspaper, contact the Extension Office.

Contact us With Your 4-H Questions!

As we transition through this winter with getting new Youth Coordinator hired and trained, we thank you for your patience and understanding. We also want to encourage you to give the office a call if you have any questions about anything related to 4-H or youth programs! We are always here to help and we have a great staff in the office that will work hard to find and answer or a resource for you. While our CYC position is currently open, we are hoping to have a new staff person hired by the end of January. In the meantime, feel free to call the office and our OA Lori, Regional Youth Specialist Jane, or myself will be more than happy to be of assistance!

Thank you for your support and involvement in the Cass County 4-H Program in 2016, and we are looking forward to a great year in 2017!

-Kate Olson, County Extension Program Coordinator

4-H PLEDGE

I PLEDGE MY HEAD TO CLEARER THINKING, MY HEART TO GREATER LOYALTY, MY HANDS TO LARGER SERVICE,
AND MY HEALTH TO BETTER LIVING, FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD.



CASS COUNTY 4-H CLUB VOLLEYBALL TOURNAMENT

Sunday, January 22, 2017

2 PM at the CAM High School Gym and Anita Health and Wellness Center

2017 Rules:

1. Players may play on **one team only**. Players are encouraged to be from one club. If a club does not have members in a certain age group, 4-H'ers from another club may play. Non 4-H'ers may play with one team only.
2. Team Captain must be a 4-H member from the primary club. Team Captains must be identified in the Extension Office by Friday, January 13 for the club to be eligible to play.
4. There is no maximum number of team members. Teams must have a total of 6 players on the floor at all times. Non- 4-H'ers must play in the representative age group. You can play up a grade, but not down if your club does not have enough of a higher age group. This must include:
 - 2 youth in 4th - 6th grade (Juniors)
 - 2 youth in 7th– 8th grade (Intermediates)
 - 2 youth in 9th - 12th grade (Seniors)
4. Teams with less than 6 players may play, but **cannot** advance.
5. Players must rotate. Every person who plays must serve. Players must alternate by age group when possible, substituting one senior for another senior, one junior for another junior, etc. Team captain is responsible for rotating players.
6. Matches will be 2 out of 3 games with 21 points per game, game 3 (if needed) will be played to 15 points. Team must win by 2 points. If game 3 is the deciding game, it is called based on the score when the match is out of time.
7. There is a 5 point maximum run per server. After 5 point run, serve must rotate to next server on the same team.
8. 45 minute time limit on each match. If a team has not shown 15 minutes after scheduled start time, they forfeit.
9. There will be no spiking and no overhand serving. Juniors may serve ahead of foul line. Net serves are allowed.
10. Players must wear dry gym shoes. You may be checked.
11. Each team must furnish a line judge and scorekeeper.
12. Modified High School Girls Volleyball Rules will apply to all games. (Rally Scoring will apply)
13. Only team captain may address referee with complaints. **Referee has final word on all calls.**
14. For the safety of our younger members, please no spiking. If referees feel an older youth accidentally did it, they will be reminded once. Other offenses, the next serve will be given to the other team.

WANT TO KNOW MORE?

FIND US AT: EXTENSION.IASTATE.EDU/CASS/4H