

COVID-19 Cass County Community Resource Guide



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Local Food Policy Council, Cass County ISU Extension

**If possible emergency, call 9-1-1 and dispatch will determine
whether you need emergency help**

COVID-19 INFORMATION

Cass County Memorial Hospital

For questions related to COVID-19, call: (712) 243-2850

Call **BEFORE** you come to any CCHS facility.

Address: 1501 E. 10th St., Atlantic, IA 50022

Website: <https://www.casshealth.org/covid-19/>

Iowa Department of Public Health

24/7 hotline for COVID-19 questions

Phone: 211

Website: <https://coronavirus.iowa.gov/>

FOOD

Food Pantries

- Cass County Food Pantries Website: www.facebook.com/CassCountyLocalFood/
- Pantry Delivery: If needing food delivered due to COVID-19, call pantry at least two days in advance of open hours. See below for phone numbers.

Anita Food Pantry

Phone: (712) 762-3645

Address: 208 Chestnut St, Anita, IA 50020

Hours: 1st & 3rd Saturday, 9:00am - 11:00am

Atlantic Food Pantry

Delivery phone: (712)249-5870 (Brigham Hoegh)

Pantry phone: (712) 243-5019 (9-11 AM Mon, Thurs)

Address: 19 W. 4th St., Atlantic, IA 50022

Hours: Thursdays, 1:00pm - 2:00pm

Cumberland Care & Share Food Pantry

Phone: (712) 774-5818

Address: 317 Monroe St, Cumberland, IA 50843

Hours: 1st & 3rd Wednesday, 4:00pm - 5:30pm

Lord's Cupboard of Griswold

Phone: (712) 778-4178

Address: 100 Cass St., Griswold, IA 51535

Hours: 2nd and 4th Tuesday, 11:00am - 2:00pm

Free Meals for Children Provided by Schools

- Children do not need to qualify for free/reduced meals to receive free meals during COVID-19.
- ALL children ages 0-18 are eligible.
- No signup is required for any district.

Atlantic School District

Meal Pickup: 9:00 am-11:00 am Mon., Wed., Fri.

Site: Schuler Elementary, 1100 Linn St. Atlantic, IA 50022

Phone: (712) 243-5369

Website: www.atlanticiaschools.org/

Children in the Backpack Program can pick up weekend meals at school meal pickup on Fridays.

If times or locations create hardship: contact Justin Williams at jwilliams@atlanticiaschools.org or Pastor Ben Winford at (712) 254-3928.

CAM School District

Meal Pickup: 11:00 am - 12:00 pm, Mondays and Thursdays

Sites:

1. CAM High School, 1000 Victory Park Rd Anita, IA
2. CAM Middle School, 207 East 6th St., Massena, IA
3. Methodist Church, 302 5th St., Cumberland, IA

Phone: (712) 762-3231

Website: <https://www.camcougars.org/>

Children in the Backpack Program will receive weekend meals at Thursday food pick up.

If times or locations create hardship: contact Tami Williamson at (712) 762-3231 twilliamson@cam.k12.ia.us.

Griswold School District

Meal Pickup: 10:00 – 11:00 am Mondays

Site: Faith Lutheran Church, 707 Adair St., Griswold IA, 51535

Phone: (712) 778-2154

Website: <https://www.griswoldschools.org/>

Children in the Friday Food Backpack Program can pick up weekend meals at school meal pickup.

If times or locations create hardship: contact Katie Elwood at kelwood@griswoldschools.org or Nigel Horton at nhorton@griswoldschools.org

Food Delivery Services

Cass County Public Health Grocery Delivery

For individuals quarantined due to COVID-19.

Phone: (712)243-7443

The full Cass County Urgent Need Resource Guide is available at www.extension.iastate.edu/cass/ or by calling (712) 243-1132.

Meals on Wheels

Meals delivered Mon.-Fri. within Atlantic city limits.
\$3.50 per meal
Phone: (712) 250-0036

Food Assistance and More

Iowa Department of Human Services

24/7 Report child/dependent adult abuse, find food assistance, Medicaid, childcare assistance, and more.
Phone: 1 (800) 972-2017
Website: www.dhs.iowa.gov
Apply for food, cash assistance, childcare assistance, and more (online only): <https://dhs.iowa.gov/how-to-apply>

ADDITIONAL RESOURCES

Atlantic Police Department

Phone: (712) 243-3512

Cass County Department of Human Services

Phone: (712) 243-4401
Address: 601 Walnut St., Atlantic, IA 50022

Catholic Charities Phoenix House

Domestic violence/sexual assault 24/7 help, shelter.
Phone: (712) 328-0266 or 1 (888) 612-0266

Child Care Resource & Referral Agency (CCR&R)

Resource for any parent looking for childcare.
Phone/email: (855) 244-5301 childcare@caeiowa.org
Website: <https://iowaccrr.org/>
Provider search:
<http://ccmis.dhs.state.ia.us/ClientPortal/ProviderSearch.aspx>

Southwest Iowa Mental Health Center

Therapy services. Medicare, Medicaid accepted.
Phone: (712) 243-2606

Therapy Place, Inc.

Psychotherapy, psychiatric. Medicare, Medicaid accepted.
Phone: (712) 254-9018
Website: www.therapyplaceinc.com

West Central Community Action

Assists low-income families with services including WIC, heat assistance, childcare referral, and more.
Phone: (712) 243-5421
Address: 304 Chestnut St., Atlantic, IA 50022

Zion Recovery Services

24/7 Substance abuse intervention and recovery services.
Phone: (712) 243-5091
Website: www.zionrecovery.org

CASS COUNTY GOVERNMENT SERVICES

Cass County General Relief Phone: (712) 243-4424
Cass County Public Health Phone: (712) 243-7546
Cass County Sheriff Phone: (712) 243-2206
Cass County Veterans Affairs Phone: (712) 243-6662

HOTLINES

Alcoholics Anonymous

Meetings are available by Zoom during COVID-19.
24/7 crisis line: (402) 556-1880
Website: www.omahaaa.org/

Iowa Workforce Development

To file for unemployment and find employment services.
Phone: (866) 239-0843
Website: www.iowaworkforcedevelopment.gov

Your Life Iowa

24/7 Confidential help for suicide prevention, problem gambling, and substance abuse issues (drugs and alcohol).
Phone: (855) 581-8111
Website: <https://yourlifeiowa.org/>

Iowa Legal Aid

Legal Advice Hotline for legal problems related to COVID-19, such as eviction, unemployment benefits denial, employment issues, or identity theft.
COVID-19 Legal Hotline: (800) 332-0419
Website: <https://www.iowalegalaid.org/>

Iowa Victims Service Call Center

24/7 Domestic violence, sexual violence, human trafficking.
Phone: (800) 770-1650 or text IOWAHELP to 20121
Website: www.survivorshelpline.org

Iowa Concern Hotline

24/7 free, confidential resource to Iowans who need financial, legal, stress or crisis assistance.
Phone: 1 (800) 447-1985
Website: www.extension.iastate.edu/iowaconcern