STRUT YOUR PUP

Saturday, April 23, 2016 [Wapsie Mill]
8:30AM-Noon “Come & Go”
$10/human-dog pair

WALK ROUTE
Start & End at Wapsipinicon Mill

PRIZE DRAWINGS!

It’s Easy to Participate

Step 1: Register at www.livehealthyiowa.org/pup-challenge
  • Use Organization Code: LHIBCAS
  • Use Subsidy Code: SYP-BCAS
  • Pay entry fee $10/human-dog pair
    ⇒ Cash or Check Only [checks payable to Buchanan County Extension]
    ⇒ $8 will be paid to Live Healthy Iowa
    ⇒ [Get these “extras”: a dog disc, weekly email tips with ideas to stay active and healthy, access to a personal tracking page on the LHI website, unlimited access to online recipes, workouts and health information. Opportunities to win incentives and prizes.]
    ⇒ $2 will be donated to Buchanan County Animal Shelter
  • Deliver/Send $10.00 registration fee to Buchanan County ISU Extension and Outreach
    2600 Swan Lake Blvd, Ste A - Independence, IA 50644
    **Or bring payment with you to check in.**

Step 2: Grab your pup(s), friends & family

Step 3: Check-in for the “kick off” walk [check-in runs 8:30AM-10:30AM]

Step 4: Enjoy the Walk

Step 5: Visit the Pet Friendly Farmer’s Market Vendors
  [Vendors available 8:30AM-11:30AM]

Step 6: Didn’t register before the walk? No worries! You can complete online registration by 11:59 p.m. Sunday, April 24.

Hosted By:

* Dogs must be sociable if they are to participate in STRUT YOUR PUP and be current on vaccinations!
  Leads must be used and we recommend dogs’ collar or harness be suitable and an ID tag with guardian’s details be used.
** Buchanan County ISU Extension and Outreach, Buchanan County Public Health Department, Live Healthy Iowa, City of Independence, Farmer’s Market Vendors and all other affiliates are not responsible for any injuries.
***Forgot to finalize your registration online? Entire $10 will be donated to the Buchanan County Animal Shelter and you will not receive any of the “extras” from Live Healthy Iowa; no refunds!