

BUCHANAN  
COUNTY

4-H  
GROWS HERE



## WELCOME TO BUCHANAN COUNTY 4-H!

*We're so glad you joined!* The next few pages are designed to serve as a guide for you as you begin your journey in 4-H. If you have questions, your club leader is always available to help, as is Megan, our Buchanan County Youth Coordinator.

*Ready to get started? Well then let's go!*

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***My 4-H Club Name***

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***My Club Leader's Name***

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***My Club Leader's Phone Number***

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***My Club Leader's Email Address***

***First off, the important stuff—contact information.***

In the sticky note to the left, fill out your 4-H club's name and leader contact information so you always have it handy for when questions arise.

***Need an answer now and can't get in touch with your leader(s)?***

Stop into or contact the Buchanan County Iowa State

University (ISU) Extension and Outreach office anytime Monday through Thursday from 8:00 a.m. to 4:30 p.m. or Friday 8:00-12:00 p.m. and talk with Megan Rawlins.

Our office is located at:

2600 Swan Lake Blvd. Ste A  
Independence, IA

Or you can call or email us at:

319-334-7161

mrawlins@iastate.edu

You can also visit our website:

[www.extension.iastate.edu/buchanan/4h](http://www.extension.iastate.edu/buchanan/4h)

Like us on Facebook:

@BuchananCountyISUExtension



IOWA STATE UNIVERSITY  
Extension and Outreach

# 4-H Facts — Information to Help You

*As a new 4-H member, there is lots to do and learn!* Here are a few fun facts that will help you be successful throughout your 4-H journey.

## What is 4-H?

4-H is a **community** of **young people** across **America** who are learning **leadership**, **citizenship** and **life skills**.



## 4-H Pledge

I pledge my **HEAD** to **CLEARER THINKING**,  
my **HEART** to **GREATER LOYALTY**,  
my **HANDS** to **LARGER SERVICE**,  
and my **HEALTH** to **BETTER LIVING**,  
for my club, my community,  
my country, and my world.

## What are the 4-H Colors?

**GREEN** — symbolizes life,  
springtime and youth.

**WHITE** — symbolizes purity.

## DID YOU KNOW? THERE ARE 4 LEVELS IN 4-H!

- **Grades K through 3** are considered **Clover Kids** 4-H Members
- **Grades 4 through 6** are considered **Junior** Level 4-H Members
- **Grades 7 through 8** are considered **Intermediate** Level 4-H Members
- **Grades 9 through 12** are considered **Senior** Level 4-H Members

## A Little Iowa 4-H History:

Early school teachers O.H. Benson in Wright County, and Jesse Field Shambaugh in Page County, taught farm topics in schools. Both became superintendents in their counties in 1906 and vigorously promoted “club” work.

County superintendent Cap E. Miller in Keokuk County also pioneered, and in 1904 he urged his teachers to promote clubs and teach farm subjects. He sponsored a county organization of boys and girls with officers and educational programs. Miller’s plans fostered many of the teaching tools in today’s 4-H program, including life skills and learning-by-doing through projects, group meetings and exhibits.

The programs for boys were called ‘Boys Agricultural Clubs’.

They had exhibits of corn and garden products, and held livestock judging contests.

The programs for girls were called ‘Girls Home Culture Clubs’. The girls had exhibits of sewing and cooking, and held contests in which they judged articles of sewing, handwork and cooking.

The emblem of the four-leaf clover started in 1906 at a one-room country school near Clarion. O.H. Benson observed 11 pupils looking for four-leaf clovers. He used the four leaves to stand for the schools four-square development of: Education, Physical, Moral, Fellowship. The three-leaf clover was used in 1906-1911 to stand for head, heart and hand. The fourth ‘H’ for health was added in 1981.

### 4-H Motto

**To make  
the **BEST**  
**BETTER!****

# 4-H Vocabulary—Talk the Talk!

*As a new 4-H member, you will hear lots of new words and phrases.* Let us help you decipher what some of the key 4-H terms mean.

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**4-H Online.** This online record provides the Extension and Outreach Office with your membership information. It includes your name, address, phone number and project areas you have selected for the year. This site also serves as a place where members can sign a code of ethics form which asks members to be responsible for doing their project work in an ethical manner.

**FairEntry.** This website is for you to make your animal and static entries for the Buchanan County & Iowa State Fair. Livestock entries and static entries for county fair are due June 15<sup>th</sup>.

**Conference Judging.** This method of judging is used for static exhibits at the county fair. A 4-H member discusses their work with the judge. The judge determines the ribbon placing and the item is put on display during the fair.

**Exhibits.** A 4-H exhibit is an item resulting from project work that the 4-H member has chosen to bring to fair and have evaluated by a judge. For example, a 4-H member may enroll in the woodworking project area, and choose to bring a birdhouse (that he/she constructed) to the fair.

**Identification Forms.** All animals that are part of a 4-H project must be identified. Market animals will have identification forms completed at their respective weigh-ins. Other animals have separate identification sheets. Check with the Extension and Outreach office for specific deadlines.

**Medical History Forms.** Much like the information provided to schools and other youth organizations, 4-H needs medical information in case of an emergency with a member. All information is kept confidential.

**Project.** A 4-H project is an area of emphasis in which a 4-H member enrolls, studies, learns and keeps records. A “Pick-A-Project” paper lists all of the project areas in 4-H from A to Z. Examples of project areas include: photography, consumer management or horticulture.

**Static Exhibits.** This term is used to refer to non-animal exhibits, such as photography, food and nutrition, child development, woodworking, sewing, consumer management, clothing and fashion, and more!

**YQCA.** YQCA stands for Youth for the Quality Care of Animals. It is a required training for any and all 4-H members showing livestock at the fair. YQCA focuses on proper care of animals. YQCA training dates and locations will be posted in monthly 4-H newsletters.

**Clover Kids.** A Clover Kid is a 4-H youth in K-3rd grade. Clover Kids participate in hands on activities designed to build life skills. They can attend regular meetings and workshops during the year, and are eligible to exhibit at county fair in non-competitive activities.



## DID YOU KNOW?

*A 4-H Club generally elects **seven officers!***

Let's take a look at each office and its respective responsibilities.

- **President** — conducts meetings and appoints committees.
- **Vice President** — in charge of the program plans.
- **Secretary** — keeps minutes and attendance records.
- **Treasurer** — pays club bills and deposits funds received.
- **Recreation Leader** — helps plan parties and leads games.
- **Reporter** — writes newspaper stories about club events.
- **Historian** — keeps a lasting record of the club's yearly story.

# 4-H Calendar Year

*As a new 4-H member, you have the opportunity to participate in activities all year!*

The following is a year-long list of activities that take place in a typical 4-H year. Counties do not always do the same activities at the same time every year, and some activities are dropped while others are added. Be sure to read your monthly 4-H newsletter to stay up-to-date on details, deadlines and more!

SEPTEMBER	4-H Enrollment Begins Record Books Must be Completed (from prior year)
OCTOBER	Celebrate National 4-H Week!
NOVEMBER	4-H Enrollment Continues. <i>Enroll by December 31<sup>st</sup> to get the discount.</i> 4-H Awards Program
DECEMBER	Beef Weigh-In
JANUARY	Brainstorm and work on Static Exhibits! Watch for upcoming workshops
FEBRUARY	Weighed in Beef must be verified by Feb. 1 <sup>st</sup> . Brainstorm and work on Static Exhibits! Watch for upcoming workshops
MARCH	Work on Static Exhibits! Swine Weigh-In
APRIL	Swine Identification Sheep & Meat Goat Weigh In
MAY	Identify All Animals in 4-H Online (May 15th)!
JUNE	Livestock Entries due on FairEntry June 15th! Static Entries due on FairEntry June 15th! Iowa Youth Conference! Summer Camps
JULY	Participate in and/or attend the Buchanan County Fair! Participate in Summer Camps!
AUGUST	Participate in and/or attend the Iowa State Fair! Work on Record Books!

# 4-H Member, Club and Family Information

*As a new 4-H member, you and your family have lots of new opportunities!* Let's look at what it means to be a 4-H member, what 4-H clubs actually do, and how your family can also participate!

## 4-H MEMBERS

As a 4-H MEMBER, you are expected to:

1. Attend and participate in monthly club meetings.
2. Do an educational presentation at your club meeting.
3. Participate in club community service projects.
4. Explore project areas that interest you.
5. Take part in activities, camps, project workshops and more!
6. HAVE FUN!

\*\*\* Exhibiting at the county and/or state fair is a highlight each year for many 4-H members. Youth are encouraged, but not required, to showcase project work at the county and/or state fair.

\*\*\* Additionally, keeping records of project work throughout the year is strongly encouraged. Specific forms are available from the county office.

## 4-H CLUBS

What does a **4-H Club** do?

Most clubs meet monthly with a year-long plan for their program. A 4-H Club elects its own officers and conducts its own business. Each meeting usually includes one or more presentation by club members. Meetings may also include presentations by leaders, parents and/or experts; recreation and/or games; family nights; and/or field trips. Most 4-H clubs also do a variety of community service projects which are decided upon and completed by club members.

*Generally, a club meeting consists of calling the meeting to order, the Pledge of Allegiance and the 4-H pledge, roll call and minutes of the last meeting, the treasurer's report, reports from committees, old business (things talked about before), new business (new ideas, activities and plans), and then adjourning (ending) of the business meeting. Educational presentations, fun activities, and/or refreshments generally occur before or after the meeting.*

## 4-H FAMILIES

The 4-H program encourages parents, guardians, grandparents and other family members to help the 4-H member with his/her projects. Here are some suggestions:

- Help youth select projects that relate to their interests and hobbies.
- Attend club meetings with the 4-H member and volunteer to help as the need arises (i.e., chaperone, hostess, an extra set of hands)
- Give encouragement and supervision, but allow the 4-H member to do his/her own work. Be positive! Praise their successes and be there to help when they struggle.
- Help youth develop a record keeping system for their project work.
- Read the 4-H Newsletter and help youth stay up-to-date on deadlines, rules, dates, upcoming events, etc.
- Seek help from club leaders, ISU Extension and Outreach staff, other 4-H members and parents, industry experts, etc.

# What Website Should You Use?



## 4HOnline

<https://v2.4honline.com>

To enroll in 4-H (enrollment fee goes up after December 31st)

To verify information from livestock weigh-ins

To identify all animals as eligible projects (deadline May 15th)

To review/update family information

## FairEntry

[fairentree.com](http://fairentree.com)



To make livestock entries for the Buchanan County Fair  
(deadline June 15th)

To make non-livestock entries for the Buchanan County Fair (deadline June 15<sup>th</sup>)

[lowastatefair4hlivestock.fairentree.com](http://lowastatefair4hlivestock.fairentree.com)

To make livestock entries for the Iowa State Fair (deadline July 1st)

## Buchanan County 4-H Website

[www.extension.iastate.edu/buchanan/4h](http://www.extension.iastate.edu/buchanan/4h)

To view 4-H monthly newsletters

To find 4hOnline & FairEntry help sheets

To view the monthly calendar

To see opportunities

Scholarships and County Council Applications

For the fair book and other fair information

To find recordkeeping forms:

<https://www.extension.iastate.edu/buchanan/page/member-info>



## Iowa 4-H Website

<https://www.extension.iastate.edu/4h/>

To find drug affidavits

To find livestock information for State Fair

Record Keeping forms for project records

And more!



# Club Leaders and Meeting Places

Meeting dates, times and locations are subject to change, be sure to contact a club leader before visiting.



## Atom Bombers & Clover Kids

### Leaders:

**Brenda Kleitsch** – bkkleitsch@gmail.com  
319-635-9042

**Ali Happel** - happelalison@gmail.com,  
319-721-2150

**Meeting Place:** Immaculate Conception  
Parish Center in Fairbank

## Byron Vikings & Clover Kids

**Leaders: Shalon Frye** shalonfrye@yahoo.com  
319-270-5095

**Scott Frye** - fryes24@yahoo.com

**Trisha Lindsay** – sstillindsay@hotmail.com

**Kayla Gallup**-kayla.gallup@yahoo.com

**Sarah Francios**-sarahjean84@msn.com

**Meeting Place:** Lutheran Church Indee/Frye  
Farm

## Heartland Kids & Clover Kids

### Leaders: Audrey Hanaway -

audhanaway@gmail.com  
319-361-3267

**Meeting Place:** 3<sup>rd</sup> Sunday of each month at 4:30  
pm at Heartland Acres in Independence.

## Liberty Lassos & Clover Kids

**Leaders: Beth Hilliard** - 319-360-7794  
mbhilliard2@gmail.com

**Meeting Place:**  
St. Johns Elementary – Independence

## Shady Grove Superstars & Clover Kids

**Leaders: Amy Peyton** - 319-239-2655,  
alpeyton24@gmail.com  
**Jill Berg** – 319-334-8191, jill\_burg@yahoo.com  
**Meeting Place:** St. A's school in Jesup

## Middlefield Hustlers & Clover Kids

**Leaders: Troy & Lisa Tempus** – 319-981-4886  
faircildfeed.troy@gmail.com  
ltempus@northlinncsd.org  
**Matt & Julie Cook** – 319-361-3469  
cookcyclone@gmail.com  
**Meeting Place:** Monti Hall

## Town & Kountry Kids & Clover Kids

**Leaders: Amanda Johnson,**  
andrewamandaj@yahoo.com  
**Kelly Kress**  
mattandkellykress@gmail.com,  
319-521-7170  
**Jennifer Simmons** -  
jensimmons13@gmail.com  
**Meeting Place:** Rowley Community Center &  
Brandon Community Center

## Buffalo Bells & Buckles

**Leaders: Tina Dodge-**  
tinaedodge@gmail.com,  
319-961-6660  
**Jess Flexsenhar** – bjflex@gmail.com,  
563-920-3382  
**Julia Sperfslage**-319-961-8124  
julia.sperfslage@gmail.com  
**Spencer Sperfslage-**  
319-939-7032,  
spencer.sperfslage@fbfs.com  
**Meeting Place:** Winthrop Hall

## Boots-n-Bales

**Leader: Jessica Michels** – 319-239-8859  
jessicamichels48@gmail.com  
**Meeting Place:** Fontana Park or Michel's Farms



4-H 

**GROWS**

**HERE**

**Be sure to watch for our monthly  
4-H newsletter!**

**These will provide you with upcoming opportunities and  
deadlines, as well as let you know of any new changes.**

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