

FAMILY & CONSUMER SCIENCES

Superintendents: Trista Calonder (Clothing, Child Development, Consumer Management)
Kathy Hennings (Food and Nutrition), Katie Schwartz (Home Improvement)

5 entries per class

Must be entered in <https://bremer.fairentry.com> by July 15th

Judging: Sunday, July 28, 11 am – 4 pm

Department: Statics

Division: 104: Family & Consumer Sciences

Class:

10410: Child Development - An exhibit that shows learning about children. Examples: child care, growth and development, safety and health, children with special needs, and careers in child development.

10420: Clothing and Fashion – Constructed/Sewn Garments & Accessories - A constructed garment or accessory (sewn, knitted, crocheted, or other process) that shows learning about style, fashion, design, thrifty spending, wardrobe planning, types of fabrics, and clothing care. Exhibits must be intended to be worn by humans.

10422: Clothing and Fashion – Purchased Garments & Accessories - Purchased garments or accessories that shows learning about style, fashion, design, thrifty spending, wardrobe planning, types of fabrics, and clothing care. Exhibits must be intended to be worn by humans.

10424: Clothing and Fashion – Other Ideas/Educational Exhibits - Any other educational exhibit that shows learning about clothing and fashion including but not limited to design illustrations, exploration of clothing styles, careers, clothing care, etc.

Clothing and Fashion Special Rule:

1. Outfits or accessories which will be worn during the Awardrobe Clothing Event may not be entered as a 4-H Iowa State Fair exhibit.

10430: Consumer Management - An exhibit that shows learning through savvy budgeting, comparison shopping, money management, and consumer rights and responsibilities.

10440: Food & Nutrition – Prepared and Preserved Product - An exhibit of a prepared or preserved food product that shows skills or learning about cooking, baking, eating and choosing healthy foods, safety practices, or food preservation through the making of a prepared or preserved food product. See Food & Nutrition Special Rules below and HS 76 “Foods for Iowa 4-H Fairs – Quick Reference Guide” at <https://store.extension.iastate.edu/product/6434> for additional information regarding prepared and preserved food products.

10445: Food & Nutrition – Educational Display - An educational exhibit (poster, report, display) that shows skills or learning about cooking, baking, eating and choosing healthy foods, safety practices, or food preservation. See Food & Nutrition Special Rules below and HS 76 “Foods for Iowa 4-H Fairs – Quick Reference Guide” for additional information regarding prepared and preserved food products.

Food & Nutrition Special Rules:

1. Any exhibit considered to be a food safety risk or portray a food safety risk will not be accepted, judged or displayed.
2. All food products/exhibits should be appropriate for human consumption.
3. Food product exhibits must be prepared, baked or cooked using only food grade utensils and containers.
4. Products that require refrigeration will not be accepted, judged or displayed.
5. Meat jerky products are prohibited.

6. The recipe must be included for any prepared food exhibit; credit the source of the recipe.
7. Preserved foods must include the Food Preservation Exhibit Label. Only food processed after August 1, 2018 is acceptable. Current USDA and/or Iowa State University guidelines for home food preservation must be used.
8. Preserved food exhibits must include two product samples. One will be opened for evaluation and discarded; the second will be placed on display and returned to the exhibitor. All perishable food products will be discarded when removed from display.
9. Prepared foods should be placed on a firm disposable plate or flat cardboard. Place food product exhibit in a reclosable plastic bag with entry tag fastened outside the bag.
10. The use of alcoholic beverages in the preparation or production of 4-H food exhibits is NOT permitted.

10450: Health - An exhibit that shows learning through food choices, safe activities and skills such as first aid and CPR, careers, and healthy lifestyle choices.

10460: Home Improvement - An exhibit that shows learning in planning, improving and caring for your home living space, including extended personal living areas immediately adjacent to the home. Exhibits may include new or refinished/reclaimed/restored items.

10470: Sewing and Needle Arts - Constructed item (sewn, knitted, crocheted, or other process) that shows learning and skill in sewing, knitting, crocheting, or other needle arts. May include the construction of household items such as pillowcases, curtains, table runners, quilts, wall hangings, or other items. Exhibits in this class are not intended to be worn by humans.

10472: Sewing and Needle Arts – Other Ideas/Educational Exhibits - Any other educational exhibit that shows learning about sewing and needle arts including but not limited to construction techniques, use and care of fabrics and fibers, design illustrations, decorative processes, careers.

10480: Other Family and Consumer Science - An exhibit that demonstrates learning about a family and consumer science topic that does not fit any previous Family & Consumer Science class listed.