

## *Challenge Classes*

### *Bucket of Junk*

A bucket of junk will be provided one bucket per exhibitor a total of 10 buckets available. All the buckets will include the same number scrap pieces in various shapes. Create whatever you want with the contents of your bucket. The goal is to make something out of the junk by welding them together. No entry fee, no premiums. The junk will be available in June. Please call the Extension Office at (319) 882-4275 or email [cbemery@iastate.edu](mailto:cbemery@iastate.edu) if you want to participate and make arrangements to pick them up the beginning of June.

Class 10800: **Challenge Class-Bucket of Junk**

### *Recycle and Redesign!*

Are you interested in demonstrating an innovative, creative use of design, while applying recycling skills? Here is a challenge class for you! You may select to use your newly designed project to show good use for fashion, home improvement or visual art. It is all up to you as the design to take used product, and create it into a new product. This is not to make the item "prettier".

- Items must come from a second party industry ig: Goodwill, Trinkets & Togs, a garage sale, or Flea Market.
- You may use additional materials if needed to design
- You may alter the found idem by cutting, sanding, welding, glue additional finishing
- You must use 75% of the item(s)that was found in creating your new design.
- make sure to take photos of the original item(s) before you begin your creation and include the photo with your goal sheet.
- Entries will be judged on artistic merit, technical merit, and the members exhibit write-up responding to the goal sheet.
- These exhibits may also be exhibited at Static day under the appropriate classes and are eligible to advance to State Fair. *Note: Visual Arts and Home Improvement require Design Elements and Art Principles!*

Class 10801: **Challenge Class-Recycle and Redesign**

### *Silent Auction*

Challenge Description: For Senior (non-livestock) 4-H members (9th -12th grade) to create a project to be placed on a "silent auction table" where the public will be able to bid throughout the fair bids close on Saturday July 31 at 1:00 PM. Winning bids will be announce during the Blue Ribbon Auction. Proceeds will go to the exhibitor as additional premiums. **Only one exhibit per member will be allowed to enter the "silent auction."** The exhibit can be anything the exhibitor would like from a painting, a photo, pottery, or woodworking project etc. **If entered, the exhibit is NOT eligible for State Fair.**

Helpful tips: These projects should be a quality project, think of this as your business selling your product to the public.

Class 10802: **Challenge Class-Silent Auction**

# Special Exhibition - \$10 MEAL CHALLENGE

**10490 - \$10 Meal Challenge** – Create a balanced, nutritious meal for family of four (4) that includes a serving from each of the five good groups for each person. Information regarding food groups and recommended daily servings can be found on the USDA MyPlate website [www.choosemyplate.gov](http://www.choosemyplate.gov)

*Special Rules:*

1. *Each county may enter one (1) exhibit in this class.*
2. *All entries will receive an evaluation and participation ribbon.*
3. *Exhibit may be from an individual or group effort.*
4. *The meal must serve at least a family of four (4) people and total expense on receipt must not exceed \$10.*
5. *The meal must include a serving for each person from each of the five (5) food groups – Fruit, Vegetable, Protein, Grain, Dairy.*
6. *The exhibit will be a poster (maximum size 20" x 30") that shows the menu (including portion size), meal type (breakfast, lunch, dinner), grocery receipt, and photos of the meal. Attach a copy of the \$10 Meal Challenge worksheet to the back of the poster. Additional information about the \$10 Meal Challenge can be found on the Iowa 4-H \$10 Meal Challenge webpage: <https://www.extension.iastate.edu/4h/10-meal-challenge-healthy-living>*

## **COVID-19 Recovery**

How can you help? Six initiative areas have been identified where Iowans have a need and ISU Extension and Outreach has expertise to help. In Extension, we want to do all we can to serve Iowans, but we can't do everything. Iowa State University has expertise and capacity in six initiative areas. In partnership with county extension councils, county staff, and specialists, local priorities were addressed and established. Bremer County priority initiative is "Engaging Iowans in improving food supply, safety, and access".

Your Challenge Description: For Senior 4-H members only. (9th-12th grade) Create a "Action Plan" to address this topic. (see worksheet below). Action Plan worksheet will be submitted to Bremer County Extension Council and a time will be scheduled for members/teams to present your Action plan, goals, and tasks you propose to address the given initiative. Here is your chance to make a change in Bremer County.

Class 10803: Challenge Class-COVID-19 Recovery

This sheet helps map out thoughts and ideas of a youth team as they plan to implement a goal. Fill out the tables below to work through the stages of putting ideas into action.

**Identify the Issue** → What do you want to change or improve?

Issue: **Engaging lowans in improving food supply, safety, and access**

**Establish a Goal** → What is your approach to fix the problem?

Goal: \_\_\_\_\_

**Create your Action Plan** → What steps do you take to achieve the goal?

What are the tasks for the goal?	Who will complete?	By when?
1.		
2.		
3.		
4.		

Timeline for Action Plan Tasks



Fill out the timeline below, to project when you need to accomplish certain tasks in order to reach your goal by your deadline.





