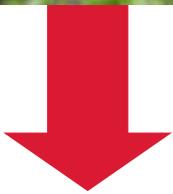


CLOVER CHRONICLES

4-H 

GROWS
HERE



October & November 2018

Dear 4-H Families:

It's 4-H re-enrollment time! As in the past, re-enrollment will be done on 4honline. [Instructions](#) for completing this process can be found online.

Your \$40 Program Development Fee will be due to Extension Office before your re-enrollment is completed. This can be paid by credit card in 4honline prior to submitting your re-enrollment or cash/check can be sent directly to our office or your club leader. Please make checks payable to Boone County Extension. Please be aware that the maximum payment per family is \$120. Financial assistance is available upon completion of an application.

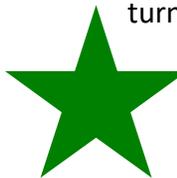
New 4-H Families: New families with new member(s) need to complete the Iowa 4-H Club Member Enrollment and Medical Information/Release Form and turn it into the Extension Office with their \$40 program development fee.

80% Re-Enrollment Reminder: New this year, if 236 members enroll in 4-H by November 16th, Natalie's hair will go green!!

As always, please contact me if you have any questions. Thank you!

WHAT'S INSIDE:

- Dates to Remember
- 4-H Awards Day
- General 4-H News
 - ⇒ Awards Selection Comments
 - ⇒ New Leader Training
 - ⇒ Halloween Party
- Healthy Living Retreat
- Omelet Breakfast
- Officer Training
- 4-H Innovators
- 4-H Giving Day



Natalie Hedlund
Boone County Extension
County Youth Coordinator
natm@iastate.edu
515-432-3882

DATES TO REMEMBER



OCTOBER 2018

OCT

Club Meeting Agenda Items - Recruit new members; complete online re-enrollment on 4honline and collect \$40 program development fee; elect officers; select program planning committee; plan recognition or family activity; conduct activities for National 4-H Week.

- 22 Youth Committee Meeting | 7:00 pm | Boone County ISU Extension Office
- 291 Halloween Party | 6:00—7:30 pm | Boone County Fairgrounds Community Building

NOVEMBER 2018

NOV

Club meetings - Finish club programs; hold club award recognition or family activity; install new officers, new member ceremony; encourage participation in club officer training; review 4-H newsletter; turn in \$40 per member program fee to Extension Office by Nov.16; update 4-H records.

- 1 Omelet Breakfast | 6:00—9:00 am | Boone County Fairgrounds Community Building
- 11 4-H Awards Day | 2:00 pm | Boone County Fairgrounds Community Building
- 16 4honline Re-Enrollments and \$40 Program Development Fees due to the Extension Office
236 members enrolled by this date means that Natalie's Hair will go green!!

WINTER 2018-2019

- Dec 7 4-H Club Officer Training | 6:30-9:00 pm | Boone County ISU Extension Office

4-H AWARDS DAY

Sunday, November 11, 2018 | 2:00 PM
Boone County Fairgrounds Community Building

Youth awards to be presented include:

Bronze, Silver and Gold Project Awards
Intermediate & Senior Merit Award
Intermediate & Senior Achievement Award
Leader of Tomorrow Award
George Leonard Memorial Award
Junior, Intermediate and Senior Spirit Award
ICARE Award
Outstanding Sixer Award
Outstanding Freshman Award
Outstanding Graduate Award

Scholarships to be presented include:

Joyce Safly & Julienne Blomgren Memorial
Alice M. Flynn Memorial
Boone County 4-H Alumni

Adult awards to be presented include:

4-H Alumni
Friend of 4-H
Meritorious Service
Fran Thompson Outstanding Leader



4-H LAUNCHES COURAGE

GENERAL 4-H INFORMATION



HALLOWEEN PARTY

4th-8th
Graders

Sunday,
Oct 21

6:00-
7:30 pm

Boone County Fairgrounds
Community Building

Games!

Costume Prizes!

Lots of Fun!



AWARDS SELECTION

4-H Youth Committee members enjoyed reviewing **52 record books**, 37 Spirit Award nominations, 15 ICARE Award nominations and 7 scholarship applications in an effort to select this year's award recipients. They were also given records from 84 4-H'ers to review for **190 project awards!**

Throughout this process, the committee created a list of comments to share with 4-H'ers of how they could improve their record keeping process:

- Be sure to put everything you've done on your **Participation Summary** as this is the first thing looked at during awards selection
- Your projects goals should continue to progress each year. Make sure you are setting goals that allow you to grow in that project area.
- Project's Leadership, Citizenship And Communication areas should progress each year. Be sure to show growth in these areas instead of just using the same item year after year.

A huge **THANK YOU** goes out to all the leaders and committee members who spent hours reviewing records and selecting 4-H award recipients.

NEW LEADER TRAINING

When: January 12 | 9:00 am —Noon

Who: All new 4-H club leaders

Where: Story County Extension Office
220 H Avenue, Nevada

Why: Volunteer orientation and training is a crucial component to the success of 4-H volunteers. This New Leader Training is designed to give you a better working knowledge of positive youth development, the Iowa 4-H Equation, and tools that will help you be more confident and capable in your role working with youth.

Registration: Register online
<http://www.extension.iastate.edu/4h/volunteertraining>



4-H BUILDS CONFIDENCE





4-H Healthy Living Retreat

at Clover Woods 4-H Camp
October 20-21, 2018

Develop your knowledge and skills in addressing today's issues including nutrition education, physical fitness, wellness and emotional wellbeing through:

- **Healthy Living Workshops**
- **Career Exploration**
- **Make a Healthy Change in your Community**

Seeking Youth in Grades 8-12 to Attend

Event details and Registration information are found on the [website](#): **Deadline to Register is October 12th**

\$75 Registration Fee (\$50 for enrolled 4-H members)

Scholarships available - contact Laura for info.

Why should you attend?

- Interest in the Healthy Living program area for your 4-H experience
- Explore career opportunities in health or wellness
- Eligible to be a **4-H Healthy Living Ambassador**

Questions:

Laura Liechty, Healthy Living Specialist
lliechty@iastate.edu or (515) 294-7594

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HARVEST OMELET BREAKFAST

NOVEMBER

1

- 2018 -

6-9AM

\$7 PER PLATE

OMELET, SWEET ROLLS, COFFEE & JUICE

BOONE COUNTY FAIRGROUNDS
PROCEEDS SUPPORT 4-H & FFA SCHOLARSHIPS





4-H Officer Training



Come learn more about being a LEADER within your 4-H club!

Break out sessions will explore all the different 4-H club officer roles. A general session will also be offered about leadership for youth not currently serving as an officer.



Who: Any 4-H'er from Greene, Boone or Story County

When: Friday, December 7th | 6:30-9:00 pm

Where: Boone County ISU Extension and Outreach Office
1327 SE Marshall Street | Boone

For More Information: Contact Natalie Hedlund, *Boone County Youth Coordinator*, via phone at 515.432.3882 or via email at

Registration Form

*Please return this registration form to:
Boone County ISU Extension and Outreach
1327 SE Marshall Street | Boone, IA 50036*

Name _____ County _____ Grade _____

Parent Name _____ Parent Phone # _____

Please mark one of the following transportation options:

- My child will drive home
- My child will ride home with _____ (please list driver's name and phone number)

Please circle the training your child will participate in:

President	Vice President	Secretary	Treasurer	Photographer
Recreation Leader	Reporter	Historian	Leadership	



IOWA STATE UNIVERSITY
Extension and Outreach

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4-H INNOVATORS

Have some **FUN**
on your day off!

A day of solving real world medical field problems using engineering practices!

WHO: 3rd-5th graders

WHEN: November 2 | 8:30 am—4:30 pm

WHERE: Leonard Good Library **COST:** \$25 (participants are asked to bring a sack lunch)

REGISTER: Due October 26th by completing the form below. Space is limited to first 20 youth.

FOR MORE INFORMATION: Contact Lauren Britton at 515.432.3882 or BrittonL@iastate.edu

THE CHALLENGES

Keep it Clean

4-H innovators will design and build a filtration system to deliver the clearest water possible.

Fix It

Participants will design and build a surgical instrument that performs a procedure without disturbing any of the surrounding tissue or organs.

Guts of Steel

4-Hinnovators will create a pill coating for an allergy medication that will dissolve slowly, allowing the medication to enter the bloodstream within 3 minutes.

Mind Your Matter

Participants will design a football helmet that can protect players and withstand maximum impact speed.

I wish to enroll in the 4-H Innovators course to be held October 8, 2018

Name: _____ Grade: _____ Circle One: Boy Girl

Address: _____ City: _____ Zip Code: _____

Phone Number (____) _____ - _____ Emergency Number During the Course: (____) _____ - _____

Parent's Email: _____

I give my child permission to participate in the 4-H Innovators course. In the event I cannot be reached in an emergency, I give permission to the program presenters to seek appropriate medical attention. I give permission for photos taken at the classes to be used by ISU Extension - Boone County or Boone County Hospital for educational and promotional purposes. Please note on the back of this form any special needs or dietary considerations (allergies).

Parent or Guardian Signature _____

➔ Please return this form and your \$25 registration fee to
Boone County Extension - 1327 SE Marshall St, Boone, IA 50036

**BE AN INNOVATOR.
JOIN THE TEAM**



GIVE  GROW

IOWA 4-H GIVING DAY

TUESDAY

— **October 9, 2018** —

12:00am - 11:59pm

You can help grow Iowa 4-H!

Join in our 24 hour online giving event
to connect, promote, and continue to grow
the Iowa 4-H Program.

www.iowa4hgivingday.org

#GrowIowa4H

Questions? Contact Melanie Oeltjenbruns
at melanieo@iastate.edu or 515.294.4780

