

CLOVER CHRONICLES



4-H

GROWS

Leaders

DECEMBER 2018 - JANUARY 2019

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Dear 4-H Families,

Congrats to all the Award Recipients. A list of award recipients and donors from Awards Day is on our [4-H Awards & Recognition Website](#). Photos from awards day can be found on our Facebook page—[Boone County 4-H - Iowa](#).

Thank you to the following retiring Boone County 4-H Youth Committee members completing 4 year terms: *Mari Lynn Heineman and Karen Sackett*.

If you have not already done so, please remember to re-enroll in 4-H using 4honline and turn in your Program Development Fee (\$40) or [Financial Assistance Form](#) to the Extension Office. After January 1st, we will not be sending out 4-H newsletters or 4-H opportunities correspondence to members not enrolled.

Welcome New Members:

Bluff Creek Wranglers: Brylie Hicks

Green Clovers: Rozzie Stevenson,

Harrison Happy Hustlers: Samuel Chesnut, Avery Howie, Mason Oostenink, James Speck, Cece Wagner

Luther Livewires: Carly Busch, Chandler Busch, Clayton Hertz, Connor Schreoder

Madrid Merry Makers: Morgan Christensen, Madelyn Grothus, Adelyn White

Peoples Guys & Gals: Nick Rees

Rural & City Newcomers: Walker Hull, Pyper Williams

Science & Technology Club: Caler McClain, Joshua Thompson,

Town & Country Pioneers: Jenna Murray, RJ Plummer, Wyatt Sharp,

Westside Hustlers: Thomas Bergstrom, Macy Bristle, Sawyer Curry, Bella Rose Davis, Eliana Engelmann, Rylee Ferwerda, Dillon Moe, Emma Moorman, Sophia Moorman, Sylus Rude, Melana Sesker, Riley Snakenberg, Alena Wilson

Thank you to all that enrolled in 4-H by November 16th. Unfortunately, we didn't reach the incentive goal of 236 members enrolled in order to turn my hair green.



Natalie Hedlund
Boone County Extension
4-H Youth Coordinator
natm@iastate.edu
515-432-3882

DATES TO REMEMBER



DECEMBER 2018

- 7 Club Officer Training | 6:30—9:00 pm | Extension Office
- 15 Beef Weigh-In | 8:00—10:00 am | Boone County Fairgrounds Beef Pen of 3 Barn
- 24 Extension Office Closed
- 25 Extension Office Closed
- 27 4-H Apalooza Planning Meeting | 10:00—11:30 am | Extension Office
- 28 Recordkeeping Workshop | 1:00—3:00 pm | Extension Office
- 31 Extension Office Closed

HAPPY HOLIDAYS

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Extension and Outreach

JANUARY 2019

- 1 Extension Office Closed
- 21 Extension Office Closed
- 21 Youth Committee Meeting | 7:00 pm | Extension Office

2019 DATES

- Feb 1 Applications for State Opportunities due to State 4-H Office: *Project Awards, National Congress, National Conference, State 4-H Shooting Sports Ambassador, Iowa 4-H Reporter Program and State 4-H Council*
- July 8 Fashion Day Judging | Morning
- July 8 Fashion Style Show & Share the Fun Acts | Evening
- July 11 Pre Fair Clean Up
- July 12 County Council Work Day
- July 15 Communications Day—*Educational Presentations, Extemporaneous Speaking and Public Speaking*
- July 16 Static Exhibit Judging Day
- July 17 Livestock Arrive for Boone County Fair
- July 18-21 BOONE COUNTY FAIR**
- July 22 Fair Auction, Post Fair Clean Up & Pool Party

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Boone County



**BOONE COUNTY EXTENSION
STAFF WISH YOU
HAPPY HOLIDAYS!**

Rich Wrage, *Region 8 Extension Education Director*
Alex Merk, *County Director*
Annette Brown, *Youth Program Specialist*
Natalie Hedlund, *4-H Youth Coordinator*
Dawn Schmidt, *Office Assistant & Bookkeeper*
Lauren Britton, *Youth Outreach Coordinator*



4-H LAUNCHES COURAGE

GENERAL 4-H NEWS



Merit & Achievement

STATE RECOGNITION

Who: High School Students

What: Apply to receive state recognition in any of these areas:

- State Council
- National 4-H Conference
- State Project Awards
- National 4-H Congress
- State 4-H Shooting Sports Ambassador
- Iowa 4-H Reporter Program

New Application Process this year

How: Application process is now through 4honline, applications are in fillable PDF, one page resume per youth needs to be included and be prepared to travel to ISU in Ames for a 20 minute interview on March 30.

Application material for all of the following opportunities must be submitted electronically by 11:59 pm on February 1, 2019.

More information can be found on the [State Recognition website](#) or by contacting Bonnie Dalager at bdalager@iastate.edu



Ensley Club Citizenship Award—BLUF

STATE 4-H SCHOLARSHIPS

Who: Iowa 4-H members are eligible to apply for 4-H scholarships if they meet individual scholarship requirements. 4-H'ers may apply for multiple scholarships but only one will be awarded per academic year.

What: The Iowa 4-H Foundation knows it's not easy to finance a college education, and they know that many Iowa 4-H'ers can use help achieving their educational goals. For that reason, they offer **90** scholarships that total more than **\$100,000** in funding! These scholarship are designed to encourage Iowa 4-H members to continue their education beyond high school.

Find out More and Apply!: Information and applications for 4-H Scholarships are now available online through the [Iowa 4-H Foundation website](#).

Due: Applications must be submitted online no later than 11:59 PM, February 1, 2019 for consideration.

4-H AWARDS DAY



Thank you to everyone who helped make Awards Day a success and **congratulations** to everyone who received awards! Be sure to write your thank you notes if you haven't done so already.

Pictures from Awards Day can be found on Boone County 4-H's facebook page ([Boone County 4-H - Iowa](#)).

Results can also be [found on our website](#).

START A PROJECT—NEED IDEAS?

You can get great project information for any project area by going to the [Iowa 4-H Website Project Page](#). Click on the project area you are interested in to find more information on it. These sheets include great ideas for project specific citizenship and leadership activities. The project page will also tell you what informational literature is available to order and show you a connection to that website. Take advantage of these great information tools!

4-H BUILDS CHARACTER



GENERAL 4-H NEWS



CITIZENSHIP WASHINGTON FOCUS: CWF

Citizenship Washington Focus (CWF) is a 4-H leadership program for high school youth (grades 9-12). Each summer teens gather at the National 4-H Conference Center to learn what it means to be a strong leader in their community, country, and world.

Objectives for the program are:

- Strengthen communication, leadership, and other citizenship skills on a national level.
- Understand the importance of civic and social responsibilities as they relate to the development of better citizens and leaders.
- Exchange ideas, practice respect, and form friendships with other youth from diverse backgrounds.
- Experience hands-on learning using the historical backdrop of our nation's Capital City, Washington, D.C.

These objectives are met through pre-trip education, speakers, workshops, daily excursions to view national sites, day at the Capitol with elected officials, and a delegate designed and implemented action plan. Citizenship Washington Focus brings together 4-H members from across the country.

Trip Dates: June 14-22, 2019

Deadline to register is Wednesday, January 15, 2019. Space is limited to first 48 delegate registrations.

Trip cost is \$1850. This includes all lodging, travel, tours, and a majority of meals. A \$650 non-refundable deposit is due at time of registration. The remaining balance is two payments of \$600 each due by March 1 and April 15, 2019.

[Online Registration form](#) & pay deposit payment with credit card.

[PDF Registration form](#) to fill out and MAIL IN with deposit paid by check or money order.

For more information, check out the [Citizenship Washington Focus website](#).



JOANN FABRICS IN PARTNERSHIP WITH 4-H

Customers can get a free 4-H Reward Card that will allow them to receive a 15% discount on their total in-store and online purchases every day! A minimum of 2.5% goes back to 4-H as a donation. 30% of the donation goes to the National 4-H Council and 70% goes to the State 4-H Program. [More Information](#).

DUPONT PIONEER CLUB SEED GRANTS

Objective of these grants is to stimulate local 4-H clubs in Iowa to plan and carry out community improvement activities by providing "seed money" needed to make the projects successful. Applications are due in County Extension and Outreach Offices by January 16, 2019 and should then be forwarded to the State 4-H Office before or by January 30.

[Dupont Pioneer Grants Website](#)

4-H DRIVES ADVENTURE



4-H OPPORTUNITIES



IOWA 4-H HEALTHY LIVING AMBASSADOR PROGRAM — APPLY BY DECEMBER 16TH

Iowa 4-H is looking for youth in grades 8-12, interested in the Healthy Living program priority area that want to serve as a 4-H Healthy Living Ambassador for the 2019 year. Ambassadors will grow their leadership skills, learn more about the Healthy Living area and implement new ideas to put into action in their home communities to create a healthy change across Iowa.

A limited number of youth will be selected for this opportunity and will be responsible to complete trainings, attend the National 4-H Healthy Living Summit in February, and fulfill their project goals by August 20, 2019.

Interested youth can apply online via the link at the bottom of this page. Please review the expectations of this position below before completing application. Applications will be accepted through Sunday, December 16, 2018. As applications are received, applicant will be notified to schedule a web-based interview during the week of December 17-21.

Deadline to Apply is December 16, 2018

Check out the [Iowa 4-H Healthy Living Ambassador Program website](#) for more details.

[Submit Electronic Application](#), please be aware, phone and email information for one reference is needed, an optional reference letter may be uploaded as well. If reference letter is not provided, we will follow up with contact and have them send it to us directly.



TWO BOONE COUNTY 4-H'ERS ATTEND NATIONAL CONGRESS

20 high school 4-H youth spent 5 days in Atlanta, GA for the 2018 National 4-H Congress! From educational workshops and motivational speakers to dances and service projects, these youth gained valuable leadership, networking and cultural experiences. 43 other states with nearly 1,000 youth participated in this annual 4-H event. Iowa youth are selected via an application and interview process. Delegates also had the opportunity to tour the city, taste the southern food and experience the variety of culture that Atlanta offers!

***Boone County 2018 Delegates:
Viatrix Scott and Josie Noland***



4-H INSPIRES CREATIVITY



4-H OPPORTUNITIES



Recordkeeping Workshop

Who: Boone County 4-H'ers

When: Thursday, December 27th

Time: 1:00 – 3:00 pm

Where: Boone County ISU Extension Office

What: Do you have questions about 4-H recordkeeping or setting a good goal? Do you want to improve your recordkeeping skills? Would you like to discover how you can earn 4-H Awards?

Check out this Recordkeeping Workshop.

If you are interested in attending this workshop, please RSVP to Natalie Hedlund, natm@iastate.edu by December 26th. If you have any questions, please contact Natalie.

4-H APALOOZA PLANNING MEETING

4-H'ers, we need your help!! Would you like to help decide what workshops are offered at 4-H Apalooza and help decide how we can make 4-H Apalooza more fun and educational??

Who: 4th-12th Graders

When: Thursday, December 27th

Time: 10:00 – 11:30 am

Where: Boone County ISU Extension and Outreach Office at 1327 SE Marshall Street, Boone.



What: 4-H Apalooza is a day of multi-project workshops for 4-H members in grades 4th-7th from 4 different counties. Help us decide what workshops are offered!!



4-H LAUNCHES COURAGE

VOLUNTEER INFORMATION



ANNUAL VOLUNTEER TRAINING

When: January 15 | 6:00-7:30 pm

Who: All Organizational/Project 4-H Club Leaders

Where: Boone County Extension Office



NEW LEADER TRAINING

When: January 12 | 9:00 am —Noon

Who: All new 4-H club leaders

Where: Story County Extension Office
220 H Avenue, Nevada

Why: Volunteer orientation and training is a crucial component to the success of 4-H volunteers. This New Leader Training is designed to give you a better working knowledge of positive youth development, the Iowa 4-H Equation, and tools that will help you be more confident and capable in your role working with youth.

Registration: [Register online](#)

ADULT VOLUNTEERS NEEDED

Boone County 4-H is currently seeking adult volunteers in the following areas:

Youth Committee—Youth Committee members develop and implement a balanced 4-H program. 2 year terms.

Static Exhibit Superintendent—help Tuesday of County Fair run efficiently and smoothly.

Volunteers will need to complete a background check before starting their volunteer role.

Please contact Natalie Hedlund for more information or a volunteer job description for the various openings at natm@iastate.edu or via phone at (515) 432-3882.

2019 BOONE COUNTY FAIR

July 8 Fashion Day Judging | Morning

July 8 Fashion Style Show & Share the Fun Acts

July 11 Pre Fair Clean Up

July 12 County Council Work Day

July 15 Communications Day—

Educational Presentations, Extemporaneous Speaking and Public Speaking

July 16 Static Exhibit Judging Day

July 17 Livestock Arrive for Boone County Fair

July 18-21 Boone County Fair

July 22 Fair Auction, Post Fair Clean Up & Pool Party



4-H FUELS WELLNESS



Oops! I Grew Up!



Your insight into all the grown up things!

The Scoop: Adulting is hard, but we can help! Come learn with us:

- ⇒ Discuss budgeting and strategies for maximizing your hard earned dollars
- ⇒ Explore healthy living options, such as cost effective meal prep and simple exercise routines
- ⇒ Dive into hands-on clothing care to ensure you stay looking sharp
- ⇒ Take a ride on the CyRide to become prepared for utilizing public transportation

When: Thursday, December 27 | 9:30 am—3:30 pm

Where: Hy-Vee Club House in Ames - 3800 Lincoln Way

Who: All high school students are welcome to attend

Cost: \$25 (includes lunch and a snack) - Fee can be sent to Boone County Extension: 1327 SE Marshall St, Boone IA 50036.

For More Information: Contact Lauren Britton, Youth Outreach Coordinator, at 515.432.3882 or at brittonl@iastate.edu.



Sign up online by December 21st!
www.extension.iastate.edu/boone/content/oops-i-grew

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BABYSITTING BASICS

Are you ready to start babysitting for your family, neighbors or friends? Then don't miss this class designed to help you learn numerous babysitting basics including:

- Basic First Aid Procedures and Rescue Breathing
- Home and Personal Safety
- Age Appropriate Toys and Activities
- Caring for Infants and Toddlers
- Properly Feeding Youth
- Business of Babysitting

> **Who:** 5th graders and above

> **When:** January 2, 2018 | 8:30 am-4:00 pm

> **Where:** Leonard Good Public Library | Ogden

> **Cost:** \$20 per participant

- > Covers *Babysitting Basics* workbook, snack and child care resources
- > Participants are asked to bring their own lunch

> **Registration:**

- > Complete the Registration Form below and return it, as well as your \$20 registration fee, to Boone County ISU Extension & Outreach (1327 SE Marshall St, Boone, IA 50036)
- > Please make checks payable to Boone County Extension
- > Financial assistance is available

For more information, contact Lauren Britton, Boone County ISU Extension and Outreach Office and Program Assistant, at 515.432.3882 or via email at brittonl@iastate.edu.

I wish to enroll in the **Babysitting Basics** course to be held January 2, 2019

Name: _____ **Grade:** _____ **Circle One:** Boy Girl

Address: _____ **City:** _____ **Zip Code:** _____

Phone Number (____)____-____ **Emergency Number During the Course:** (____)____-____

Parent's Email: _____

I give my child permission to participate in the Babysitter Basics Training course. In the event I cannot be reached in an emergency, I give permission to the program presenters to seek appropriate medical attention. I give permission for photos taken at the classes to be used by ISU Extension - Boone County for educational and promotional purposes. Please note on the back of this form any special needs or dietary considerations (allergies) to consider when planning activities and snacks. Parents are welcome to observe.

Parent or Guardian Name (please print) _____

Parent or Guardian Signature _____

Please return this form and your \$20 registration fee to the Boone County Extension Office, not the school.
Boone County Extension - 1327 SE Marshall St, Boone, IA 50036



2019 North Central Iowa Youth Beef Conference

“Beefology”



This is an educational program sponsored by Iowa State University Extension & Outreach and Ellsworth Community College for North Central Iowa youth who want to learn more about beef production. It will be held **Saturday, January 26**, at the Ellsworth Community College Agriculture & Renewable Energy Center, south of Iowa Falls on Hwy 65 at 705 Ellsworth Ave. For a map and directions go to: http://www.iavalley.cc.ia.us/ecc/maps_directions.html . The program will run from 9:00 AM to 3:00 PM with registration beginning at 8:30 AM.

A variety of interactive workshops and sessions are being planned for youth 4th grade through 12th grade who register for this event. Youth will learn what's involved with producing top quality beef from start to finish. Qualifies as YQCA Certification for one year. Youth must pre-register at <https://yqca.learnrow.io/Account/Login> , at a cost of \$3.00 per youth. See details on back.

Cost is \$10.00 per participant (youth or adult). Please **register by January 18** at your County Extension Office, or send to the address on the back. Registrations must include the Iowa 4-H Medical Information/Release Form. For more information contact the Franklin County Extension Office at 641-456-4811. Cancellation due to weather will be announced on KLMJ, KQCR, KGLO, KIAI, KLSS, KRIB, KQWC, KJYL, and KIFG radio stations. Event must have a minimum of 20 participants to be held.



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Registration Form

North Central Iowa Youth Beef Conference January 26, 2019 – Ellsworth Agriculture and Renewable Energy Center, Iowa Falls. REGISTRATION DEADLINE: **January 18** with Registration fee (\$10 per youth or adults attending). Fees include lunch and are non-refundable. *Registrations after January 18 must bring your own lunch!* Make checks to: *Wright County Extension.*

Name _____ Grade in School _____ I require YQCA certification: Yes No
circle

Address _____ County: _____
Street City Zip

Emergency Phone Number _____ Name of adult/s attending with you: _____

_____ I **DO NOT** give permission to take photo, video, or audio images of my child to use for promotional purposes.

Guardian Signature _____

Return to: Franklin County Extension & Outreach Office
3 First Ave. NW
Hampton, IA 50441

Or Call – 641-456-4811

Or E-Mail – jackied@iastate.edu

Must include a copy of current Iowa 4-H Medical Information/Release Form!!

Current enrolled 4-H'ers medical form is on file in 4hOnline. Non 4-Her's must fill out a non-member medical form, which can be found on our website <http://www.extension.iastate.edu/franklin/4h> under **4-H Resources** or at your local Extension office.

YQCA

Go to <https://learngrow.io/> to register for the Instructor-Led Training titled: North Central Iowa Youth Beef Conference. To log in, create an account at <https://learngrow.io/> or login with your 4-HOnline credentials. Select the appropriate training (by age) and make the \$3 purchase using a credit card. On January 30, the course trainer will go online to mark attendees complete. You may login after that date to access your YQCA certificate.

The fees for service will be used to off-set direct expenses and to support the 4-H Youth Development County Extension Program.

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