



BOONE COUNTY 4-H NEWS

DATES TO REMEMBER

February 27

Tri-County Camp Planning
6:00—7:30 pm
Extension Office

March 3

4-H Fun Night
6:00—9:00 pm
Ogden Elementary School

March 13

Face to Face YQCA Training
3:00—4:30 pm
Boone County Fairgrounds

March 13

Face to Face YQCA Training
6:00—7:30 pm
Boone County Fairgrounds

April 1

Boone Family STEM Festival
9:00 am—Noon
DMACC—Boone Campus

May 6

Sheep/Meat Goat Weigh-In
8:00 am—Noon
Boone County Fairgrounds

July 20-23

Boone County Fair

February 2023

A Note from Natalie Hedlund, County 4-H Coordinator:

The skill of goal setting and working to achieve the goal is something 4-H strives to teach and have 4-H'ers practice in all parts of the educational program – from project work, to club work, to development of civic engagement, leadership, and communication skills. As a 4-H member adds to her or his learning and skill set in a project area, goals should become more challenging and further learning demonstrated.

WHAT IS A GOAL?

A GOAL is..... deciding what you want to do and learn in a 4-H project.

A GOAL is..... having a road map. It helps you decide how to get to where you want to go.

Set goals that:

- Are specific (not too general or broad)
- Meet your needs and interest
- Provide you an opportunity for achievement
- Can be accomplished in a reasonable amount of time and with the resources available to you
- Show progress over previous years (if you have been enrolled in this project before)

HOW TO WRITE A 4-H GOAL

A goal has 3 parts. A goal should tell:

1. The **action**: **how** you are going to do it.
2. The **results**: **what** you will do.
3. The **timetable**: **when** you plan to have it done.

Examples:

| Action | Result | Timetable |
|-----------------|----------------------------|------------------------------|
| I want to make | a poster about smoothies | by the February club meeting |
| I want to train | my 4-H beef heifer to lead | before county fair time |

Have fun writing goals and demonstrating learning and accomplishments!

*As always, please let me know if you have any questions regarding 4-H!
natm@iastate.edu or 515.432.3882*



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Beef Weigh in Thanks

This year's Beef Weigh-In was held on December 17. A total of 97 calves were weighed in from 33 exhibitors (Including Pen of 3, Market Steers, Market Heifers, and FFA exhibits)

Thank you to the following people for helping at Beef Weigh-In: Andrew Heineman, Marcus Heineman, Bryant Hunter, Peg King, Trevor Stephens, and Skyler Rinker.

Special Thank you to Andrew Heineman and Skyler Rinker for taking a farm to farm trip to collect Retinal Images for State Fair animals.



Youth for the Quality Care of Animals Required Training

Are you planning to exhibit an animal at the Boone County Fair or Iowa State Fair this summer? Check out the list below of the species that are required to complete the YQCA Training in order to exhibit.

Required Certification: All 4-H beef, sheep, swine, dairy, goats, rabbits, poultry exhibitors must be Youth for the Quality Care of Animals certified **by July 1st**.

There are two ways to complete the required training:

1. **ONLINE** - The YQCA online training is \$12/person per year and can be completed online at <https://yqcaprogram.org/>. Training is based on the exhibitors age, not their grade, with a test at the end that must be passed. After completing training, a certificate of completion will be available for download. These certificates must be emailed, mailed or dropped off to Natalie Hedlund, 4-H Coordinator: natm@iastate.edu or 1327 SE Marshall St, Boone 50036.
2. **FACE TO FACE** – There are two face to face YQCA trainings scheduled. March 13th from 3:00 – 4:30 pm or 6:00 – 7:30 pm at the Community Building at the Boone County Fairgrounds. Registration is required to attend. Register online <https://yqcaprogram.org/> and pay the \$3 online before the training.

For instructions on how to get registered for a face to face training or to complete the training online, check out this website https://yqcaprogram.org/local/youth_parents.php

I highly recommend looking over the instructions before starting to avoid the wrong name listed on the certificate.

Sheep and Meat Goat Weigh in

When: May 6 | 8:00 am—Noon

Where: Fairgrounds

Who: All market and commercial ewe lambs as well as meat goats must be weighed, tagged and have ID forms completed. 4-H Families must complete animal ID in 4honline 2.0 after weigh in.

All sexually intact animals brought to weigh-in must have an official scrapie tag in their ear

State Fair: Any animal potentially being shown at the State Fair must be retinal imaged. This will cost \$5/head.

Start a Project—Needs Ideas

You can get great project information for any project area by going to the [Iowa 4-H Website Project Page](#). Click on the project area you are interested in to find more information on it. These sheets include great ideas for project specific citizenship and leadership activities. The project page will also tell you what informational literature is available to order and show you a connection to that website. Take advantage of these great information tools!



The Boone County 4-H Council Announces

4-H Fun Night

WHEN: Friday, March 3rd, 2023 | 6:00—9:00 pm

WHERE: Ogden Elementary School | 313 W Sycamore St, Ogden

WHO: 4th-7th Grade 4-H Club Members and Friends

COST: \$5 (includes pizza and an ice cream sundae)

BRING: This form *completed with signatures to the event* and \$5.

ACTIVITIES: Basketball, Dodgeball, Minute to Win it Games, Twister, and more!

This event is planned and carried out by the 2022-2023 Boone County 4-H Council.

In case of bad weather, listen to KWBG 1590 AM or call 515.432.3882 for any change of plans.

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Youth's Name _____ Grade _____ 4-H Member? Yes No

Parent Email _____

Parent's or Guardian's Name _____ Parent's Phone #: _____

In case parent cannot be reached, notify: _____ Phone _____

BEHAVIOR EXPECTATIONS OF THE PARTICIPANT

It is important to follow the directions of the adult leader(s) at all times. I understand that as a participant I have the responsibility to help make the activity a safe experience for everyone through my behavior and conduct. I also understand the danger of not following rules and directions and agree to follow them.

Participant Signature _____

I give the above named permission to participate in 4-H Fun Night. I understand that reasonable measures will be taken to safeguard the health and safety of the above listed participant, and I will be notified as soon as possible in case of an emergency. In the event I cannot be reached in an emergency, I give permission to the program presenters to seek appropriate medical attention. I agree to RELEASE from LIABILITY, INDEMNIFY, and HOLD HARMLESS Boone County ISU Extension & Outreach, ISU, the host of this activity, and their officers, employees, and volunteers (hereinafter the RELEASEES) from any and all claim and/or cause of action arising out of and related to any injury, loss, penalties, damage, settlement, costs or other expenses or liabilities that occur as a result of my child's participation in 4-H Fun Night. I give permission for photos taken at the activity to be used by Boone County Extension for educational and promotional purposes.

Parent/Guardian Signature _____

Save the dates for the 2023 Tri-County 4-H Camp

Tri-County 4-H Camp is a three-day camp for 4th-6th grade youth from Boone, Hardin, Marshall, and Story Counties August 9-11, 2023, at the Des Moines Y Camp near Boone. Campers will engage in outdoor activities led by Y Camp staff such as archery, canoeing, climbing wall, and zipline. They will also do theme-based activities, outdoor cooking, hiking, will make new friends and have lots of fun. The 2023 camp is Wednesday, August 9 to Friday, August 11. Registration information will be available around March.

Tri-County 4-H Camp Planning Meeting February 27

Would you like to plan the theme, logo, decorations, activities, campfire meal and snacks for the 19th annual Tri-County 4-H Camp? Youth in 4th-6th grades are invited to participate in the camp planning meeting February 27 from 6:00-7:30 pm at the Boone County Extension office or via ZOOM. Please RSVP to Annette Brown at annbrown@iastate.edu if you plan to participate in person or via ZOOM.

The camp will be August 9-11, 2023, at the Boone Y Camp.

Apply to be a Tri-County 4-H Camp Adult Volunteer

Adults, are you interested in changing the lives of 4th-6th grade youth, spending time outdoors in a camping environment and volunteering your time? If so, being an adult volunteer for the Tri-County 4-H Camp **August 9-11, 2023**, at the Y Camp near Boone is the perfect opportunity for you! Youth from Boone, Hardin, Marshall and Story Counties could greatly benefit from the passion you have for 4-H and positive youth development. Volunteers will assist with activities, supervision, providing a safe environment and supporting teen counselors in cooperation with Annette Brown and Katie Lubbert, 4-H Youth Development Specialists and Tri-County Camp Coordinators. Adult volunteer and teen counselor training will be held **August 8** at the Boone Y Camp. The adult volunteer application form is available by emailing Annette Brown, camp coordinator, at annbrown@iastate.edu or at <https://www.extension.iastate.edu/boone/youth-outreach>. Direct questions to Annette Brown at 515.432.3882 Ext. 6 or annbrown@iastate.edu

State 4-H Scholarships

Who: Iowa 4-H members are eligible to apply for 4-H scholarships if they meet individual scholarship requirements. 4-H'ers may apply for multiple scholarships but only one will be awarded per academic year.

What: The Iowa 4-H Foundation knows it's not easy to finance a college education, and they know that many Iowa 4-H'ers can use help achieving their educational goals. For that reason, they offer **90** scholarships that total more than **\$100,000** in funding! These scholarships are designed to encourage Iowa 4-H members to continue their education beyond high school.

Find out More and Apply!: Information and applications for 4-H Scholarships are now available online through the [Iowa 4-H Foundation website](#).

Due: Applications must be submitted online no later than 11:59 PM, March 1, 2023 for consideration.

Fair Fundraiser Silent Auction—Open for online bidding

Silent Auction items are online for bidding. Check out the great items we have available. All funds raised support 4-H & FFA Exhibition at the Boone County Fair. Fair Fundraiser is coordinated by the Boone County Fairboard.

<https://bit.ly/3HL2kXK>

Bidding ends February 4th.

Dairy Goat Share-A-Kid Opportunity

Are you looking for a new and exciting way to expand your 4-H experience? Interested in showing an animal, but don't know if you can afford one of show quality?

Each year the Iowa Dairy Goat Association promotes interest in dairy goats across our state. One of the ways IDGA encourages young people to explore this aspect of agriculture is through their Share-A-Kid program.

This statewide contest is open to youth in 4th thru 12th grades and who are a member of 4-H, FFA, IDGA, or any other agricultural group. Winning applicants are selected from an essay they submit. The essay can include drawings, photos or any other creative touches. IDGA can only award one goat per family per year; however, siblings are encouraged to apply. Previous winners are ineligible.

If you are interested in this opportunity visit <http://www.iowadairygoat.org/share-a-kid-program/> for more details and an application form. Entries must be postmarked by **March 15, 2023**.

Recordbook Binders available

Are you running out of room in your recordbook and are in need of a bigger binder? The Heiller Family has donated some gently used bigger Binders for any members that need them. Stop by the Extension Office to pick yours up or when you are in the meeting room for a club meeting, pick one up!

Slime Your Leader—Photo Backdrop Club Challenge

The Boone County 4-H Council is challenging 4-H clubs to help raise funds for the new Fund the Photo Backdrop. Clubs that raise funds will have the opportunity to nominate their 4-H leader or a volunteer to get slimmed at county fair. Each nominated leader/volunteer will get a voting jar at Static Exhibit Judging. On judging day, everyone will have the opportunity to vote on who they would like to see slimmed during county fair. The leader/volunteer with the most votes at the end of the day will get slimmed at 4:30 pm on Friday of Fair right before the starting of Ag Olympix. Donations need to be dropped off at the Extension Office by June 1st so that donations can be tracked per club.

- Here is the breakdown for nominations

Raise \$100 – Nominate 1 leader

Raise \$250 – Nominate 2 leaders

Raise \$500 – Nominate 3 leaders

Raise more than \$500 - Nominate all leaders and an additional volunteer

CONTACT US!

ADDRESS

1327 SE Marshall Street

PHONE

515.432.3882

HOURS

Monday-Friday,
8:00 a.m. to 4:30 p.m.

EMAIL

natm@iastate.edu

WEBSITE

extension.iastate.edu/boone/4h



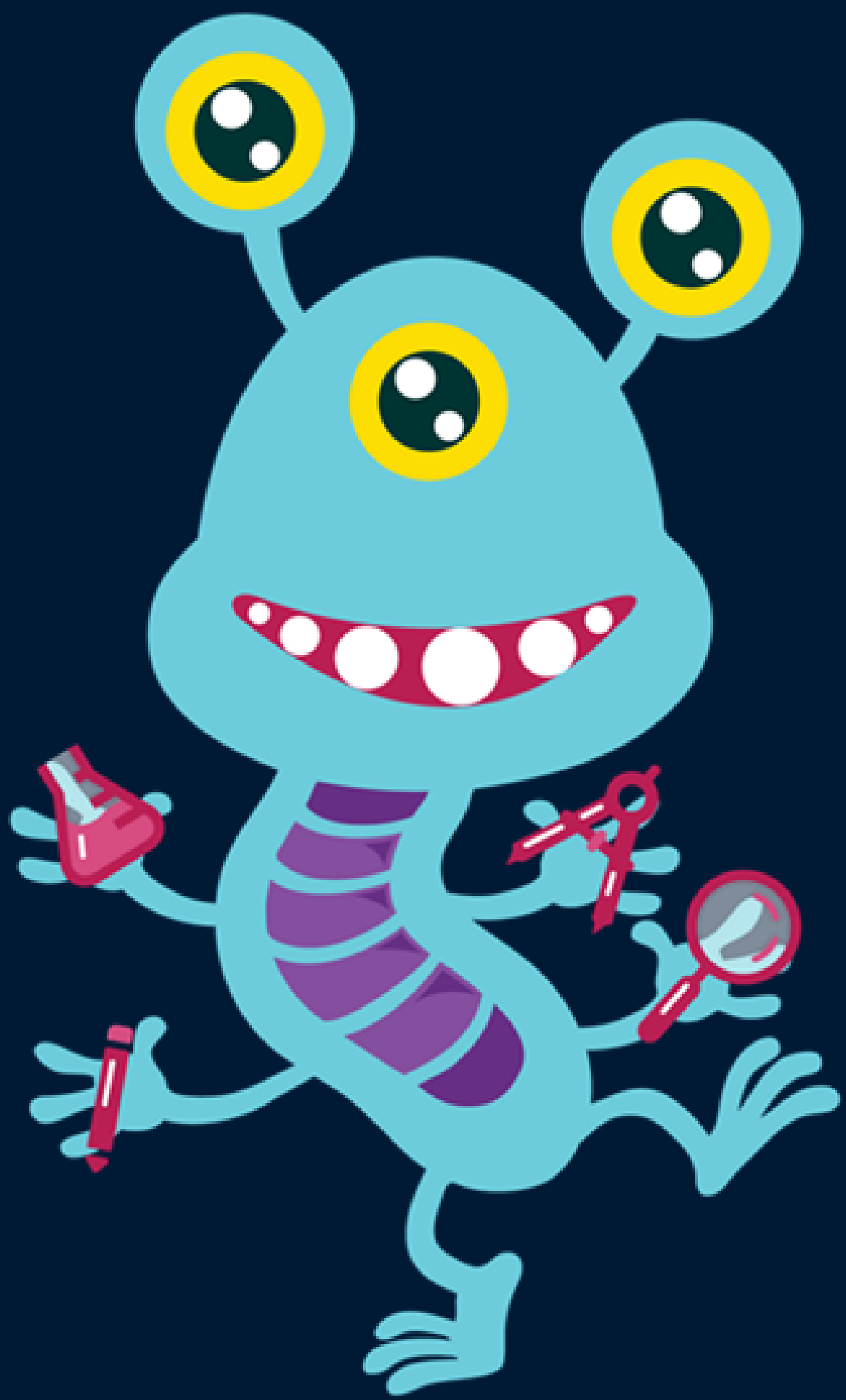
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BOONE FAMILY STEM FESTIVAL



Saturday,
April 1st
9:00 am – Noon
DMACC
Boone Campus

Free Family Event!
Fun, Hands-On STEM Activities



KID'S FOOD CLASSES



FEBRUARY 16

DISCOVER HOW YOUR TONGUE IS UNIQUE AND
EXPLORE HOW BUTTER IS MADE

MARCH 23

EXPLORE THE DIFFERENCES IN GLUTEN AND
GLUTEN-FREE FLOUR

APRIL 20

LEARN HOW TO EAT HEALTHY WITH MYPLATE

CLASSES START AT 4:00 PM

**REGISTER ONLINE FOR THESE
FREE CLASSES.**

YUMMY TREATS PROVIDED AT EACH CLASS.





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Apply to be a Tri-County 4-H Camp Teen Counselor

Teach them! Challenge them! Change their lives!



Are you interested in
changing the lives of youth?
If so, being a camp counselor is a
great opportunity for you.

Application deadline February 10, 2023

Counselor training: August 8, 2023

Camp: August 9-11, 2023

What is Tri-County 4-H Camp?

This is a three-day camp for 4th-6th grade youth from Boone, Hardin, Marshall, and Story Counties at the Des Moines Y Camp near Boone. Counselors gain leadership skills while helping youth do theme-based activities, enjoy the great outdoors, make new friends and have lots of fun.

The 2023 camp is Wednesday, August 9 (9:00 am) to Friday, August 11, (8:30 pm).

Camp information is available at: <https://www.extension.iastate.edu/boone/youth-outreach>

How can you be a part of this opportunity?

Your leadership will help make this a very special experience for campers. Counselors must be 16 at the time of camp. Please **make sure August 8-11, 2023, works in your schedule** before applying.

Counselors are **required to participate in training on August 8 beginning at 9:00 am** at the Des Moines Y Camp northwest of Boone. **Please complete this application by February 10, 2023.**

Send to: ISU Extension and Outreach Boone County, 1327 SE Marshall Street, Boone, IA 50036
or email to annbrown@iastate.edu.

Notification of counselor selection will be provided by February 20, 2023.

Counselors are invited to attend a **camp planning meeting February 27** from 6:00-7:30 pm at the Boone County Extension office or via ZOOM.

Start your adventure today! Apply here. (Continued on back.)

Full Name _____ County _____

Parent/Guardian Name(s) _____

Address _____ City _____ ZIP _____

Phone: Youth Cell (____) _____ Parent Cell (____) _____

Email: Youth _____ Parent _____

Gender _____ Birthdate ____ - ____ - ____ Grade ____ (Fall 2022) Shirt: S ____ M ____ L ____ XL ____ XXL ____

Please answer the following questions.

Why do you want to be a camp counselor?

What skills and characteristics do you bring to being a great camp counselor?

Describe any previous counselor experiences you have had.

What do you think youth will gain from having you as a counselor?

What do you think you will gain from being a counselor?

List two non-relative references. Please print/type neatly and provide all information requested.

Reference 1

First and Last Name _____ Phone (_____) _____
Complete Address, City, State, Zip _____ Email _____

Reference 2

First and Last Name _____ Phone (_____) _____
Complete Address, City, State, Zip _____ Email _____

Applicant Signature _____ Date _____

Parent Signature _____ Date _____

Recommendation by Extension Staff or Teacher

Ask a member of your county extension staff or a teacher to provide their recommendation here.

Extension Staff Member Signature _____ Date _____

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