Love pinning? Eager to showcase what you’ve found on Pinterest as your county fair exhibit? Great!

Be sure to keep the following things in mind when using Pinterest (or other internet sources) when preparing your 4-H exhibits:

1. **Cite the source.**
   Pinterest is like a bulletin board. It’s a great place to find lots of ideas, but how would someone go to find the exact pin YOU used for your 4-H exhibit. Click on the pin, then click again to get to the original source. (Sometimes it takes a 4th click to get to the source, but DO IT!)

   *IF you did indeed simply look at the picture in the pin and used no written instructions, print the pin.* Judges, other members, and the public like to see where you got your idea.

2. **YUM! That looks delicious!**
   Pinterest (and Facebook) have a lot of recipes! Be sure that when you are searching for recipes to try, you are also taking into consideration “Foods for Iowa 4-H Fairs – Quick Reference Guide”. Download this at: [https://store.extension.iastate.edu/product/6434](https://store.extension.iastate.edu/product/6434). If you read this document and you still are not sure, call your local Extension Office. 4-H staff can help you find answers before fair. Make the call so you are not disappointed with a disqualified exhibit at county fair! You can also email AnwerLine at answer@iastate.edu to ask if the recipe you want to use is appropriate. If they email back with a “Yes”, print the email and include with your exhibit goals and recipe.

3. **Very cool! I want to do this!**
   Why do you like this particular item? Where will you put the finished product? What will you learn by doing this project? What decisions will you make as you work on this? The judge will be asking you these questions. Just because a pin is really cool, doesn’t necessarily make it a great 4-H exhibit. Be sure to relate it to your learning in a project area. If you are having trouble, call your local Extension Office. 4-H staff can help you think through what you are doing and learning to relate it to a project area!

   Better yet...how can you take the latest pins and make them into your own ideas? For example: melted crayon art is very colorful, but it’s just melted wax on a canvas. Check out some of the ideas on-line to really make the colorful stand out as visual art by planning your exhibit and making the melted wax part of the design.

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