



GROWS HERE



Black Hawk County 4-H Family News for August 2020

The Important Stuff!

The 2020 Black Hawk County 4-H & FFA Fair has come to a close! Thank you to the youth, families, and volunteers that contributed to making the Fair a great success! We could not be more proud of all the 4-H'ers who entered project exhibits, performed, gave presentations, invested time in their agricultural plots, and showed their well cared for animals. Wow! Please note that Black Hawk County 4-H t-shirts are still available for 4-H'ers that exhibited (static or livestock) and did not pick them up during Fair. The shirts as well as static State Fair projects are waiting for them at the Extension office! There are still more statewide 4-H events to enjoy this summer, some virtual, some face-to-face. Check them out [here!](#) Have fun out there, take care and stay well!

The Good Stuff!

Congratulations to Maggie Lupkes and Braydon Brinker, the 2020 Black Hawk County 4-H & FFA Fair Queen and King! It was great to see them in royal action at Fair!

There was only one Share the Fun entry for Fair this year and it is definitely worth watching! Ellie Magee and Will Fettkether, two Lester Livewires club members and recent graduates, [sang a duet](#) of the song *Hey There Delilah*, accompanied by Will on the ukulele. They did an AWESOME job and earned a well-deserved State Fair ribbon!



We are glad to have 4-H staff and volunteers that embrace the technology it has taken to pivot 4-H programming to a virtual format this summer. A big thank you to Judy Muniz and Sarah Tanis for making workshops and summer programs available to 4-H youth and the community, to Alex Oldenburg, for sharing her video coaching expertise with the 4-H Dog Obedience youth, and to the 4-H leaders that moved online to keep their clubs connected!



Important Dates

- Aug. 6th:** State Livestock Shows begin
- Aug. 13th:** 4-H Show Iowa exhibition begins
- Aug. 22nd:** State 4-H Dog Show, Ames
- Aug. 29th-30th:** SESS State Qualifier, Searsboro
- Sep. 1st:** 4-H Online Enrollment opens

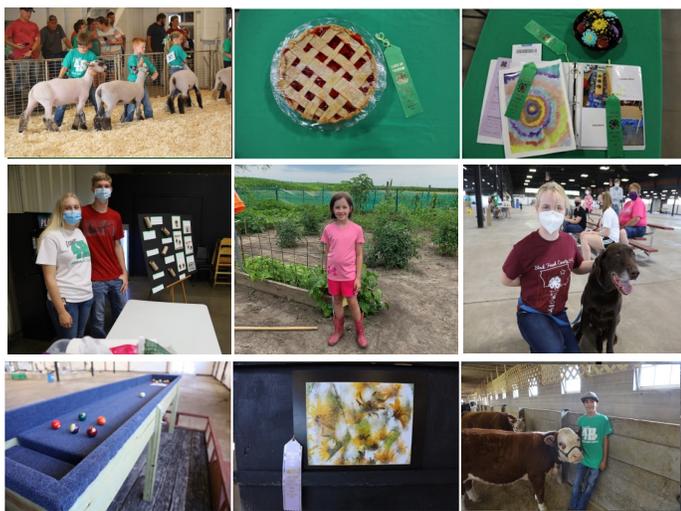


Let's Talk About August!

Did you know that August is National Shooting Sports month? Black Hawk County 4-H is lucky to have two 4-H Safety and Education in Shooting Sports (SESS) clubs! Learn more about SESS and our clubs later in this newsletter. State 4-H showcases continue through the month of August with 4-H Show Iowa, Fair Special Edition: Iowa 4-H and FFA Livestock Show, the State 4-H Dog Show, and the 2020 State Shooting Sports Match. More information on these events will be featured in this newsletter as well! Last but not least, school is starting soon! Watch for a link to tips on back to school preparations and for a way for 4-H'ers to team with their club for a healthy school year!

Here are the announcements, events and timely reminders for August and the months to come!

Did You See This? The Black Hawk County 4-H and FFA Fair is over for this year, but not forgotten! There are many photos and videos from the static project area presentations and exhibits, plot judging, as well as the livestock shows. Much of the video this year was shot live on Facebook so the public and 4-H families could watch in real time! You can find all of the photos on Google [here](#), a growing list of project area results with photos and video [here](#), and [videos on the Black Hawk County Extension Facebook page](#) and on the Black Hawk County 4-H and FFA Fair playlist on our Extension [YouTube channel](#).



Fun Fair Fact! Did you know that the Black Hawk County 4-H Pet Show is open to pet fish? Yes! In fact, Allison Ravn won Champion Pet with her fish this year! The Pet Show is also open to mice, rats, hamsters, birds, cats, gerbils, and other small animals. You can have a front seat at this year's show [here](#)...and [here](#)!



2020 Summer Programming Is Wrapping Up!

The 2020 Virtual Summer STEM Library Program concludes in August with the last Tech Tuesday on August 18th in partnership with Hawkins Memorial Library in La Porte City. The programs are held over Zoom at 3pm. See this [link](#) for information!



But Wait, There Is Still More To Do This Summer! Iowa State University Extension and Outreach Human Sciences has rolled out their special summer offering, [Kids in the Kitchen At Home!](#)

There are virtual games, worksheets, videos, DIY activities, book recommendations, a fun BINGO card, and recipes to help youth have a blast while they learn about kitchen and food topics. Check it out [here](#)!



We have answers to your questions!

Visit the Black Hawk County 4-H [webpage](#), find us on [Facebook](#), or call 234.6811!



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4-H'ers Step Up to the Challenge of COVID-19.

Black Hawk County and other Iowa 4-H'ers have been doing their part to help during the COVID-19 pandemic by making face coverings for their families, neighbors, hospital workers, those at the Iowa Veterans Home, and more.

This is just one example of what 4-H'ers can do! Visit the [National 4-H Youth Voices webpage](#) to see what Daisy

Buenrostro, Janya Green, and other 4-H'ers across the nation are doing to help their communities during this public health crisis. Black Hawk County 4-H is still accepting freshly WASHED fabric and/or masks that you have made. Please drop these items off at the Extension office or call 234.6811 with any questions.



Let's Talk LEGOS! Have you thought about being a FIRST LEGO League (FLL) coach? Learn all



about the FLL program, and coaching and mentoring teams/clubs through an online workshop! No engineering experience required. You will gain an overview of FLL and FLL Jr. (now known as FIRST LEGO League Challenge and FIRST LEGO League Explore). Open to anyone interested in mentoring youth. We are happy to welcome new coaches and mentors for 2020! Click [here](#) for more information and videos.

Don't Forget! Re-enrollment in 4HOnline for the 2020-2021 program year will open on September 1st. It is not only easy to do, it is required for participation in 4-H. Wondering how to re-enroll? Check out the re-enrollment resource on this [page](#) or call Judy at 234.6811 with any questions.

Another Fun Fair Fact! Flemish Giant, English Spot, Dwarf Hotot, American Fuzzy Lop, Rex and Lion Head are all rabbit breeds that you might see at the Black Hawk County 4-H and FFA Fair Rabbit Show! Take a look at this beautiful Lion Head doe, shown at the [Rabbit Show](#) this year by 4-H'er Rose Jefferson. Did you know that a doe is a female deer, but also a female rabbit? (Male rabbits are called bucks, just like deer, too.) Rabbits are part of the Livestock project area and can be shown in the Rabbit Show or the Pet Show in Black Hawk County. Hop over [here](#) to check out the Rabbit project area!



It is Time for Some Applause! Black Hawk County 4-H wants to thank Kayla Carolan for all of her work and dedication serving as this year's Fair Assistant! As a former Black Hawk County 4-H'er, Kayla's experience was a huge benefit as the Fair was planned and executed. She did a great job working with the youth, volunteers and staff! We will miss her smile around here and wish her the best as she returns to college!



Keep Clapping! We congratulate Emily Damro, another Black Hawk County 4-H Alumna, on her new position in the Iowa 4-H program. After serving as the Benton County CYC, she is now the Benton and Linn County Youth Program Specialist. Emily was a Fair Assistant, AmeriCorps 4-H Service Member, and a 4-H Outreach Coordinator in Black Hawk County. Keep up the good work, Emily!



Searching for Something?

Visit the Black Hawk County 4-H [webpage](#), find us on [Facebook](#), or call 234.6811!



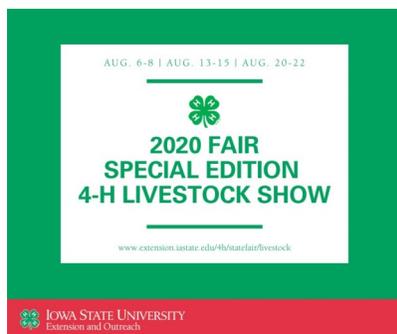
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State 4-H Events in August

Fair Special Edition: Iowa 4-H and FFA Livestock Show

The schedule for 4-H Livestock

shows will be spread out over three weeks and held Thursday through Saturday, starting August 6th, 13th, and 20th. For details on exhibiting, attendance restrictions, and more, see the [Iowa State Fair 4-H Livestock webpage](#).



4-H Show Iowa is a celebration of 4-H Exhibits, Communication Events, and Awardrobe Clothing Selection. The virtual exhibition starts August 13, 2020. See the [4-H Show Iowa webpage](#) for more information.



The **State 4-H Dog Show** is August 22nd in Ames. Navigate to the [Iowa Dog Project webpage](#) for more information.

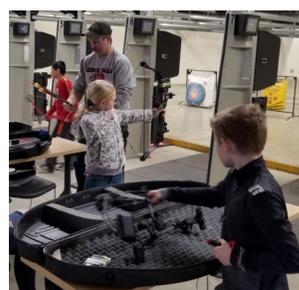


The **Iowa 4-H Safety and Education in Shooting Sports (SESS) State Match/National Qualifier** is being held August 29th and 30th in Searsboro, Iowa. See the [SESS webpage](#) for more details!



It is National Shooting Sports Month!

Black Hawk County 4-H is fortunate to have two 4-H Safety and Education in Shooting Sports (SESS) clubs. Our county offers both a Shooting Sports Club, specializing in shotgun and rifle, and an Archery Club. Shooting Sports is about more than hitting a target. The Black Hawk County 4-H SESS leaders are dedicated to teaching youth how to use firearms and archery equipment with the utmost safety and responsibility, utilize good decision making, self-discipline and concentration, and to display sportsmanship and ethical behavior. Take a look [here](#) for more information on 4-H SESS. The Black Hawk County



Shooting Sports Club is led by Tom Sage and the Archery Club is led by Chuck and Jennifer Paulsen. For questions about Black Hawk County SESS and/or how to become involved, call Diane at 234.6811.

Summer Fun? Check!

It is still summer and there are things to do! The [Black Hawk County Extension and Outreach Facebook page](#) continues to have many hands-on activity ideas and resources from 4-H, Iowa State University, county Extension offices, and community partners. Make the most of being outside at [Movies Under the Moon](#) at UNI. Try [Paddle In the Park with Hartman Reserve](#) or hit their forested trails for some hiking and bird-watching. If your family is looking for a different kind of outdoor adventure, try [Letterboxing](#)! The Waterloo Center for the Arts has the information on this fun and engaging [activity](#)!

Looking for more information?

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The School Year is Almost Here! Is your family ready? Iowa State University Extension and Outreach Human Sciences has some tips for you in their article, [Preparing for School May Be Different This Year](#).

Would you like your 4-H'ers to have something fun to do with their club throughout the school year, and good for them at the same time? How about the 4-H Healthy Living Club Challenge? It will be starting in September and runs through June. This year, 4-H will be *Winning with Wellness* with a focus on the 8 dimensions of wellness: environmental, social, occupational, spiritual, physical, intellectual, financial, and emotional. Club members will learn about their well-being as well as practice healthy habits through fun and interactive activities each month. Family resources will be provided monthly to allow the whole family to practice these healthy habits together at home. Iowa 4-H is looking forward to an exciting year of healthy living. Registration opens August 1st, and if your club is registered by the 15th, you will receive a challenge resource kit to help with the monthly challenges. Club leaders or Wellness Officers can register their clubs by visiting the [4-H Healthy Living Club Challenge webpage](#). Ask your club leader about it!

Leader Spotlight

Name: Heather Schneider

Club/Location: Orange Clovers/Waterloo

Years of Service: 4

How long have you been involved with 4-H?

I have been a leader for the Orange Clovers for 4 years.

Have other members of your family participated in 4-H? If so, whom?

My husband, Jason, was involved in 4-H in western Iowa for several years. My three children, Camden, Cael, and Larissa are current members of the Orange Clovers. (Side note: growing up, I always wanted to be in 4-H. My next door neighbor was the leader of an all girls club. My mom would not let me join, because she said 4-H was for kids living on a farm and we lived in town. :-).)

What motivates you to be a leader?

I am motivated to be a leader because, even though our club is small, I have the most amazing youth and parents in our club. The youth decide to do neat activities, both fun and community based. It is nice to see the smiles from everyone when we participate in an activity.

Name some of your favorite club activities. Why are these favorites?

Some of my favorite fun activities are going to the pumpkin patch, bowling, pumpkin decorating, and making a theme basket for the 4-H Omelet Breakfast. Some of my favorite community-based activities are making tie blankets to donate, making cookies to donate, and serving a meal at the church where our meetings are held. I enjoy doing these activities because it is so neat to see all of the youth having fun together. It is also nice to see the older youth help the younger youth.

Please share a memorable story from your experience as a leader/mentor!

The first year there was a theme basket silent auction at the 4-H Omelet

Breakfast, the youth decided to do a basket called "Fun in the Sun". The youth put an amazing basket together. It ended up winning the highest bid. Our club received a pizza party for winning. All of the youth were so excited that they won and enjoyed the pizza party.



Get In Touch!

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