



Black Hawk County 4-H NEWS

**SAVE
THE
DATE**

February—1st: Market Beef
in 4hOnline

February—3rd: Volunteer
Lunch and Learn 12pm

February—4th: UNI Family
Fun 5-8pm

February—11th: Shooting
Sports 9am-12pm

March—4th: On their Own &
Ok Workshop 9am-12pm

March—11th: Shooting
Sports 9am-12pm

March—26th: 4-H Omelet
Breakfast 8am-12:30pm

February 2023

The Important Stuff!

It is Black History Month. This is an opportunity for 4-H clubs and families to celebrate the talents, influence, and legacy of African Americans in our country, as well as explore the challenges these Americans have faced historically and today. Looking for resources? Turn to [page 3](#). Although it is only February, it is time to start thinking of Fair already! We are highlighting a project area for 4-H'ers to explore on the last page of the newsletter, so check out [page 4!](#). Keep in mind the workshop we have coming up on March 4th — On their Own & OK! Read more about the workshop on our [website](#). Feel free to give us a call at 319.234.6811!



The Good Stuff!

Black Hawk 4-H'ers and their families were at the UNI Wellness Center for Family Fun Night on Saturday, February 4th. It lived up to its name! 4-H'ers and their families were able to share time swimming, rock wall climbing, playing basketball and enjoying pulled pork sandwiches. Thank you to everyone that spent their Saturday night with us!



IOWA STATE UNIVERSITY
Extension and Outreach

Let's Talk February!

February is the perfect time to start thinking about fair projects, scholarships, YQCA, and selling Omelet Breakfast tickets. If you need an idea for a project check out [page 4](#). The Poster Communication exhibit is a great project area to get involved in. The 27th Annual Omelet Breakfast is March 26th. With February still being cold, now is a great time to sit on the couch and complete your YQCA. For all 4-H seniors, 4-H scholarships are due March 1st. Find more information about these scholarships here! ———>

Volunteer Lunch & Learn Series

The Volunteer Lunch & Learn Series is back for year two!



VOLUNTEER LUNCH AND LEARN WEBINAR SERIES

Volunteers are encouraged to tune into these brief sessions from 4-H Youth Development that dive into topics they can apply in their role as an Iowa 4-H volunteer. The lunch & learn series consists of four brief 15–20 minute Zoom sessions at 12pm the first Friday of each month. The next session will be held on March 3rd. Click here for the [link!](#) Contact Diane or Abby at 319.234.6811 with any questions.

YQCA

Winter is a great time to get your [YQCA](#) certification done! This is something that has to be done in order to show at fair. Once this is completed, please send a copy of your certificate to Shelby at shelb@iastate.edu



Don't Miss This Opportunity!



4-H'ers, did you know that there is an Iowa 4-H Foundation Scholarship available just for Black Hawk County 4-H members? The Siggelkow Family provides this scholarship in honor of Wayne and Arnola Siggelkow. Eligible applicants for this scholarship are active 4-H members in Black Hawk County with demonstrated academic excellence and leadership roles in 4-H as well as their school and community. The recipient must be a freshman in the upcoming academic year and attending Iowa State University while pursuing any field of study. The application deadline for this and all other Iowa 4-H Foundation scholarships is March 1st. See this [page](#) for more details!

2023 Omelet Breakfast

The 27th Annual Omelet Breakfast will take place on **March 26th** at the UAW Hall in Waterloo!

Club leaders: Please visit the [Club Resources](#) page to find the Omelet Breakfast club sign up and Silent Auction Basket information.

2023 27th ANNUAL 4-H OMELET BREAKFAST

Sunday, **March 26th** at the **UAW HALL** 8:00 AM - 12:30 PM
2015 Washington St, Waterloo

• MADE TO ORDER OMELETS plus...
• Pork Sausage • Hash Browns • Cinnamon Rolls • Toast • Orange Juice • Milk & Coffee

\$ 8.00 Pre-Sale Adults (18 Over) **\$ 4.00** Youth (6-10) **FREE** (5 and under)

\$ 10.00 Adults **At the Door**

SPONSORED BY BLACK HAWK COUNTY 4-H

Tickets available at the Black Hawk County Extension and Outreach Office or from Black Hawk County 4-H

TICKETS ALSO SOLD AT THE DOOR

IOWA STATE UNIVERSITY Extension and Outreach

Note: Adult prices go up to \$10.00 at the door!

We have answers to your questions!

Visit the Black Hawk County 4-H [webpage](#), find us on [Facebook](#), or call 319.234.6811!

We Are Hiring!

The Black Hawk County Extension office has two open summer positions! We are looking for a **Fair**



Intern to help us prepare for and assist with the Black Hawk County 4-H & FFA Fair. This is a fun position for **anyone that has completed their first year of college** and would love a behind-the-scenes Fair experience! The other open position is a **Summer STEM Program Assistant**. The right person will lead STEM day camps and planned activities at local libraries, deliver programming for school-aged youth in the community, and carry out other random acts of positive youth development in Black Hawk County! These are great resume´ builders! An application can be found on the [Black Hawk County Extension website](#). Know an excellent candidate for either position? Please contact Diane Wolfe at wolfejd@iastate.edu or 319.234.6811.



Shooting Sports Saturday!

Black Hawk County 4-H Shooting Sports will meet on Saturday, February 11th from 9am – 12pm. **Note that Shooting Sports and Archery will now meet every second Saturday.**

4-H Project Alert!

Are you looking for a project to complete over

There is still time!

Enrollment/re-enrollment in [4HOnline](#) is required for all 4-H members to be covered by insurance as they attend 4-H meetings and activities. The \$15 youth enrollment fee may be paid online during enrollment or by cash or check (only) through the Extension office after enrollment. Questions? 4HOnline resources are available on the Iowa 4-H website. For the Family Enrollment Guide, which assists with enrollment steps, please navigate here and scroll down to the [link](#). This also provides information for adult enrollment. For more help, contact Shelby at shelb@iastate.edu or 319.234.6811.



Black History Month Resources.

How do we start a conversation about the importance of Black History Month, or reflect on race and equity as a family or as a club? A good place to begin is with research-based facts and listening closely to personal perspectives and experiences. National 4-H features an interview with Dr. Carolyn Williams in which she reflects on her 4-H experience, education, and ways to elevate youth to leadership. Please take the time to read [Black History Month: Elevating Future Leaders Through Exposure, Education and Experience](#). To learn about how Black History Month started, check out this [website](#) hosted by the Library of Congress. Activities honoring Black History Month are taking place at the [Waterloo Public Library!](#) [Black History Storytime](#) and more can be found [here!](#)



4-H Poster Communication Exhibit

Special poster exhibit to visually tell a story or idea about 4-H to the public. Exhibitors must use one of the following themes:

- 4-H is... (open to 4-H'er's interpretation)
- *Join 4-H*
- *4-H Grows...* (4-H.org national marketing theme)
- *"Spy Your Potential"* (4-H Youth Conference theme)



Poster Communication Special Rules:

1. Only one poster per 4-H'er may be entered.
2. All posters must be designed on, or affixed to, standard poster board or foam core board—size minimum of 14" x 20" or maximum of 15" x 22".
3. Posters may be vertical or horizontal. Posters may be any medium: watercolor, ink, crayon, acrylic, charcoal, oils, collage.
4. Posters **cannot** be 3-dimensional. Materials used to make the poster may **not** extend more than 1/8 inch above the poster or foam core board.
5. Each poster **must** have the completed Poster Exhibit Entry Form attached to the back.
6. Posters **cannot** use copyrighted material or exact copies of other promotional designs, such as the Iowa 4-H Youth Conference theme logo.
7. 4-H'ers may include the 4-H clover in the poster.
8. All 4-H Communication Poster participants having posters judged at the Iowa State Fair will be given Certificates of Recognition and written evaluation comments. Outstanding posters will receive Seals of Merit. Superior poster will receive Seals of Excellence.

As part of its mission to serve all Iowans, Iowa State University Extension and Outreach will provide reasonable accommodations to its "policies, practices, or procedures" when the accommodations are necessary to provide equal access to programming to participants with a qualifying disability. It will also provide auxiliary aids and services when they are necessary to provide equal access to participation.

CONTACT US!

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