

The Broadcast

*Benton County 4-H Monthly Newsletter
for 4-H Members, Leaders, and Volunteers*

In This Issue



4-H Service in Derecho Aftermath

Did your club offer a helping hand to others during Derecho clean up? If so, THANK YOU! Benton County 4-H would love to showcase 4-H member and club service efforts related to storm clean up and community support. Please email your story of service to Emily at emilyrs@iastate.edu.

Our 4-H families, leaders, volunteers and all other Extension and Outreach clients have been on our mind during this disaster... please reach out to us for support or additional access to [ISUEO resources](#).

4-H Best Practices Updated 8/13

County 4-H programs across the state are expected to follow the Iowa 4-H Guidance and Expectation Addendum for all club and county youth activities. Club Leaders received this notice in August, please take a look so that your family can contribute to the safety and health of the members, volunteers and staff for the Benton County 4-H program.

[View Document](#)

**Fall Leader's Meeting
9/1... don't miss it!**

**9/1 Record Book &
Nominations
Deadline EXTENDED
to 9/18 at 4:30 PM**

***Virtual Show Iowa OFFICIAL
results coming soon!***

Benton County Extension

Office Phone: 319-472-4739

Benton County 4-H Website:

<https://www.extension.iastate.edu/>

[benton/](https://www.extension.iastate.edu/benton/)

Deadlines & Important Dates

ITEMS IN RED ON THIS PAGE HAVE BEEN CANCELLED OR POSTPONED DUE TO COVID-19.

9/1: Fall Leader's Meeting, 6-7:30 @ BC Service Center Conference Room

9/18: Record Books Due

9/18: Leader of the Year Nominations Due

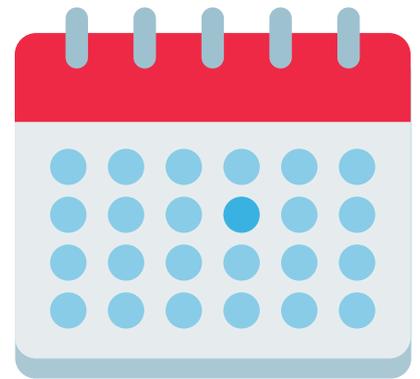
9/18: County Council Applications Due

9/18: Leader Member Nominations (Most Outstanding, ETC) Due

9/18: Club Treasurer/Secretary/Historian Books Due

9/25-27: 4-H THRIVE Mindfulness Retreat in Boone

October Date TBD: Awards Banquet



Record Books

All record book resources are available on the Benton County Extension and Outreach Website under the Member Info tab. Before starting this year's section of your record book, please view the [record book help sheet](#).

4-H Online 2.0, New and Improved!

4-H Online is getting an update!

The 4-H Online system that we are currently using is getting renovated to be more user friendly and helpful. Families will use the same log in information to access the updated version of the site.

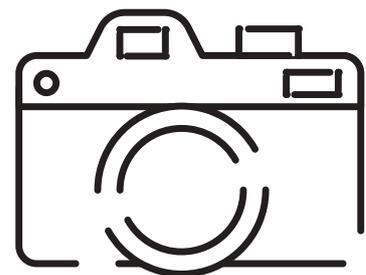
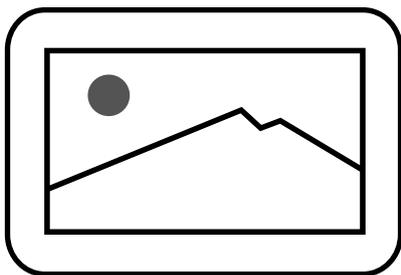
The new system is not currently available to create new enrollments or re-enroll returning club members. Please stay tuned as this may delay our regular enrollment process for the 2020-2021 4-H year!

Attention 4-H Photography Participants: Iowa 4-H Camera Corps Applications Open

Iowa 4-H Camera Corps is a talented group of youth photographers working together to make beautiful, powerful, and creative photographs of communities from across the state of Iowa. It is a unique opportunity to practice your photography skills and receive public recognition and juror feedback on your work. Each month, a photography theme is provided with a different focus. Professional evaluators will give individual feedback to each photographer after they submit their monthly photograph, and then each photograph will be exhibited digitally on the Iowa 4-H Facebook page where voting will be open to the public.

The top ten Juror's Choice and top ten People's Choice photographs will be printed, framed, and shown at statewide gallery exhibitions every month. All youth from all counties are welcome to join Iowa 4-H Camera Corps. We want to help you become the best photographers you can be!

APPLY: <https://www.extension.iastate.edu/4h/projects/iowa-4-h-camera-corps>



Healthy Living Club Challenge

Healthy Living is one of the four program priorities in Iowa 4-H Youth Development. We pledge our “health to better living” and in order to learn, practice, and advocate for healthy choices we are challenging clubs, learning communities, volunteers, staff, and families to practice healthy choices during their meetings, events and daily lives.

The 4-H Healthy Living Club Challenge promotes simple modifications and educational opportunities during monthly club/group/team gatherings to explore our well-being while also building skills to help others through community wellness.

Each month, groups will be challenged to incorporate healthy options such as...

- Offering and promoting water as a beverage
- Featuring a fruit and/or vegetable as a snack option
- Incorporating time for a movement-based activity
- Completing the monthly dimension of wellness activity

REGISTER YOUR CLUB: <https://www.extension.iastate.edu/4h/healthy-living-club-challenge>