

# The Broadcast

*Benton County 4-H Monthly Newsletter  
for 4-H Members, Leaders, and Volunteers*

## *In This Issue*

### **4-H Awards Celebration**

**When: November 8,  
2:00 PM**

**Where: Blainstown  
Community Center**

**4-H Online 2.0  
will open soon to  
re-enroll for the  
2020-21 program  
year!**

### **Benton County Extension and Outreach**

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<https://www.extension.iastate.edu/benton/>

Sheila Hlas, CYC  
Email: [shlas@iastate.edu](mailto:shlas@iastate.edu)

## **Welcome, Sheila Hlas!**

Greetings Benton County 4-H friends and family!  
My name is Sheila Hlas and I'm excited and honored to serve all of you as your new County Youth Coordinator.

My husband Jim and I live in the rural Belle Plaine area. Our eldest daughter, Tori is a freshman at ISU and youngest, Macy is a junior at BPHS. We raise sheep, chickens, have one llama, two dogs, four house cats and five farm cats.

I look very forward to meeting all of you and please know that I am just an email or phone call away!

**Please email [shlas@iastate.edu](mailto:shlas@iastate.edu) or call 319-472-4739 to reach Sheila!**



# Deadlines & Important Dates

**ITEMS IN RED ON THIS PAGE HAVE BEEN CANCELLED OR POSTPONED DUE TO COVID-19.**

October 4-10: National 4-H Week!

October 6: Give. Grow. Iowa 4-H Giving Day, wear green and use #GrowIowa4H to share why 4-H is important to you!

October 9: Go Further Conference Registration Deadline

October 12: "On their own and OK" Registration Deadline

October 18: Healthy Living Ambassador Application Deadline

November 8: Awards Celebration, 2:00 PM @ Blirstown Community Center

## Club Spotlight

The Benton County Livestock Judging Team participated in the State Livestock Judging Contest in August. Benton Team 1 (Gabe Hanson, Alex Ludeking, Jacob Ludeking, Steiger Manson) placed second overall with a team score of 1693. Benton Team 2 (Olivia Hanson, William Kroneman, Clayton McKenna, Josh Wiley) placed fifth overall with team score of 1628. Andrew Pingnot and Samantha Zahradnik participated as individuals and scored well, too! Way to represent Benton County! Full results can be found at: <https://www.extension.iastate.edu/4h/state-livestock-judging>



# Record Book Wrap Up and Awards Celebration

THANK YOU to all 4-H members and clubs that submitted record books and club books for judging! 4-H Committee reviewed 26 record books. Thank you for sharing your experience and learning through record book completion.

Members that are award recipients will be sent a notification to attend the Awards Celebration on Sunday, November 8. We are looking forward to an excellent program this year! The Awards Celebration will be held 11/8 at the Blirstown Community Center. The program starts at 2:00 PM.

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## 4-H Online 2.0, New and Improved!

4-H Online 2.0 will OPEN for Benton County 4-H on Thursday, October 15!

The enrollment deadline for all new and returning 4-12th grade club members (to avoid the additional late fee) is December 31, 2020.

Please watch for an additional email with instructions and help sheets!

**Payment:** Credit cards will not be accepted this year due to the new system continuing to be updated for Iowa. Payment must be made in the form of check or cash sent to the Benton County Extension Office at the time of enrollment. Checks must be made out to Benton County Extension and Outreach.

### 2020-21 Fees:

\$30 4-H Member (\$40 after 12/31/20)

\$15 Cloverbud Members (REDUCED this year!)

ALL youth attending club meetings MUST be enrolled in 4-H Online. ALL youth must re-enroll each program year (just like registration for sports or school!). Leaders should work with families to complete enrollment as soon as the first club meeting they attend. Enrollment is the key to receiving correspondence from the office and must be completed for youth to participate in county or club activities.

# **Go Further Conference Registration OPEN!**

Registration is now open for the Fall 2020 Go Further Girls STEM Conference, which is free and virtual this year! This conference is coordinated by the Program for Women in Science and Engineering (WISE) and is geared for girls in 8-10th grade who want to learn more about STEM careers. Live and recorded sessions will be available, please contact your Youth Program Specialist, Emily at [emilyrs@iastate.edu](mailto:emilyrs@iastate.edu) to learn more and register for this awesome opportunity! Registration closes 10/9.

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## **Healthy Living Ambassador Applications OPEN!**

Calling all youth leaders interested in nutrition, health, food security and mental wellness! The Iowa 4-H Healthy Living priority team is accepting applications for 9-12th grade youth ambassadors. Ambassadors will represent their area of the state while working with an adult mentor to determine a project, create an action plan, and implement a youth program based on healthy living content. Ambassadors have the opportunity to make a difference in the health and wellness of 4-H youth across the state. The deadline to apply is 10/18. For more information, please visit <https://www.extension.iastate.edu/4h/iowa-4-h-healthy-living-ambassadors> or ask your CYC for more information.

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## **National 4-H Council Program Announcements**

The following national programs have been cancelled:

- 2021 Citizenship Washington Focus Presidential Inauguration Trip
- 2021 National Youth Photography Summit

The following national programs will be held virtually:

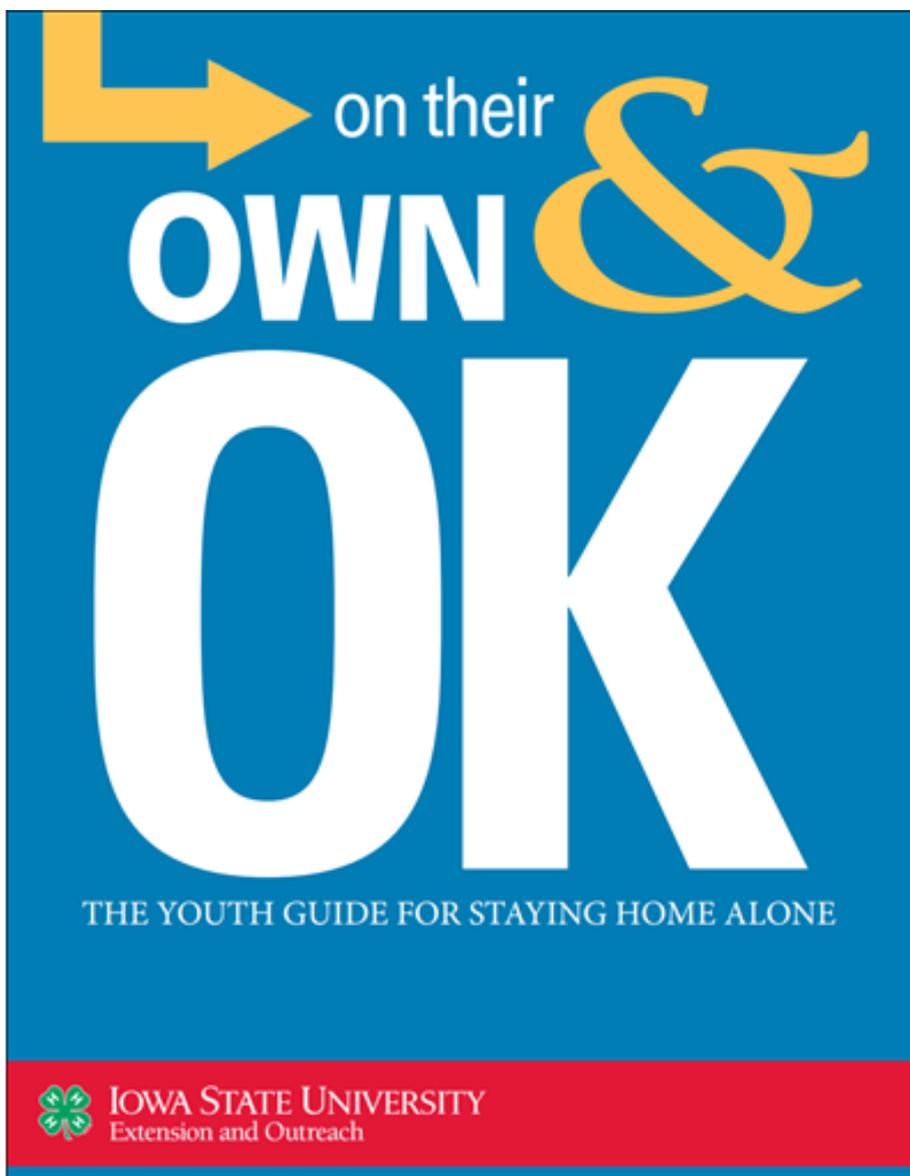
- 2020 National Youth STEM Summit (11/6-11/8/20)
- 2021 National Youth Healthy Living Summit (2/11-2/14/21)
- 2021 National Youth Agri-Science Summit (3/4-3/7/21)
- 2021 National 4-H Conference (4/10-4/15/21)
- 2021 Citizenship Washington Focus (Summer 2021)

Further details will be shared as programs are developed.

# On Their Own and OK Program Opportunity

Registration is now open for families to sign up for the free, On Their Own and OK program, offered virtually this fall. During this time when many parents are working from home or families are isolated at home, they may have more opportunities to help their children build skills.

On Their Own and OK is tailored for parents and children in 4-6th grade. Registration is online and families have until October 12 to sign up. The four-week program will begin on October 22, and each week, participants will receive directions via email for a hands-on family learning experience using materials typically found at home. They'll also receive a free parent guide to help support their children staying for short amounts of time on their own.



Families participating in the spring program noted that the program reinforced how to act in an emergency, help their children handle boredom without technology, assign age appropriate chores, and plan a family celebration to continue to strengthen family relationships.

One parent said, "This is an awesome workshop! It has given my husband and I great talking points to discuss with our son who is very slowly staying home by himself."

To register for this hands-on learning experience to help parents teach their children how to gain confidence in staying home alone, please sign up here:

<https://form.jotform.com/202684836288064>

On their own & OK Program Contact:  
Brenda Welch  
4-H Youth Program Specialist  
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