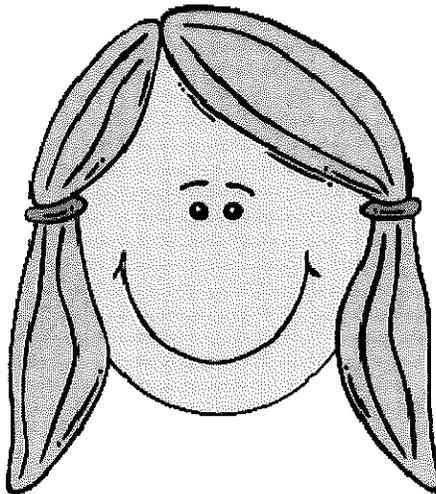


2011-2012



**Jane Example
5th Grade
10 years old
Awesome Achievers 4-H Club**



Youth and 4-H

4-H Summary

Year: 2012

Name: Jane Example County: Audubon

Age: 10 Grade: 5 Years in 4-H: 2

I attended (give numbers): 8 4-H meetings 1 Workshops, tours, etc.

Offices held and committees on which you served:

I was the Reporter for our 4-H Club this year and I was on the Christmas Party Committee.

4-H participation (list your local club, county, area, and state events, including leadership and citizenship experiences):

I attended 8 meetings and the sewing workshop. During one of our club meetings, we played bingo with the residents at the nursing home as a community service project. I also attended County Fair where I showed static exhibits and livestock.

Recognition (list ribbons, your name in the paper, certificates, etc.):

I got the following ribbons during fair and my name was in the newspaper with the rest of the results from county fair.

- Cookies: Blue
- Market Steer: Blue – 1st in class
- Beef Showmanship: Blue
- Pen of Three Broilers: Blue
- Rabbit: Red

I also received recognition during the fair for entering the fairbook cover contest.

Communication (list all talks, presentations, etc. given):

I gave a presentation during our February club meeting on making homemade Valentine's Day cards.

At home with your family – what are your chores and responsibilities?

I do all of the chores for my livestock. I also help pick up the yard and keep the house tidy.

At school – in which organizations, honors, sports/activities, and offices do you participate?

I participated in summer Swim team. I also ran for class president.

In your community – in which organizations, church, volunteer work, employment, and other activities do you participate?

I volunteer in my church by working at our annual Fall supper. I also sing in the youth choir in my church.

Project(s) (list project(s) for which you have completed a project record using the *Basic4-H Project Record*, *Experienced Project Record*, *Advanced Project Record*, computer, portfolio, audio tape, or video tape):

Food & Nutrition
Market Beef
Poultry
Rabbit

Other Projects (only fill out this section for projects you did NOT complete a project record on) —briefly summarize below what you did and learned):

Project area: _____ **Number of years in this project:** _____

Project area: _____ **Number of years in this project:** _____

Project area: _____ **Number of years in this project:** _____

Project area: _____ **Number of years in this project:** _____

(Add pages if you need them.)



Youth and 4-H

Basic 4-H Project Record

Year: 2012

Name: Jane Example County: Audubon

Age: 10 Grade: 5 Years in 4-H: 2

Project area: Food & Nutrition

Years enrolled in this project, including this year: 2

Beginning of the year

For this project I would like to learn or do:

I would like to learn how to correctly measure ingredients to successfully bake some cookies.

During the year

For this project I did these things:

I had my mom help me bake my first batch. She taught me how to measure ingredients and to level off the measuring cups and spoons to get an accurate measurement. I baked two more batches of cookies myself in preparation for county fair.

During the year

My favorite part of this project was:

Spending time with my mom learning more about baking.

During the year

This is what I learned in this project:

I learned that you shouldn't pack flour in the measuring cup like you do brown sugar. I also learned that you should use something flat to level off the measuring cups and spoons before dumping the ingredient into the bowl.

During the year

List recognition you received in the project. (Examples: ribbons, certificates, your name in the paper, etc.)

I received a blue ribbon on my Chocolate Chip Cookies at the county fair. My name was also in the newspaper with the other results from fair.

During the year

Attach pictures, clippings, fair exhibit write-ups, project worksheets, or additional pages related to this project.

End of the year

Self-evaluation: Rate yourself on this project experience. Check (x) the appropriate column for each line below.

	Great	Good	Okay
What I did:	x		
How I feel about this project:	x		
I shared with someone else what I did or learned:		x	

End of the year

Next year in this 4-H project, I would like to:

Next year, I would like to bake some bread and learn more about how to use yeast in baking.

Information on this form may be adapted or modified for use with computer, video tape, or audio tape.

Prepared by 1995-1997 Record Keeping Club Task Force Subcommittee; Melva L. Berkland, Extension Communication Specialist; Donna Fincham, Composition Consultant, Creative Services, Instructional Technology Center; and Lonna Nachtigal, Illustrator.

and justice for all . . .

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Clippings + Pictures
relating to Jane's

Food + Nutrition
exhibit

Livestock Goal Sheet

(one per animal)

Goals Here's what I would like to learn this year in this project. (List at least two goals.)

I would like to learn showmanship skills to better show my calf.

I would like my calf to be marked ready by fair time.

Action Plan Here's what I did and learned as I worked toward my goals in this project.

I worked with my cousins who have won showmanship in the past. They gave me several tips to become a better show person.

I fed my calf everyday and watched him grow.

Communications List ways you talked to others about your project (club presentations, demonstrations, newspaper articles, radio interviews). List the kind of talk, the group reached, and the number in the group.

I talked on the radio during the fair about my calf.

Citizenship List ways you helped others related to this project. Include activities of benefit to community, school, church group, a neighbor, etc.

I helped a fellow 4-H member wash their calf @ fair

Leadership List what you did to teach others, lead workshops, organize an activity, etc., related to this project.

I didn't do much in this area this year but I hope to give a presentation on beef next year.

Recognition List ribbons, certificates, thank you letters, etc., you received in relation to this project.

I got a blue with my calf. I also got a blue in showmanship

Project Animal Performance Record

Number or name of animal	Date started on feed	Beginning weight	Final weight	Total lbs. of gain	Date of final wt.	Total days fed
22	01/07/2012	660	1374	714	07/26/12	201
Total				714	Total	201

Project Income

Date	Describe what you sold, used at home, earned from shows, or have left at end of project	Total value
07/29/12	Fair Premium	\$10.00
07/30/12	Calf Sold	\$1425.38
Total		\$1435.38

Feed Record Summary

Date Purchased	Type of feed (grain mix, hay, pasture, etc.)	Quantity (pounds, etc.)	Total cost
	Grain Mix	2000	\$350.00
	Hay	1570	301.50
		[5]	[6]
	Total	3570	\$651.50

Other Expenses

Date	Describe expenses other than feed or project animal purchases (entry fees, veterinary services or supplies, interest, etc.)	Total cost
01/07/12	Ear Tag	\$2.00
07/01/12	Show Halter	29.99
07/01/12	Show Stick	\$19.50
07/16/12	Fair Entry	\$2.00
		[7]
	Total	\$53.49

Financial Summary

Item	Directions	Your Project Value
Income		
<i>How much value has your project developed?</i>	Enter box [4]	1435.38
Expenses		
<i>What was the value of the animals you started with or bought?</i>	Enter box [1]	400
<i>How much did you spend for feed?</i>	Enter box [6]	651.50
<i>How much did you spend on other expenses?</i>	Enter box [7]	53.49
<i>What are your total expenses?</i>	Add boxes [1], [6], [7]	1104.99
Profit or Loss		
<i>Was your project profitable for you? (Positive value means profit; negative means loss.)</i>	Subtract total expenses from income	330.39

Project Evaluation

Project Trait	Directions	Your Calculations				
Average Daily Gain <i>(How rapidly did your project gain weight?)</i>	Divide [2] by [3]	714	÷	201	=	3.55
		[2]		[3]		pounds per day
Feed Efficiency <i>(How much feed did your project need to gain one pound?)</i>	Divide [5] by [2]	3570	÷	714	=	5
		[5]		[2]		pounds of feed per pound gained
Feed Cost of Gain <i>(How much did feed cost to produce a pound of gain?)</i>	Divide [6] by [2]	651.50	÷	714	=	.91
		[6]		[2]		dollars per pound of gain

Clippings + Pictures
relating to Jane's
Beeb project

Livestock Goal Sheet

(one per animal)

Goals Here's what I would like to learn this year in this project. (List at least two goals.)

I wanted to raise market boilers that were meaty.

I want to learn how to wash a chicken.

Action Plan Here's what I did and learned as I worked toward my goals in this project.

I fed my boilers grower feed to help them grow and gain weight.

An older 4-fer helped me wash my chickens and showed me the proper way.

Communications List ways you talked to others about your project (club presentations, demonstrations, newspaper articles, radio interviews). List the kind of talk, the group reached, and the number in the group.

I talked on the radio about my chickens.

Citizenship List ways you helped others related to this project. Include activities of benefit to community, school, church group, a neighbor, etc.

I helped clean up the chicken cages after fair.

Leadership List what you did to teach others, lead workshops, organize an activity, etc., related to this project.

I didn't show much leadership this year but hope to next year.

Recognition List ribbons, certificates, thank you letters, etc., you received in relation to this project.

I got a blue on my pen of 3 Market Boilers

**2012 4-H POULTRY PROJECT
EXPENSE WORKSHEET**

FEED COSTS (corn, poultry feed, miscellaneous)

Date Purchased	Type of food	Amount	Cost
06/13/12	Chick Starter	50 lbs	\$18.99
07/01/12	Chicken Grower/Finisher	50 lbs	\$16.99

MISCELLANEOUS EXPENSES

Purchased	Item	Cost
06/13/12	Waterer	\$8.90
06/13/12	Feeder	\$6.50
07/16/12	Entry Fee	\$3.00
06/14/12	Chicks	\$276

Receipts (sold animals, eggs, etc.)

Date	Item Sold	Sold for
07/30/12	3 chickens	\$52.50

TOTAL EXPENSES FOR 20 _____

Total Feed(Box 1) 35.98

Total Miscellaneous Expenses (Box 2) 21.16

Add all totals form box 1 and box 2

Total Expenses for 2012 57.14

Total Receipts (box 3) \$52.50

Clippings + Pictures

relating to

Joni's Poultry
Project

Livestock Goal Sheet

(one per animal)

Goals Here's what I would like to learn this year in this project. (List at least two goals.)

I wanted to learn more about the anatomy of a rabbit.

I want to learn how to groom a rabbit for shows.

Action Plan Here's what I did and learned as I worked toward my goals in this project.

I got a publication from my extension office that showed the parts of a rabbit.

I attended a workshop in another county to learn proper grooming.

Communications List ways you talked to others about your project (club presentations, demonstrations, newspaper articles, radio interviews). List the kind of talk, the group reached, and the number in the group.

I talked on the radio about my rabbit.

Citizenship List ways you helped others related to this project. Include activities of benefit to community, school, church group, a neighbor, etc.

I helped clean up the rabbit cages at the end of fair.

Leadership List what you did to teach others, lead workshops, organize an activity, etc., related to this project.

I showed another 4-yr how to brush their rabbit.

Recognition List ribbons, certificates, than you letters, etc., you received in relation to this project.

I got a blue ribbon with Herman.

4-H Rabbit Project Worksheet

Name Jane Example

Year 2011-2012 Grade in school 5

My project began with the following animals:

Date	Description	Beginning Cost	Cost or Value
10/01/12	Herman	5.00	5.00
		5 lbs.	5.00
		Total Weight (Box 1)	Total Cost (Box 2)

During the year, the following animals died:

Date	Description	Estimated Value	Cause

Record of Expenses

My feed record is (include feed grown on family farm):

Date Purchased	Type of feed (Supplement)	\$/lb. (Total cost ÷ pounds)	Pounds	Total cost
10/01/12	Rabbit Feed	3.57	50	13.99
10/01/12	Hay			4.00
01/01/12	Hay			4.00
04/01/12	Rabbit Feed	3.57	50	13.99
04/01/12	Hay			4.00
			100	39.98

Total Lbs. Total feed
(Box 3) cost (Box 4)

My other expenses (veterinarian, bedding, insurance, show supplies and fees, interest, etc.) are:

Date	Item or expense	Cost
10/01/12	Bedding	5.75
01/01/12	Bedding	5.75
04/01/12	Bedding	5.75
		17.25

Total cost (Box 5)

Record of Income

During the year I sold the following animals:

Date sold	Description	\$/lb. (Net sale ÷ final weight)	Final Weight	Net Sale Amount of check
Total Weight (Box 6)			Total Value of Animals Sold (Box 7)	

Listed below are the animals I still own at the end of the project year:

Date	Description	Estimated Total Value
07/30/12	Herman	10.00
Total Value of animals On hand (Box 8)		10.00

Other income (premiums, etc.) I received:

Date	Item	Income
07/28/12	Fair Premium	\$3.00
Total other income (Box 9)		3.00

Summary
Profit or Loss Statement

Total Expenses

Value of animals at beginning of my project	(From Box 2 On Page 1)	5.00 _____
Feed cost	(From Box 4 On Page 2)	39.98 _____
Other expenses	(From Box 5 On Page 2)	17.25 _____

(Add numbers from Boxes 2, 4, 5)

=

62.23

Total Expenses (Box 10)

Total Income

Value of animals sold	(From Box 7 On Page 3)	_____ _____
Value of animals on hand at end	(From Box 8 On Page 3)	10.00 _____
Other Income	(From Box 9 On Page 3)	3.00 _____

(Add numbers from Boxes 7, 8, 9)

-

13.00

Total Income (Box 11)

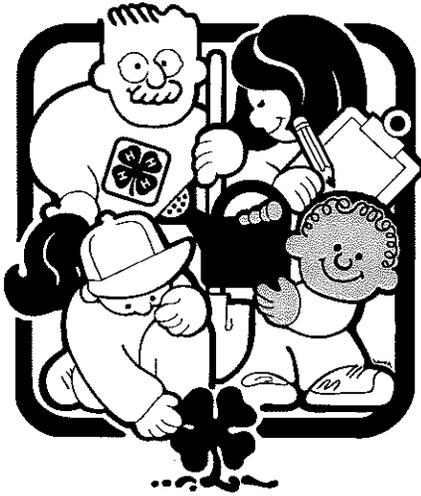
Total Expenses (Box 10)

62.23

-49.23

Profit or Loss
(Box 11 minus Box 10)

Clippings
+ Pictures
relating to
Joni's Rabbit
project



4-H Youth Development

4-H Record Keeping Self-evaluation

Name Jane Example Grade 5
 Club Awesome Achievers Year 11-12

Include this form with your record keeping materials. Check (☒) the appropriate column(s) to indicate how you would rate yourself on your record keeping this year.

My Record Keeping Skills

(Your responses may be written, typed, audio taped, or video taped.)	I did my best.	I did OK.	I could do better.	I need help with this.
I set goals before beginning my project(s).			X	
I planned and described what I did.		X		
I kept information organized.		X		
I kept financial records if needed.			X	
I included how I felt about my project(s).			X	
I included how I would use what I learned in the future.		X		

My additional comments about my 4-H record keeping: I need to work on keeping my records more organized. I also need to work on not waiting until the last minute to do my record book.

Adult/teen mentor comments: _____

Clippings

+

Pictures pertaining

to Club activities

Reports from newspaper, Reporter's
fair results, etc.