WHAT’S INSIDE:
• New Members & Enrollment
• Regional Intermediate Trip to Omaha
• Senior Regional Workshop
• State Recognition - State Council, Project awards and more!
• Summer—Save the date!
• Fairboard—rollerskating
• Iowa 4-H Camera Corps
• Project Area Workshops
• Health Living– Race Across Iowa Club Challenge
• YQCA Training opportunities
• FULL Calendar

AUDUBON COUNTY POTLUCK & 4-H AWARDS

Make plans to join us Sunday, January 13, 2019 for our all-county potluck and 4-H awards night!

Families encouraged to attend!

Club Photos
New member installation ceremony
Clover Kids recognition
4-H year completion recognition
Top Record Book awards
Leaders - years of service awards and more!

Wear your 4-H Uniform (clean 4-H t-shirt and jeans) and bring a dish to share and table service for your family. Clover Commissions will supply water and lemonade to drink.

5-8 PM at the Agri-Hall on the Audubon County Fairgrounds

DATES TO REMEMBER

Jan 1    OFFICE CLOSED—NEW YEAR’S DAY
Jan 5    Principles & Elements of Design workshop
Jan 13   County 4-H Awards, Recognition and Potluck
Jan 21   OFFICE CLOSED—MLK, Jr DAY
Feb 1    Foundation Scholarship & State Recognition deadline
          Deadline to verify Market Beef weigh-in data
Feb 6 or 7  YQCA face-to-face session

High School Senior/Undergrad $cholarships
Visit: https://www.iowa4hfoundation.org/index.cfm?nodeID=31466&audienceID=1
for a full list of scholarship opportunities—deadline to apply is 11:59 PM February 1st.
Any youth in grades 4-12 can join 4-H!

**Youth NEW to the 4-H program have until May 15 to enroll.**

Encourage those wanting to enroll to visit
https://www.extension.iastate.edu/audubon/page/join-4-h

Print the form and return it to the Extension Office. Forms are also available to pick up at the office.

### REGIONAL INTERMEDIATE TRIP TO OMAHA

4-H Youth in 7th or 8th grades are invited on a trip to Omaha with other area 4-H intermediates. The trip will be **March 30-31** and will include an overnight stay at the Henry Doorly Zoo & Aquarium (in the African Lodge!). The weekend will include a tour and activity at the Strategic Air Command & Aerospace Museum among other fun and educational stops. The trip fee is $175 and includes transportation to and from Audubon, overnight accommodations, admission to all set attractions and meals. The **registration deadline is March 1st**, and space is limited—so register early! Scholarships available from Clover Commissions—inquire by contacting the office.

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### STATE 4-H RECOGNITION DAY

Senior level (9th-12th grade) 4-H members are encouraged to apply for state-level awards and recognition. The process has been simplified for the coming year and includes an online application. The application is open now. The deadline to apply for these opportunities is **11:59 PM on February 1st, 2019**. Opportunities include:

- **State 4-H Council representative**
  - Apply in 10th or 11th grade and serve the following June through July, process includes an in-person interview

- **Iowa 4-H Reporter Program**
  - Interested in media or mass communications? This opportunity is for you!

- **State Project Awards**
  - Awarded to 4-Hers who have demonstrated mastery, leadership, communication and service in their project area. Maximum 50 awards given, $100 cash prize.

- **National 4-H Conference (March 2020)**

- **National 4-H Congress (November 2019)**

- **State Shooting Sports Ambassador**

For more details visit: [https://www.extension.iastate.edu/4h/recognition-opportunities](https://www.extension.iastate.edu/4h/recognition-opportunities)

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### Senior Workshop

9th through 12th grades— we are planning a workshop with other 4-H members from our region for you. We will participate in “OUCH, that Hurts”, a curriculum on stereotype awareness and additionally discuss how to be an effective by-stander when confronted with a threatening situation. Half day, final date to be determined, but a Saturday in April is our plan. Watch the Facebook page and next month’s newsletter for more information.

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### Roller Skating at the Agri-Hall

The Audubon County Fair Board is sponsoring roller skating this winter @ the Agri-Hall.

$4 admission, beginners skate from 6-6:30 pm, all skate from 6:30-8:30 pm. Come for free-skate, skating games, concessions, music and FUN! Skates or roller blades available to borrow, or bring your own.

**Dates:**

- **January 4 & 18**
- **February 1 & 15**
Iowa 4-H Camera Corps
Photography enthusiasts—this opportunity is for you! Camera Corps is an opportunity to creatively explore photography and social media. Monthly themes are given and photos submitted are evaluated by a panel of professional photographers. Photos available via the Iowa 4-H Facebook page. For more information, or to apply visit: https://www.extension.iastate.edu/4h/projects/iowa-4-h-camera-corps

Project Area Workshops
At this time, the following project area workshops are being planned for the upcoming year. We are open to hearing your suggestions for additional topics or projects as well.

Home Improvement/Woodworking— refinishing, staining
RABBIT— learn how to properly care for and show your rabbit
POULTRY— learn how to select, care for and show your poultry project
FOOD & NUTRITION—BAKING - learn some baking basics, nutrition and kitchen safety AND end up with a tasty treat to

LEARN BY DOING

SECOND ANNUAL HEALTHY LIVING CLUB CHALLENGE

Clubs from across the state “race” around Iowa by participating in a Healthy Living challenge. Journey along a 1,400 mile track across all 20 extension regions. Earn “miles” by making healthy choices as a part of your club meeting—examples: Choose water as your main beverage, try new fruits and veggies, incorporate yoga or an active game as a recreational activity, elect a wellness officer. Monitor your progress through May 2019.

There’s no risk to participate in this free challenge—for more information (and tips to get started!) register here: https://www.extension.iastate.edu/4h/healthy-living-club-challenge

This would make for an excellent LEADERSHIP project if a member (or a small group!) took the lead.

YQCA - (Youth for the Quality Care of Animals) Trainings

The Youth for the Quality Care of Animals (YQCA) training has replaced FSQA (Food Safety Quality Assurance) training.

• Livestock exhibitors will be required to participate in a YQCA Training in 2019. *Some Intermediates and Seniors have a current test status that has not expired. Contact the office if you are unsure of your status.

• Exhibitors of cattle, goat, poultry, rabbit, sheep or swine are required to complete this training in-person or online. Any 4-H member is welcome to attend these trainings. Exhibitors of only pet show animals, dogs and horses are exempt from the training requirement.

• Interactive, web-based modules are available now for all age divisions. A fee of $12 per member will be collected for maintenance, development & support of the program and website when you login. These modules are age-specific.

• Face-to-face training remains an option. Face-to-face training will cost $3 per participant and is payable when registering online. Pre-registration is REQUIRED.

• Face-to-face trainings will be:
  February 6 - 2:45-4:00 PM @ Extension Office
  February 7 - 1-2:30 PM @ Exira Public Library
  April 3 - 2:45-4:00 PM @ Extension Office
  April 4 - 1-2:30 PM @ Exira Public Library
  June, to be determined

To register for a face-to-face training, or begin the training modules, follow this link:
https://yqca.learngrow.io/Account/Login

Use your 4hOnline credentials.

Please contact the office with any questions you have. This is a fairly new process for many of our exhibitors and families!

TRAINING DEADLINE FOR ALL LIVESTOCK EXHIBITORS IS JUNE 15, 2019

IOWA STATE UNIVERSITY
Extension and Outreach
JANUARY
Jan 1 OFFICE CLOSED— NEW YEAR'S DAY
Jan 4 Roller Skating, 6-8:30 PM @ Agri-Hall
Jan 5 Principles & Elements of Design project workshop, 1-4 PM @ Extension Office
Jan 13 Extra Explorers club meeting, 4 PM @ Exira Public Library
Jan 13 Lucky Lincolns club meeting, 3:30 PM @ Extension Office
Jan 18 Roller Skating, 6-8:30 PM @ Agri-Hall
Jan 20 Bunkhouse Gang club meeting, 4:30 PM @ Extension Office
Jan 21 OFFICE CLOSED—MARTIN LUTHER KING, JR DAY
Jan 27 Shooting Sports meeting, 3 PM @ Conservation Club

FEBRUARY
Feb 1 DEADLINE FOR VERIFICATION OF WEIGHED-IN BEEF ENTRIES in 4hOnline
Feb 1 APPLICATION DEADLINE FOR 4-H FOUNDATION SCHOLARSHIPS, STATE PROJECT AWARDS, STATE COUNCIL, NATIONAL CONFERENCE & NATIONAL 4-H CONGRESS, IOWA 4-H REPORTERS and STATE SHOOTING SPORTS AMBASSADOR (11:59 PM)
Feb 6 YQCA Face-to-Face training, 2:45-4 PM @ Extension Office
Feb 7 YQCA Face-to-Face training, 1-2:30 @ Exira Public Library
Feb 10 Leroy Leaders club meeting, 1:30 pm @ AMVC Mgmt Office
Feb 15 Roller Skating, 6-8:30 PM @ Agri-Hall
Feb 17 Bunkhouse Gang club meeting, 4:30 pm @ Extension Office
Feb 18 Clover Commissions meeting, 6 PM @ Extension Office
Feb 24 Shooting Sports club meeting, 3 PM @ Conservation Center

MARCH
Mar 3 Exira Explorers club meeting, 4:30 pm @ Exira Public Library
Mar 10 Leroy Leaders club meeting, 1:30 pm @ AMVC Mgmt Office
Mar 15 Tip Top club meeting, 2 pm @ Exira Public Library
Mar 17 Lucky Lincolns club meeting, 3:30 pm @ Extension Office
Mar 18 Clover Commissions meeting, 6 PM @ Extension Office
Mar 24 Shooting Sports club meeting, 3 PM @ Conservation Center
Mar 30-31 Regional Intermediate Trip to Omaha

OUR NEW MEMBERS*
* enrolled by 12/27/2018
New members have until May 15, 2019 to officially enroll

Elaina Nelson Bunkhouse Gang
Marie Brand C.D. Starlighters
Sophie Christensen C.D. Starlighters
Karson Hansen C.D. Starlighters
Hayden Larsen C.D. Starlighters
Zackary Schmidt C.D. Starlighters
Haddley Baier Exira Explorers
Piper Christensen Exira Explorers
Fred Harris Exira Explorers
Eli Deist Leroy Leaders
Oliver Deist Leroy Leaders
Carter Essick Leroy Leaders
Jordan Mulford Lucky Lincolns
Clay VanAernam Tip Top & Shooting Sports

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