

# 4-H

# GROWS

COMMUNICATION FOOD & NUTRITION  
 MUSIC AEROSPACE SEWING AGRICULTURE  
 CHILD DEVELOPMENT RABBIT STEM CATTLE  
 SWINE ROBOTICS OUTDOOR ADVENTURES HORTICULTURE  
 CONSUMER MANAGEMENT POULTRY HEALTH  
 SHEEP EARTH & CLIMATE CLOTHING DOGS  
 ENVIRONMENT & SUSTAINABILITY PHOTOGRAPHY

LEADERSHIP CROPS PERSONAL DEVELOPMENT  
 COMPUTERS CHEMISTRY ANIMALS MECHANICS  
 NATURAL RESOURCES VETERINARY SCIENCE  
 BIOLOGY HOME IMPROVEMENT VISUAL ARTS  
 SHOOTING SPORTS SAFETY CITIZENSHIP  
 GOATS HORSE & PONY CREATIVE ARTS PETS  
 FAMILY & CONSUMER SCIENCES WOODWORKING

# HERE

**Audubon County 4-H  
 Newsletter—JANUARY 2021**

### WHAT'S INSIDE:

- Workshop Plans
- State 4-H Opportunities
- YQCA
- Service Opportunities
- FULL Calendar
- CloverCast—state youth council podcast

### DATES TO REMEMBER

- Dec 31 Office Closed  
 Jan 2 Beef Weigh In  
 Jan 16 Design & Epoxy painting workshop  
**Feb 1 Market Beef data entry/verification DEADLINE**

#### AUDUBON COUNTY 4-H AWARDS

In lieu of a virtual recognition and awards event, seals, certificates and other awards will be distributed at upcoming club meetings. Watch next month's newsletter for the announcement of the winners of the following awards:

- Perfect Attendance awards
- Outstanding Record Books, including top awards
- Leaders - years of service awards

#### CONTACT US:

608 Market St, Audubon, IA 50025  
 712-563-4239  
 8:30 am—5:30 pm Monday-Thursday  
 WWW.EXTENSION.IASTATE.EDU/AUDUBON/4H

#### 4-H/FFA COUNTY MARKET BEEF WEIGH-IN

Beef weigh-in will be Saturday, January 2, from 7:30-10 am at the **AMVC Animal Clinic in Audubon.**

#### County Fair-exhibited market calves:

Animal will be weighed and ear tagged. **Cost \$2/head.**

#### 4-H Iowa State Fair:

Each animal to be verified will have retinal images taken, be ear tagged and weighed.

**Cost \$7/head (\$5 images/\$2 ear tag)**

**Exact change appreciated. Make checks payable to Audubon County Extension.**

#### Other guidelines include:

- **ONE** family/trailer inside at a time.
- Text/call Ann (712-304-2076) upon arrival, but stay in your truck. (This will help organize the paperwork.)
- Masks will be worn by everyone indoors at all times.
- Please **do not** congregate outside while waiting.

**\*\*NEW for 4hOnline 2.0: Following the weigh-in, ALL 4-H animal data will be entered into 4hOnline by FAMILIES before February 1st.\*\***



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## DESIGN & EPOXY POUR PAINTING WORKSHOP

We are partnering with Jennifer Miller with Interior Painting Plus to host a design workshop where we will experience epoxy pour painting. Space is **limited to 6 participants** at 2 sessions on Saturday, January 16 —morning (9:30-11 am) or afternoon (1-2:30 pm) at the Extension Office in the meeting room. The fee for this workshop will be \$15 to cover the cost of supplies. Use these links to register by 1/7:

### MORNING SESSION:

<https://form.jotform.com/203625619873059>

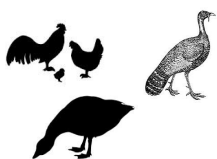
### AFTERNOON SESSION:

<https://form.jotform.com/203637003296149>

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## Project Area Workshops

At this time, the following project area workshops are being planned for the upcoming year. We are open to hearing your suggestions for additional topics or projects areas as well.



**POULTRY**— learn how to select, care for and show your poultry project

**UPCYCLE HOME DÉCOR/HOME IMPROVEMENT**— take an out of style piece of small furniture and make updates to it, giving it new “life”.

**BEGINNING LIVESTOCK WORKSHOP**— learn about animal care and nutrition, grooming and showing. Learn about participation in Livestock Judging, animal Skill-a-Thon and Quiz Bowls too.

**Other workshop suggestions are always welcome!**

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## Youth for the Quality Care of Animals (YQCA)

- **Livestock exhibitors are required to participate in a YQCA Training to be eligible to exhibit in 2021.**
- Interactive, web-based modules are available **now** for all age divisions. A fee of \$12 **per member** will be collected when you login. These modules are age-specific. ([Use the age you were September 1, 2020](#))
- Instructor-led trainings will be planned. These trainings will cost \$3 per participant and is paid when registering online. Watch future newsletters for specifics.

To register for a training, follow this link:

<https://yqca.learnrow.io/Account/Login>

Use your 4hOnline credentials.

Please contact the office with any questions you have.

**TRAINING DEADLINE FOR ALL LIVESTOCK EXHIBITORS IS JUNE 15, 2021**

## STATE 4-H RECOGNITION DAY

Senior level (9th-12th grade) 4-H members are encouraged to apply for state-level awards and recognition. The process is simple and includes an online application that is open now. The deadline to apply for these opportunities is 11:59 PM on February 1st, 2021. Opportunities include:

- **State 4-H Council representative**

Apply in 10th or 11th grade and serve the following June through July, process includes an interview in April.

- **State Project Awards**

Awarded to 4-Hers who have demonstrated mastery, leadership, communication and service in their project area. Maximum 50 awards given, \$100 cash prize.

- **State Shooting Sports Ambassador, Iowa 4-H Reporter Program, among others!**

For more details visit:

<https://www.extension.iastate.edu/4h/recognition-opportunities>

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## OTHER OPPORTUNITIES

⇒ **Iowa 4-H Foundation scholarship** applications are available through **February 1, 2021**. 4-H youth are strongly encouraged to read and follow the helpful hints and instructions on the [4-H Foundation Scholarship](#) webpage.

⇒ **National 4-H Healthy Living Summit (Virtual)**

9th-12th grade teens interested in promoting wellness in our communities. February 12-15 (3 hour session each day). Register by January 18. <https://www.extension.iastate.edu/news/iowa-teens-encouraged-attend-national-4-h-healthy-living-summit>

⇒ **Iowa 4-H Legislative day, February 17 (Virtual)**. Consider attending this Civic Engagement experience! Contact the office for more information.

⇒ **CameraCorps**

<https://www.extension.iastate.edu/4h/projects/iowa-4-h-camera-corps>

⇒ **AgOvation (Agriculture + Innovation)**

<https://www.extension.iastate.edu/4h/agovation>

⇒ **Healthy Living Club Challenge**

<https://www.extension.iastate.edu/4h/healthy-living-club-challenge>

⇒ **Youth Conference—save the date—June 29-July 1**

**Contact the office or check out the web links to learn more about these opportunities!**



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## “...Our Hands to Larger Service...”

### Iowa 4-H Council Donates over 20,000 Items in Food Drive Effort

When Iowa’s State 4-H Council members began their statewide food drive, their original goal was to collect 10,000 nonperishable food items. However, Iowans across the state helped the group more than double their goal by collecting and donating 21,771 food items in seven weeks. The food items will be donated to local food pantries, churches and places in need during this holiday season.

# Thank

# You

Iowa’s State 4-H Council is a group of 40 energetic and positive high school 4-H students who serve as ambassadors for the Iowa 4-H program. Council members also plan the annual Iowa 4-H Youth Conference and 4-H’ers for 4-H campaign, participate in professional development opportunities, and gain valuable leadership and communication skills through quarterly retreats.

### 17 CLUB OFFICERS TRAINED

17 youth representing 6 clubs have completed training for 2020-2021. In addition to learning about the specific duties of their offices, these officers learned about the proper order of a business meeting and practiced using Robert’s Rules of Order for group decision making.

# 4-H BUILDS LEADERS



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### VOLUNTEERS OF ALL AGES—YOUR SEWING SKILLS ARE NEEDED

4-H programs empower young people to be well-informed citizens who are actively engaged in their communities and the world! Iowa 4-H is calling all 4-H members, leaders, alumni, judges, and friends to create face coverings for their community, including friends, neighbors, hospitals, and care centers. We thank everyone who helped us meet our initial goal of 10,000 face coverings. We invite you to help us reach our NEW goal of sewing face coverings for local schools! Please read below how you can get involved - don’t forget to [record](#) your donation.

**The current number of face coverings donated by our Iowa 4-H family since March 2020: 28,268**



### NEW Challenge: Sew, Your Schools Need Face Coverings

1. Contact our office for information about local donations/needs in our area.
2. Sew, Sew, Sew – wash your hands and start creating face coverings! Don’t forget to take pictures.
3. Iowa 4-H has created a series of [patterns that include a variety of sizes.](#)
  - Iowa 4-H Face Coverings video sew along tutorial to be released on January 18!

Celebrate! Gather your face coverings and drop them off. (Contact your local extension office to find out where donations should be left.) Be sure to take a picture of your final donation and [record your donation](#) with the state count.

FOR MORE INFORMATION, VISIT THIS LINK:

<https://www.extension.iastate.edu/4h/iowa-4-h-creates-face-coverings>

## JANUARY

- Jan 2 Beef Weigh In, 7:30-10 am @ AMVC Vet Clinic  
Jan 6 Tip Top club meeting, 6:30 pm @ Exira Library  
CloverCast podcast  
Jan 10 Leroy Leaders club meeting, 1:30 pm on Zoom  
C.D. Starlighters club meeting, 4 pm\* (Officers @ Extension Office, rest via Zoom)  
(Awards Program has been canceled)  
Jan 16 Design/Epoxy Painting workshop @ Extension Office  
Jan 17 Exira Explorers club meeting, 2 pm @ Exira Library  
Bunkhouse Gang, 3 PM @ Agri-Hall  
Jan 18 **OFFICE CLOSED - MLK, Jr Day**  
Jan 20 CloverCast podcast  
Jan 24 Shooting Sports club meeting, 3 pm @ Conservation Club

## FEBRUARY

- Feb 1 **Market Beef data entry DEADLINE @ 11:59 PM**  
Feb 3 Tip Top club meeting, 6:30 pm @ Exira Library  
CloverCast podcast  
Feb 7 Exira Explorers club meeting, 2 pm, location TBD  
Feb 14 Leroy Leaders club meeting, 1:30 pm @ Agri-Hall  
C.D. Starlighters club meeting, 4:30 pm @ Extension Office  
Feb 17 **(Virtual) Iowa 4-H Legislative Day**  
CloverCast podcast  
Feb 21 Lucky Lincolns club meeting, 1 pm @ Extension Office  
Bunkhouse Gang club meeting, 3 pm @ Extension Office  
Feb 28 Shooting Sports club meeting, 3 pm @ Conservation Club

## MARCH

- Mar 3 Tip Top club meeting, 6:30 pm @ Exira Library  
CloverCast podcast  
Mar 7 Exira Explorers club meeting, 2 pm @ Exira Library  
Mar 14 Leroy Leaders club meeting, 1:30 pm @ Agri-Hall  
Bunkhouse Gang club meeting, 3 pm @ Extension Office  
C.D. Starlighters club meeting, 4:30 pm @ Extension Office  
Mar 17 CloverCast podcast  
Mar 21 Lucky Lincolns club meeting, 1 pm @ Extension Office  
Mar 28 Shooting Sports club meeting, 3 pm @ Conservation Club

Unfortunately, there will be no roller skating held at the Agri-Hall this winter.

Like listening to podcasts? Iowa 4-H Youth Council members release a new podcast on the 1st and 3rd Wednesdays each month.

Search

"Iowa 4-H CloverCast" on your favorite podcast platform to check them out!



**Build Your  
New Year's Resolution**  
with the 4-H Pledge



**I pledge my HEAD to clearer thinking,**

- Learn a new skill
- Organize your schedule
- Take a challenging class
- Read one book a week

**my HEART to greater loyalty,**

- Plan a weekly family game night
- Make family dinner a priority
- Set time aside to visit friends and family each month

**my HANDS to larger service,**

- Hold a food drive
- Volunteer at a pet shelter
- Plan a social event at a nursing/assisted living home

**and my HEALTH to better living for my club,  
my community, my country, and my world.**

- Exercise 5 days a week
- Drink 64 oz. of water a day
- Buy a new fresh fruit or vegetable to try each week

Photo by Ohio State - Hardin County 4-H via Facebook.



Connect with us:  
Audubon County 4-H

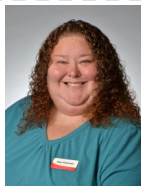
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## AUDUBON COUNTY EXTENSION



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