Welcome to 4-H Members & Families!

Thank you for joining us and becoming part of the largest youth organization in the world and in Iowa…over 6 million young people are enrolled in 4-H. 4-H can be found in over 80 countries around the world and all counties in Iowa. You are part of a very special group of youth and adults who work together in gaining knowledge and learn practical life skills through hands-on learning experiences. But, 4-H is more than that.. it is Fun, Friends, Voice and Choice. 4-H is a place for youth to create lasting friendships, discover new strengths and learn independence. Don’t hesitate to ask questions of any of our 4-H youth, leaders, or staff-all of us are pleased that you have joined our family and are very eager to be with you through your 4-H adventure!

WHAT’S INSIDE:

- 4-H Club Meeting Dates
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- Halloween Dance
- CVC Fundraiser
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4-H Club Meetings

Below is a listing of each 4-H Club’s meeting location (if determined), time, and hosting duties for the month.

- **4-H Flyers**—Nov. 6, 6:30 p.m., Extension Office, Iseli family hosting.
- **4-H Toppers**—Nov. 12, 7:00 p.m., Waterville Town Hall, Pladsen families hosting.
- **Bear Creek Kids**—Nov. 3, 1:00 p.m., Dorchester Church Hall, Wiemerslage family hosting.
- **Big 4 Poststar**—Nov. 12, 7:00 p.m., Turner Hall, Hangartner family hosting.
- **Cherry Valley Chums**—Nov. 19, 6:30 p.m., St. Paul Fellowship Hall, Radloff & Shipp families hosting.
- **Clover Chasers**—Nov. 11, 6:30 p.m., Veterans Memorial Hospital, Griffith & Christensen families hosting.
- **Elon PMC**—Nov. 5, 7:30 p.m., Extension Office, Yohe family hosting.
- **Harpers Ferry Clover Kids**—Nov. 3, 9:00 a.m., Harpers Ferry Community Bldg., Kiel Family
- **Lansing Blackhawks**—Nov. 11, 7:00 p.m., Lansing Library Basement, families hosting.
- **Ludlow Future Farmers**—Nov. 12, 7:30 p.m., FMSB, Sivesind, Rubendall & Opperman families hosting.
- **River Valley Panthers**—Nov. 5, 7:00 p.m., FMSB, Brand, Brown & Leppert families hosting.
- **Saturday Clover Kids**—Nov. 10, 9:30 a.m., Extension Office
- **West Ridge Riders**—TBD, Ryan, Mahr & Urell families hosting.

*Dates, times & locations are subject to change*
MISSION STATEMENT

4-H EMPOWERS YOUTH TO REACH THEIR FULL POTENTIAL WORKING

November 2012 Newsletter
Awards Program & Re-Wards Day

Make plans to attend the annual Awards Program on **Sunday, November 4 at 7:30 p.m.** The Awards Program will be held in conjunction with the Soup Supper & Silent Auction. Leader recognition, senior achievement, livestock champion, officer, and special volunteer recognition awards will be presented. Record book completion and project awards will be awarded during club meetings.

RE-Wards Day returns! Youth can CHOOSE their rewards. Every 4-H member and Clover Kid enrolled for the 2011-2012 4-H year will earn Clover Bucks to be redeemed at the Clover Store; open from 4:00 p.m.– 7:30 p.m. at the Soup Supper. Check out page 7 of this newsletter for more information. Items can be purchased with cash, too. Clover Bucks must be redeemed by November 19, 2012. Clover Bucks will not carry over from year to year.

Purple Ribbon Sale

Sponsored by Allamakee County Cattlemen, **November 3,** 7:00 p.m. at the NEIA Sales Commission, Waukon. There will be a clinic from 4:00 p.m.- 6:00 p.m. For more information contact Nick at 563-380-0573.

New 4-H Member/Family Workshop

New members and parents are encouraged to attend the New 4-H Member and Family Workshop on **Tuesday, November 29 at 6:30 p.m.** at the Extension Office. This is a wonderful opportunity to: meet new and existing 4-H members, learn what 4-H is all about, enjoy refreshments and entertainment and ask questions about Allamakee County 4-H program. Please call the Extension Office to register by November 22 or email Sue at spederso@iastate.edu.

Farm to School 4-H Team Teachers Trained

High school students from six northeast Iowa school districts recently participated in a training coordinated by Iowa State University Extension and Outreach at the NE Iowa Dairy Foundation Center. The training prepared students for their role as cross-age teachers in the Farm to School program which begins in September.

The high school age 4-H team teachers will facilitate Farm to School lessons with second grade students once a month using lessons developed specifically for northeast Iowa. **Farm to School is a national program that teaches kids about their food and how it is grown— especially foods that are grown right here on farms in northeast Iowa counties.** Local foods introduced for lessons in 2012-2013 will be raspberries, cabbage, pumpkin, pork, popcorn, cheese, greenhouse tomatoes and salad greens.

Students from Howard-Winneshiek, Postville, Waukon, Decorah, Oelwein and Turkey Valley high schools participated. Each school has an adult coach for the program as well as an AmeriCorps or FoodCorps member and support from ISU Extension and Outreach County Youth Coordinators. In addition to participating in the recent training, the coaches, service members, and/or CYC will also be in the classroom to support and supervise the team teachers.

Team Teachers trained for Waukon include Travis Hamm, Leah Bossm, Ashlee Sherf, Jordan Wolfe, Jordan Manning, and Sammi Manning. Stefanie Perkins serves as the Waukon FFI 4-H Youth Team Coach, Whitney Brewer is the AmeriCorps member, and Sue Pederson, Allamakee County Youth Coordinator will provide support.

The training was led by ISU Extension and Outreach and the NE Iowa Food & Fitness Initiative. The trainers included Lynette Houser, Region 4 Youth Coordinator, Teresa Wiemerslage, Region 4 Program Coordinator, and Melanie Stewart, FoodCorps.

For more information about Farm to School or the FFI, visit [www.iowafoodandfitness.org](http://www.iowafoodandfitness.org)
Club Meeting Requirement Reminder

Due to the concerns expressed by volunteers that youth are not attending their club meetings, the Youth Committee is encouraging club leaders and members to draft their own club guidelines and set specific club attendance requirements within those guidelines again this year. The club’s guidelines should be in the club’s program. If a 4-H’er does not comply with their club’s meeting attendance guidelines, he/she may not be able to participate or show at the county fair. Proof of their meeting attendance will be documented on the “Application to Participate” form which has replaced the Application to Sell. The Application to Participate is due to the Extension Office by June 15 and needs to be signed by the 4-H leader.

These guidelines are not intended to penalize youth, and we realize that there will be extenuating factors that will prevent youth from attending club meetings. It is important the families tell club leaders when they cannot attend club meetings.

In addition to implementing club guidelines, the Youth Committee is requiring all dairy exhibitors to attend FSQA training or testing in order to be eligible to participate in the Dairy Auction. By making this change, we are now consistent with other counties’ FSQA requirements within our region. FSQA information will be available later, including dates and locations for training.

Beef Weigh-In Dec.

The 4-H/FFA Beef Weigh-In is Saturday, December 15 from 10:00 a.m. – 12:00 p.m. at the Northeast Iowa Sales Commission. Calves that need to be weighed, tagged, and identified include market steers, market heifers, and dairy beef steers. Each person may identify a maximum of 6 calves. Calves must be a minimum of 350 pounds at weigh-in. Dairy beef should weigh between 500-800 pounds.

State Fair Exhibitors ID-Decorah

The regional site for retinal imaging will be at the Decorah Sales Commission on Saturday, December 22 from 8:00 a.m. – 1:00 p.m. Families must contact the Allamakee County Extension Office by December 12 if planning to weigh-in and retinal image state fair market beef exhibits. State Fair animals weighed in Decorah do not need to come to our county weigh-in on December 15.

STEM UP

To help promote 4-H STEM opportunities some of our County Council members celebrated National Youth Science Day at Waterville Elementary on October 10. The Waterville 5th and 6th grade classes and the afterschool program joined hundreds of thousands of youth throughout the United States who conducted an innovative experiment by assembling their own Eco-Bots and surface controls to manage an environmental clean-up of a simulated oil spill. You can find information about this project on http://www.extension.iastate.edu/allamakee/news/iowa-youth-celebrate-science-during-national-4-h-week. Photos for the day’s event will be posted on our Extension website very soon. If you are interested in getting more information on enhancing your club’s existing projects to include STEM contact Sue Pederson at spederso@iastate.edu. There are also very helpful resources on: http://www.extension.iastate.edu/4h/page/science-engineering-technology-projects, click on the “Cool Clubs” link on the right side of this link.

4-H PLEDGE

I PLEDGE MY HEAD TO CLEARER THINKING, MY HEART TO GREATER LOYALTY, MY HANDS TO LARGER SERVICE, AND MY HEALTH TO BETTER LIVING, FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD.
**Leader’s Corner**

**What’s Due?**

Oct. 31 — **New Member Enrollment/Medical Forms.** These forms are due to the Extension Office in order for the annual enrollment fee to be waived.

Oct. 31 — **Silent Auction Items.** We would like each club to donate at least one item or basket for sale—more would be appreciated. The funds raised from the Silent Auction pay for a portion of the program fee. Bidding starts at $15 so plan accordingly. Our goal is to raise $4000.

Nov. 30 — **All Club Programs and Officer Rosters.** Copies of the club programs were handed out at the leaders meeting. Encourage your members to help create club guidelines and meeting planning. Your meetings should offer a variety of topics throughout the year and should have an opportunity for each 4-H'er to assume responsibility during club meetings.

Nov. 30 — **Re-enrollments due on 4-H Online.** All returning 4-H'ers are required to complete his/her re-enrollment online at [https://iowa.4honline.com](https://iowa.4honline.com), see page 8 for details. **Important:** We will not be requesting hand written medical forms. Please make sure you update that information in 4-H online.

Nov. 30 — **All Club Programs and Officer Rosters.** Copies of the club programs were handed out at the leaders meeting. Encourage your members to help create club guidelines and meeting planning. Your meetings should offer a variety of topics throughout the year and should have an opportunity for each 4-H'er to assume responsibility during club meetings.

**Smiles ☺ and Thank You’s**

- Thank you to all the leaders and Youth Committee for evaluating record books.
- Special thank you to Barb Melcher for assisting with interviewing the senior achievement award candidates.
- Smiles and thank you to the County Council, leaders, and club members for promoting 4-H during National 4-H Week.
- Thank You to all the families who have re enrolled in 4-H on 4-H Online.
- Smiles to everyone who came to the 4-H re-enrollment open house.

**Welcome New 4-H’ers & Clover Kids**

See original Newsletter

**Club Programs**

It’s time to start planning for the next 4-H year. It is a good idea for club officers to help in this planning. Keep in mind that everyone has different interests. It is important to offer a variety of topics and hands-on activities throughout the year. A copy of your club’s program from last year was left on your club shelf. The program will help aid in your clubs planning. Please return updated club programs to the Extension Office by **November 30**. The office will run copies for your members. This program is important for the office to gather information and meeting dates.

**4-H Enrollment Status**

- 2012-13 4-H Member Goal: 280
- Current 4-H Members: 102
- Current Clover Kid Members: 26
- Club Leaders & Volunteers: 15

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4-H is based on research.
### Business Meeting Agenda

**November, 2012**

1. Call Meeting to Order
2. Pledge of Allegiance
3. Roll Call & Introduction of Visitors
4. Minutes of Previous Meeting
5. Treasurer’s Report
6. Committee Reports
   - County Council update
7. Unfinished and New Business
   - Installation of new members, leaders & officers
   - Plan club meeting guidelines
   - New Member/Family Workshop, November 29, Extension Office
   - Club Programs, Office Rosters, Re-enrollments and medical forms due, November 30, Extension Office
   - Beef Weigh-In, December 15, 10:00 a.m. – 12:00 p.m.
8. Announcements & Leaders Report
9. Adjourn and 4-H Pledge

### Upcoming Events Calendar

#### October

- 27: Junior (4-6 gr.) Halloween Party, 5:00-6:30 p.m., Pavilion
- 27: Intermediate (7-9 gr.) Halloween Dance, 7:30-10:30 p.m., Pavilion
- 28: Citizenship Meeting, 2:00 p.m.–4:00 p.m., Winnebkie
- 31: Fees waived for new 4-H enrollments
- 31: Silent Auction Items Due, Ext. Office

#### November

- 4: Soup Supper/Silent Auction, 4:00 p.m.–8:00 p.m., Pavilion
- 5: Re-Wards Program, 7:30 p.m., Pavilion
- 10: Saturday Clover Kids, 9:30 a.m.–11:30 a.m., Ext. Office *(Different Saturday for November)*
- 10: Saturday Sewing Club, 12:30 p.m.–4:30 p.m., Ext. Office

#### December

- 1: Clover Kids, 9:30 a.m.–11:30 a.m., Ext. Office
- 2: Citizenship Club, 2:00 p.m.-4:00 p.m., Cresco, Featherlite Center.
- 15: Market Beef Weigh-In, 10:00 a.m.-12:00 p.m., Northeast Iowa Sales Commission
- 24-25: Extension Office Closed

*Dates, times and locations are subject to change*
Coming November 4
Re-Wards Day

Allamakee County 4-H'ers will get to CHOOSE their Re-wards. Active 4-H and Clover Kids members will earn Clover Bucks (check) to be redeemed for 4-H Source merchandise and member pins. Your Clover Bucks can be redeemed at the Clover Store which will be open during the Annual 4-H Supper from 4:00-7:30 p.m. Limited merchandise will be displayed. Additional orders will be placed as requested. Clover Bucks must be redeemed by November 19, 2012. Clover Bucks will not carry over from year to year.

**Start earning your Clover Bucks today!**
The more activities you are involved in— the more Clover Bucks you will earn.

1. Buck Just for being a 4-H member
2. Bucks for participating in Experiences Day or Food Challenge
3. Bucks for Herdsmanship
4. For earning an Intermediate or Senior Project Award
5. For earning an Officer Award
6. For earning an Overall Sr. Achievement Award
7. For being a member of County Council
8. Bucks for being a Clover Kid
9. Bucks for attending an Area Camp
10. For applying for Area Awards
11. Bucks For attending a State Event like...
   - State 4-H Conference
   - Dairy Judging team
   - Livestock Judging team
   - State Fair exhibitor
12. For being a first year member

**After all, 4-H is about**

**FRIENDS, FUN, VOICE & CHOICE**
4-H Re-enrollment Online is easy! Here’s how:

→ Go to https://iowa.4honline.com (you might want to bookmark this page)

→ Logged in before: Select I have a Profile. Enter family email address and password

→ New User: Select: “I forgot my password” Check your email—you will have a password emailed to you—you use that password on the login screen for 4-H Online (you will have to choose a new password)

→ Click “edit” next to name (under Member/Volunteer List).

→ Verify or edit personal information. Don’t forget to add your email and cell number.

→ Update Emergency Contact (someone other than yourself, if you can not be reached)

→ Update your additional information and health form

→ Click “Enroll for 2012-2013” to the 4-H member you are re-enrolling (bottom of page)

→ Follow the steps to update all information as it is presented to you on the following screens, selecting “continue” until the process is complete (or until you have selected projects)

→ When you are finished with all steps, select “Submit Enrollment”

(Important: We will not be requesting hand written medical forms, please make sure you update that information in 4-H online)

Enrollment Fee: Your enrollment fee into 4-H will be handled through your 4-H club.

Your 4-H Online Log-in

In order to log-in to 4-H Online, you must use the email address you provided us.

Email: __________________________________________

Family Password: ________________________________

Questions??

Contact the Allamakee County Extension Office
(563) 568-6345 or email Lana at dahlstro@iastate.edu

Or visit our website at http://www.extension.iastate.edu/allamakee

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