



ALLAMAKEE COUNTY

EXTENSION AND OUTREACH

4-H MONTHLY NEWSLETTER



WHAT'S INSIDE:

Smiles & Thank You's! August Birthdays Sandy Ruckhaber Memorial Award	2
'E' Spirit Awards Citizenship Awards Booth Decorating Awards Heffern Memorial Award	3
Herdsmanship Results Welding Exhibits Recognized Send Thank You Notes Regional Chili Cook Off	4
Premium Checks Attention Clover Kids 4-H/FFA Horse Project News Iowa State Fair Livestock Exhibitors Record Book Tips	5
Attention: Leaders	6
Iowa State Fair Exhibitors	7
2019 Calendar Business Agenda	8

AUGUST 4-H CLUB MEETING SCHEDULE

- 4-H Flyers**—August 6, 4:30 p.m., Extension Office
- 4-H Toppers**—August 4, 3:00 p.m., Waterville Community Center
- Bear Creek Kids**—No August Meeting
- Cherry Valley Chums**— No August Meeting
- Clover Chasers**—Club Activity
- Elon PMC**—August 19, 6:30 p.m., Extension Office
- Ludlow Future Farmers**—Family Fun Day, TBD
- Mississippi Mad Scientists**—August 20, TBD
- Postville Clover Kids**— Starting in September
- River Valley Panthers**—Fun Day August 7, 6:30 p.m., Extension Office
- Saturday Clover Kids**— Starting in September
- West Elementary Clover Kids**— Starting in September
- West Ridge Riders**— August 12, 6:30 p.m., Waukon Wellness Center

**Dates, times & locations are subject to change*



IOWA STATE UNIVERSITY
Extension and Outreach

FOCUS

MONTHLY INSIGHT

Morgan Bjerke
mlheim@iastate.edu
County Youth Coordinator
Allamakee County Extension and
Outreach
[www.extension.iastate.edu/
allamakee](http://www.extension.iastate.edu/allamakee)



Becky Rea
beckyrea@iastate.edu
4-H K-12 Program Coordinator
Allamakee County Extension and
Outreach
[www.extension.iastate.edu/
allamakee](http://www.extension.iastate.edu/allamakee)

Congratulations to all 4-H and FFA exhibitors who participated in the 2019 Allamakee County Fair! It was great to see such great participation,

hard work and sportsmanship. Thank you for representing your club and county well. Special thanks to everyone who helped make the 2019 Allamakee County Fair a great success! I would like to extend a sincere 'Thank You' to all the parents, County Council, Youth Development Committee, Fair Board, Extension Council, Circle of Friends Sponsors and community members for your continued dedication to the 4-H program! With 4-H Spirit, Morgan Bjerke

SMILES AND THANK YOU'S!

- Thank you to all the 4-H'ers, FFA members, County Council, 4-H Leaders, Youth Development Committee, volunteers, Fair Board, Extension Council, and parents. Your countless hours of help with conference judging, weigh-ins, livestock shows, Ag Olympics, building patrol, food stand work, Appreciation Supper, auction, and many other small favors were greatly appreciated.
- Thank you to Suzy Leiran for managing the 4-H Food Stand.
- Thank you to River Valley Panthers, West Ridge Riders, Clover Chasers, and Ludlow Future Farmers for all your hard work during pre/post fair clean-up.
- Thank you Club Leaders and Superintendents — The Extension Office staff would like to extend a thank you to club leaders for sharing their time and talents with the 4-H youth. The fair is a busy time and we hope you know your hard work does not go unnoticed.
- Thank you to all the youth who participated in the Youth Showcase in conjunction with the Fair Queen Crowning.
- Thank you to those who donated to the Community Service drive!
- Thank you to those that went above and beyond to make the 2019 Allamakee County Fair a success! Especially to those who do not want recognition or credit for all the work you do — it does not go unnoticed!

AUGUST BIRTHDAYS

Emily Billmeyer	Isabelle Mettillie
Caleb Block	Cayla Nolting
Shara Cota	Addysen Runice
Marcus Gibbs	Kyrie Snitker
Issac Johanningmeier	Morgan Stortz
Sutton Jones	Brandon Teslow
Parker Leppert	Hannah Teslow
Katie Linderbaum	Kylie Troendle
Nora Malcom	Thomas Troendle
Sabrina Manning	Patrick Waters

Sandy Ruckhaber Memorial Award



The Sandy Ruckhaber Memorial Sportsmanship Award is in memory of the late Sandy Ruckhaber. Sandy was an outstanding friend, 4-H/Open horse show judge, riding instructor, and 4-H volunteer. This year's recipient has exemplified being a true leader by showing the 4 H's of 4-H, head, heart, hands, and health. The recipient of the Sandy Ruckhaber Sportsmanship Memorial Award must have demonstrated at the 4-H horse workouts the ability to lend a helping hand to others, show determination when trying to learn new things, and the courage to follow through with the horse project. This year's recipient was Breelyn Dahlstrom member of the Bear Creek Kids 4-H club. Most improved exhibitor was Lydia Corwin of the Mississippi Mad Scientists 4-H Club.

This year's recipient has exemplified being a true leader by showing the 4 H's of 4-H, head, heart, hands, and health. The recipient of the Sandy Ruckhaber Sportsmanship Memorial Award must have demonstrated at the 4-H horse workouts the ability to lend a helping hand to others, show determination when trying to learn new things, and the courage to follow through with the horse project. This year's recipient was Breelyn Dahlstrom member of the Bear Creek Kids 4-H club. Most improved exhibitor was Lydia Corwin of the Mississippi Mad Scientists 4-H Club.

FAIR HIGHLIGHTS

'E' SPIRIT AWARDS

Sandra Ehrhardt had a life-long love for 4-H. She was a passionate volunteer, judge and supporter of 4-H throughout northeast Iowa. During her tenure as the County Youth Coordinator, Sandra implemented many creative and inspiring ways to engage youth and to inspire them to push themselves and to reach for the stars. She would encourage them to **do more, be more, and be better**. She valued hard work and ambition and would recognize youth for going **above and beyond** the expected. She called this the **'4-H Spirit'** and nurtured those characteristics in others. These exhibitors exemplify this spirit. Congratulations to Taylor Kiel, Shara Cota, Roland Melcher and Bentley Johnson (not pictured).



CITIZENSHIP AWARDS

The Veterans of Foreign Wars Post #4117 in Waukon awarded four exhibitors with a certificate and ribbon for their outstanding service to the community and honoring our Veterans displayed through projects exhibited at Conference Judging. Recipients were; Brittany Liddiard, Diana Davison, Kadee Fish and Sawyer Gramlich .



BOOTH DECORATING AWARDS

- ◆ 1st Place: Cherry Valley Chums (\$20)
- ◆ 2nd Place: Bear Creek Kids (\$15)
- ◆ 3rd Place: Elon PMC (\$10)

These clubs will be awarded gift certificates for the 4-H Source book. Congratulations!

HEFFERN MEMORIAL AWARD

Erik, Janelle Helgerson & Family of rural Lansing were awarded with the Bernie Heffern Memorial 4-H Family Award before the 4-H/FFA Livestock Auction on July 21 by the Bob and Bernie Heffern family. The award was created by the Heffern family in memory of Bernie Heffern who passed away in 2008. Bernie was very passionate about all areas of 4-H, and its importance in the lives of youth and their families. She and her husband, Bob, were inducted into the Iowa 4-H Hall of Fame in 2007 for their lifelong dedication to 4-H. Each year during fair week, the Allamakee County Fair Board observes families and selects a family who emulates the Heffern family attitude of helping others, working well with each other, and going above and beyond for the fair. The Heffern's hope that creating this award and honoring a family each year will help to develop the kind of passion and dedication Bernie showed for the 4-H program. They also hope that it will instill the kind of family involvement that was important to Bernie. Erik has instilled his love of agriculture and stewardship of the land into his children who are all active in 4-H and FFA and showing livestock at the county fair. Erik started volunteering on the Allamakee County Fairboard in 2004. He has put in long hours and even longer nights during the off season to make sure the Allamakee County Fair is truly Bigger and Better each year.



Photo is of the Helgerson and Bernie Heffern Families

CLUB INFORMATION

HERDSMANSHIP RESULTS

Great job to all the 4-H Clubs in Herdsmanship this year. The scoring was very, very close!

- ◆ 1st Place: River Valley Panthers with a 3.69 Daily Average
- ◆ 2nd Place: Bear Creek Kids with a 3.65 Daily Average
- ◆ 3rd Place: 4-H Toppers with a 3.57 Daily Average

Congratulations to River Valley Panthers 4-H Club, they are the winners of the 2019 Herdsmanship. Members who exhibited livestock will receive two extra Clover Bucks to be redeemed at the Clover Store during the 4-H Soup Supper and Awards Program. Great job to everyone!

WELDING EXHIBITS RECOGNIZED BY TUMBLEWEED WELDING

Congratulations to Holden Fish of the 4-H Flyers and Memphis Miller of the River Valley Panthers on your welding projects. Pat O'Neill, owner of Tumbleweed Welding, donated two gift certificates to be awarded to welding projects that were judged at the fair! Pat has been in the welding business for over 20 years and is an avid supporter of the Allamakee County 4-H Program along with his family.



REMINDER: PLEASE SEND THANK YOU NOTES

Please make it a priority in August to thank the auction buyers, trophy sponsors, and others who helped make your experience at the Allamakee County Fair memorable. Each club will be responsible for sending thank you notes to Circle of Friends donors and others who have donated time, talents, money or items to help make the fair a success. These address labels can be found on club shelves. Your August 4-H meeting should be designated as the 'thank you note' meeting. This will be a perfect time to take care of this very important responsibility.

The Circle of Friends help sponsor the trophies for the fair and other activities year round for 4-H youth in the county. Please remember to send Thank You's to the sponsors on the bottom of your trophies.

Livestock and Dairy Auction Participants: We had successful auctions this year and we want our generous buyers to return. A sincere thank you from you will encourage them to continue purchasing at the auctions. ***We strongly encourage every livestock auction participant to write a thank you note (addressed and stamped) to his/her buyer(s) prior to receiving their auction check. Please plan to bring thank you notes with when picking up checks at the Extension Office, this helps to guarantee every buyer receives a thank you note.*** Dairy exhibitors will receive a list of Dairy Auction buyer's names and addresses. If you need assistance with your Thank You's, please ask.

REGIONAL CHILI COOK OFF

Iowa 4-H Youth Development is partnering with the International Chili Society to bring a fun and new cooking competition to youth audiences. "Pop-Up" competitions around the state will make youth eligible to compete in the ICS World Championships competition on September 7-8 in Ankeny, IA this fall. **The Iowa State University Extension and Outreach Region 4 competition will be held on August 24, check-in at 7:30 AM, at the Winneshiek County Fairgrounds, Decorah.** Register in the competition to showcase your favorite chili recipe, and to learn more on how to cook creatively as we spice things up with family, friends and fun!

Youth ages 10-17 will prepare and cook their chili with adult supervision. There are four chili categories youth can enter their recipe into:

- Traditional Red Chili (no beans)
- Homestyle Chili (with beans)
- Chili Verde (made with green spices)
- Veggie Chili (made without meat)

Prizes will be awarded to the Top 3 and People's Choice. Community members are welcome to taste test between 12:30 and 1:00 PM and vote for People's Choice award. Winners will be announced at 1:00 PM.

This event is FREE and open to any 4-H and non-4-H youth in any county. To compete, youth must register by Friday, August 16 online: <https://form.jotform.com/91405502902953>

For more information please visit the Iowa 4-H Chili Cook-Off webpage: <https://www.extension.iastate.edu/4h/chili-cook-offs>

4-H OPPORTUNITIES

PREMIUM CHECKS COMING

All fair exhibitors will be receiving a premium check from your club leader soon. Premiums are awarded to youth exhibiting both livestock and non-livestock exhibits. Please note, there is a limit of 5 exhibits per project area. You may notice the initials NP on your check stub. NP stands for No Premium. Any questions, please contact the Extension Office at 563-568-6345.

ATTENTION ALL CLOVER KIDS

Attention all Clover Kids! Youth entering grades kindergarten through third grade are welcome to join Clover Kids. Meetings are held one Saturday a month at the Waukon Wellness Center or after school one day a month in Waukon. Also available, meetings in Postville one day a month during early outs. Join your friends for hands on fun and be able to participate in fair next summer! Space is limited so please contact Becky at the Extension Office if you are interested! Brochures will also be sent home the first week of school for more information.

4-H/FFA HORSE PROJECT TRAILRIDE OPPORTUNITY

The Upper Iowa Saddle Club is hosting a trail ride on **Sunday, August 18, 2019** (non- 4-H event) hosted by the Roger Weymiller family at 1331 Iowa River Dr., New Albin. Ride at 1:00 PM, potluck after. All are invited to join us, call 563-419-1205 or 563-544-4863 with questions. In case of inclement weather, please watch the Facebook page for updates. Be looking for a additional horse events in upcoming newsletters, emails, Facebook.

IOWA STATE FAIR LIVESTOCK EXHIBITORS

The Iowa State Fair is **August 8-18**. The premium book, 4-H schedule for state fair is available online at www.extension.iastate.edu/4h/StateFair/livestock.htm Livestock exhibitors don't forget to stop in and pick up your 4-H State Fair exhibitor ticket.

RECORD BOOK SUGGESTED ORDER & TIPS

The 4-H Youth Development Committee encourages **ALL** 4-H'ers to complete a record book. The record book forms are available online at <http://www.extension.iastate.edu/allamakee/page/4-h-forms>. Remember Record Books should reflect the past 4-H Year, 2018-19. **Suggested Order for All Members:**

- 1) Title Page with photo
- 2) Expected Standards
- 3) 4-H Club Program (*Optional*)
- 4) 4-H Yearly Summary. May include newspaper clippings and photos from current year. This is where you can compile a 4-H yearly story. Keep ribbons in a different book.
- 5) 4-H Projects Tabbed. Project records, project worksheets, related clippings, and photos. Do not include goal sheets. Keep the current year project work on the top of all records.

General Tips

- 1) Be neat
- 2) Check math, spelling and grammar
- 3) Use blue or black ink if you prefer to write it instead of typing. (Younger members may use pencil)
- 4) Keep your thoughts clear and to the point. Say everything you want to say in a concise manner.
- 5) It is not necessary to write a Project Record for each **exhibit**. For example, if you brought three photography exhibits to the fair, it is best to condense all the information from those three exhibits onto one Project Record Form.

DO NOT Include

- ⇒ Ribbons
- ⇒ Goal Sheets
- ⇒ Stall Cards
- ⇒ Your actual project
- ⇒ Award Certificates
- ⇒ Club minutes

Need Help?

Join us for a **Record Book Workshop** Open House on September 11 from 9-11:30 AM at the Allamakee County Extension Office.

*Junior and Intermediate record books are due to club leaders in September. Youth applying for the County Livestock Champion Awards need to turn in their record books to the Extension Office by **October 1**. Please have your leader review the record book prior to turning the book into the Extension Office for the selection of the County Livestock Award. Senior record books and award applications are due **October 1** to the Extension Office.*

ATTENTION: LEADERS

UPCOMING DEADLINES AND REMINDERS

- ◆ As club activities are planned, please **turn driver's names and last 5 digits of social security number into the Extension Office** a minimum of 3 weeks prior to scheduled events so paperwork can be sent to those who will be transporting youth. This is to assure everyone is properly screened.
- ◆ If you are planning a **club activity that is NOT** documented in your club program, please remember to contact the Extension Office about insurance coverage for special activities. **Liability activity forms** can be found on our website www.extension.iastate.edu/allamakee/4h under the Leader heading.
- ◆ **Source Book Orders** —The Extension Office will be taking orders from the 4-H Source Book. Your club should drop off or email a list of items and payment by October 1. By combining orders, your club will save the shipping costs on 4-H items. Check out 4-H merchandise on the web, www.4-Hmall.org.
- ◆ **Record Books** — Leaders please read the record book information on your club shelf. As a reminder, you should be collecting record books from Junior and Intermediate members during your September meeting. *Their books should be evaluated and their awards noted on your club's Yearly Summary Form. If you need help with this process, please let Morgan know.* The Summary Form along with the forms listed below are due to the Extension Office by **October 1**. Please note, Seniors are required to submit their completed record book to the Extension Office by **October 1**.
- ◆ **National 4-H Week** — It is never too early to start talking to your club of ways they want to promote 4-H in Allamakee County during National 4-H Week, October 6-12.
- ◆ **Soup Supper/ReWards Night-** Be thinking of the Soup Supper/ReWards day November 3. Each club is encouraged to donate 1 basket for the silent auction-more would be appreciated. Bidding starts at \$15, so plan accordingly. Baskets are due to the Extension Office by October 24.
- ◆ **Program Books** — It is never too soon to start working on your 2019-20 Program Books with your officers. If you would like an electronic copy sent to you prior to September 1, please contact Lana at dahlstro@iastate.edu.
- ◆ **Volunteers Needed** —We are always looking for adults and high school youth to help with our 4-H program including but not limited to; afterschool programming, County Council and Saturday Clover Kids. *Or, if you know of an adult who is interested in becoming a leader of a new 4-H project club let us know! If you have an idea for a new project club or are interested in volunteering in an existing 4-H program, please contact the Extension Office. This is a great opportunity to share the generosity and independence you have learned through your 4-H experiences.*
- ◆ **Post-Fair Evaluations** — Please help facilitate conversations with club members using the 'Post Fair Evaluation Form' as a guide and outline. Please have the secretary make notes to submit to the office. This is how we can help to 'Make the Best, Better' in 2020.
- ◆ **2019-2020 4-H Year** — A new 4-H year is right around the corner! With a new 4-H year comes new 4-H members. Recruitment for 4-H can begin at any time now! If you know if a family that has expressed interest in joining 4-H, you can send them our way OR you can send us their contact information and we can send them enrollment forms. We will continue to collect 'hard copy' enrollment forms for new members.
 - ◆ With a new 4-H year also comes lots of new opportunities and experiences. Do you know of someone very skilled in a project area that would be willing to share their time and talents with 4-H'ers? Keep these people in mind for potential club visits or get their contact information to Morgan to work to host a countywide workshop.
- ◆ **Fall Leader Meeting**— Please hold a tentative date of Monday, September 23 at 5:30 PM for our Fall Leaders Meeting.

2019 IOWA STATE FAIR EXHIBITORS

Animals/ Ag & Natural Resources

Maddy Waters
Madi Palmer
Breelyn Dahlstrom
Tyler Kiel
Tanner Kiel
(Alt.) William Linderbaum
(Alt.) Diana Davison

Home Improvement

Denzel Decker
Taylor Jackson
Breanna Bakke
Neva Peterson
Issac Johanningmeier
(Alt.) Ashley Liddiard
(Alt.) Neva Peterson
(Alt.) Colby Brainard

Personal Development

Emma Palmer
Natalie Byrnes
Logan Brown
(Alt.) Diana Davison
(Alt.) Shelby Wyninger

Photography

Diana Davison
Paisley Vine
Logan Brown x2
Riley Rankin
Alaina Gebel
Abbie Brainard
Whitney Manning
(Alt.) Cheyanne Troendle
(Alt.) Shelby Wyninger
(Alt.) Emma Palmer

Food & Nutrition

Faith Palmer
Neva Peterson
Tessa Rubendall
(Alt.) Lauryn Howard
(Alt.) Taylor Kiel

Sewing & Needle Arts/Clothing

Diana Davison

Science, Mechanics and Engineering

Bryce Berg
Brandon Teslow
Ella O'Neill
Ashlin O'Neill
Memphis Miller
(Alt.) Taya Duehr
(Alt.) Kadee Fish

Visual Arts

Abbie Brainard
Violet Holthaus
Emily Bieber
Neva Peterson
(Alt.) Taylor Jackson
(Alt.) Madi Palmer

Clothing Selection

Diana Davison

Educational Presentations

Hannah Hagen
Gaberial Mattson
Breelyn Dahlstrom

Working Exhibits

Natalie Byrnes
Mia Kurth
Paisley Vine

Share-The-Fun

Katherine Hagen
Hannah Hagen
Gabriel Mattson
Annelise Ellingson

4-H Poster

Trevor Block
Natalie Byrnes

State Fair Livestock Exhibitors:

Beef

Tucker Jackson
Taylor Jackson
Landon Reinhardt
Blake Stortz
Jacob White
Robert White

Dairy

Brody Anfinson
Kiele Eberling
Elizabeth Fossum
Thomas Fossum
Andrea Gibbs
Grace Howe
Claire Opperman
Emma Palmer
Madalyn Palmer

Dog

Cheyenne Troendle

Sheep

Logan Kucera

Swine

Alaina Gebel
Trudy Baxter
Wyatt Baxter

Junior Dairy Judging Team

Dalton Ellickson
Keagan Palmer
Kiele Eberling
Kalvin Menne
Ariana Menne
Bralin Regan
Ethan Palmer

Senior Dairy Judging Team

Faith Palmer
Maddy Palmer
Emma Palmer
Claire Opperman
Kaylee Gibbs
Michael Hagen



2018 4-H CALENDAR OF EVENTS

DATE	EVENT	TIME	LOCATION
AUGUST			
August 1, 2019	YDC Meeting	12:00 PM	Allamakee County Extension Office
August 25, 2019	County Council Meeting	7:00 PM	Allamakee County Extension Office
August 8-18, 2019	Iowa State Fair		Des Moines
SEPTEMBER			
September 1, 2019	2019-20 4-H Enrollments Open		4HOnline
September 2, 2019	Labor Day, Office Closed		Allamakee County Extension Office
September 11, 2019	Record Book Workshop	9-11:30 AM	Allamakee County Extension Office
September 23, 2019	Fall Leaders Meeting	5:30 PM	Allamakee County Extension Office
OCTOBER			
October 1, 2019	Senior Record Books, Jr. & Int. Co. Livestock Award, Club Yearly Summary & Officer Award materials		Allamakee County Extension Office DUE
October 6-12, 2019	National 4-H Week		
October 6, 2019	County Council Meeting	7:00 PM	Allamakee County Extension Office
October 8, 2019	YDC Meeting	7:30 PM	Allamakee County Extension Office
October 23, 2019	Project Day	TBD	Allamakee County Extension Office
October 24, 2019	Silent Auction Items Due		Allamakee County Extension Office
NOVEMBER			
November 3, 2019	Soup Supper, Re-Wards, Silent Auction	4:00 PM	Pavilion, Waukon
November 3, 2019	Awards Program	7:30 PM	Pavilion, Waukon
November 13, 2019	New Member Night		Allamakee County Extension Office
November 30, 2019	All Enrollments Due		4HOnline
November 30, 2019	Club Programs & Officer Rosters Due		Allamakee County Extension Office

**Dates, times & locations are subject to change*

BUSINESS MEETING AGENDA

1. Call Meeting to Order
2. Pledge of Allegiance
3. Roll Call & Introduction of Visitors
4. Minutes of Previous Meeting
5. Treasurer's Report
6. Committee Reports
 - County Council Update
 - Other committees (optional)
7. Unfinished and New Business
 - Send Thank You's
 - Post Fair Evaluation
 - Plan for Recruitment of New Members
8. Announcements & Leaders Report
9. Adjourn and 4-H Pledge

