

Content Area Lesson 2: Dairy Does a Body Good
Activity 3: Eat Dairy, Encouragement Poster

Iowa Core Curriculum:

Science Standards:

- Content Standard 1: Students can understand and apply skills used in scientific inquiry.

Supplies Needed:

Markers, crayons, colored pencils

Activity Length:30-40 minutes

Activity Direction:

- A. Give student one poster size paper, legal size or larger.
- B. Let's think about all the different reasons it is important to drink milk and eat dairy products. I want you to come up with a poster design that encourages other people in the schools to drink milk and eat dairy products.
- C. Have each child create a poster for the school cafeteria using information learned from the previous lessons. The poster should encourage other students to drink milk or eat other dairy products. Have all the posters on display in the cafeteria.
- D. Before hanging posters in the cafeteria ask students to present their poster to the class and explain why they designed the poster that way.

Discussion:

- A. After seeing the entire poster collection from the class do you think that more people in your school will be ready to eat dairy products? Why?
- B. What are other ways that you can encourage people to eat their dairy products?