Senior Recognition Night at the Adair County Fair

Senior Youth Council Members were honored at the Adair County Fair
Left to right: Matthew N., Hannah Y., Sarah M., Chantel S., McKenna D., Emily H., Mason C., Rachel J., Merritt C., Christine G.

DATES TO REMEMBER
Meeting dates, along with forms and applications are due to the Extension office:

- **September 1st**: Extension Office Closed for Labor Day
- **September 5th - 7th**: Youth Council members help with Swap Meet
- **September 22nd**: Extension Council Meeting (7:00pm)
- **October 1st**: Youth Action Committee applications due
- **October 1st**: Nominations for 4-H Alumni and Friend of 4-H Awards
- **October 1st**: SOFA Planning Comm Member applications due
- **October 1st**: Completed 4-H record books and Community Service Logs due
- **October 1st**: Clover Kid Enrollment Forms due
- **October 1st**: Compliments & Considerations Forms due
- **October 4th**: Clover Kids (first session)
- **October 5th**: Youth Council Meeting (4:00pm)
- **October 7th**: New 4-H Member & Parent Meeting (5:30pm)
- **October 8th**: Youth Action Committee Meeting (7:00pm)
- **October 16th**: Leader Training (6:30pm)
- **November 9th**: 4-H Awards Day (2:00pm)

Visit the Adair County Extension Office Website at www.extension.iastate.edu/adair

It’s time to make that ‘list of ideas’ for the 2015 Adair County Fair. Each year fair changes are based on the ideas that are submitted. A special worksheet is available and you can do as an individual or family to reflect on the county fair. “Compliments & Considerations” form is also posted on our website at http://www.extension.iastate.edu/adair/content/4-h-youth-council-important-information

Please have your Compliments & Considerations Form to the Extension office by October 1st.

Congratualtions!

Final Fair Results

**Swine Performance Contest Winners:**
- 1st Jennifer Holliday
- 2nd Hannah Jorgensen
- 3rd Nathan Venteicher

**Lamb Performance Contest Winners:**
- 1st Alexis Shelley
- 2nd Halee Wallace
- 3rd Alexis Shelley

**Beef Performance Results** (individual)
- 1st Christine Gross
- 2nd Cody Tanner
- 3rd Brad Baudler

**Beef Performance Results** (pen)
- 1st Brad Baudler
- 2nd Christine Gross

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One Million Pillowcase Challenge
24 Hour Sew-A-Thon

American Patchwork & Quilting is hosting the first One Million Pillowcase Challenge 24 Hour Sew-a-thon September 19-20 to sew pillowcases for local Des Moines charities including Rebuilding Together and YES.

The event is open to the public but 4-H Groups have received a special invitation to attend as a great way to give back to the community while learning how to sew a pillowcase. The One Million Pillowcase Challenge 24 Hour Sew-a-thon starts at 3:00pm on Friday, September 19th and continues through to 3:00pm on Saturday, September 20th, at Meredith Corporation in Des Moines.

All supplies will be provided free and staff members will be on hand to help walk participants through the process of making a pillowcase. Light refreshments will be served and door prizes will be given away. The first 2,400 people will also receive a gift as a thank you for volunteering their time. Groups of 10 or more are encouraged to sign up at www.allpeoplequilt.com/group to cut down on wait times. No prior sewing experience is necessary and all ages are welcome.

In Donna’s World...

Donna Wallace — 4-H Program Coordinator

Have you heard?

Congratulations and good luck to Adair County 4-H’ers who have exhibited or will be exhibiting in Out-of-County events—

♦ Shelby Soper and Hannah Jorgensen were each awarded a $500 scholarship for their SOFA Bingo project that they exhibited at the state fair. Shelby and Hannah had shared their Bingo game with inner city youth on the SOFA trip to Chicago. The scholarship is awarded to students entering the College of Ag and Life Sciences at Iowa State University by December, 2018.

♦ Heath Downing, Joe and Annie Herr, Anna Horn, Bailee Huddleston, Cody and Samantha Long, Jennifer Holliday, Morgan Smith, and Beau and Reagan Weinheimer exhibited livestock at the State Fair.

♦ Blake and William Sevier, Storm Hoadley, and Zayden Rawlings competed in the dog show at the State Fair.

♦ Heath Downing, Cody and Samantha Long, Joe and Annie Herr, Jennifer Holliday and Beau Weinheimer will be showing livestock at the 2014 Ak-Sar-Ben Livestock Show September 25 – 28.

♦ Skyler Rawlings earned 1st place in Intermediate Air Rifle; Owen Hensley placed 3rd in Senior Archery ( recurve) at the State 4-H Shooting Sports Match. Merritt Caviness placed 5th in Senior Archery (compound) and Makenna Lilly placed 6th in Intermediate Archery (compound).

♦ Summerset Citizens - Madalyn Weber, Jodi Baudler, Sadie Mannin, Joe Herr, Josie Clarke, Cody Jacobson, Matthew Mangels, Jennifer Clarke, Colbin Funke, Kennedy Perkey, Jorja Holliday, Paisley Kintigh, Reagan Weinheimer, Jennifer Holliday, Colby Harris, Colton Stuva, Ethan Blomme, and Jacob Mangels volunteered for the Adair County Health System by painting the building housing the EMS equipment.

County Fair Wrap-Up

CLUB BOOTHS – Club booths in the 4-H/FFA Center were very attractive as each club displayed the Ticket to Success theme. Winning $15 in prize money for club booth awards were: Summerset Citizens – Most Original; Jefferson Pioneers – Most Creative; Richland Royals – Best Use of Theme; and the Washington Stars – Overall Winner. Thank you to everyone who served as building hosts during the fair. Special thanks to the Summerset Citizens for setting up and taking down the 4-H and FFA Center and setting up for the Bill Riley Talent Search.

HERDSMANSHP – Summit Super Stars, Jefferson Pioneers, and Adair County Hot Shots were herdsmanship award winners based on grounds clean-up areas. We appreciate the work of each 4-H’er to keep the grounds clean. Congratulations to the exhibitors in the Dairy Barn who earned the Pizza Party at noon on Sunday by having the highest point average for livestock herdsmanship.

RIBBON PREMIUM CHECKS – Fair ribbon premium checks will be mailed to club leaders by mid September. One check is written for the entire club. Each club treasurer will then issue checks to individual members, so be sure to attend your club meeting to get your check. Your leader will have a breakdown of all premiums. If you find an error, contact Donna at the Extension office immediately so a correction can be made.

SALE CHECKS – If you sold livestock at the county fair, you should have already received one check which includes both your premium bid and payment for the actual animal.

A listing of premium bidders at the county fair auction was enclosed with your check. The name/s of the premium bidder for your animal/s was highlighted. Remember the premium bid is a gift from the buyer. Be sure to take time to write a note thanking them for supporting your efforts in livestock production. If you have a question about the check you received, contact Donna immediately at 641-743-8412.

4-H T-shirts Available

There are three remaining 4-H t-shirts available to purchase.

♦ One Large Adult Green $5
♦ One Large Adult Gray $5
♦ One Small Youth Green $5

The shirts are located at Adair County Extension Office, 154 Public Square, Suite C, Greenfield, For more information, call 641-743-8412.
FAIR Thank-You’s

Host a club THANK YOU WRITING PARTY. Have each member write one thank you and have all members sign it. Here are some ideas to get you started.

- Adair County Corn & Soybean Growers for paying a portion of each 4-H t-shirt. Send notes of appreciation to Ralph Lents, 2326 150th Street, Menlo IA 50164.

- Adair County Fair Board for hosting a great fair in wonderful facilities. A special thanks for providing ribbon premium money. Adair County Fair Board, Brenda Meisenheimer, PO Box 174, Greenfield IA 50849.

- Agriland FS (Canby, Orient, and Winterset teams) for hosting another great breakfast. Send thank you notes to Agriland FS, 108 Jackson Road, Orient IA 50858.

- Adair County Cattlemen for providing hamburgers for the Farmer’s Market 4-H Fund Raiser, helping with the beef show, donating to Pride of Iowa, & sponsoring the beef performance contest. Send thank you notes to Scott Steele, 2058 160th Street, Casey IA 50048.

- First National Bank, Fontanelle & Greenfield for sponsoring the lamb performance contest at the Adair County Fair. Send notes of thanks to First National Bank, Mark Amdor, PO Box 367, Fontanelle IA 50846.

- Adair County Pork Producers for providing pork burgers for the Farmer’s Market 4-H Fund Raiser, helping with the swine show, donating to the Pride of Iowa contest, and sponsoring the swine performance contest. Write a note to Grace Evans, Adair County Pork Producers, 426 N. Main Street, Bridgewater IA 50837.

- Extension Staff and Summer Employees Kelsie Cass Brad Baudler, Jesse McCann, and McKinzie Boes for all their help in planning and leading summer camps. They were a great group of helping hands during the fair. Send thank you notes to Adair County Extension, 154 Public Square, Suite C, Greenfield IA 50849.

Who Else Needs A Thank You?

Everyone wants to know their contribution is valued. Trophy donors, Pride of Iowa donors, livestock buyers, scale master, auctioneers and clerks, superintendents and assistants, county fair board, 4-H leaders, media outlets, t-shirt donor, your parents, and anyone else who helped make your county fair experience a great one needs to know their contribution was appreciated.

If you received a trophy or special prize, sold your animal as part of the fair sale, or advanced to state in the clothing event or communication, a thank you note is a must. Don’t delay, get one out today. If you need help with names and addresses, contact Donna at the Extension office. Donors or buyers who don’t get thanked frequently make a decision to invest their dollars elsewhere.

A written thank you note to papers, radio stations, the fair board, department superintendents and assistants, and sale help is also a nice gesture.

COMMUNITY SERVICE OPPORTUNITIES

Volunteer Hours – Many of you have completed service projects this year. It’s time to document all your volunteer time for the year. Don’t forget the time you volunteered by cleaning the grandstand at the fairgrounds, helping with day camps and working at community celebrations.

Volunteer logs are due October 1st to the Extension office. The log needs to include the dates of service, type of service, and time spent. The volunteer report forms can be found at http://www.extension.iastate.edu/adair/news/community-service-descriptions-and-log-record-your-hours along with a definition of service and examples of what counts and what doesn’t count.

New 4-H Member & Parent Meeting

will be held on Tuesday, October 7th, 5:30 – 7:00 p.m. at the 4-H/FFA Center on the fairgrounds. This meeting is for new members and their parents and current members and parents (1st or 2nd year). Expectations, future dates, 4-H enrollment (4online), hands-on activities, and a light meal are on the agenda. The meeting is planned to commemorate National 4-H Week and welcome 4-H-er’s to the new year.

2014 Volunteer Leader Training

is scheduled for Thursday, October 16th, 6:30 – 8:30 p.m. at the Extension office. Join 4-H leaders from across our county in an interactive, hands-on training that will help volunteers create a fun, safe, inclusive environment for all youth. “Belonging” is identified as a basic 4-H youth need and supportive, caring adults guide youth in creating an environment that is welcoming and engaging for all.

During this training, 4-H leaders will learn how to guide youth in developing a list of club expectations that accommodates all members, learn how to support youth with special needs, and discover resources to help them in their role as caring adults. Volunteers will also learn new activities to take back to their clubs to foster positive behavior and belonging.

A benefit of participating in the face-to-face volunteer training is the interaction and sharing with other volunteers. No cost to attend. Please call Donna at the Extension office 641-743-8412 or 800-ISUE399 with your plans to attend.

LEADERSHIP OPPORTUNITY AVAILABLE

National Youth Summit on Healthy Living will be held February 12th – 16th at the National 4-H Youth Conference Center in Washington D.C. The Summit, open to any high school student in grades 9-12, provides opportunities to learn skills, participate in hands-on activities and workshops, meet other teens, learn from leaders in the field, and have fun. Topics include nutrition education, physical fitness, wellness, and emotional well-being. Participants will do hands-on learning experiences to create action plans to implement in our communities and teach other youth.

Approximate cost of the trip will be $1000, which includes air fare, accommodations at the National 4-H Youth Conference Center, all-you-can-eat meals at the Clover Cafe, educational programming and tours including a guided night tour of the monuments and memorials in Washington D.C. Financial assistance will be available for all interested students. At least one adult chaperone will be attending with youth participants. This would be a terrific leadership learning opportunity. Contact Donna at the Extension office 641-743-8412 or email wallaced@iastate.edu to discuss and start making plans!
Record Books Due October 1st

Record Books – Now is the time to reflect on what you’ve accomplished during the past year. Your record book provides a place to record what you did and learned. Every 4-H’er in Adair County is strongly encouraged to complete a record book. Record book forms and instructions for completing a record book are available at the Extension office and are posted on our website at http://www.extension.iastate.edu/adair/news/adair-county-4-h-records.

Record keeping is a skill that will last a lifetime. Your 4-H record book is an excellent way to get started keeping records and is a valuable source of information when completing state award and scholarship applications.

4-H record book covers are available for purchase at the Extension office for $2.50. Many members choose to buy a three-ring binder to hold their records. This is a great option. Binders that allow for a slip-in cover sheet work best. This allows you to create your own cover design that includes name, club, and county or you can slip the official 4-H record book cover in the front.

All record books are due to the Extension office by October 1st.

Commonly Asked Questions about Record books

Q. Should discovery members or associate members complete records?
A. Records are optional, but it is a great idea to start now and get in the habit. Discovery members or associate members who turn in a record book will receive recognition, but aren’t eligible for project awards.

Q. Do I have to use the forms provided from the Extension office?
A. No, you can create your own forms on your computer. Make sure your forms do include the same information.

Q. Why should I keep records?
A. There are many reasons to keep 4-H records. See if at least one reason doesn’t work for you.
   1. You can get neat awards, including cash.
   2. You can win trips.
   3. Some day when you apply for a scholarship or a job much of the information you need will already be there.
   4. It is great practice for all the records you’ll be keeping during your life.
   5. Some day, looking at your old records will provide your children with many hours of entertainment.

LEADERSHIP OPPORTUNITY

Youth Action Committee

Both high school teens and adults are needed to serve on the Youth Action Committee. This group is in charge of setting county policy including developing rules for the 4-H and FFA divisions at the county fair and assisting with fund raising. If you are interested contact the Extension office for an application or go online at http://www.extension.iastate.edu/adair/content/all-things4-h

Applications are due October 1.

Youth Council

All 4-H’ers in 9th-12th grade are eligible to be a part of the 4-H Youth Council. Members must be willing and committed to attend monthly meetings, provide leadership for community service projects, assist with fundraising, and help at Clover Kids and summer camps. In return, you get to have fun meetings with fellow members from across the county. Anyone interested must complete an application form and return to the Extension Office by Friday, September 5th. Application forms are available at: www.extension.iastate.edu/adair

4-H AWARDS DAY SET

The annual 4-H Awards Day has been set for Sunday, November 9th, 2 p.m. in the auditorium of the Warren Cultural Center. All members who complete record books will be recognized. Project award winners will also be announced. You must complete a record book to be eligible for a project award.

Nominations for Friends of 4-H and 4-H Alumni are due to the Extension office by October 1st. Call the Extension office (641-743-8412) with your nomination.

Re-enroll in 4-H for 2014-15

4-H re-enrollment will be available online after September 3rd. Members are encouraged to re-enroll online. Go to the following website http://www.extension.iastate.edu/4hfiles/EnrollmentDocs/MemberReEnrollment.pdf for help in re-enrolling online. Print the help sheet and follow the steps carefully as you go through the process. Contact Donna at the Extension office if you have questions or need a hard copy of your re-enrollment forms mailed to you.
Silent Auction

2014 Silent Auction generated $11,968 for the 4-H Booster Fund!

A special thanks to Ron and Becky Dreher, Emily and Andrew Hanson, Tiffany Johnson, Deena Wells and members of the Youth Action Committee for making the auction a success!

Be sure to let all Silent Auction donors know you appreciate their support of Adair County 4-H.

5 x 80 Golf & Country Club
21st Century Cooperative
Adair County Channel Seed Dealers
Adair County Corn and Soybean Association
Adair County Farm Bureau
Adair County Fitness Center
Adair County Hot Shots 4-H Club
Adair County Pork Producers
Adair County Wing Walkers 4-H Club
Adair NAPA
Adair Tire & Service
Agrivision
Alan Farmsworth DVM, Adair
Anita Meat Processing
B. B. & P., Winterset
Baudler Families, Louis and Clifton Baudler
Benton Fencing, Stuart
Bill and Diana Huntington Family, Orient
Bobbi Williams, Greenfield
Bowman Garage, Winterset
Bridgewater Oil
Bridgewater Tires & More
Brittain’s NAPA, Winterset
Burger Plumbing & Heating, Greenfield
Car Quest of Winterset
Casey’s General Stores
Christine (Dunn) Skog
Colors Floral and Home Decorating, Greenfield
Costco
Crees Tire & Towing, Fontanelle
Creston Automotive
Creston News Advertiser
Creston Wal-Mart
Don Wittrock, Anita
Donna Wallace, Orient
Fabric Creations, Greenfield
Family Center, Winterset
Fareway, Greenfield
Farmer’s Lumber, Fontanelle
Farmers Electric Cooperative, Greenfield
Fontanelle Drug
Grand Theater, Greenfield
Greenfield Lumber
Gus Automotive, Stuart
Hair Designs by Becky
Harrison Hummers 4-H Club
Helena Chemical, Adair
Hilton Garden Inn, Des Moines
Hilltop Gardens/Green Turf Florist and Greenhouse
Horizon Equipment, Adair
J’s Variety, Greenfield
Jefferson Pioneers 4-H Club
Jensen Event Rentals
Lindemann Tractor, Inc., Atlantic
Lisa Carstens, Fontanelle
Los Altos Mexican Restaurant, Greenfield
Lundy Farms, Dennis Lundy, Fontanelle
Lynn Bohling Family, Greenfield
Menlo Café
Minnesota Vikings, Jeff Anderson, Executive Director Comm.
Nodaway Ag, Greenfield
NV Market, Fontanelle
NV Champions 4-H Club
Office Machines Company, Creston
Plaza Printers, H. A. and Cindy Gross
Rasmussen Ag Solutions, Ryan Rasmussen
Redfield Feed & Supply
Richland Royals 4-H Club
Ron and Becky Dreher Family, Adair
Scentsy, Leisa Breheny and Amber Classen, Greenfield
Schildberg Construction, Greenfield
Schildberg’s Inc., Greenfield
Sprayer Specialties, Inc., Grimes
Stalker Chevrolet, Creston
Subway, Greenfield
Summerset Citizens 4-H Club
Summit Super Stars 4-H Club
Syngenta, Dan Dreher
The Corner Coffee Shop, Greenfield
The Jewel Box, Greenfield
Titan Machinery, Greenfield
Trinity Salon & Day Spa, Greenfield
True Value Hardware & Rental, Greenfield
True Value, Stuart
True Value, Winterset
Twin Oaks, Fontanelle
Wallace Auto Supply, Greenfield
Washington Stars 4-H Club
West Central Cooperative
Westphal Iron Works
Wyffels Hybrids, Jason Fagan, Earlham

Gifts Always Accepted for 4-H Booster Fund

All proceeds from the Silent Auction go to the 4-H Booster Fund. The Booster Fund helps pay for the many costs associated with 4-H including scholarships for camps and conferences, member and leader recognition, and educational workshops. We currently are in need of donations for the Friends of 4-H Record-keepers. A $10 donation helps to recognize one 4-H’er who turns in a completed record book. If you would like to make a donation of $10 to $1000, simply drop off a check written to Adair County Extension 4-H Booster Fund by October 17th.
**SOFA Planning Committee**

2014 marked the 20th anniversary of SOFA. In 2015 we will begin a third decade of guiding youth toward agricultural careers and helping them find their voice to advocate for agriculture. Would you like to be a part of the Speak Out For Agriculture (SOFA) planning committee? We are seeking interested high school students to help plan the trip and contact donors. This is an excellent opportunity to build your leadership and communication skills. Applications are due October 1 to the Adair County Extension office. Applications are available on the extension website or at the office.

**IOWA LEARNING FARMS to Host Four Cover Crop Field Days in September**

Iowa Learning Farms is hosting four cover crop field days this September. Each event will have a different aspect of this conservation farming practice. ILF field days are open to the public and include speakers who are experts on the field day topic as well as local farmers who are using the conservation practice.

Iowa Learning Farm field days are an opportunity for farmers to talk with other farmers and experts to gain knowledge leading to the adoption of conservation practices.

**Wednesday, Sept. 17, 12-2pm: Dennis Lundy farm, Adair County**

This field day will explore ways to add cover crops and also no-tilling alfalfa following wheat through extended crop rotations. Host farmer Dennis Lundy and his neighbor Wendell Zimmerman will share how they are using cover crops on their farms. Although they are using them in different ways, both farmers are reducing soil erosion and increasing soil health. Iowa Water Center Director and ISU Agronomy Professor Rick Cruse will discuss erosion in Iowa’s fields and how cover crops and other practices can reduce this problem. Enjoy a meal prepared by the Adair County Cattlemen.

**RSVP encouraged**

All field days are free and include a complimentary meal, but an RSVP is encouraged. To RSVP to any of the field days, contact Iowa Learning Farms, 515-294-8912 or via email: ilf@iastate.edu to be included in the meal count.

**4-H Youth Council Swap Meet Fundraiser**

Youth Council members are once again cleaning for an annual fundraiser at the Early Wheels of Iowa Swap Meet. Two or three people are needed for each shift, which consists of approximately ½ hour of cleaning fairgrounds restrooms and restocking supplies. All Youth Council members are needed at 4:00 pm Sunday for an all grounds clean-up (takes approximately 1 hour) followed by a Youth Council meeting.

**Shifts are as follows:**
- **Friday, September 5th @ 6:00 pm**
- **Saturday, September 6th @ 8:00 am, 1:00 pm, 6:00 pm**
- **Sunday, September 7th @ 8:00 am**

Youth Council members, PLEASE contact Angie or Donna at the Extension Office (641-743-8412) today to sign up for a shift and mark your calendars for 4:00 pm Sunday. This fundraiser alone accounts for more than 75% of your annual budget.

**SERVSAFE CLASS in October**

ServSafe, the national certification program for food service managers, will be held in Greenfield on October 13, 2014 from 9am to 6pm. The cost of the course is $150 which includes 8 hours class time, a manual, and the national certification exam. It will be held at Adair County Extension Office (154 Public Square, Greenfield). Anyone interested in preparing and serving safe food is welcome to attend. The course is required currently by some companies including restaurants, hospitals, schools, nursing homes, and assisted living facilities. Starting in January, all food service operations will be required to have a certified staff person. To receive more information and registration form, contact Adair County Extension Office (641-743-8412). Registration is required by September 15.

**SALSA CANNING & PROPER FREEZING TECHNIQUES WORKSHOP IS SEPTEMBER 9th...**

Learn safe, research-based methods for water bath canning and freezing during a workshop September 9, 5 to 9 PM. at the Henry Wallace Country Life Center near Orient. The workshop is part of Preserve the Taste of Summer, a new food preservation program offered by Iowa State University Extension and Outreach. Barb Fuller, ISU Extension nutrition and health specialist, will lead the workshop.

To register, call Fuller’s ISU Extension and Outreach office at 641-202-1843 the registration deadline is September 2.

The workshop is the next step in the Preserve the Taste of Summer program, Fuller explained. To participate in the workshop, participants must have already completed the related online Preserve the Taste of Summer classes.

Preserve the Taste of Summer includes eight online lessons that provide background information on safe food preservation. To participate in a hands-on workshop, a participant first must complete two online lessons on general food safety practices and canning basics along with one or two subject matter lessons.

For more information on Preserve the Taste of Summer lessons, workshops and preservation methods, visit http://www.extension.iastate.edu/registration/events/conferences/preservation/
## September 2014

**EO = Adair County Extension Office**

**ACF = Adair County Fairgrounds**

**WCC = Warren Cultural Center**

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**EO = Adair County Extension Office**

**ACF = Adair County Fairgrounds**

**WCC = Warren Cultural Center**

**EO = Adair County Extension Office**

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Visit [http://www.extension.iastate.edu/adair/content/all-thingsadair-county-fair](http://www.extension.iastate.edu/adair/content/all-thingsadair-county-fair) for all the latest updates regarding 4-H or the Adair County Fair projects information.
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**National 4-H Week 2014**

- October 12: **COLUMBUS DAY**
  - ServSafe Class
  - 9am-6pm
  - WCC

- October 15: CPAT Aquatic Forest Roadside 9am, EO
- October 16: 4-H Club Leader Training 6:30-8:30pm EO
- October 17: Childcare Training 9am-1pm City Hall Meeting Rm Greenfield

**Future Dates to Remember…**

- November 9: 4-H Awards Day 2pm, WCC

- Halloween: November 31