



Cooking Up a Healthy 4-H Clover Kids Group

My Recipe Checklist

Use this Checklist to review how the Essential Elements of Positive Youth Development are incorporated into your group activities.

How am I doing as the caring adult?

Checklist

Almost Always Sometimes Hardly Ever

Do I give my members my full attention when they talk to me?			
Do I provide a learning environment that is fun and supportive?			
Do I have the skills needed to direct learning in a positive manner?			
Do I encourage all of our members?			
Are all members treated equally and fairly?			
Do I practice active listening?			

Is our group an emotionally and physically safe place for all of our members?

Checklist

Almost Always Sometimes Hardly Ever

Do I provide programs that are developmentally age-appropriate?			
Do I offer activities that are low-risk and safe?			
Are members closely supervised so they feel physically and emotionally "safe" at all times?			
Is there a 6 to 1 child/adult ratio?			

How are we doing at providing opportunities for mastery of skills?

Checklist

Almost Always Sometimes Hardly Ever

Are the members able to demonstrate what they have learned?			
Do I use the experiential learning model to teach (hands on)?			

Do we value and practice service to others?

Checklist

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Do I expect the members to clean up after themselves?			
Do the members share materials and respect each other's materials?			
Do the members help one another with difficult tasks?			

Does our group allow members the opportunity for self-determination?

Checklist

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Do we participate in activities that are designed to help promote self-confidence?			
Do I offer activities that are non-competitive?			
Do the activities focus on the learning process, not on end products?			

Does our group have an “inclusive” environment?

Checklist

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We do get acquainted activities with members.			
We have a plan to include new faces right away so they feel welcomed and involved.			
Is there diversity among the group members?			
Do we encourage group identity with t-shirts?			

Do our members feel that they are active participants in the future?

Checklist

Almost Always Sometimes Hardly Ever

Do I give the children choices for their upcoming activities?			
Do I provide opportunities for children to lead activities?			
Do we talk about continuing their experience in 4-H after Clover Kids?			

Are members of our group engaged in learning and growing?

Checklist

Almost Always Sometimes Hardly Ever

Do I offer activities that are fun and educational for members?			
Do I offer a variety of subject areas to fit all interests?			

Checklist adapted from Essential Elements of 4-H Youth Development Programs curriculum
<http://www.4-h.org/resource-library/professional-development-learning/national-learning-priorities/essential-elements.html>