



# Charting a Greener Path Fall 2010

## Lesson Plan

**Note to presenters:** This training is designed for CYC and YPS to co-present. While the desired training session is a 1 hour workshop, if you encourage discussion and reflection the workshop will be longer. We encourage you also to engage and utilize 4-H youth and volunteers in presenting the training.

### Pre-Meeting Preparation:

- Gather supplies and handouts listed in 4-H 4008A
- Gather county specific handouts and information for meeting
- Prepare refreshments
- Hang poster on wall - *4 Needs/Circle of Courage + 8 Essential Elements = 4-H Outcomes*
- Put out Volunteer Training Attendance sheet and pen, name tags and markers
- Set up ISU logo door prize, sign up slips, container (optional)
- Have camera available for group photo (or small group photos)

### 1. Arrival and warm up

Have leaders sign in on the attendance form, put on a name tag, sign up for door prizes (optional), and select a Hershey's Miniature candy bar that they personally like best. For those individuals who may not eat chocolate, have them select a piece that a family member might choose. Ask them not to eat the candy until the meeting begins (or at least to hold on to the wrapper).

### 2. Welcome & Rationale (10 minutes)

(Connect 4-H with ISU and ISU Extension)

Call the meeting to order and introduce the presenters.

Welcome! We hope you have had the opportunity to use some of the tips and skills learned in the spring training to continually maintain safe environments for 4-H members in your club and county activities. We received lots of positive feedback about how helpful the training was.

Thank you for coming to today's [tonight's] training. As a 4-H leader, you are a volunteer for Iowa State University and the Iowa 4-H Youth Development Program. You are an important part of \_\_\_\_\_ County Extension and Iowa State University Extension (point out ISU banner, Extension logo, or 4-H t-shirt, as a visual). This partnership helps insure members have a positive, safe, educational, and fun experience. Trained 4-H leaders help insure that we provide positive youth development experiences for our 4-H members. We are excited that so many youth members are able to attend – you are valuable partners with adults to help make your club program a success. And we hope that you will also become 4-H volunteers in your adult life!

## **Our goals for today's training:**

- Model fun-friends-voice-choice
- Provide information and training to utilize the new publications system
- Provide tools to guide youth in selecting projects and educational experiences
- Strengthen youth/adult partnerships

Our first activity today is both a get acquainted activity and a lighthearted look at personality styles you can take back to your club.

### ***Use activity handout titled Sweet Personality Assessment – 4-H 4008C.***

Do you think you matched up with the candy bar you chose? How about others that you know – do you think the candy bars they chose matched their personalities? For those of you who are non-chocolate eaters, did your friends' personalities match up with their candy bar choices?

Chocolate may not last long in your house, but how many of you have 4-H project material books collecting dust in the back window of your car or crammed into your 4-H box or file cabinet – not getting used? How many of you 4-H members have signed up for a project in September but don't get the publications or project materials until January?

Last spring a team of County Youth Coordinators, Youth Program Specialists, and campus 4-H Staff met to evaluate the 4-H publications system. The outcome of that meeting is a streamlined, greener system for project enrollment and project materials. Members and volunteers can now access project materials all hours of the day via the 4-H website, saving time and money.

At this training you will learn how to use the new 4-H 200 to guide members in selecting project areas that match up with their interests. You will also learn what a project Hot Sheet is, how to access it on-line, how to use it to assist members in project learning, and how the project Hot Sheets coordinate with the project area on the 4-H website. We hope you will find the new project materials system easy to use and chock full of new information, resources, and exhibit ideas to share with club members and their families at your next club meeting. This training is modeling youth/adult partnerships and we are excited that your club team will take what you have learned back to your club members and families to teach them about the new project materials system.

### **3. Activity 2 Project or Exhibit comparison activity (15- 20 minutes)**

One of the more confusing things in 4-H for new members is the difference between a 4-H project and a 4-H exhibit. When members enroll in 4-H each year, they enroll in PROJECT areas that interest them. When they bring things to fair, these are called EXHIBITS. Here is a little more information to help members understand the differences between the two:

**Projects** – A 4-H project is an area of emphasis in which a 4-H'er enrolls, studies, learns and keeps records. The 4-H Adventures flyer – 4-H 200 - lists all of the project areas in 4-H from A to Z.

**Exhibits** – A 4-H exhibit is an item resulting from project work that the 4-H'er has chosen to bring to the fair to demonstrate their learning and have evaluated by a judge. For example: a 4-H'er may enroll in the woodworking project area and choose to bring a birdhouse to the fair that he/she constructed.

A member may have several exhibits all in the same project area: a Food and Nutrition Project may have chocolate chip cookies, yeast bread and preserved tomatoes. When it is time to complete 4-H records, all three of these exhibits would be part of the Food & Nutrition Project write-up.

Conversely, some exhibits could be an outgrowth of work in more than one project – the birdhouse could have begun as a visual arts or environment and sustainability project instead of woodworking.

Some members may choose to enroll in a project area, learn lots of new things, not exhibit at the fair, but still document their learning through the record keeping system.

***Use activity handout Project or Exhibit 4-H 4008D***

Ask tables to discuss their answers after they have completed the “quiz”.

Share the answers in the key.

Ask: Was everyone at your table in agreement?

What exhibits could have fit in multiple project areas?

This is a good activity for your club officers to lead at your next club meeting.

**4. Activity 3 – Using the new 4-H 200 with project enrollment – 10 – 15 minutes**

This next activity is designed to introduce you to the new 4-H 200 and engage your assessment skills and ingenuity. Each table will be assigned a different scenario about an imaginary potential new 4-H member or current member who is losing interest. We want your table to read the scenario and then brainstorm how the adults and youth leaders in your club would help the current or potential new member select projects and activities that would be valuable to them and fit their interests.

***Use activity handout Utilizing Project Materials in Guiding Youth – Scenarios 4-H 4008G – (Assign each table a different scenario. If you have a large group, multiple tables may be working on the same scenario)***

**After your table has read the scenarios, please discuss at your table:**

- What project areas would you suggest to this young person?
- What would your club do to get her/him to join (or continue as a member)?
- How will your club support her/him throughout the year?
- What will make her/him re-join next year?
- What resources do you and the young person need from the county office?

Ask each table to report back answers to above questions.

(Since everyone has received all of the scenarios, save time by having tables report back by scenario number rather than read the whole scenario.)

Ask: How can you use what you learned in this activity to help current or potential club members in your club?

## 5. Activity 4 – Hot Sheets – 10 – 15 minutes

Each of your club teams received a packet with copies of all of the new Hot Sheets. In our new “greener” publication system, members can access the Hot Sheets 24/7 at the Iowa 4-H website and download them before or after they enroll in the project area. For members who may not have internet access, they can make copies of the Hot Sheets included in the club packet or request a Hot Sheet from our county office.

Let’s explore the project Hot Sheet! Notice that all of the Hot Sheets are formatted utilizing the same template.

### Show:

#### Front page:

**Are You Into It?** – introduction and list of project goals. These goals correspond with the project goals listed for project awards and state recognition.

**Here’s what you can do all year!** – ideas located here are based on the 4-H project curriculum.

**Step It Up!** – ideas for communication, citizenship, and communication

#### Back page:

**Take [project] further!** – additional project ideas and learning experiences

**Exhibit Ideas** – just a few to get members thinking

**Resources** – 4-H Resources/project curriculum, other resources found on the internet, Record Keeping materials for this project area.

### **[if your meeting space has internet access, pull up a project webpage to explore]**

When you explore the project area websites, you will see that some project areas will have additional links to more resources available on the internet.

### **Activity**

Select a project area Hot Sheet from the packet. As a club team review the selected Hot Sheet and brainstorm a plan on how you as a team will demonstrate to your club members all of the features on the Hot Sheets and how the club members can use them to support their project work. Share that plan with the other volunteers and youth at your table.

Here are a few ideas for teaching club members how to use the Hot Sheets:

- Using one of the scenarios in the previous activity (or creating a different one more specific to your club), put together a skit and act out at your next club meeting demonstrating how to identify members’ interests and match them with possible project areas

- Ask your members to “stump a leader” or “stump the officers” – have members ask questions about something they are interested in and utilizing the Hot Sheets, the leader or officer identifies a project area and exhibit, communication, citizenship, or leadership ideas
- Reverse the game – give each member a different project Hot Sheet and then the leaders or officers suggest something they are interested in and the members have to review the Hot Sheet they have and see if any ideas might match with the leaders’ or officers’ interest

**Have several club teams share their plans.**

## **6. Wrap-up – Utilizing Hot Sheets and Leader Guides to incorporate project learning into club meetings, how to order 4-H curriculum during this transition period, and Opportunities Beyond the County**

The Hot Sheets are designed as a spring board for project learning. Encourage your club members to utilize them for their presentations/demonstrations. Club leaders, project leaders, members, and even parents can use them to introduce and present information or an activity in a project area that maybe no one in the club has ever enrolled in. At the spring training we will explore more in-depth ways to utilize Hot Sheets, Leader Guides, and project materials to incorporate project learning into your club meetings.

The 4-H curriculum project materials you’ve utilized in the past are still valuable resources and available for use. Our county process for accessing and ordering these pubs is explained in the handout titled: **[explain process specific to your county]**

Don’t forget to share with your club members the **Opportunities Beyond the County** handout and activities and opportunities such as 4-H camp, State Council, 4-H conference for high school teens, 4-H Congress and 4-H Conference, project awards and scholarships that are highlighted in the handout. **(Share with your volunteers and youth how many club members and volunteers participated in Opportunities Beyond the County from your county – ask youth or volunteers in attendance to report on some of their experiences beyond the county.)**

## **7. Evaluation**

Thank you all for coming! We look forward to hearing feedback from you, your club members and their families about the Hot Sheets. And please be sure to share with us how we can continue to improve the process.

Have participants complete their evaluation. Hold drawing for door prizes (if applicable). Wish them well and to have a safe trip home.

... and justice for all

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