GARDENING TO GIVE
ALL IOWANS GROWING A #STRONGIOWA

Feed your club, community, country, and world with weekly, hands-on, and research-based challenges and learning opportunities focused on gardening and growing, designed for all ages and abilities.

1. **Register** for gardening and growing research-based weekly challenges and learning information:
   www.bit.ly/GardenRegister2020
   Consider connecting with your local Extension Office to get horticulture information.

2. **Get your hands dirty.** Pledge your hands to larger service by growing a garden with Iowa State University Extension and Outreach and Iowa 4-H. Weekly challenges and learning information will come to your inbox after registering.

3. **Tell us what you have done** with your harvest. Did you eat it, donate it, share it with a friend?
   Tell us about it: www.bit.ly/GardenHarvest2020

Use **#4HGrowNShow** on social media to share what you grow

Gardening to Give resources: www.extension.iastate.edu/4h/gardening-to-give

Connect with your county extension office: www.extension.iastate.edu/countyservices

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