



Planning & Preparing for Youth Programs

Activity/Program: _____

Desired outcomes of this program:

Anticipated Size of Group: _____

Length of Program: _____

Age of Youth Involved: _____

Developmental characteristics of this age group:

Will there be any youth involved who may have special needs—and how will you ensure their engagement?

Number of Adult Volunteers Needed: _____

Caring Adult, Inclusiveness (Belonging)

- What are you doing to encourage relationship building during this program?
- How will you be sure all youth feel welcome and are encouraged to participate?
- What accommodations or modifications could you make to include everyone for physical and learning needs, group size changes or content expectations?

Safe Environment (Belonging and Independence)

- What plans have been made to address risk management? A severe weather plan if needed?
- What supplies and resources are needed for the program—and any safety supplies (1st aid kit, etc.)—and do you have them?
- What group management strategies might need to be used based on the size, age and activities of the group?

- Are there ground rules for the program? A set of expectations/code of conduct—how will you create those with the group? What are the consequences for behavior issues and how will they be carried out if needed?

Mastery, Engagement, Self-Determination, Futuristic (Independence)

- How are you providing youth with choice and voice during this program?
- Have you engaged youth in the planning process? How could you?
- What opportunities can you provide youth to teach each other, take on leadership or responsibility?
- Is the difficulty level of the program appropriate for the age and stage of the audience—how could it be modified for more or less challenge?

Service (Generosity)

- What responsibilities can youth have in set-up and/or clean-up?
- How can youth mentor each other or work with others during this program?
- Is there an opportunity to give/provide service to others through this program?

