GLOBAL CLOVER
November 2020 Edition

Name of Country: Kenya

The 4-H Connection:

- 4-H in Kenya is offered to anyone ages 6 through 30
- There are at least 15,000 4-H members across the country!
- Kenya 4-H actually started as 4-K! Their slogan was “Kuungana, Kufanya, Kusaidia Kenya” which translates to “to unite and work to benefit Kenya”.
- Kenya participates in "The 4-H Enterprise Garden". With the help of teachers, the members will:
  - Plan, plant, breed, and manage a food-producing garden.
  - Develop a business plan to market their produce
  - Gain practical, hands-on experience and provide income for their clubs and schools.
- Kenya 4-H hosts an exchange program with Canada 4-H! Participants "switch countries" with each other and gain new experiences and friends!

Connection: Go Green!
4-H members in Kenya can participate in every aspect of gardening! Not only are gardens good for the earth, they provide us with lots of delicious foods to enjoy!

Even though the temperatures are dropping outside, we can still plant inside! Try growing some microgreens in a small container inside. These superfoods grow fast and easily. Give it lots of water and sunlight, and it will grow quickly into harvestable produce. You can toss your microgreens into a salad, or anything else you are cooking!

Sources:
4-hkenya.com
https://www.britannica.com/place/Kenya

Quick Facts:

Location
East Africa

Capital
Nairobi

Population
51.39 million

Official Language
Swahili and English

Fun Facts!
In Kenya, there are considered to be 7 dialects and 3 sub dialects of Swahili. It changes wherever you are!

About 75% of Kenyans earn all or part of their income from working in agriculture!

4-H Foundation
Kenya

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