Survival Guide for New Conference Attendees!

Never been to conference before? Not sure what to expect? Well, take a look at this to make the best out of your experience!

Conference is a fun-packed 3 day adventure. You will be attending workshops, listening to motivational speakers, eating great food, service learning sessions, and making friends along the way!

Don't forget to pack some **comfy walking shoes** to be prepared for anything—there is a lot of walking on the Iowa State University campus. You might also want to stick in an umbrella or rain coat as activities go on, rain or shine.

During your spare time, you might want to bring something to keep yourself entertained, like...

- **Frisbees**
- **Football**
- **Playing Cards**

We assume you know to bring a toothbrush, etc. But to make your stay in a dorm room more enjoyable, you might want to bring **extra fans and cords**. Check out the orientation information for a full list of packing suggestions. If you like to drink pop, you may want to bring change for the vending machines, or even bring your own as sometimes they run out.

Pool facilities will be available at certain times during the conference, so if you're a swimmer, be sure to pack your suit!

There will be **two dances** during your time at the conference. The first dance will be casual, so you can wear whatever you want, keeping in the dress code, of course! The second dance is after the banquet so you'll want to be all dressed up! The banquet is held on the floor of Hilton Coliseum. After a nice dinner, we'll recognize the 4-H'ers for 4-H campaign donors and have some musical entertainment. Then, the area is converted into a dance floor.

Speaking of dress code, remember that you’re representing your local community and county 4-H program to all of the people at Iowa State University. So, make sure you’re dressed to impress; no inappropriate imprints or undergarments should be seen.

You don't like to dance? That's okay! Bowling, swimming, and arcade games will be available during the first dance. After the banquet, there will be a casino as an option.

The last and most important thing is...**be willing to have fun and meet new people!**

**EXPERIENCE A UNIVERSE OF POSSIBILITIES AT THE IOWA 4-H CONFERENCE!**