



# FIND YOUR PASSION (FACILITATOR GUIDE)

## 4-H Prepares Youth for the Future

Think about a job, volunteer opportunity, or chore. List FIVE THINGS you enjoyed doing. Then, place a heart (♥) beside the ones that you really loved to do. Place a plus sign (+) before the ones that you were really good at doing.

### What I Enjoy

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Review the things you listed with both a heart ♥ and a plus sign +by them. Why do you like these best?

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What skills do you have that you use in doing these activities?

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Things I like to do.	Things I don't like to do.

**FACILITATOR QUESTIONS**

- Which do you have more of, things you like or things you don't like to do? Why do you think that is?
- What things that you love to do are you good at?
- Why is it important to know what you like and dislike doing?
- Why is it important to know what you are good at doing?
- Why is it important to be enthusiastic about what you do?
- What jobs or careers might match what you love to do?

Adapted from Be the “E” Entrepreneurship <https://shop4-h.org/products/entrepreneurship-curriculum-be-the-e-digital-download>

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