



VOLUNTEER

Are you interested in working with young people to develop basic shooting skills and safety? You don't have to be expert marksmen to become involved in the program. An average shooter who cares about kids is a better instructor than an expert shooter who isn't interested in seeing youth develop their skills. Parents are encouraged to attend meetings, assist instructors or act as range safety officers. Requirements to become a volunteer:

- 21 years of age
- Approved through the 4-H child protection policy screening process
- Attend a statewide leader training workshop
- Willing to learn techniques necessary to teach youth the basic fundamentals of shooting

Join 4-H

4-H SAFETY AND EDUCATION SHOOTING SPORTS PROGRAM STATE CONTACT INFORMATION

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CONTACT YOUR COUNTY EXTENSION OFFICE TO FIND OUT ABOUT 4-H SESS SHOOTING SPORTS CLUBS IN YOUR AREA.

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**POINTING KIDS
IN THE
RIGHT DIRECTION**



IOWA STATE UNIVERSITY
Extension and Outreach

HAVE FUN

4-H Safety and Education of Shooting Sports (SESS) is a youth development educational program that uses the skills and disciplines of shooting to assist young people and their leaders in obtaining knowledge and developing life skills.



DISCIPLINES AVAILABLE

- Archery
- Rifle
- Shotgun
- Muzzleloader
- Wildlife Skills



TO PARTICIPATE

Shooting sports appeals to young people and volunteers from a wide range of urban and rural backgrounds. To be eligible, youth must become a 4-H member and be in grades 4-12.



OBJECTIVES

- Enhance the physical, cognitive, social and emotional development of youth through safe, educational and socially acceptable involvement in a shooting-related activity.
- Teach safe and responsible use of firearms and archery equipment including sound decision making self-discipline and concentration.
- Promote the highest standards of safety sportsmanship and ethical behavior.
- Encourage understanding of our natural resources and development of personal environmental stewardship ethic by young people through participation in shooting, hunting and related activities.
- Strengthen families through life-long recreational activities.
- Compliment and enhance the impact of existing safety and hunter education programs.

MAKE NEW FRIENDS

Iowa 4-H SESS members have many opportunities to participate in activities that test their shooting and wildlife skills in county area, state and national competitions. By competing in the annual state match, youth develop self-confidence, pride and sportsmanship while striving to improve every time they are on a range.

Learn by doing with your friends in a fun and safe setting. Contact your county extension office to find out about clubs in your county.

GET INVOLVED

