



IOWA 4-H CREATES FACE MASKS

Calling all 4-H members, leaders, alumni, judges and friends! Help us make face masks for friends, neighbors, hospitals, and care centers!

1

DECIDE WHO

You could sew masks for a local hospital, care center, your neighbors or friends. You could reach out to a local essential business and offer to sew masks for their employees or customers. You may want to learn what requirements they have and how they would like your donation packaged.

2

CHOOSE A PATTERN

There are many options to choose from. Please select your pattern based on where you plan to donate the masks. For new sewers, we suggest this pattern:
www.extension.iastate.edu/4h/iowa-4-h-creates-face-masks/

2b

DON'T SEW?

Consider checking out different no-sew options or cutting fabric for those who are sewing masks. A few no-sew pattern options:
www.extension.iastate.edu/4h/iowa-4-h-creates-face-masks/

3

GATHER SUPPLIES

If you don't have fabric consider reaching out to your nearest fabric store. JOANN has been encouraging customers and partners to help fight the severe shortage of personal protective equipment, launching the Make to Give face mask program nationwide. Customers are able to pick up a face mask kit at any open store, free of charge, to create masks to donate to organizations in need. JOANN continues to add new patterns and ideas to help those who are new to sewing. (www.joann.com/make-to-give-response)

4

SEW, SEW, SEW

Wash your hands and get busy sewing! Have fun while you do it! Involve the whole family and set up an assembly line. Play some music! Take pictures!

5

CELEBRATE!

Bag the face masks and drop them off! Be sure to record your donation at www.bit.ly/IAfacemasks. Post pictures on social media with #Iowa4HFaceMasks.

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