Citizenship Washington Focus (CWF) is a 4-H leadership program for high school youth (completed grades 9-12 at time of trip).

Every summer teens from across the country gather at the National 4-H Conference Center, near Washington, D.C., to learn what it means to be a strong leader in their community, country, and world.

Participant Quotes

“The experience of CWF was completely unique and so valuable. We spent time every day discussing our opinions on a variety of subjects that had mixed responses. Despite the difference in our opinions, we still shared incredible memories and learned so much together.”

“We learned about all of those things we learn in school, see on TV and write reports on. Until you get to see them with your own eyes, it really doesn’t mean anything. Once you see them you feel connected and you understand what the United States stands for. It makes you feel proud.”

“I really enjoyed talking with our representative. They made me feel I really can make difference even though we were a bunch of kids. They were really interested in what we thought.”

“It is an opportunity to learn more about caring for others and putting them first before your own needs. It is also a fabulous way to learn more about the foundations of our country in a hands-on and inspiring way.”

Gail Castillo, CWF — State Coordinator
Youth Program Specialist
gail@iastate.edu / 641-425-6914
Schedule Highlights

Friday: Travel from Iowa
Saturday: Flight 93 Memorial, Pennsylvania
Sunday: Gettysburg, then arrival at CWF
Monday – Friday: CWF Program
Saturday: Travel back to Iowa

Our focus at the National 4-H Center will be workshops about issues, bill-writing, actively participating in committee meetings, and community action planning.

The week’s field trips will tentatively include:

- Mount Vernon
- Arlington National Cemetery
- Capitol Hill visits with elected officials
- Day time/night time visits to many monuments and memorials
- “Spamalot” dinner theatre production
- our own day around the National Mall

Please note that even as schedules are shared, they remain tentative as circumstances can change quickly in the DC area.

Teen Registration

Registration Deadline: January 17, 2020
Trip Cost: $1850.00
This includes all lodging, travel, tours, and most meals.

48 delegate spots are available.

- Non-refundable deposit of $650 due at registration.
- Remaining balance is two payments of $600 due March 15 and April 15, 2020.
- The CWF website attached also has information on possible sources of financial assistance.

[www.extension.iastate.edu/4h/cwf](http://www.extension.iastate.edu/4h/cwf)

Adult Chaperones

To indicate interest in chaperoning, please return the chaperone application by January 17, 2020.

Visit the CWF webpage below to learn more about chaperone roles, responsibilities, and cost; as well as find the adult chaperone application.

[www.extension.iastate.edu/4h/cwf](http://www.extension.iastate.edu/4h/cwf)

Questions?

Contact: Gail Castillo, CWF Trip Coordinator
Email: gail@iastate.edu
Phone: 641-425-6914

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