



IOWA STATE UNIVERSITY
Extension and Outreach

GROWS LEADERS

New Member Newsletter
February 2022

Washington County Extension

319-653-4811

extension.iastate.edu/washington/

Dear Clover: My 4-H leader told me I have to do a presentation for my club. Why? What do I do it on? How do I get started?

As a 4-H'er you are to work towards improving your communication skills every year. One way to accomplish this is by giving a presentation to your peers.

Choose a topic that interests you! To select your topic think of your projects or hobbies. A few examples: taking pictures, caring for your dog, making cookies, setting the table, grooming your calf, putting the saddle on your horse, building structures with Legos, paper airplanes, etc etc etc! . Those are just very few ideas.

HAVE FUN!

Your first presentation will usually be only a couple minutes. There are three parts: introduction, body and conclusion. In the introduction, tell your audience what you are going to talk about. Do something catchy and fun to get their attention. In the body, give details and in the conclusion, repeat your main points & ask for questions. You should also share where you got your information. It is also helpful to have visual aids (posters or objects) that help share information with the audience. To present, wear your 4-H shirt or a costume to fit your topic.

Practice, practice, practice. The more you practice the more comfortable you will be. Talk slowly, clearly and loudly enough for everyone to hear. Make posters to highlight your points. Stand up straight. Have fun and relax!

Communication Opportunities

Educational Presentations: Give a presentation for your club during the year. July 14 will be County Communications Night when members can give presentations for a judge and 5th grade & older can be selected for State Fair

Working Exhibits: 4-H'ers communicate, interact with, and teach an audience in an informal and experiential way. This is a hands-on experience for audiences during the county fair. They are judged and 5th grade & older can be selected for State Fair

Share-the-Fun: Share your talents at the County Fair & possibly advance to the State Fair. This can be groups or individuals sharing music, dance, juggling, humor, etc.

Posters: Communicate visually through a poster. Follow one of these themes: 1. "4-H is. . ." 2. "Join 4-H" 3. *Opportunity4All* (National 4-H marketing campaign) 4. *Spy Your Potential* (2023 4-H Youth Conference theme) 5. *Best Days Ever* (in 4-H) (variation of Iowa State Fair theme)

YQCA online training is required if showing livestock at the fair that may enter the food chain. Call us to get a coupon code to complete at home or RSVP to use our computers.

How are you doing?

The year is well underway!

By now you should be:

- getting to know your leader(s) and club members
- becoming familiar with how meetings are run
- thinking of your projects & goals for the county fair
- participating in fun activities within your club and county
- seeing/giving presentations
- having fun!!!

If you have any questions or concerns be sure to contact the Extension Office, 319-653-4811.

Prepared by: Amy Green
4-H/Youth Coordinator
amygreen@iastate.edu

SAVE THE DATE:
April 22

4-H Pancakes & More Breakfast Fundraiser

Your club may be asking at the March/April meeting for volunteers—we need you! This event raises money for YOUR enrollment fees. Be a volunteer!



MAY 15 is important!

All animals must be entered into your 4hOnline account to show at the fair !

4-H Pledge

I pledge my **head** to clearer thinking, my **heart** to greater loyalty, my **hands** to larger service, my **health** to better living, for my club, my community, my country and my world.



...To Make the Best Better.

REMINDER

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Let's get fired up about 4-H!
You Are Invited to 4-H Fire Up!



4-H 
FIRE UP!
March 19



WHAT IS IT

4-H Fire Up is new member event for 4-H members and parents/guardians. This meeting is designed to provide information and hands-on activities about 4-H, various projects, 4-H opportunities, upcoming events, and much more. You will talk with 4-Hers, see examples, practice forms, hear from a parent panel with advice and best practice tips!

WHO SHOULD COME

It is open to all 4-H'ers but will be most beneficial to those who have been in 4-H three years or less. There will be learning for members and parents. This is an excellent time for youth and parents to learn more about 4-H and grow together!

WHY COME

Receive 4-H Handbook. Meet new friends. Learn about projects. Hear other's stories. Have fun. Get ideas. Laugh. Be inspired. Ask questions. Get answers. Learn about judging. Review deadlines. Set goals. Make a plan. More good information about Washington County 4-H opportunities for you!

REGISTER NOW

Register by March 10 to guarantee a 4-H Handbook you will use for years! Register online at <https://tinyurl.com/4HFireUp23>

We hope to see you soon all FIRED UP for 4-H!

4-H Fire Up!

March 19

1:30 pm—4 pm

Dallmeyer Hall



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4TH - 6TH GRADE 4-H MEMBERS

SKATING PARTY

WELLMAN SKATING RINK



MAR 26



4-H



4:30 pm - 6:30 pm

**ONLY 4TH - 6TH GRADE
MUST BE 4-H MEMBERS**

Waiver to Sign Upon Arrival or Bring Completed

Cost is free but make sure to bring money for snacks !



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April 22

7 a.m.—10:30 a.m.

Basement of Dallmeyer Hall
Washington County Fairgrounds

Pancakes & More Breakfast Fundraiser

Free Will Offering

All proceeds go towards the 4-H enrollment fees for youth in Washington County.

Take out available.

Let #washco4h serve you breakfast!

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GROWS

COMMUNICATORS



Public Speaking. To many, it makes their palms sweat and knees shake. But to 4-H, it is a point of pride. It is a powerful life skill that 4-H grows and develops in its members. It is a skill teachers recognize in 4-Hers above other students. It is a skill employers recognize in their employees who have a 4-H background. Public speaking is a skill 4-Hers can develop through this program! It is incredibly rewarding to see the growth from the 4th grader in their first year of presentations grown into the seniors giving their final 4-H presentation!

Many clubs work on member educational presentations to share at the club meetings throughout the year and some have schedule special spring presentation days. As you work on your presentation, we wanted to pass along some of these resources.

Resources included in this packet may help you plan, practice, deliver, improve and grow for your next public speaking moment. These resources could be used at the club meeting level, or they could be used at home. Enjoy!

Educational Presentation [How-to Video:](https://www.youtube.com/watch?v=sXCBS3L2tt0) This State Fair selected educational presentation is titled "Public Speaking" by Grace Puttmann Limecreek Limelight 4-H member on how to give a presentation. This is a 10-minute video that shows and explains it all! Grace gives this presentation as a 6-year member in 4-H.
<https://www.youtube.com/watch?v=sXCBS3L2tt0>



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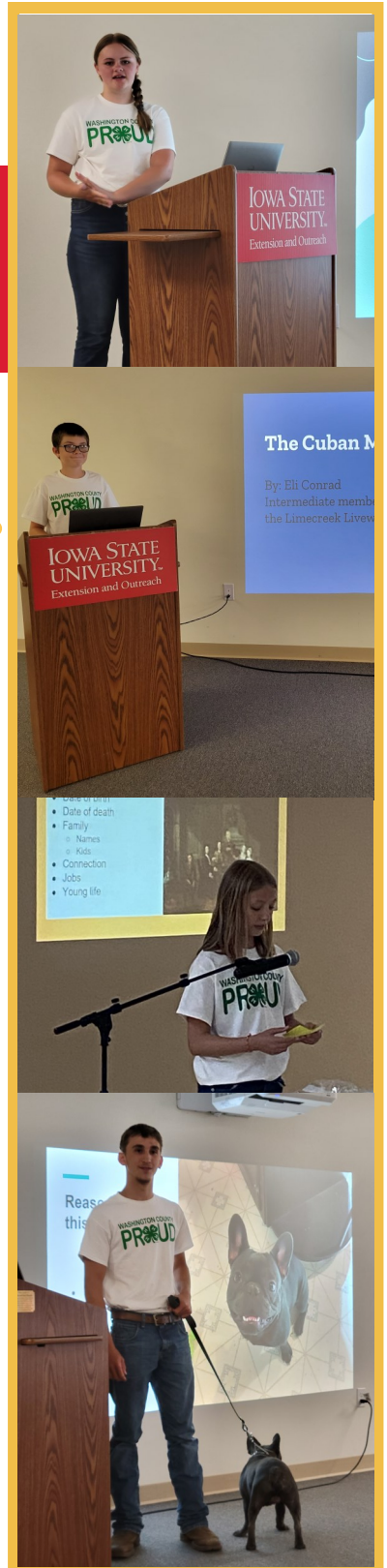
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GROWS CONFIDENCE

Things to watch for down the road in the Communication Project Area:

- When is your club doing presentations? Are you expected to give one? Have you already been assigned a date? What topics do you enjoy and would be passionate about teaching others? Get started and enjoy!
- Other Communication Department opportunities include: Educational Presentations, Working Exhibits, Pride of Iowa, Share the Fun and Extemporaneous Speaking.
- You can read more about these events at the Washington County Fair in the fair book online. Keep in mind, this year's fair book will be updated online in April. But using last year's will also be a great resource to answer questions.
- All 4-H members will be invited to share their educational presentations at the county-wide Communication Event the week before the county fair. This is an optional activity to showcase their public speaking skills and be evaluated by a judge. Each age division (juniors, intermediates, seniors) has its own judges who provide feedback and selects a few to represent Washington County 4-H at the next level of competition - at the Iowa State Fair. Youth who want to participate must pre-register for the county Communications Event through Fair Entry which opens in June. Stay tuned for registration details that come out in June.
- Amy Green, the 4-H Coordinator, is happy to provide feedback if you want to practice or brainstorm with her. You can set this up by email to amygreen@iastate.edu



We look forward to you making your best better by building your communication skills and confidence!



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Washington County Fair

3 STEPS

to register

4-H LIVESTOCK

The following three steps must be completed annually to exhibit livestock. NOTE: Each step has a unique deadline and unique website. All three must be completed. Contact the Extension Office with questions at 319-653-4811 or washington4h@iastate.edu. Families are STRONGLY encouraged to take action early and do not wait until the deadlines. If all three steps are not completed by set deadlines, youth risk ineligibility

Animal ID



Who: All animals but poultry
Where: v2.4honline.com
When:

- Market Beef by January 31
- All other animals by May 15

YQCA training



Who: All animals that could enter the food chain
Where: yqcaprogram.org
When: By June 1

Fair Entry



Who: All animal projects
Where: washingtoncounty.fairentry.com
When: June 1 - July 1



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What I need to know....

Washington County Fair

July 16-21, 2023

Sat., July 15 =

Non-livestock Judging

Youth for the Quality Care of Animals (YQCA):

All 4-H'ers & FFA members anticipating to exhibit livestock must complete the YQCA certification. Members must complete an online course annually. Directions available on the 4-H tab [online](#). To be completed by June 1.

What do I wear to exhibit?

White shirt, 4-H/FFA t-shirt or blouse and dark pants with work boots. Each 4-H member will receive a free show shirt from Federation Bank at your June meetings. NO tank tops.

Don't forget.... You can't have more than 3 unexcused absences to exhibit at the fair. Be in communication with club leaders.



Livestock: When do I get my animals? What else do I need to know?

Market Beef: must weigh-in the middle of December

Breeding Beef: Must be born in the calendar year before prior to fair (**Sept 15, 2022-Dec. 31, 2022**)

Bucket Bottle Calf: Born between Jan. 1st-April 30th.

Market Goats: Kiddled after November 1st previous year. Attend **May 4** weigh-in.

Swine: Farrowed after Dec. 25 previous year. Production pigs weigh-in **April 15** but no more than 55 lbs.

Sheep: Lambled after January 1st. Market lambs weigh in **May 6**. Commercial ewes must be tagged at weigh-in day.

For all other species there are no specific requirements, but must be owned and identified through 4hOnline by May 15th.

May 15 is IMPORTANT

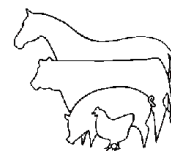
All animals you anticipate showing at the county fair **MUST** be identified through 4hOnline by May 15, 11:59 p.m. There are help sheets available under the Livestock section of the [County Fair page](#).

You will record specific identification information for each animal, i.e. tag #, ear notch, color, breed etc.

Each species allows a certain number that can be nominated.

All animals must be identified through 4hOnline by May 15 if you intend to show.

Fair Entry is required by July 1. At this point you sign up for exact class numbers that come from the fair book. Leaders will assist with this step in June. This is mandatory to participate at the fair.



For specific rules/regulations for each species see the fair book or call the office. Until the new fairbooks are out in May you can reference: [Washington County Fair Book Online](#)

Non-livestock Projects: What do I do? How do I pick?

Save this website for easy access to all things 4-H. Use the 4-H drop down.

<https://www.extension.iastate.edu/washington/>

Possibilities are unlimited to what kind of projects you bring to the fair. Use your creativity, knowledge, and experiences to complete your projects.

Be sure you allow enough time for your projects to be completed by judging day.

The end of June, you can bring your projects to a county wide Project Preparation Day. Here judges will be available to give you suggestions to improve or change your project before fair time.

For each project a 4-H Exhibit Record found on [County Fair](#)

[page](#) needs to be completed and brought to the fair. This form is where you state your goal, what you learned, and how you worked towards your goal.

All projects must be registered in Fair Entry approximately a week before fair.

Do you want to show swine at the Washington County Fair but . . .

- . . . are new to this project area?
- . . . don't have any connections to the pork industry?
- . . . are not sure where to get your pigs?
- . . . have financial difficulty buying pigs pre-fair?
- . . . want a different kind of competition?
- . . . want to compete in a pure production model?
- . . . want to show your knowledge in other ways than just in the ring?



SINGLE SOURCE COMMERCIAL CLASS

Youth must register with the Extension Office by April 1. Talk to your friends, neighbors, club members – is this something you want to try?? Let us know! 319-653-4811

1. Participants must sign up by April 1, and pay a non-refundable 'deposit' (\$10 per head).
2. Participants can purchase up to four pigs from the county's single source producer but show a maximum of three. Participants of this class may also show in the production barrow/gilt classes, but are not able to show any pigs in the home raised, purchased, or breeding classes.
3. Pigs will be vaccinated prior to weigh-in on April 15. Early April can still produce very cool temperatures and having warm facilities to take pigs home to is very important for good health.
4. All pigs will be selected and distributed to youth randomly as they are weighed at pig pick up.
5. Price will be set according to market value the week of weigh-in. Participants will pay the balance after the fair regardless if the animal exhibits at the fair.
6. All class participants will show in the Single Source Commercial Class which will require a scan at county fair. All scan scores will be averaged together and the average used in the overall scoring. Scan fees are covered by donation from Brenneman Pork.
7. New class participants will be required to attend the swine department project meeting on February 21, review education links and get guide from the Extension Office. These resources will provide some basic knowledge for a successful start in addition to the swine project meeting required on February 21. ISU Swine specialist, Matt Romoser, will be present to teach about early care and management, facilities and equipment, animal health, Ractopamine free requirements and feed. All 4-H'ers are welcome to attend this educational swine project meeting but new swine exhibitors must attend to be eligible to show at the county fair.
8. Project interview will be scheduled in early July with Pork Producers regarding material from booklet, online videos and the overall learning experience.
9. The final class awards will use a variety of input = Scan data is 45 pts. Show ring is 10 pts. Interview is 45 pts. = 100 pts.



This class could be a great option for those who...

- . . . want 'to try' a new area.
- . . . are 'just getting started' in their 4-H livestock experience.
- . . . want ease in finding pigs for the fair.
- . . . want the production challenge against similar DNA animals.
- . . . want to be connected with pork producers in this county.

Thank you to the class sponsor, Dean & Linda Sieren of Sieren Pork, for providing the pigs for the Single Source Commercial Swine Class.





This YQCA online learning experience teaches youth to produce safe and quality food for consumption. This training is designed to help prepare 4-Hers to be a young producers in the animal agriculture industry. 4-Hers produce 17 million pounds of meat a year through their 4-H projects, and so two important goals of this program is to be help youth raise animals in a healthy and safe environment which will then produce the safest food possible for our world.

All beef, swine, sheep, meat goat, rabbit, dairy, bucket bottle and poultry exhibitors are REQUIRED to be YQCA certified to exhibit at the Washington County Fair and/or the Iowa State Fair. Certification must be completed annually by June 1 and is good for one calendar year.

For YQCA online certification, use this website. yqcaprogram.org We suggest to use your family's 4hOnline login email and password to make it easy to remember. You should be able to see what your child has already taken in the past years. It saves all your 'courses'.

Each child in the family must log in and take their appropriate aged course on their own annually. Parents are invited and encouraged to watch and learn too! There are three focus topics of the year. You will learn, practice and then test in each of the topic areas. When they have completed all three modules and it has a certificate, print it, save it, screen shot it. Put it with their record book. 😊

Thank you to Moore's Towing for their generous donation and to the 2022 Washington County 4-H Big Lucky Clover Raffle proceeds to pay for all members' coupon codes for 2023. Make sure to call the Extension Office before logging in to get your code and take the course for free!

On your Own

Complete by June 1 in the comfort of your own home.

Call the Extension Office, 319-653-4811, to get a coupon code so you can do it for free.

Go to yqcaprogram.org. 4-H members will login with their 4hOnline credentials.

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"Spring Break" At Extension Office

By appointment at Extension Office to use our computers/Internet. Plan for 1.5 hours. Jr members should have an adult stay to assist if needed. Call to get registered 319-653-4811. Must come with family 4hOnline password.



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s/4h/yqca/open house note