

Parent/Caregiver Survey

Strengthening Families Program for Parents and Youth 10-14

Check the box of the phrase that shows how often you do each item.

		A little of the time	Some of the time	A good bit of the time	Most of the time
1.	Wait to deal with problems with my child until I have cooled down.				
2.	Say, "I love you" to my child.				
3.	Help my youth understand what the family and house rules are.				
4.	Take time to do something fun together as a family.				
5.	Let my youth know what the consequences are for breaking rules.				
6.	Give compliments and special rewards when my youth follows the rules.				
7.	Follow through with consequences each time he or she breaks a rule.				
8.	Give hugs to my child.				
9.	Attend parent-teacher conferences at school.				
10.	Tell my youth when I am upset without blaming or criticizing.				

		A little of the time	Some of the time	A good bit of the time	Most of the time
11.	Spend special time one-on-one with my youth.				
12.	Let my youth know the reason for the rules we have.				
13.	Listen to my youth when he or she is upset.				
14.	Have regular times for homework.				
15.	Work together with my youth to solve problems that come up at home.				
16.	Try to see things from my youth's point of view.				
17.	Help my youth figure out how to solve problems at school or with friends.				
18.	Give points and rewards when my child learns to follow a rule or do chores at home.				
19.	I show my child love and respect.				
20.	Have you let your child know specifically what you expect regarding alcohol and drug use?	_____ Yes	_____ No		