The fees for service will be used to off-set direct expenses and to support the 4-H Youth Development County Extension Program.

IOWA STATE UNIVERSITY
University Extension

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4-H Jam Workshop

Friday, June 24, 2016
8:00 a.m. - noon
East Sac County Middle School
Sac City
It's a Jammin' Workshop! Master Food Volunteers will be teaching 4-H'ers how to safely preserve the tastes of summer by attending a 4-H Jam Workshop!

**Who:** 4-H'ers completing 4th-12th grade (current year completed)

**What you will experience:**
- Learn how to safely preserve jam using the water bath canner method
- Leave with 3 jars of jam to take to the Sac County Fair, including all tags and goal cards
- Learn food safety in the kitchen

**Expectations:** Have an adult that will attend and learn with you (please let us know if you do not have an adult available to attend the day of the workshop)

**Enrollment Limits:** The workshop is limited to the first 12 youth with paid registration and completed form submitted to the Sac County Extension Office. $10 for 4-H members and $15 for non-4-H members

**Deadline:** Registrations due no later than Tuesday, June 17, 2016

Please return this form with your money to:
ISU Extension Office—Sac County
620 Park Ave
Sac City, IA  50583

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4-H'ers Name__________________________
Name of Adult Attending________________
Phone number________________________
E-Mail______________________________
Emergency Number For the Day__________

I give my son/daughter permission to participate in the 4-H Jam Workshop on June 24, 2016.

_____________________________  __________
Parent/Guardian Signature       Date

I would like my child to attend this workshop, but we do not have an adult that will be able to attend, please let my child participate with your adult volunteer.

_____________________________  __________
Parent/Guardian Signature       Date

**Please list any food allergies:**

__________________________________________
__________________________________________