O’BRIEN COUNTY EXTENSION AND OUTREACH
340 2nd ST SE
PO Box 99
Primghar, IA 51245-0099

Phone: 712-957-5045   Email: xobrien@iastate.edu

Website: www.extension.iastate.edu/obrien

Sarah Fiddelke
O’Brien County Youth Coordinator
sfiddelk@iastate.edu

March

Notes from the Extension Office

The Summer iCamp book is online. If you are ready to sign-up for a large variety of STEM, Science and Natural Resources, and Creative Arts topics you can at https://www.jotform.com/4Hregion1/icamps2016. Payments will be taken online this year or you can send a check. Hard copies will be available at the Extension Office.

Fair is 120 days away and its never too early to start on your projects. New fair books will be coming out in April and I will be highlighting a few new rules in each newsletter.

Extension Office Hours
Monday-Thursday  8:00am-4:30pm
Friday  8:00am –12:00 Noon

~Sarah
LEADER NEWS

SESS Leader’s Certification Training

4-H Shooting Sports Leaders Certification training will be held at the Y Camp in Boone, Iowa, March 11-13. Registration ends March 6 and includes meals and lodging --$225 for Friday and Saturday. Archery, Coordinator, Muzzleloader, Rifle and Shotgun will be offered if minimum registration numbers are met. Wildlife is not available this training session. On-Line Registration and additional information is available on the Shooting Sports Instructor Training website http://www.extension.iastate.edu/4h/shootingsports/training. Please contact O’Brien County Extension Office if you are interested in attending 957-5045.

4-H OPPURTUNITIES

Register www.jotform.com /4Hregion1/4-h-plunge-2016

More details on next page

4-H PLEDGE

I PLEDGE MY HEAD TO CLEARER THINKING, MY HEART TO GREATER LOYALTY, MY HANDS TO LARGER SERVICE, AND MY HEALTH TO BETTER LIVING, FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD.
MISSION STATEMENT
4-H EMPOWERS YOUTH TO REACH THEIR FULL POTENTIAL WORKING
Jade Goergen, Anna Sells and Katherine Klingensmith attended the Healthy Living Summit in Washington DC at the National 4-H Center February 12-15th. Over 23 states were represented with 160 youth in attendance. They participated in fitness workshops, health breaks, a health fair and presented their project to their peers. Their project will be a Junior Day Camp in August where they will lead the days activities focusing on Healthy Living.
**O’BRIEN COUNTY EVENTS**

Sewing 101 for the beginner. Learn from the experts. One on one sewing workshop for the sewer that has just started or would like to start. Make that first sewing project for the fair. Bring ¾ yard cotton fabric, ¼ yard of contrasting cotton fabric and 2-inch strip of another fabric to make a pillow case. Bring a snack and drink. Limit 10  **Register by calling 957-5045**

**Date:** March 5  **Time:** 9 a.m. – noon  
**Cost:** $5  **Age:** 4th grade and Up  
**Location:** ISU Extension and Outreach O’Brien County, Primghar

**O’BRIEN COUNTY EVENTS**

Move your sewing skills to the next level. Make sleep pants as your fair project. The details for the supply list will be sent to you after registration. Brink a snack and drink. Limit 10. **Register by calling 957-5045**

**Date:** April 9  **Time:** 9 a.m. – noon  
**Cost:** $5  **Age:** 6-8th Grades  
**Location:** ISU Extension and Outreach O’Brien County, Primghar

**O’BRIEN COUNTY EVENTS**

**FSQA**

March 12th from 9-10:30am at the Extension Office in Primghar is the next training date for 4-6th graders who will be showing livestock at the fair. Tests can be taken anytime during office hours or on March 12th from 9-10:30am and May 14th from 9-10:30am.
DATES TO REMEMBER

March
5—Beginning Sewing
12—FSQA 9-10:30am Primghar

April
4—Volunteer Training-Sanborn
29-30—Plunge at Camp Foster

May
14—FSQA 9-10:30am Primghar
15—Livestock ID’s Due Online
26—Multi-county Livestock Workshop-Primghar Fair grounds