JANUARY 2016 4-H NEWS

January Birthdays

Henry Jacob  1
Briggs Jenson  2
Troy Schuppan  4
Taylor Pearce  5
Hannah Sorensen  11
Ben Frazee  13
Thoren Wade  13
Rebekah Baker  14
Tara Maxwell  14
Jabe Rounds  19
Quionna Baptiste  19
Andrew Laramy  22
Andrew Wallace  22
De'Sean McVay-Hunt  22
Wyatt Madison  25
Adam McVay  26
Lydia Pena  26
Sophia Reyes  26
Luke Stortenbecker  30
Olivia Smith  30

In4mation for your month...

Dear 4-H Family,

There are many things coming up soon! Watch the newsletter for details. Plans for Mills County Fair 2016 are coming together and also the new building at the fairgrounds.

Join a group and make a difference. If you love 4H- then bring a friend along and see what they think! It is the best kept secret you have!

Looking for a fun project idea? Come January 17th and you can make a project for fair! Can’t beat that!

New to 4H? I know you have a number of things you are wondering- come and have all those questions answered at the New Member Parent meeting on January 17th. The 4Hers will have a great time doing hands on workshops, working exhibits and more, while the parents get great information and all the basics they need to have a perfect recipe for success as a 4H parent.

You are the heart of 4H and we need your help! Your success is our goal. If we need to do something more, please let us know. We do our best to offer things that you are looking for. Workshops will be done based on requests.

Stephanie Bowden
Mills County CYC
Trowbridge Calf Class

The Trowbridge calf/ heifer classes will begin in a few months. Right now, we need to know who is interested in participating in this great beginner’s class. There are limited openings for new members in the calf class. Those who participated in the calf class last year will graduate to the Heifer Class this year.

This class offers hands on learning on how to show, groom, bathe, and more. You will work with your calf at the farm from March- July, and the learning never ends.

If you are curious about the beef project but don’t know where to begin, this is the class. RSVP 712-527-3316 to get on the list.

Share a Sheep

If you are interested in learning how to raise Sheep, we are organizing the Share a Sheep class again this year. Thanks to Mark Schoening, Dave Hilton, and Sheep Superintendent Andrew Hilton, we will have a class for beginners and those who may just want to learn more.

The sheep will be provided for use by Mark, the late Robert Boehm, and donors from last year. The sheep will be housed on the Hilton Farm. 4Hers will be responsible to attend meetings, learn care and showing skills and be able to show their sheep at the Mills County Fair in 2016. The class will begin in March or April, but we are taking names now. Space is limited, so please RSVP for your lamb. 712-527-3316 or email sbowden@iastate.edu

FSQA Class POSTPONED TO JANUARY 26- 6:00pm

Mark your calendars! All Livestock project members must attend training class or take the appropriate test. Class is JANUARY 26TH from 6:00-7:30pm- Malvern Community Building. RSVP your attendance 527-3316. It is also a meeting with Superintendents of fair. In today’s world, food safety is one of animal producers’ biggest responsibilities. With over 15,000 Iowa 4-H’ers enrolled in livestock projects, about 17 million pounds of meat is produced each year. The goal of the program is to help youth and their parents better understand what they can do to produce the safest food possible.

7- 9 Graders can take Intermediate Test
10-12 Graders can take Senior Test
FSQA Class for Livestock Members- Grades 4-6th REQUIRED attendance. Intermediate and Senior 4Hers who need to test are invited to attend

How to Grow Your 4-H Experience

Wow! State Project Awards & Special Opportunities are ready for you to apply for!
Call Stephanie if you have any questions!

I encourage all 9-12th graders to apply for at least one award or trip.

Schedule a time and I will assist with these applications. They are due February 1st via online application. 527-3316

Get more involved in 4-H and expand your horizons! If you are a ninth through twelfth grader, there are many opportunities available to you for recognition awards or to represent Iowa in upcoming conferences on the state and national levels. These include: National 4-H Conference (for 9th-11th grade); National 4-H Congress (for 10th-11th grade); State 4-H Council (10th-11th grade); National 4-H Dairy Conference (9th -12th grade); and State 4-H Project Awards (9th-12th grade). Contact the extension office to find out more information about each of these awards or trips. If you would like to apply, information is available on line at www.extension.iastate.edu/4h/teens/awards.htm

MISSION STATEMENT

4-H EMPOWERS YOUTH TO REACH THEIR FULL POTENTIAL WORKING AND LEARNING IN PARTNERSHIP WITH CARING ADULTS
**Workshop Extravaganza! January 17th**

Plan to attend the Workshop Extravaganza! On January 18th, CREW will host this event and we are looking for clubs to register for a great workshop opportunity. This is for all ages. We will have great working exhibits, project workshops and more. There are openings for you to host a booth for the following:

3 Working Exhibits, a visual arts workshop, a woodworking workshop, a science based workshop and a food science workshop.

If you are interested in hosting one of these slots, RSVP your idea to Stephanie 712-527-3316 or email sbowden@iastate.edu. Slots are limited to host. There will be prizes for workshop host / hosts. Everyone is welcome to attend, but pre-registration is recommended. Registration forms will come out once workshops are all finalized. If you have a cost for supplies let us know and we will add that to the registration.

This is going to be an amazing day!!!

**LOCAL EVENTS**

**Bucket of Junk Contest moved to March 29th**

Bucket of Junk is the contest name and welding it together is the game! As a team of 2-3 or an individual, the challenge is to make something super cool from your bucket of junk. Entries will receive a random bucket of junk - scrap pieces of metal from around local farms placed in a 5 gallon bucket. You can add to it or not use all of it - it is totally up to you. The object is to create something from the miscellaneous pieces and then bring to fair to be judged. These items will be on special display during fair.

How to join in the fun?
- RSVP to get on the list
- Pick up your bucket
- Weld a cool creation
- Bring it to be judged March 29th

Buckets will be available to pick up at a later date. The East Mills FFA and Kelly Stortenbecker are hosting a fun event for this coming fair! RSVP before Thanksgiving for your entry. Limited slots are available.

**COMMUNITY**

**Nominations Needed for Betterment Banquet**

Recognize your Club’s Contributions to Mills County! The Betterment and Beautification Banquet and Awards program is sponsored by the Glenwood/Mills County Area Chamber of Commerce, and will be held the evening of Thursday, March 3rd at Bella Terra. Each of your clubs has completed a Community Betterment or Community Service Project that would qualify for recognition. Along with recognizing all applicants, they will select one club to receive an award. Individual nominations may also be made for the Junior Citizen of the year for youth in grades 7-12. There are many adults involved with 4-H and Extension who would qualify for Citizen or Volunteer of the year as well.

Anyone may make these nominations. You can go to www.glenwoodia.com to complete...
Sew Fun with Liz

4Hers who are interested in learning how to sew and follow patterns, as well as other tricks of the trade should sign up for this awesome class! Liz Baldwin, a professional seamstress and quilter, is offering a class for beginners. Space for each class is limited to 5 4Hers. Those who took class last year will have another class at level 2. The classes will be held in Malvern, with an introduction on Sunday January 17th at 2pm. The beginning class will be meeting on Wednesday, January 20th & Sat Jan 23rd. The Level 2 class will meet Wednesday, Jan 27th and again on Saturday, January 30th.

Additional classes and projects will be added once group meets and decides upon projects. Cost for the January classes is $25, which covers all supplies and costs for projects. 4Hers will complete at least one project for fair. This is a great opportunity for you to learn basic sewing skills and also learn about machine embroidery and other fun and new sewing techniques.

RSVP.527-3316

ALL MEMBERS

Interested in Learning About Horses?

Be part of a team while learning about horses. You can participate in Hippology and/or Quiz Bowl. You do NOT need to own a horse to participate!

Hippology is the study of horses. You will learn about feed, care, structure, tack and more. 
If you don't know anything or know it all, we welcome you to join!
This is a fun and exciting opportunity to learn. These groups gather together and make learning fun, compete and challenge each other and themselves. Work as a group and also compete as an individual.

Hippology & Quiz Bowl practices will begin on Sundays at 6:30 pm in the Extension office meeting room. We will also meet on Fridays 5-6:30pm.

Previous members and new members are invited to come and learn about the program.

FOR EVERYONE- not just for Horse members!

Each year our teams are very successful at the State competition and we have even traveled to Nationals.

If you have any interest, please RSVP 527-3316 and we will get you on the list. Holly Vinton and Alan Mayer are your leaders for this great event!

The competition dates for 2016 are March 4-5th in Ames. This is a great group to get involved in and really work on your skills!

INFORMATION

What is Bake This!

Bake This! is a great opportunity to bake something you couldn’t take to fair. You must use these 5 ingredients in your recipe- flour, sugar, egg, vanilla and either baking soda or baking powder. Then, bring your dessert, recipe card and enjoy being judged and sharing the yummy dessert afterwards.

What is Set This!

Set This! is a fun & exciting table setting challenge where a member competes in a table setting event that tests their skill at selecting creative & visually attractive centerpieces and themed tabletop settings. There will be levels at each of the junior, intermediate & senior levels competing to show- they can Set This!

4-H PLEDGE

I PLEDGE MY HEAD TO CLEARER THINKING, MY HEART TO GREATER LOYALTY, MY HANDS TO LARGER SERVICE, AND MY HEALTH TO BETTER LIVING, FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD.
7th Annual 4H Night with the Lancers

When:
Saturday, February 6, 2016 @ 7:30 PM

Why:
To have fun and show off our 4-H Pride!

Costs:
Reserved Seat Ticket $12
Meal Deal $5-
Chips, pop & Hotdog
4-H T-shirt $11

Where:
Ralston Arena,
7300 Q Street,
Ralston, NE

Who:
Region 17 4-Hers,
friends,
families and their invited guests!

You will be able to order online again this year. Information coming soon!
Welcome to 4H! It’s probably rather overwhelming so far. You filled out your paperwork, chose projects you thought were interesting and you’ve attended a meeting or two. Now what? Well, now you will be able to relax and enjoy it a bit! You can go online and look up information on the project HOT SHEETS, or go even deeper and check out some of the additional links! Your club leaders are always ready to help you. There was probably a person in the club assigned as your mentor as well. They will walk you through each step this first year. It will be a great help! The 4H website is also a wonderful place to keep up on what is happening— in the county and the State. If you are interested in learning more, you can always ask someone in your club or call the Extension office.

New 4H Parent Meeting
January 17th 2pm

Come on January 17th 2:00pm and be ready to learn lots of new things and also how the things you already know coincide with the new things you are learning. Educational Presentations, Share the Fun and Working Exhibits are just the beginning! 4Hers can attend the project workshops at the same time! You will be learning about: Fair Exhibits Project Records and Project Books State Fair AkSarBen Citizenship Leadership Camps Overnight Youth Retreats Youth Activities and Events Multiple County Events The best part is that the day will also include the first big event of the year—AttendThis!- you will have a great day! Please register for this day 527-3316.
Mills County 4H is bringing you a fun filled event called Attend This! It is a combination of events and fun! 4-Hers are able to show off their themed table settings, prepare a wonderful baked dessert of their choice and then for extra excitement, we will be holding a few workshops to learn about some great project areas. Awards at 3:30 pm, or as soon as judges make determination.

**Basement of the Community Building:**
Judging for Bake This! begins at 1pm
Judging for Set This! at 1pm

**Upper Floor Malvern Community Building:**
Individual Workshops will begin at 2pm and a complete list of what is available will be posted on the website very soon.

The New 4H Parent Workshop begins at 2:00pm. Registration materials are all on the website. You can only have 1 entry in each event. 

**Due to scheduling, NO LATE REGISTRATIONS WILL BE ACCEPTED!**
Final day to register is January 8th.
Join us and support this fun-filled event.

Parents for the New 4H parent Meeting will meet at the Extension office and 4Hers will meet at the Malvern Community Building upstairs. This is going to be a blast!

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### Set This!

**Theme/ Table Setting Title**  

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<th>Team Individual</th>
<th>Team Name:</th>
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</thead>
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| Casual table | Team Member 1: Name: |  
|--------------|----------------------|------------|
| JR INT SR | 4-H member? Yes No | 4-H Level: Junior Intermediate Senior |
| cell or best phone: | | |

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<tr>
<td>4-H member? Yes No</td>
</tr>
<tr>
<td>cell or best phone:</td>
</tr>
</tbody>
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### Bake This!

**Entering as: Team Individual**

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<table>
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<th>Team Member 1</th>
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<td>4-H Level: Junior Intermediate Senior</td>
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<tbody>
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<td>4-H Level: Junior Intermediate Senior</td>
</tr>
<tr>
<td>cell or best phone:</td>
<td></td>
</tr>
</tbody>
</table>
Project Areas, Events and More Coming Soon!

ROBOTICS GROUPS

First Tech Challenge meet at the Extension Office on Tuesdays & Saturdays. Leaders Tracey Andersen and Joe Wortman. Competitions are December 19- Creston and Final is January 9th in Corning.

FSQA & Livestock Meeting Dec 30th

FSQA (Food Safety Quality Assurance) Training or testing is required for all 4-H’ers who show livestock at the fair. (horses, cats, pets and dogs are NOT included)

All 4th – 6th grade 4-H’ers must attend the FSQA training class on Jan 26, 6:00-7:30 p.m. Older 4H’ers can test. Call or email Stephanie if you have questions. FSQA helps you understand how you can raise a healthy animal that is safe for our food system. You will also meet your superintendent. They are a great resource for you as you have questions about your livestock projects.

RSVP your name & animal species to 712-527-3316

Rabbit Goat Poultry Workshop

There will be a Poultry, Rabbit and Goat Workshop on Thursday, February 18th at the Extension office 6:30pm.
If you are interested in any of these species or even curious, we recommend you come and join these great superintendents and see what they have to share with you for Fair 2016.

Please RSVP for space and let us know what species you are interested in for materials.
712-527-3316.

Leadership Schedules and more

CREW

Anyone who is in 7th-9th Grade is welcome to join. We are hoping for a large CREW this year. Call Stephanie if you are interested in joining! 712-527-3316

Jan 9th- CoCo Key 10-4:30pm

Meet 12:30-4pm at Malvern Community Building on January 17th to set up workshops.

Who wants to go to Skate Daze/ Laser Tag on February 20th? Cost is $20.

CLOVER KIDS

Clover Kids is a program for Kdg – 3rd grade youth to be introduced to 4-H. This year, there are Clover Kids groups in Glenwood and Malvern. If you are interested in joining or helping with a Clover Kids Club, please let us know.

We will let you know if there are special Clover only activities email Stephanie at sbowden@iastate.edu if you have news to go in the newsletter.

COUNTY COUNCIL

County Council will meet at the Extension Office January 17th.

Will discuss retreat and where we go from here.

If you didn’t decide yet, but are interested in joining, please contact Maddie & Evan Sieck. They are your leaders of County Council 402-618-0776

4-H IS BASED ON RESEARCH
### Mills County 4-H Calendar of Events 2016-…

#### JANUARY
- Jan 9- FTC Championship
- Jan 9- CREW CoCo Key
- Jan 17- New Member Meeting
- Jan 9- FTFC Championship
- Jan 9- CREW CoCo Key
- Jan 17- New Member Meeting
- Set This! BakeThis!
- Jan 26- FSQA Class & Livestock Mtg 6:30-8pm

#### FEBRUARY
- Feb 2- Jr FLL Meet 6:30pm
- Feb 6- 4H Night at Lancers
- Feb 18- Rabbit, Goat, Poultry Meeting 6:30pm
- Feb 20- CREW Skate Daze

#### AND...
- Mar 1- CREW Mtg- Ext Ofc
- Mar 3- Betterment Banquet
- Mar 4-6 Quiz Bowl Hippology
- Mar 12- Region 17 Council
- Overnight
- Mar 29- Clothing Contest, Communications Contest
- Bucket of Junk

2016 MILLS COUNTY FAIR WILL BE JULY 8-12th