Dear 4-H Family,

Greetings! 2015 is quickly coming to an end. Take time to reflect on your accomplishments over the past twelve months. We know that you, as individuals, and as 4H clubs, have done much to make a significant difference in your communities and in Mills County. Thank you, and congratulations to all of you for a successful year!

As you start planning for 2016, look at the opportunities for participating in local, regional, state and out of state events that will enable you to expand your leadership and social experiences. Scholarships and workshops will be available to help you participate in those opportunities.

Read the newsletter carefully each month to learn what new events and activities are taking place. Every time you try something new, you gain new skills and memories. I hope you will take advantage of them. One great event that is coming up in January is the Attend This! event, Project Workshop Event, as well as the New 4H Parent workshop. There is something for everyone so check it out!

Sherry, Mary, Nancy and I wish you a safe and happy holiday season!

Stephanie Bowden
Mills County CYC

December Birthdays

Chad Fisher 7
Karsen Croghan 9
Keegan Wederquist 9
Adam Clayton 10
Jackson Wray 10
Carissa Groom 11
Dan Schmitt 12
Christian Mayer 13
Hannah McGinnis 15
Brynlee Arnold 16
Michelle Arnold 16
Brady Shannon 17
Justin Wells 17
Caleb Andersen 18
Allison Morris 20
Lexi Morris 20
Maci Morris 20
Curtis Pestel 26
Kamryn Crouch 27
Kameron Wederquist 28
Morgan LaViolette 30
Noah Carter 30

ISU Extension office is moving to 430 1st Street in Glenwood over the next few weeks. Phones may be unattended. Please be patient during this time. New phone 712-527-3316.
**Trowbridge Calf Class**

The Trowbridge calf/heifer classes will begin in a few months. Right now, we need to know who is interested in participating in this great beginner’s class. There are limited openings for new members in the calf class. Those who participated in the calf class last year will graduate to the Heifer Class this year.

This class offers hands on learning on how to show, groom, bathe, and more. You will work with your calf at the farm from March-July, and the learning never ends.

If you are curious about the beef project but don’t know where to begin, this is the class. RSVP 624-8616 to get on the list.

**Share a Sheep**

If you are interested in learning how to raise Sheep— we are organizing the Share a Sheep class again this year. Thanks to Mark Schoening, Dave Hilton, and Sheep Superintendent Andrew Hilton, we will have a class for beginners and those who may just want to learn more.

The sheep will be provided for use by Mark, the late Robert Boehm, and donors from last year. The sheep will be housed on the Hilton Farm. 4Hers will be responsible to attend meetings, learn care and showing skills and be able to show their sheep at the Mills County Fair in 2016. The class will begin in March or April, but we are taking names now. Space is limited, so please RSVP for your lamb. 624-8616 or email sbowden@iastate.edu

**ENROLLMENT**

**FSQA Class December 29th 6:30pm**

Mark your calendars! All Livestock project members must attend training class or take the appropriate test. **Class is December 29th from 6:30-8pm- Malvern Community Building.**

RSVP your attendance 527-3316. It is also a meeting with Superintendents of fair. In today’s world, food safety is one of animal producers’ biggest responsibilities. With over 15,000 Iowa 4-Hers enrolled in livestock projects, about 17 million pounds of meat is produced each year. The goal of the program is to help youth and their parents better understand what they can do to produce the safest food possible.

7-9 Graders can take Intermediate Test
10-12 Graders can take Senior Test

**FSQA Class for Livestock Members- Grades 4-6th REQUIRED attendance.** Intermediate and Senior 4Hers who need to test are invited to attend

**How to Grow Your 4-H Experience**

Even in the busy rush of daily life, you are still looking for something that just fits what you want to do/try/taste/make. In 4-H, this is more possible than you realize. We are always looking for ways to enhance and better your personal 4-H journey. If you have an idea in mind, please email me and I will try to find a perfect instructor to allow you to have the experience. Have you ever wanted to try making a quilt? Wanted to know how to bake a REAL cheesecake? Have you ever actually made your own pottery? Let’s work together and make this the best 4-H year yet! So, if you, or someone you know, could do a great workshop- let’s get them scheduled! 4H is what you put into it! Schedules are filling so email me if you have an interest sbowden@iastate.edu

**MISSION STATEMENT**

4-H EMPOWERS YOUTH TO REACH THEIR FULL POTENTIAL WORKING AND LEARNING IN PARTNERSHIP WITH CARING ADULTS
OUR VISION
A WORLD IN WHICH YOUTH AND ADULTS LEARN, GROW, AND WORK TOGETHER AS CATALYSTS FOR POSTIVE CHANGE

**Workshop Extravaganza! January 17th**

Plan to attend the Workshop Extravaganza! On January 18th, CREW will host this event and we are looking for clubs to register for a great workshop opportunity. This is for all ages. We will have great working exhibits, project workshops and more. There are openings for you to host a booth for the following:

3 Working Exhibits, a visual arts workshop, a woodworking workshop, a science based workshop and a food science workshop. You are interested in hosting one of these slots, RSVP your idea to Stephanie 624-8616 or email sbowden@iastate.edu. Slots are limited to host. There will be prizes for workshop host/host.

Everyone is welcome to attend, but pre-registration is recommended. Registration forms will come out once workshops are all finalized. If you have a cost for supplies let us know and we will add that to the registration.

This is going to be an amazing day!!!

**Local Events**

**Bucket of Junk Contest moved to March 29th**

Bucket of Junk is the contest name and welding it together is the game! As a team of 2-3 or an individual, the challenge is to make something super cool from your bucket of junk. Entries will receive a random bucket of junk-scrap pieces of metal from around local farms placed in a 5 gallon bucket. You can add to it or not use all of it- it is totally up to you. The object is to create something from the miscellaneous pieces and then bring to fair to be judged. These items will be on special display during fair.

How to join in the fun?

- RSVP to get on the list
- Pick up your bucket
- Weld a cool creation
- Bring it to be judged March 29th

Buckets will be available to pick up at a later date. The East Mills FFA and Kelly Stortenbecker are hosting a fun event for this coming fair! RSVP before Thanksgiving for your entry. Limited slots are available.

**Game of the Month**

**Game- Dumb Dice**

DUMB DICE GAME

This game is played in groups of 4-6. Each player needs 1 small piece of paper. Each group needs ONLY 1 writing utensil and 1 pair of dice. The players in the group take turns rolling the dice. When someone rolls doubles, he/she takes the writing utensil from the person writing and begins writing on his/her own piece of paper. Meanwhile, the other players are still rolling and passing the dice. When another person rolls doubles, he/she takes the writing utensil from the person writing and begins writing on his/her own piece of paper. This continues until someone has written all the numbers 1-100. The goal is to be the first person with all of the numbers written.
Volunteers Needed

We are also looking for anyone who would be interested in sharing their talent for a workshop. Maybe you have the best cookie recipe ever, you do welding, take great photos or love to scrapbook, maybe you can tell a great story or even fish. Please share your talent. These can be at your place or ours!

Mills County 4H has a strong past, a successful present and a promising future ahead. Thanks to our volunteers!

If interested in working as a volunteer, contact Stephanie at 527-3316 or email at sbowden@iastate.edu

Interested in Learning About Horses?

Be part of a team while learning about horses. You can participate in Hippology and/or Quiz Bowl. You do NOT need to own a horse to participate!

Hippology is the study of horses. You will learn about feed, care, structure, tack and more.

If you don’t know anything or know it all, we welcome you to join!

This is a fun and exciting opportunity to learn. These groups gather together and make learning fun, compete and challenge each other and themselves. Work as a group and also compete as an individual.

Hippology & Quiz Bowl practices will begin on Sundays at 6:30 pm in the Extension office meeting room. We will also meet on Fridays 5-6:30pm.

Previous members and new members are invited to come and learn about the program.

FOR EVERYONE- not just for Horse members!

Each year our teams are very successful at the State competition and we have even traveled to Nationals.

If you have any interest, please RSVP 527-3316 and we will get you on the list. Holly Vinton and Alan Mayer are your leaders for this great event!

The competition dates for 2016 are March 4-5th in Ames. This is a great group to get involved in and really work on your skills!

What is Bake This!

Bake This! is a great opportunity to bake something you couldn’t take to fair. You must use these 5 ingredients in your recipe- flour, sugar, egg, vanilla and either baking soda or baking powder. Then, bring your dessert, recipe card and enjoy being judged and sharing the yummy dessert afterwards.

What is Set This!

Set This! is a fun & exciting table setting challenge where a member competes in a table setting event that tests their skill at selecting creative & visually attractive centerpieces and themed tabletop settings. There will be levels at each of the junior, intermediate & senior levels competing to show- they can Set This!

4-H PLEDGE

I PLEDGE MY HEAD TO CLEARER THINKING, MY HEART TO GREATER LOYALTY, MY HANDS TO LARGER SERVICE, AND MY HEALTH TO BETTER LIVING, FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD.
7th Annual 4-H
Night with the Lancers

When:
Saturday, February 6, 2016 @ 7:30 PM

Why:
To have fun and show off our 4-H Pride!

Costs:
Reserved Seat Ticket $12
Meal Deal $5-
Chips, pop & Hotdog
4-H T-shirt $12

Where:
Ralston Arena, 7300 Q Street, Ralston, NE

Who:
Region 17 4-Hers, friends, families and their invited guests!

You will be able to order online again this year.
Information coming soon!
Welcome to 4H! It’s probably rather overwhelming so far. You filled out your paperwork, chose projects you thought were interesting and you’ve attended a meeting or two. Now what? Well, now you will be able to relax and enjoy it a bit! You can go online and look up information on the project HOT SHEETS, or go even deeper and check out some of the additional links!

Your club leaders are always ready to help you. There was probably a person in the club assigned as your mentor as well. They will walk you through each step this first year. It will be a great help! The 4H website is also a wonderful place to keep up on what is happening— in the county and the State. If you are interested in learning more, you can always ask someone in your club or call the Extension office.

New 4H Parent Meeting

January 17th 2pm

Come on January 17th 2:00pm and be ready to learn lots of new things and also how the things you already know coincide with the new things you are learning. Educational Presentations, Share the Fun and Working Exhibits are just the beginning! 4Hers can attend the project workshops at the same time!

You will be learning about:

- Fair Exhibits
- Project Records and Project Books
- State Fair
- AkSarBen
- Citizenship
- Leadership
- Camps
- Overnight
- Youth Retreats
- Youth Activities and Events
- Multiple County Events

The best part is that the day will also include the first big event of the year—AttendThis!- you will have a great day! Please register for this day 527-3316.
Mills County 4H is bringing you a fun filled event called Attend This! It is a combination of events and fun! 4-Hers are able to show off their themed table settings, prepare a wonderful baked dessert of their choice and then for extra excitement, we will be holding a few workshops to learn about some great project areas. Awards at 3:30 pm, or as soon as judges make determination.

**Basement of the Community Building:**
Judging for Bake This! begins at 1pm
Judging for Set This! at 1pm

**Upper Floor Malvern Community Building:**
Individual Workshops will begin at 2pm and a complete list of what is available will be posted on the website very soon.

The New 4H Parent Workshop begins at 2:00pm. Registration materials are all on the website. You can only have 1 entry in each event. Due to scheduling, **NO LATE REGISTRATIONS WILL BE ACCEPTED!**
Final day to register is January 8th.

Join us and support this fun-filled event.

Parents for the New 4H parent Meeting will meet at the Extension office and 4Hers will meet at the Malvern Community Building upstairs. This is going to be a blast!

### Set This!

**Theme/ Table Setting Title**

Entrying as: Team Individual Team Name: ____________________________

<table>
<thead>
<tr>
<th>Casual table</th>
<th>Team Member 1</th>
<th>Formal Table</th>
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<table>
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### Bake This!

Entrying as: Team Individual Team Name: ____________________________

**Team Member 1**
Name: ____________________________

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**Team Member 2**
Name: ____________________________

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**Team Member 3**
Name: ____________________________

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<th>Yes No</th>
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**Project Areas, Events and More Coming Soon!**

**ROBOTICS GROUPS**
First Lego League in Glenwood meet on Thursdays at West Elementary 3:30-5:30
Leader- Gary Begbie

Competition is December 12th in Council Bluffs

First Tech Challenge meet at the Extension Office on Tuesdays & Saturdays. Leaders Tracey Andersen and Joe Wortman Competitions are December 19- Creston and Final is January 9th in Corning.

**FSQA & Livestock Meeting Dec 30th**
FSQA (Food Safety Quality Assurance) Training or testing is required for all 4-H’ers who show livestock at the fair. (horses, cats, pets and dogs are NOT included)

All 4th – 6th grade 4-H’ers must attend the FSQA training class on Dec. 29, 6:30-8 p.m. Older 4H’ers can test. Call or email Stephanie if you have questions. FSQA helps you understand how you can raise a healthy animal that is safe for our food system. You will also meet your superintendent. They are a great resource for you as you have questions about your livestock projects. RSVP your name & animal species to 624-8616

**Beef Weigh In December 19th**
MARKET BEEF WEIGH IN WILL BE HELD ON SATURDAY, DECEMBER 19TH FROM 8:30-9:30AM AT THE MILLS COUNTY FAIRGROUNDS

IF YOU ARE LOOKING FOR MARKET BEEF TO PURCHASE, WE WILL TRY TO ASSIST YOU IN FINDING A PRODUCER.

**Leadership Schedules and more**

**CREW**
CREW will be meeting December to deliver blankets to Children’s Hospital and go to Zio’s Pizza for dinner. Meet at 6pm and plan to return about 8 or so. MUST RSVP for rides!

Anyone who is in 7th-9th Grade is welcome to join. We are hoping for a large CREW this year. Call Stephanie if you are interested in joining! 624-8616

January- Overnight at Waubonsie Park

**CLOVER KIDS**
Clover Kids is a program for Kdg – 3rd grade youth to be introduced to 4-H. This year, there are Clover Kids groups in Glenwood and Malvern. If you are interested in joining or helping with a Clover Kids Club, please let us know.

We will let you know if there are special Clover only activities. A Clover Kids Newsletter will begin in October, so if you need something shared in it, please email Stephanie at sbowden@iastate.edu

**COUNTY COUNCIL**
Congrats to all of the County Council Members who joined and were inducted on Sunday. You are going to make a difference in Mills County! If you didn’t decide yet, but are interested in joining, please contact Maddie & Evan Sieck. They are your leaders of County Council 402-618-0776

**4-H IS BASED ON RESEARCH**
# Mills County 4-H Calendar of Events 2015-…

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<th><strong>DECEMBER</strong></th>
<th><strong>JANUARY</strong></th>
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<tr>
<td>Dec 17- CREW to Children’s</td>
<td>January 1- Ext Office Closed</td>
<td>Feb 6- 4H Night at Lancers</td>
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<td>Dec 12- FLL Competition</td>
<td>Jan 17- New Member Meeting</td>
<td>Mar 1- CREW Mtg- Ext Ofc</td>
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<td>Dec 19- Beef Weigh In 8:30</td>
<td>Set This! BakeThis!</td>
<td>Mar 4-6 Quiz Bowl Hippology</td>
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<td>Dec 24&amp;25- Ext office Closed</td>
<td>Jan 9- FTC Championship</td>
<td>Mar 12- Region 17 Council</td>
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<td>Dec 29- FSQA Class &amp; Livestock Mtg 6:30-8pm</td>
<td>Jan 9- CREW Overnight at</td>
<td>Overnight</td>
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<td>Waubonsie Park 6pm-8am</td>
<td>Mar 29- Clothing Contest,</td>
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<td>Communications Contest</td>
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<td>Bucket of Junk</td>
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<td>2016 MILLS COUNTY FAIR</td>
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<td>WILL BE JULY 8-12th</td>
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**WANT TO KNOW MORE?**

FIND US AT: EXTENSION.IASTATE.EDU/4H/YOUR COUNTY NAME HERE