4-H Participation Summary

Name_____ **Club**_____

Address_____ **Town**_____ **Zip**_____

Date of Birth_____ **Parents/Guardian**_____

This is a summary of what you do in 4-H as an individual with your club, and on the county, area, and state level.

Fill in date, age, grade and years in 4-H as September 15 (at the beginning of the year).

Year (20__-20__)	20__ - 20__	20__- 20__	20__- 20__	20__- 20__	20__- 20__	20__- 20__	20__- 20__	20__- 20__	20__- 20__	20__- 20__
Age										
Grade										
Years in 4-H (include this yr)										

Name of 4-H Group_____

Year (20__-20__)	20__- 20__	20__- 20__	20__- 20__	20__- 20__	20__- 20__	20__- 20__	20__- 20__	20__- 20__	20__- 20__	20__- 20__
Number of 4-H'ers In my group										
Number of 4-H meetings held										
Number I attended										

On a separate sheet of paper you may wish to include 4-H pictures and clippings that do not relate to or projects. Insert extra pages following this form. Record year on each page.

COMMUNICATIONS

Each year list the talks, demonstrations, working exhibits, Share-the-Fun, newspaper articles, radio, interviews, etc. that you do in 4-H. Use as many lines as you need each year.

Check ✓ where presented

Year	Type of Presentation	Topic	Club	County	Area	State	Other

Add extra pages as needed. Use same format as this page.

WHAT I DO WITH MY 4-H CLUB.

Each year list what you do with your club.
Examples: Club projects, club parties, camps, workshops, tours, fund raisers, community service or citizenship activities, leadership roles such as club office held, committees you served on, or other leadership activities.
Use as many lines as you need each year.

Year	Events and Activities	Year	Events and Activities

Add extra pages as needed. Use same format as this page.

WHAT I DO IN 4-H ON THE COUNTY, AREA AND STATE LEVEL.

Each year list what you do on the county, area or state level (Not in your club).
Examples: Exhibited at county and state fair, attended area horse clinic, attended winter camp, helped with state fair judging, etc.
Use as many lines as you need each year.

Year	Events and Activities	Year	Events and Activities

Add extra pages as needed. Use same format as this page.

YOUR HOME, SCHOOL, COMMUNITY ACTIVITIES

Each year list the things you do.
SCHOOL ACTIVITIES: Organizations, honors, sports and music activities, clubs, offices, etc.
COMMUNITY ACTIVITIES: Church, organizations, volunteer work, sports/music, employment, etc.
AT HOME WITH YOUR FAMILY: Chores, responsibilities, etc.

Year	Home and Family	School	Community

Add extra pages as needed. Use same format as this page.