

## MANAGING Tough Times | Iowa State University Experts

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### For Families and Households

Nutrition for me and my family			
Expertise	Specialist	e-mail	phone
Food safety	Sam Beattie (food science and human nutrition)	<a href="mailto:beatties@iastate.edu">beatties@iastate.edu</a>	515-294-3357
Food, nutrition, and health	Ruth Litchfield (food science and human nutrition)	<a href="mailto:litch@iastate.edu">litch@iastate.edu</a>	515-294-9484
Eating healthy for less money	Peggy Martin (EFNEP – Expanded Food and Nutrition Education Program)	<a href="mailto:peggym@iastate.edu">peggym@iastate.edu</a>	515-294-1511
Home gardens	Cindy Haynes (horticulture) Richard Jauron (horticulture) Hortline (horticulture hotline)	<a href="mailto:chaynes@iastate.edu">chaynes@iastate.edu</a> <a href="mailto:rjauron@iastate.edu">rjauron@iastate.edu</a> <a href="mailto:hortline@iastate.edu">hortline@iastate.edu</a>	515-294-4006 515-294-1871 515-294-3108
Hunger, food insecurity (e.g., families unable to purchase enough nutritious food, use of food pantries and food banks, nutrition programs)	Kim Greder (human development and family studies)	<a href="mailto:kgreder@iastate.edu">kgreder@iastate.edu</a>	515-294-5906
Teaching kids and teens about nutrition (youth nutrition; Growing in the Garden; Where We Live; Food, Land, and People)	Janet Toering (4-H youth development)	<a href="mailto:janeta@iastate.edu">janeta@iastate.edu</a>	515-292-9638
Local contact/perspective	See list of nutrition and health field specialists, <a href="http://www.extension.iastate.edu/homefamily/families_staff.htm">http://www.extension.iastate.edu/homefamily/families_staff.htm</a>		
General questions	Answer Line	<a href="mailto:answer@iastate.edu">answer@iastate.edu</a>	800-262-3804

IOWA STATE UNIVERSITY  
University Extension

<b>How Can I Cope</b>			
<b>Expertise</b>	<b>Specialist</b>	<b>e-mail</b>	<b>phone</b>
Child care, child development, stress	Lesia Oesterreich (human development and family studies)	<a href="mailto:loesterr@iastate.edu">loesterr@iastate.edu</a>	515-294-0363
Parenting, family resiliency, family communication	Kim Greder (human development and family studies)	<a href="mailto:kgreder@iastate.edu">kgreder@iastate.edu</a>	515-294-5906
Aging, elderly, intergenerational concerns, relationships during difficult times	Kyle Kostelecky (human development and family studies – gerontology)	<a href="mailto:klk@iastate.edu">klk@iastate.edu</a>	515-294-4824
Marriage and family therapy, family communication, emotional/behavioral issues	Anthony Santiago (human development and family studies)	<a href="mailto:ads@iastate.edu">ads@iastate.edu</a>	515-294-7042
Helping pre-teens, teens deal with stressful situations; supporting pre-teens, teens experiencing crisis	Keli Tallman (state specialist) Judy Levings (state specialist) Don Broshar (state specialist) Kendra Crooks (Butler, Chickasaw, Floyd) Mary Tewinkel (Black Hawk, Bremer, Grundy) Ann Torbert (Benton, Iowa, Linn)	<a href="mailto:ktallman@iastate.edu">ktallman@iastate.edu</a> <a href="mailto:jlevings@iastate.edu">jlevings@iastate.edu</a> <a href="mailto:dbroshar@iastate.edu">dbroshar@iastate.edu</a> <a href="mailto:kcrooks@iastate.edu">kcrooks@iastate.edu</a> <a href="mailto:tewinkel@iastate.edu">tewinkel@iastate.edu</a> <a href="mailto:atorbert@iastate.edu">atorbert@iastate.edu</a>	515-294-0688 515-294-4764 515-294-1473 641-394-2174 319-234-6811 319-377-9839
Helping military families cope	Chris Gleason (Operation: Military Kids)	<a href="mailto:cgleason@iastate.edu">cgleason@iastate.edu</a>	515-294-1557
Local contact/perspective -- families	See list of family life field specialists, <a href="http://www.extension.iastate.edu/homefamily/families_staff.htm">http://www.extension.iastate.edu/homefamily/families_staff.htm</a>		
Local contact/perspective -- youth	See list of 4-H youth development field specialists, <a href="http://www.extension.iastate.edu/4H/staff.html">http://www.extension.iastate.edu/4H/staff.html</a>		
Legal, financial, stress questions	Iowa Concern		800-447-1985
Personal and health-related information and referral	Teen Line		800-443-8336
General questions	Answer Line	<a href="mailto:answer@iastate.edu">answer@iastate.edu</a>	800-262-3804
<b>Making the Most of My Money</b>			
<b>Expertise</b>	<b>Specialist</b>	<b>e-mail</b>	<b>phone</b>

Family economics, policy issues	Cynthia Needles Fletcher (human development and family studies)	<a href="mailto:cynthia@iastate.edu">cynthia@iastate.edu</a>	515-294-8521
Investing, family financial planning	Pat Swanson (human development and family studies), all family resource management field specialists	<a href="mailto:pswanson@iastate.edu">pswanson@iastate.edu</a>	515-294-2731
Earned Income Tax Credit, Volunteer Income Tax Assistance	Joyce Lash Mary Beth Kaufman Barb Wollan Brenda Schmitt Erin Ludwig Mary Weinand (family resource management field specialists)	<a href="mailto:lash@iastate.edu">lash@iastate.edu</a> <a href="mailto:mbkaufma@iastate.edu">mbkaufma@iastate.edu</a> <a href="mailto:bwollan@iastate.edu">bwollan@iastate.edu</a> <a href="mailto:schmitt@iastate.edu">schmitt@iastate.edu</a> <a href="mailto:eludwig@iastate.edu">eludwig@iastate.edu</a> <a href="mailto:mweinand@iastate.edu">mweinand@iastate.edu</a>	641-464-3333 712-755-3104 515-832-9597 641-423-0844 563-382-2949 641-472-4166
Teaching kids and teens about money (Money Craze youth curriculum)	Jane Hayes-Johnk (4-H youth development) Mary Beth Kaufman (family resource management field specialist)	<a href="mailto:jhjohnk@iastate.edu">jhjohnk@iastate.edu</a> <a href="mailto:mbkaufma@iastate.edu">mbkaufma@iastate.edu</a>	712-623-2592 712-755-3104
Universal design and home accessibility; home buyer education	Mary Yearn (human development and family studies)	<a href="mailto:yearns@iastate.edu">yearns@iastate.edu</a>	515-294-8520
Housing design, accessibility	Lois Warne (art and design)	<a href="mailto:warme@iastate.edu">warme@iastate.edu</a>	515-294-8708
Local contact/perspective	See list of family resource management specialists, <a href="http://www.extension.iastate.edu/homefamily/families_staff.htm">http://www.extension.iastate.edu/homefamily/families_staff.htm</a>		
Legal, financial, stress questions	Iowa Concern		800-447-1985
General questions	Answer Line	<a href="mailto:answer@iastate.edu">answer@iastate.edu</a>	800-262-3804

**For Businesses and Communities**

<b>Surviving Economic Uncertainty: Business and Industry</b>			
<b>Expertise</b>	<b>Specialist</b>	<b>e-mail</b>	<b>phone</b>
Connects industry to appropriate Center for Industrial Research and Service (CIRAS) and partner resources	Joseph Papp (CIRAS, account manager – northeast and south) Sean Galleger (CIRAS, account manager – southeast) Derek Thompson (CIRAS, account manager – north central) Robert Coacher (CIRAS, account manager – west)	<a href="mailto:jpapp@iastate.edu">jpapp@iastate.edu</a> <a href="mailto:galleger@iastate.edu">galleger@iastate.edu</a> <a href="mailto:thompson@iastate.edu">thompson@iastate.edu</a> <a href="mailto:coacher@iastate.edu">coacher@iastate.edu</a>	515-231-1452 515-290-0181 515-419-2163 515-419-2162
Skills training (certificate courses) to help Iowans remain in or re-enter the job market	Continuing Education and Professional Development	<a href="mailto:cepd-info@iastate.edu">cepd-info@iastate.edu</a>	515-294-6222
<b>Surviving Economic Uncertainty: Communities</b>			
<b>Expertise</b>	<b>Specialist</b>	<b>e-mail</b>	<b>phone</b>
Economic impact (community and agriculture)	Dave Swenson (economics)	<a href="mailto:dswenson@iastate.edu">dswenson@iastate.edu</a>	515-294-7458
Economic impact	Dan Otto (economics)	<a href="mailto:dmotto@iastate.edu">dmotto@iastate.edu</a>	515-294-6147
Economic and population data	Regional Capacity Analysis Program (ReCAP ) Liesl Eathington Meghan O'Brien <a href="http://www.recap.iastate.edu/">http://www.recap.iastate.edu/</a>	<a href="mailto:recap@iastate.edu">recap@iastate.edu</a> <a href="mailto:leathing@iastate.edu">leathing@iastate.edu</a> <a href="mailto:mcobrien@iastate.edu">mcobrien@iastate.edu</a>	515-294-9903 515-294-2954 515-294-4095
Fund raising, grant writing, economic development	Lynn Adams (field specialist)	<a href="mailto:adamsm@iastate.edu">adamsm@iastate.edu</a>	712-623-5521
Economic development	Steve Adams (field specialist)	<a href="mailto:stadams@iastate.edu">stadams@iastate.edu</a>	712-623-5521
Economic development and e-commerce	Jane Nolan Goeken	<a href="mailto:jngoeken@iastate.edu">jngoeken@iastate.edu</a>	712-262-2264
Tourism, Elderhostel, economic development	Diane Van Wyngarden (field specialist)	<a href="mailto:dvw@iastate.edu">dvw@iastate.edu</a>	641-295-5757
Latino issues, including business, community	Himar Hernandez (field specialist, Ottumwa)	<a href="mailto:himarh@iastate.edu">himarh@iastate.edu</a>	641-682-5491

development			
Farm and rural life issues (e.g., quality of life, changes in rural communities, social issues)	J Arbuckle (sociology) Paul Lasley (sociology)	<a href="mailto:arbuckle@iastate.edu">arbuckle@iastate.edu</a> <a href="mailto:plasley@iastate.edu">plasley@iastate.edu</a>	515-294-1497 515-294-0937
Local government	Paul Coates (community and regional planning) Alan VandeHaar	<a href="mailto:paulc@iastate.edu">paulc@iastate.edu</a> <a href="mailto:alanv@iastate.edu">alanv@iastate.edu</a>	515-294-1844 515-231-6513
Community planning, zoning and land use issues	Gary Taylor (community and regional planning)	<a href="mailto:gtaylor@iastate.edu">gtaylor@iastate.edu</a>	515-294-2973
Community planning, GIS	Chris Seeger (landscape architecture) Alan Jensen (field specialist) Monica Haddad (community and regional planning)	<a href="mailto:cjseeger@iastate.edu">cjseeger@iastate.edu</a> <a href="mailto:adjensen@iastate.edu">adjensen@iastate.edu</a> <a href="mailto:haddad@iastate.edu">haddad@iastate.edu</a>	515-294-3648 515-294-2073 515-294-8979
Community planning	Alan Vandehaar (field specialist)	<a href="mailto:alanv@iastate.edu">alanv@iastate.edu</a>	515-231-6513
Community assessments, planning and design	Susan Erickson (landscape architecture) Abigail Gaffey (field specialist)	<a href="mailto:susaneri@iastate.edu">susaneri@iastate.edu</a> <a href="mailto:agaffey@iastate.edu">agaffey@iastate.edu</a>	515-294-1790 712-263-4697
Community surveys, needs assessments	David Peters (CD-DIAL)	<a href="mailto:dpeters@iastate.edu">dpeters@iastate.edu</a>	515-294-1122
Community development, leadership	Beverlyn Lundy Allen (sociology)	<a href="mailto:blallen@iastate.edu">blallen@iastate.edu</a>	515-294-9107
Leadership development, organization development	Don Broshar (community development specialist) Sandy Scholl (field specialist)	<a href="mailto:dbroshar@iastate.edu">dbroshar@iastate.edu</a> <a href="mailto:sscholl@iastate.edu">sscholl@iastate.edu</a>	515-294-1473 319-234-6811
Helping youth become leaders in their communities	Lisa Berkland (Ricochet program, youth leadership) Brenda Allen (youth in governance, youth development) Don Broshar (youth development) Keli Tallman (youth development) Judy Levings (youth development)	<a href="mailto:lisaberk@iastate.edu">lisaberk@iastate.edu</a> <a href="mailto:bsallen@iastate.edu">bsallen@iastate.edu</a> <a href="mailto:dbroshar@iastate.edu">dbroshar@iastate.edu</a> <a href="mailto:ktallman@iastate.edu">ktallman@iastate.edu</a> <a href="mailto:jlevings@iastate.edu">jlevings@iastate.edu</a>	712-362-3434 515-294-1567 515-294-1473 515-294-0688 515-294-4764
Housing and urban development	Frank Owens (field specialist)	<a href="mailto:frowens@iastate.edu">frowens@iastate.edu</a>	515-237-5430

## For Agriculture

<b>Farming through a Recession: Economic Issues</b>			
<b>Expertise</b>	<b>Specialist</b>	<b>e-mail</b>	<b>phone</b>
Agricultural law and taxation	Roger McEowen (Center for Agricultural Law and Taxation)	<a href="mailto:mceowen@iastate.edu">mceowen@iastate.edu</a>	515-294-4076
Farm rent, leases, crop insurance, finance, options for farmers and lenders	William Edwards (economics – ag)	<a href="mailto:wedwards@iastate.edu">wedwards@iastate.edu</a>	515-294-6161
Farm management and production economics, land values, beginning farmer issues	Michael Duffy (economics – ag)	<a href="mailto:mduffy@iastate.edu">mduffy@iastate.edu</a>	515-294-6160
Grain marketing	Chad Hart (economics – ag)	<a href="mailto:chart@iastate.edu">chart@iastate.edu</a>	515-294-9911
Livestock marketing	John Lawrence (economics, Iowa Beef Center)	<a href="mailto:jdlaw@iastate.edu">jdlaw@iastate.edu</a>	515-294-6290
Value added agriculture and business plans	Ray Hansen (value added agriculture)	<a href="mailto:hansenr@iastate.edu">hansenr@iastate.edu</a>	515-294-3890
Local contact/perspective	See a list of farm management field specialists, <a href="http://www.extension.iastate.edu/ag/fsfm/fsfarmmg.html">http://www.extension.iastate.edu/ag/fsfm/fsfarmmg.html</a>		
Teaching youth about energy and climate change	Jay Staker (energy, wind energy) Holly Bignall (climate change) Judy Levings (climate change)	<a href="mailto:jstaker@iastate.edu">jstaker@iastate.edu</a> <a href="mailto:hbignall@iastate.edu">hbignall@iastate.edu</a> <a href="mailto:jlevings@iastate.edu">jlevings@iastate.edu</a>	515-294-8417 515-294-2078 515-294-4764
<b>Farming through a Recession: Crop Production Issues</b>			
<b>Expertise</b>	<b>Specialist</b>	<b>e-mail</b>	<b>phone</b>
Corn production	Roger Elmore (agronomy)	<a href="mailto:relmore@iastate.edu">relmore@iastate.edu</a>	515-294-6655
Soybean production	Palle Pedersen (agronomy)	<a href="mailto:palle@iastate.edu">palle@iastate.edu</a>	515-294-9905
Organic production	Kathleen Delate (horticulture)	<a href="mailto:kdelate@iastate.edu">kdelate@iastate.edu</a>	515-294-7069
Weather and climate	Elwynn Taylor (agronomy)	<a href="mailto:setaylor@iastate.edu">setaylor@iastate.edu</a>	515-294-7839
Landscape concerns	Ann Marie Vanderzanden (horticulture)	<a href="mailto:vanderza@iastate.edu">vanderza@iastate.edu</a>	515-294-5075
Crop disease	Alison Robertson (plant pathology)	<a href="mailto:alisonr@iastate.edu">alisonr@iastate.edu</a>	515-294-6708
Grain quality and storage	Charles Hurburgh (ag and biosystems engineering)	<a href="mailto:tatry@iastate.edu">tatry@iastate.edu</a>	515-294-8629
Tillage	Mark Hanna (ag and biosystems engineering) Mahdi Al-Kaisis (agronomy)	<a href="mailto:hmhanna@iastate.edu">hmhanna@iastate.edu</a> <a href="mailto:malkaisi@iastate.edu">malkaisi@iastate.edu</a>	515-294-0468 515-294-8304

Pest management	Kristine Schaefer (entomology) Betsy Buffington (entomology)	<a href="mailto:schaefer@iastate.edu">schaefer@iastate.edu</a> <a href="mailto:bbuffing@iastate.edu">bbuffing@iastate.edu</a>	515-204-4286 515-294-7293
Plant diseases	Laura Jesse (plant pathology)	<a href="mailto:ljesse@iastate.edu">ljesse@iastate.edu</a>	515-294-5374
Crop nutrient management	Antonio Mallarino (agronomy) and John Sawyer (agronomy)	<a href="mailto:apmallar@iastate.edu">apmallar@iastate.edu</a> <a href="mailto:jsawyer@iastate.edu">jsawyer@iastate.edu</a>	515-294-6200 515-294-7078
Hay and forage production	Steve Barnhart (agronomy)	<a href="mailto:sbarnhar@iastate.edu">sbarnhar@iastate.edu</a>	515-294-7835
Farm safety	Chuck Schwab (ag & biosystems engineering)	<a href="mailto:cvschwab@iastate.edu">cvschwab@iastate.edu</a>	515-294-4131
Local contact/perspective	See a list of field agronomists, <a href="http://www.extension.iastate.edu/ag/fscrops/fscrops.html">http://www.extension.iastate.edu/ag/fscrops/fscrops.html</a>		
<b>Farming through a Recession: Livestock Production Issues</b>			
<b>Expertise</b>	<b>Specialist</b>	<b>e-mail</b>	<b>phone</b>
Cow/calf management, beef nutrition	Iowa Beef Center (contact the center; the center will find the appropriate person)	<a href="mailto:beefcenter@iastate.edu">beefcenter@iastate.edu</a>	515-294-2333
Sheep nutrition, health, management, goats	Dan Morrical (animal science)	<a href="mailto:morrical@iastate.edu">morrical@iastate.edu</a>	515-294-2904
Beef feedlot management	Dan Loy (animal science)	<a href="mailto:dloy@iastate.edu">dloy@iastate.edu</a>	515-294-1058
Swine/pork production	Iowa Pork Industry Center (contact the center; the center will find the appropriate person)	<a href="mailto:ipic@iastate.edu">ipic@iastate.edu</a>	515-294-4103
	PORKLine (pork production telephone hotline)		800-808-7675
Livestock facilities	Jay Harmon (ag & biosystems engineering)	<a href="mailto:jharmon@iastate.edu">jharmon@iastate.edu</a>	515-294-0554
Dairy nutrition	Leo Timms (animal science)	<a href="mailto:ltimms@iastate.edu">ltimms@iastate.edu</a>	515-294-4522
Farm animal behavior and welfare	Anna Johnson (animal science)	<a href="mailto:johnsona@iastate.edu">johnsona@iastate.edu</a>	515-294-2098
Farm safety	Chuck Schwab (ag & biosystems engineering)	<a href="mailto:cvschwab@iastate.edu">cvschwab@iastate.edu</a>	515-294-4131
Local contact/perspective	See these lists of field specialists-- Beef, <a href="http://www.extension.iastate.edu/ag/fsbeef/fsbeef.html">http://www.extension.iastate.edu/ag/fsbeef/fsbeef.html</a> Swine, <a href="http://www.extension.iastate.edu/ag/fsswine/fsswine.html">http://www.extension.iastate.edu/ag/fsswine/fsswine.html</a> Dairy, <a href="http://www.extension.iastate.edu/ag/fsdairy/fsdairy.html">http://www.extension.iastate.edu/ag/fsdairy/fsdairy.html</a>		

... and justice for all

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