Cerro Gordo County Awardrobe Clothing Event, Communications, and Grown in Iowa Judging Day
June 26, 2016
Trinity Lutheran Church, Mason City
2 PM- 6 PM

Entries DUE: Friday, June 17, 2016

Tentative schedule for the day:
2:00 p.m.  Check In

2:15 p.m.
4-H Awardrobe Clothing Event
Fashion Revue
Clothing Selection
$15 Challenge

4-H Communications
Interpretative Reading
Prepared Speech
Educational Presentation
Extemporaneous Speaking

4:00 p.m.  BREAK

4:15 p.m.  Grown in Iowa
Working Exhibits

4:45 p.m.  Share-the-Fun

5:45 p.m.  Awardrobe Style Show and Awards Announcement
SpringFest is a day to focus on communication through educational presentations, working exhibits, extemporaneous speaking, as well as communication through clothing events and supporting products grown in Iowa. All entries are due by Friday, June 17, to Cerro Gordo County Extension and Outreach.

**Special Note for Clover Kids:** Clover Kids are eligible to participate in the county level communications events but will not be judged or receive premiums. They will receive participation ribbons only.

**4-H AWARDROBE CLOTHING EVENT**
Participants must turn in a completed SpringFest Entry form before the event. Entry forms are due Friday, June 17, 2016.

**CLASS 10402A, Fashion Review**
All participants should:

a) Have been enrolled in a 4-H Clothing and Fashion project during the current program year.

b) Model a garment or outfit he/she has constructed, hand-knitted, machine knitted, or crocheted during the current 4-H year.

1. A garment or outfit consisting of one to three pieces such as party clothes, tailored suits, vest, slacks, shirt, skirt, active sportswear, and/or coats are acceptable as Fashion Revue entries.
2. Blouses, skirts, and sweaters are usually considered as garments. If they are used to complete an outfit, they may be constructed or selected.
3. All other accessories and undergarments may be constructed or selected.
4. All participants must complete the appropriate “4-H Clothing Event Report Form”. 4-H’ers may pick up a form at the Extension office OR online at: [www.extension.iastate.edu/cerrogordo/content/4-h-forms-resources](http://www.extension.iastate.edu/cerrogordo/content/4-h-forms-resources)
5. All participants must be present for conference judging and the style show.
6. Up to four participants (grades 9-12) may be selected to participate in the Iowa State Fair Clothing Event (with no more than two being female, male, or minority youth). There is no limit to the number of times a 4-H’er may represent the county in Fashion Revue.

**CLASS 10402B, Clothing Selection**
Participants are to model an outfit that they have purchased.

1. Participants should have had individual planned or county experience(s) in choosing shopping alternatives, evaluating fit, quality and construction features, price and cost comparison.
2. Outfits may be selected and/or purchased from any source, including consignment shops, used clothing stores, etc. Clothing items which are home-sewn are not eligible unless the completed garment was purchased from a used clothing source. Clothing items which are custom sewn specifically for the participants are not eligible.
3. All participants must complete the appropriate “4-H Clothing Event Report Form”. 4-H’ers may pick up a form at the Extension office OR online at: [www.extension.iastate.edu/cerrogordo/content/4-h-forms-resources](http://www.extension.iastate.edu/cerrogordo/content/4-h-forms-resources)
4. All participants must be present for conference judging and the style show.
5. Up to three participants (grades 9-12) may be selected to participate in the Iowa State Fair Clothing Event (one female, one male, one minority). There is no limit to the number of times a 4-H’er may represent the county in Clothing Selection.
CLASS 10402C, The $15 Challenge
Participants are to model an outfit that they have purchased for no more than $15. 4-H’ers should:
1. Purchase an outfit that represents the 4-H’ers goal or intended use for the selected outfit.
2. Have had individual planned or county experience(s) in choosing shopping alternatives, evaluating fit, quality and construction features, price, and cost comparison.
3. Outfits must be selected and/or purchased from a garage sale, consignment store, or resale shop (i.e. Goodwill, Salvation Army, or other types of stores). Garage sale “free box” items would qualify.
4. Cost of outfit must be $15 or less, not including shoes, accessories, or undergarments.
5. Receipt(s) MUST be turned in with their completed “4-H Clothing Event Report Form”. 4-H’ers may pick up a form at the Extension office OR online at: http://www.extension.iastate.edu/cherrogoro/content/4-h-forms-resources
6. All participants must be present for conference judging and the style show.
7. Up to three participants (grades 9-12) may be selected to participate in the Iowa State Fair Clothing Event (one female, one male, one minority). There is no limit to the number of times a 4-H’er may represent the county in the $15 Challenge.

4-H COMMUNICATIONS DEPARTMENT
Participants must turn in a completed SpringFest Entry form before the event. Entry forms are due Friday, June 17, 2016.

INTERPRETATIVE READING
Open to all Cerro Gordo County 4-H Members and Clover Kids
Want to gain experience speaking in front of a group? Choose your favorite poem, reading, or short story to share with the audience. Not to exceed 8 minutes. It can be one or several articles including poetry, humor, or anything appropriate for 4-H. The selection should be introduced and explained before it is presented. Ribbons will be awarded without premiums.

PREPARED SPEECH
Open to all Cerro Gordo County 4-H Members and Clover Kids
The speech category should relate to some aspect of 4-H (projects, activities, benefits, citizenship, leadership, etc.). The focus on the score card includes delivery, voice, pronunciation, articulation, fluency, appearance, gestures, eye control, effectiveness, composition, speech structures, choice of words, material, and speech value. Ribbons will be awarded without premiums. Time limits are as follows:
• Clover Kid (K-3) 1-2 minutes
• Junior (grades 4-6) 3-4 minutes
• Intermediate (grades 7-8) 3-6 minutes
• Senior (grades 9-12) 4-6 minutes

COMMUNICATION EVENT PROGRAM RULES AND REGULATIONS
1. 4-H’ers who are in 5th grade through 12th grade (or that equivalent) in 2016 are eligible to participate at the Iowa State Fair. Exception: Share the Fun and Extemporaneous Speaking - see event rules for age guidelines.
2. Educational Presentations and Working Exhibits may be given by one or more 4-H’ers. Teams consisting of youth of mixed grades will be entered in the class of the member in the highest grade level (i.e. a team with a 5th grader and an 8th grader must be entered in the Intermediate/Senior class).
3. Topics selected by the 4-H’er(s) should be an outgrowth of his/her 4-H experience(s). Topics should be appropriate for presentation to a general audience.
4. Educational Presentation and Working Exhibit participants will be involved in peer evaluation.
5. Participants are expected to be present for awards given at the close of the SpringFest.
6. Participants in the 4-H Communication Programs are expected to wear appropriate clothing representative of the 4-H Youth Program and/or the topic of the presentation.
7. 4-H’ers must use sanitary and safe procedures and methods at all times. Educational Presentations and Working Exhibits involving food must follow established food safety guidelines.
8. All participants are expected to comply with all copyright/trademark regulations. Copyrighted material may not be distributed without permission.

EDUCATIONAL PRESENTATION

Class 11101 (Junior)                                                          Class 11102 (Intermediate/Senior)

Purpose
Provide an opportunity for 4-H’ers to demonstrate communication skills by presenting knowledge, information, or a process to an audience in order to gain a desired response.

Educational Presentation Rules
1. Time limit: Junior presentations must not exceed 15 minutes. Intermediate/Senior Presentations must not exceed 20 minutes.
2. 4-H’ers may participate in one Educational Presentation.

Premiums for Educational Presentations
Excellence $ 6.00 Merit $ 5.00 Participation $ 4.00

EXTEMPORANEOUS SPEAKING

Class 11401  Extemporaneous Speaking Program

Purpose
Encourage the development of communication skills by providing an opportunity to think, organize thoughts, prepare a speech, and respond to questions when given a limited amount of preparation time.

Extemporaneous Speaking Rules
1. Participants must be senior 4-H’ers - 9th through 12th grade (or that equivalent) in 2016.
2. Program format:
   A. Thirty minutes before the program, each participant will draw three of the available topics, selecting one to speak on.
• The selected topic will not be available to the other participants in the speaker’s assigned room. The general nature of the topics will relate to 4-H. The other two topics drawn, but not chosen, will be returned to the available topics for the other participants.

B. A preparation room is to be used with one participant per speaking site admitted initially and one additional participant per speaking site admitted each 15 minutes as the program progresses. A participant may not leave the preparation room until it is time to speak, nor may a participant receive help from a parent, leader, other adult or any other youth. A program official will assist participants with the time requirements.

C. All reference material will be screened by a program official on the following basis:
   • Participant may bring his/her own books, magazines or newspaper clippings for reference during the thirty minutes of preparation.
   • Reference material must be printed material such as books or magazines (cannot be notes, outlines or speeches prepared by the participant or by another person for use in this program.
   • Some relevant reference material will be available in the preparation room. This material will consist of historical material related to the 4-H program.

D. Each speech shall be the result of the 4-H’ers own efforts using approved reference material that a participant may bring to the preparation room. No other assistance may be provided. Plain 3”x5” note cards will be provided for each participant in the preparation room. If notes are used, the 3”x5” note cards provided must be used in delivering the speech.

E. Only notes made during the preparation period may be used.

F. Each speech shall be not less than four and no more than six minutes with five minutes additional time allowed for related questions, which shall be asked by the judge. The participant will be shown time cards in a descending order (5, 4, 3, 2, 1) by the time keeper. “Stop” will be said at ZERO minutes.

G. The program timekeeper will introduce each participant by name and the county he/she represents. The participant will be expected to introduce his/her speech by title only.

H. Participants are not permitted to use any props, gadgets, posters or audiovisuals of any sort. A podium will not be available.

3. Speeches will be evaluated using the following criteria:
   A. Content related to topic
   B. Knowledge of the subject
   C. Organization of material
   D. Power of expression
   E. Voice
   F. Stage presence
   G. General effect
   H. Response to questions
   I. A judge’s critique/conference with each participant will be included as a part of the program

**Premiums for Extemporaneous Speaking**
Excellence $ 6.00    Merit $ 5.00    Participation $ 4.00
WORKING EXHIBIT
Class 11201 (Junior)  Class 11202 (Intermediate/Senior)

Purpose
Provide an opportunity for 4-H’ers to communicate, interact with, and teach an audience in an informal and experiential way.

Working Exhibit Rules
1. Time limit: All Working Exhibits will be scheduled for a 20 minute time period.
2. 4-H’ers may participate in one Working Exhibit.

Premiums for Working Exhibits
Excellence $6.00    Merit $5.00    Participation $4.00

SHARE-THE-FUN
Class 11301  Share-The-Fun Program

Purpose
Provide an opportunity for 4-H’ers to share their skills and talents before an audience purely for the sake of enjoyment.

Share-The-Fun Rules
1. All 4-H’ers and Clover Kids are eligible to participate in Share-The-Fun at SpringFest.
2. **Iowa State Fair Eligibility:** 4-H’ers who are in 5th grade through 12th grade (or that equivalent) in 2016. Exception: If the Share-The-Fun act involves 4th graders, the following criteria must be applied to determine if the club can be entered in the Share-The-Fun Program at the Iowa State Fair: *At least 80 percent of the performing group at the Iowa State Fair must be in 5th through 12th grade in 2016.* Clover Kids are not allowed to participate at the Iowa State Fair.
3. Share-The-Fun performances must not exceed eight (8) minutes in length.
4. Skits, songs, stunts, short one-act plays, dance, and other entertainment will be acceptable. All performances must be appropriate for presentation to a general audience.
5. The three acts selected to attend the Iowa State Fair and the act selected to attend the Clay County Fair will receive $25 each to defray travel expenses. If the act chooses not to perform, no money will be awarded.
GROWN IN IOWA SPECIAL FOOD EVENT

Tasting - Open to all, following judging

Exhibit Rules:
1. Any 4-H member is eligible to enter. Member does not have to be enrolled in the 4-H Foods and Nutrition project.
2. Participants must turn in a completed SpringFest Entry form before the event. Entry forms are due Friday, June 17, 2016.
3. The purpose of this contest is to involve young people in promoting the use of Iowa grown food products.
4. Exhibitor’s entry must be a prepared, ready to serve dish (equivalent to one full recipe) containing as many Iowa grown products as possible. Entries may fit into one of the following categories: appetizers and snacks, salads or sides, main dishes, breads, or desserts.
5. Examples of Iowa grown products include, but are not limited to: dairy, beef, pork, lamb, poultry, soy/soybean, and corn products. Other products to consider may include home grown garden vegetables or harvested Iowa wildlife.
6. Exhibitors are requested to submit the recipe on an 8 ½” x 11” paper and bring a serving utensil with the dish.
7. Exhibitors must provide the source (title, author, date published, page) of the recipe.
8. Exhibitor is limited to only one entry per category. Members may enter a maximum of five exhibits.
9. Cerro Gordo County 4-H Organization will not be responsible for dishes damaged, forgotten, lost, etc.
10. Baking/serving dishes and recipes must be labeled with the 4-H member’s name and club.
11. Each member will be asked to bring their exhibit to the judge and be prepared to answer the questions below. Any member unable to be present for the conference will be required to put a 3” x 5” card on their dish with answers to the following questions:
   a. Why would you serve this to your family?
   b. What is the total cost and cost per serving?
   c. Why is this dish nutritious?
   d. What can I do to promote Iowa’s products?
13. Everyone present is encouraged to observe all or part of this event. All dishes will be displayed for a short time immediately following judging to be sampled by all present. Recipes will be displayed for people to copy.
14. If there is no competition in a lot, no dish shall receive a higher premium than its merit demands.

Lot 1—All Categories—Junior Section (grades 4-6)
Lot 2—All Categories—Intermediate Section (grades 7-8)
Lot 3—All Categories—Senior Section (grades 9-12)

15. Special Award: Outstanding dish, each category, each lot.

Premiums for Promote Our Commodities Special Food Event
$2.00  $1.50  $1.00