



BOONE COUNTY 4-H NEWS

DATES TO REMEMBER

February 26

Tri-County Camp Planning
6:00—7:30 pm
Extension Office

March 1

4-H Fun Night
6:00—9:00 pm
Ogden Elementary School

March 12

Face to Face YQCA Training
6:00—7:30 pm
Boone County Fairgrounds

April 6

Boone Family STEM Festival
9:00 am—Noon
DMACC—Boone Campus

May 4

Sheep/Meat Goat Weigh-In
8:00 am—Noon
Boone County Fairgrounds

July 18-21

Boone County Fair

February 2024

A Note from Natalie Hedlund, County 4-H Coordinator:

The skill of goal setting and working to achieve the goal is something 4-H strives to teach and have 4-H'ers practice in all parts of the educational program – from project work, to club work, to development of civic engagement, leadership, and communication skills. As a 4-H member adds to her or his learning and skill set in a project area, goals should become more challenging and further learning demonstrated.

WHAT IS A GOAL?

A GOAL is..... deciding what you want to do and learn in a 4-H project.

A GOAL is..... having a road map. It helps you decide how to get to where you want to go.

Set goals that:

- Are specific (not too general or broad)
- Meet your needs and interest
- Provide you an opportunity for achievement
- Can be accomplished in a reasonable amount of time and with the resources available to you
- Show progress over previous years (if you have been enrolled in this project before)

HOW TO WRITE A 4-H GOAL

A goal has 3 parts. A goal should tell:

1. The **action**: **how** you are going to do it.
2. The **results**: **what** you will do.
3. The **timetable**: **when** you plan to have it done.

Examples:

Action	Result	Timetable
I want to make	a poster about smoothies	by the February club meeting
I want to train	my 4-H beef heifer to lead	before county fair time

Have fun writing goals and demonstrating learning and accomplishments!

*As always, please let me know if you have any questions regarding 4-H!
natm@iastate.edu or 515.432.3882*



IOWA STATE UNIVERSITY
Extension and Outreach

Beef Weigh in Thanks

This year's Beef Weigh-In was held on December 9. A total of 77 calves were weighed in from 22 exhibitors (Including Pen of 3, Market Steers, Market Heifers, and FFA exhibits)

Thank you to the following people for helping at Beef Weigh-In: Andrew Heineman, Bryant Hunter, Peg King, Trevor Stephens, Grant Heineman, Jess Frantum, Jim Magee, and Skyler Rinker.

Special Thank you to Andrew Heineman and Skyler Rinker for taking a farm to farm trip to collect Retinal Images for State Fair animals.



Youth for the Quality Care of Animals Required Training

Are you planning to exhibit an animal at the Boone County Fair or Iowa State Fair this summer? Check out the list below of the species that are required to complete the YQCA Training in order to exhibit.

Required Certification: All 4-H beef, sheep, swine, dairy, goats, rabbits, poultry exhibitors must be Youth for the Quality Care of Animals certified **by July 1st**.

There are two ways to complete the required training:

1. **ONLINE** - The YQCA online training is \$12/person per year and can be completed online at <https://yqcaprogram.org/>. Training is based on the exhibitors age, not their grade, with a test at the end that must be passed. After completing training, a certificate of completion will be available for download. These certificates must be emailed, mailed or dropped off to Natalie Hedlund, 4-H Coordinator: natm@iastate.edu or 1327 SE Marshall St, Boone 50036.
2. **FACE TO FACE** – There are two face to face YQCA trainings scheduled. March 12th and June 3rd 6:00 – 7:30 pm at the Community Building at the Boone County Fairgrounds. Registration is required to attend. Register online <https://yqcaprogram.org/> and pay the \$3 online before the training.

For instructions on how to get registered for a face to face training or to complete the training online, check out this website https://yqcaprogram.org/local/youth_parents.php

I highly recommend looking over the instructions before starting to avoid the wrong name listed on the certificate.

Sheep and Meat Goat Weigh in

When: May 4 | 8:00 am—11:30 am

Where: Fairgrounds- Show Ring

Who: All market and commercial ewe lambs as well as meat goats must be weighed, tagged and have ID forms completed. 4-H Families must complete animal ID in 4honline 2.0 after weigh in.

All sexually intact animals brought to weigh-in must have an official scrapie tag in their ear

State Fair: Any animal potentially being shown at the State Fair must be retinal imaged. This will cost \$5/head.

Start a Project—Needs Ideas

You can get great project information for any project area by going to the [Iowa 4-H Website Project Page](#). Click on the project area you are interested in to find more information on it. These sheets include great ideas for project specific civic engagement and leadership activities. The project page will also tell you what informational literature is available to order and show you a connection to that website. Take advantage of these great information tools!



The Boone County 4-H Council Announces

4-H Fun Night

WHEN: Friday, March 1st, 2024 | 6:00—9:00 pm

WHERE: Ogden Elementary School | 313 W Sycamore St, Ogden

WHO: 4th-7th Grade 4-H Club Members and Friends

COST: \$5 (includes pizza and an ice cream sundae)

BRING: This form *completed with signatures to the event* and \$5.

ACTIVITIES: Basketball, Dodgeball, Minute to Win it Games, Twister, and more!

This event is planned and carried out by the 2022-2023 Boone County 4-H Council.

In case of bad weather, listen to KWBG 1590 AM or call 515.432.3882 for any change of plans.



----- - Please Cut- -----

Youth's Name _____ Grade _____ 4-H Member? Yes No

Parent Email _____

Parent's or Guardian's Name _____ Parent's Phone #: _____

In case parent cannot be reached, notify: _____ Phone _____

BEHAVIOR EXPECTATIONS OF THE PARTICIPANT

It is important to follow the directions of the adult leader(s) at all times. I understand that as a participant I have the responsibility to help make the activity a safe experience for everyone through my behavior and conduct. I also understand the danger of not following rules and directions and agree to follow them.

Participant Signature _____

I give the above named permission to participate in 4-H Fun Night. I understand that reasonable measures will be taken to safeguard the health and safety of the above listed participant, and I will be notified as soon as possible in case of an emergency. In the event I cannot be reached in an emergency, I give permission to the program presenters to seek appropriate medical attention. I agree to RELEASE from LIABILITY, INDEMNIFY, and HOLD HARMLESS Boone County ISU Extension & Outreach, ISU, the host of this activity, and their officers, employees, and volunteers (hereinafter the RELEASEES) from any and all claim and/or cause of action arising out of and related to any injury, loss, penalties, damage, settlement, costs or other expenses or liabilities that occur as a result of my child's participation in 4-H Fun Night. I give permission for photos taken at the activity to be used by Boone County Extension for educational and promotional purposes.

Parent/Guardian Signature _____

Save the dates for the 2024 Tri-County 4-H Camp

Tri-County 4-H Camp is a three-day camp for 4th-6th grade youth from Boone, Hardin, Marshall, and Story Counties August 7-9, 2024, at the Des Moines Y Camp near Boone. Campers will engage in outdoor activities led by Y Camp staff such as archery, canoeing, climbing wall, and zipline. They will also do theme-based activities, outdoor cooking, hiking, will make new friends and have lots of fun. The 2024 camp is Wednesday, August 7 to Friday, August 9. Registration information will be available around March.

Tri-County 4-H Camp Planning Meeting February 26

Would you like to plan the theme, logo, decorations, activities, campfire meal and snacks for the 20th annual Tri-County 4-H Camp? Youth in 4th-6th grades are invited to participate in the camp planning meeting February 26 from 6:00-7:30 pm at the Boone County Extension office or via ZOOM. Please RSVP to Annette Brown at annbrown@iastate.edu if you plan to participate in person or via ZOOM.

The camp will be August 7-9, 2024, at the Boone Y Camp.

Apply to be a Tri-County 4-H Camp Adult Volunteer

Adults, are you interested in changing the lives of 4th-6th grade youth, spending time outdoors in a camping environment and volunteering your time? If so, being an adult volunteer for the Tri-County 4-H Camp **August 7-9, 2024**, at the Y Camp near Boone is the perfect opportunity for you! Youth from Boone, Hardin, Marshall and Story Counties could greatly benefit from the passion you have for 4-H and positive youth development. Volunteers will assist with activities, supervision, providing a safe environment and supporting teen counselors in cooperation with Annette Brown and Katie Lubbert, 4-H Youth Development Specialists and Tri-County Camp Coordinators. Adult volunteer and teen counselor training will be held **August 6** at the Boone Y Camp. The adult volunteer application form is available by emailing Annette Brown, camp coordinator, at annbrown@iastate.edu or at <https://www.extension.iastate.edu/boone/youth-outreach>. Direct questions to Annette Brown at 515.432.3882 Ext. 6 or annbrown@iastate.edu

State 4-H Scholarships

Who: Iowa 4-H members are eligible to apply for 4-H scholarships if they meet individual scholarship requirements. 4-H'ers may apply for multiple scholarships but only one will be awarded per academic year.

What: The Iowa 4-H Foundation knows it's not easy to finance a college education, and they know that many Iowa 4-H'ers can use help achieving their educational goals. For that reason, they offer **90** scholarships that total more than **\$100,000** in funding! These scholarships are designed to encourage Iowa 4-H members to continue their education beyond high school.

Find out More and Apply!: Information and applications for 4-H Scholarships are now available online through the [Iowa 4-H Foundation website](#).

Due: Applications must be submitted online no later than 11:59 PM, March 1, 2024 for consideration.

We are hiring!

We are seeking a Summer Assistant, who will work primarily with the implementation of all summer youth education programming and some educational events at the Boone County Fair including but not limited to Fashion Day and Communications Day. Deadline is March 1st or until position is filled.

<https://www.extension.iastate.edu/boone/jobs>

Dog Obedience, Rally & Agility classes are starting soon!

There will be a Dog Class Orientation meeting on Sunday, March 24th from 6:00 -7:00 pm at the Erb Center at the Boone County Fairgrounds. This meeting is very important for ALL members planning to exhibit dog at the county fair. At Orientation, we will be going over the plan for the classes, rules, supplies needed and much more.

Do NOT bring your dog to the March 24th meeting. **Bring to the orientation meeting proof of rabies vaccination.

Dog classes will be held on Sundays starting April 7th. Classes will be at the Boone County Fairgrounds from 6:00 - 8:00 pm each Sunday up until Fair. Sunday Dog Classes will include Obedience, Rally, Showmanship and Agility.

Exhibitor and dog teams must attend 50% of classes held in order to show at the county fair. Cancelled classes don't count toward the 50%.

Don't forget to ID your dog in 4honline by May 15th. The ID does include a photo of your current rabies certificate. I will be available at the March 24th meeting to assist with IDing your dog for anyone who would like help.

4-H/FFA Rabbit and Cavy Workshop at Jasper County Fairgrounds

There is a 4-H and FFA rabbit and cavy workshop that will be held on Saturday, March 9 from 12:30 – 4:00 pm at the Jasper County Fairgrounds in Colfax Iowa. Speakers will discuss rabbit and cavy breeds and health. Youth are encouraged to bring their rabbits and cavies to be evaluated and to show them in a “practice” show. Rabbit tattooing and cavy tagging will be available. Rabbit and cavies will be for sale. Youth can build a carrier for a cost by reserving supplies by calling Bill at 515-556-5123 or emailing Wolferabbit3@mediacombb.net. There is no need to register and no cost to attend (except for those youth who purchase rabbits/cavies and/or build a carrier and /or purchase rabbit and cavy equipment). Youth will receive free tickets for drawings for rabbit and cavy supplies. Youth from Iowa and other states may attend even if they are not enrolled in 4-H or FFA. This workshop is sponsored by Iowa State and South Central Rabbit Breeders, Jasper County Iowa State University and Outreach 4-H ; and Eldon C Stutsman Inc and Heinold Feeds. Questions can be answered by Bill Wolfe at 515-556-5123 or Lynne Rechterman at 563-260-5295. This workshop began in 2002 and has been held in the spring in central Iowa with 1086 youth attending since 2002.

Bake to Give-Maddie Kruse Youth Award

Youth in grades 7-12 can apply for the \$1,000 Bake to Give-Maddie Kruse Youth Award sponsored by the Home Baking Association. This award recognizes youth bakers who are actively making a difference in their local communities, the award aims to inspire others to do the same. To apply, submit a one-page description of your service to your community by March 31, 2024. More information can be found on the [Home Baking website](#). Questions? Contact [Cayla](#).

4-H Day with the Cardinals

The twenty-first annual 4-H Day with the Cardinals will be May 18, 2024, when the Cardinals take on the Boston Red Sox at 6:15 p.m. at Busch Stadium. Tickets are \$30 each and includes a specially designed t-shirt with the 4-H clover and Cardinals logo. In addition, 4-H members who participate in a raffle will have the chance to throw out the first pitch, and everyone will have the opportunity to participate in a parade around the field prior to the game! [Registration](#) is through Cvent. Ticket orders will be accepted starting February 1 – March 29. Questions? Contact [Rhonda Shafer](#).

Recordbook Binders available

Are you running out of room in your recordbook and are in need of a bigger binder? The Heiller Family has donated some gently used bigger Binders for any members that need them. Stop by the Extension Office to pick yours up or when you are in the meeting room for a club meeting, pick one up!

Dairy Goat Share-A-Kid Opportunity

Are you looking for a new and exciting way to expand your 4-H experience? Interested in showing an animal, but don't know if you can afford one of show quality?

Each year the Iowa Dairy Goat Association promotes interest in dairy goats across our state. One of the ways IDGA encourages young people to explore this aspect of agriculture is through their Share-A-Kid program.

This statewide contest is open to youth in 4th thru 12th grades and who are a member of 4-H, FFA, IDGA, or any other agricultural group. Winning applicants are selected from an essay they submit. The essay can include drawings, photos or any other creative touches. IDGA can only award one goat per family per year; however, siblings are encouraged to apply. Previous winners are ineligible.

If you are interested in this opportunity visit <http://www.iowadairygoat.org/share-a-kid-program/> for more details and an application form. Entries must be postmarked by **March 15, 2024**.

2024 SPRING OMELET BREAKFAST

Benefiting Scholarships for
Boone County's 4-H & FFA

THURS. MARCH 21
6am- 9am
Boone Co. Fairgrounds

eat in - pick up

SAVE THE DATE

\$12 ADVANCE TICKETS
\$15 AT THE DOOR



CONTACT US!

ADDRESS

1327 SE Marshall Street

PHONE

515.432.3882

HOURS

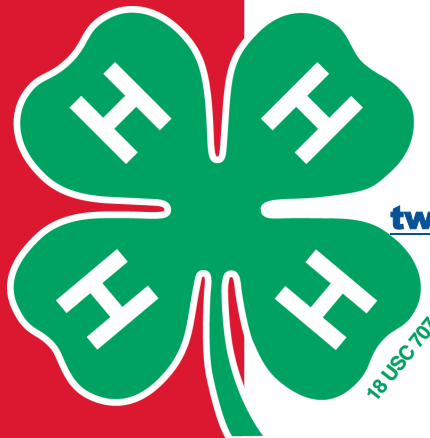
Monday-Friday,
8:00 a.m. to 4:30 p.m.

EMAIL

natm@iastate.edu

WEBSITE

extension.iastate.edu/boone/4h



CONNECT WITH US ON SOCIAL MEDIA

[facebook.com/
boonecountyiowa4h/](https://facebook.com/boonecountyiowa4h/)

twitter.com/isuextboone

This institution is an equal opportunity provider. For the full non-discrimination statement or accommodation inquiries, go to www.extension.iastate.edu/diversity/ext.

Friends of the Ledges State Park

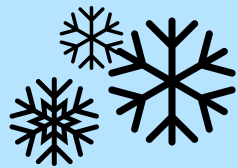
January - February 2024



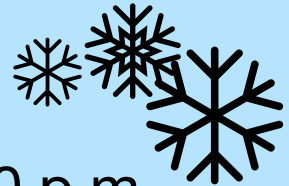
JANUARY 1, 2024 ❄️ Bravo!

We kicked off our Centennial Celebration with a record breaking 204 people on our First Day Hike. Lots of folks stopped by Park

HQ for a bowl of chili too. Thanks to everyone who joined in a great centennial start!



Tuesday, February 13 Hibernation Celebration



Ericson Public Library, Boone 6:30 p.m.

Keep the centennial celebration rolling with:

- ❄️ Winter park photos to warm your heart
 - ❄️ Preview of great 2024 centennial events
 - ❄️ 100 Things to Love about Ledges State Park
 - ❄️ Valentine make-and-take
- All craft supplies provided

Free and open to the public. All ages welcome.

Can't get there by 6:30? We'll see you when you get there. Library closes at 8.



friendsoftheledges@gmail.com

Leave a message at the park office 515-432-1852.

www.facebook.com/FriendsOfTheLedges

Ledges centennial promotions supported by a grant from SPIF.
State Parks of Iowa Fund.

Printed at Wilcox Printing and Publishing, Madrid, IA 50156

