

State Project Awards

Awards are available in all 4-H project areas and are selected through an application and interview process begun at the area level. *\$100 savings bonds are awarded annually to 50 recipients.* Recognition is based on leadership, citizenship, and project subject matter knowledge. Give it a try! Share what you've learned!



National 4-H Dairy Conference

High-school-age youth enrolled in the 4-H dairy project are eligible to apply for this award trip held in early October in Madison, Wisconsin. Highlights include World Dairy Expo, ABS, Dairy Shrine Museum, Hoard's Dairy Farm and Hoard's Dairyman tours. Delegates participate from all over the U.S. and Canada.

National 4-H Congress

You have an opportunity to interact with 4-H'ers from other states and develop leadership skills. Recreational, social, and cultural activities add to the fun trip; 22-26 Iowa delegates are selected from an area application and interview process. Anyone in grades 10-11 at the time of application may participate. *A person may attend only once.*

Speak Out for Military Kids (SOMK)

Help raise community awareness about challenges facing military youth and their families. Foster support for military families. Acquire knowledge and skills as you create presentations and gain confidence in public speaking. Find out more at <http://www.operationmilitarykids.org/public/somk.aspx>.

Deadlines vary

Information on all events available from county extension offices or from the state 4-H office (515) 294-1017 or at: <http://www.extension.iastate.edu/4H/statecouncil/>

... and justice for all

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IOWA STATE UNIVERSITY
University Extension

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**EXPLORE
YOUR
OUTER
LIMITS**

Beyond the County

4-H Opportunities

Iowa 4-H Youth Conference

Each June Iowa teens, not just 4-H'ers, can attend a 3-day conference on the ISU campus planned by the State 4-H Council for high school teens. Special programming will address issues of high school freshman. Activities include speakers, workshops, mixers, dances, a banquet, and community service opportunities. Join the fun and make new friends. (Entering high school freshmen may attend.)



Animal Science Round-Up and CSI: Crops



These two events are held each June in conjunction with the Iowa 4-H Youth Conference. ISU animal science and agronomy faculty provide *hands-on workshops*. Livestock activities include making sausage, exploring ruminants, balancing rations, and much more! Crops activities include scouting for plant pests and lab work to identify the culprits.

Summer and Winter Camps



A wide variety of camps, including horse camp and outdoor adventures, are offered at the Iowa 4-H Center near Madrid. *Camps are held throughout the year and are open to every age level. Also find unpaid Counselor or Leader in Training summer jobs open for age 15 and up and paid counselor positions for 18-year-olds and up.*

Horse, Dairy, and Livestock Contests



Test your knowledge in judging, verbal communication, and production by participating in judging contests and dairy and horse quiz bowls. Learn decision-making and communication skills. *Participate* in your county during the summer for opportunities at state events. Top 4-H teams will represent Iowa at national contests.

Iowa 4-H Youth Council

Eight representatives from each 4-H extension area are selected in March through an area application and interview process open to members in grades 10-11. This group meets 3 or 4 times a year at the Iowa 4-H Center near Madrid to plan the Iowa 4-H Youth Conference, and promote 4-H as an ambassador at the county, area, and state level. *It is an opportunity to learn and practice leadership skills.* This is a good way to meet and work closely with 4-H members from all over the state to promote 4-H.

Iowa Youth Technology Team

Tech team members will gain leadership skills, learn marketable technology skills, develop a community service project using technology, experience cutting edge technology at Iowa State University including virtual reality, help develop technology training, and be a delegate to the Iowa 4-H Youth Conference. Members are selected at the same time as State Council and cannot serve on both at the same time.

4-H Day at the Legislature



Counties select participants to spend a day in Des Moines learning the legislative process, preparing statements on current issues, and meeting with legislators. You tour the Capitol or Supreme Court and exhibit community service projects.

4-H Scholarships

College scholarships of \$500 to full tuition are available to graduating high school seniors and former 4-H'ers. *Approximately \$100,000 will be awarded to 90 recipients attending a 2- or 4-year Iowa college.* Applications are due in the State 4-H Office February 1. Information is available at county Extension offices.

Youth Wilderness Trips

Experience the wilderness—by foot, canoe, or kayak—on an out-of-state wilderness trek available to youth ages 14–18. Destinations include the Boundary Waters, Isle Royale, Rocky Mountains, Apostle Islands, and Alaska. Learn about minimum impact camping skills, teamwork, and the environment. You will be rewarded with beautiful scenery, wildlife sightings, and a real adventure. 4-H supplies tents, backpacks, cooking gear, food, transportation, and adult leadership.



Iowa State Fair Volunteer

Volunteer your time helping others with various opportunities in the 4-H Exhibit Building or with the 4-H livestock shows at the Iowa State Fair. Some tasks include being an exhibit assistant, communication coordinator, data entry person, or assistant for livestock shows. Lodging is available at the Youth Inn located on the fairgrounds. The whole



volunteering experience allows you to meet new people, have fun, and also gives you the chance to help the state 4-H program fair activities. (Applications due June 1.)

Iowa State Fair Photo Team

Apply for paid positions and spend your days at the Iowa State Fair taking photos, writing captions, and preparing photos to upload to the ISU Extension web site. Includes lodging and meals. May need to provide own digital camera.

Citizenship-Washington Focus (CWF)

Take a summer trip to the Washington, D.C., area with a group of youth from various states. You will attend workshops, go on field trips, see historical places, and participate in other FUN activities at the National 4-H Center in Chevy Chase, Maryland. You learn about and practice the importance of good citizenship. Meeting with Iowa legislators on Capitol Hill expands your understanding of government issues.



National 4-H Conference

You become a part of 4-H program development at this event. Delegates develop recommendations on pre-selected topics through sharing and discussing ideas. Four Iowa youth and two adults attend the annual event at the National 4-H Center, Chevy Chase, Maryland. The application and interview process begins at the area level a year in advance. Anyone in grades 9-11 may apply. *A person may attend only once.*



Opportunities Available to 4-H Intermediates