

# Discover 4-H!

## for parents



**A**s the parent of a 4-H'er, you are part of an exciting new adventure for your child. Your help and support on this adventure can mean the difference between an experience that is just fun and one that has lifelong meaning. 4-H is a program designed to help your child develop knowledge and skills, and leadership and citizenship qualities. The goal of 4-H is to help youth develop their own potential to the fullest.

You can help your child, other 4-H'ers, and volunteer leaders have a better experience by . . .

- Supporting their work
- Reading the 4-H newsletter
- Encouraging your child
- Talking with group leaders
- Volunteering at group meetings
- Showing one of your hobbies
- Driving 4-H'ers to events
- Working with a project group

**4-H is a program that involves your child with other 4-H'ers and adults.**



Community Club 4-H'ers are in grades 4–12.



Groups and programs are designed to meet the needs of different youth. 4-H experiences are as unique as each member.



Local citizens help establish guidelines for 4-H in each county and plan many activities. These groups include the county 4-H youth committee, the county 4-H council, and the county extension council.



People are the most important part of 4-H. Children grow because of the quality of experiences they have, not because of how well they do on a project.



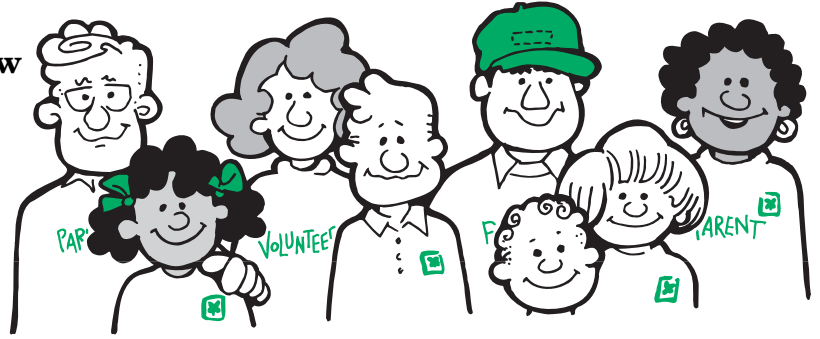
4-H can't exist without volunteer leaders. It is very important that parents support and assist the group leaders. Please share yourself with them by volunteering.

4-H can be a tool to help you and your child work together. Read the project material your 4-H'er receives. Help your child think about what to learn and what to do. Give assistance when it's needed, but don't do the project for him or her.

4-H is fun but it's also learning. Learning can be hard work and your child might be tempted to give up. A word of encouragement from you can make a big difference.

Your child has been given a guide for new 4-H'ers called *Discover 4-H*. Start your 4-H adventure by reading it with your child!

# Parents: Please think about how you can help your child and volunteer for the 4-H group during the next year.



1. Encourage my child to start and complete projects on time. I will take an active interest.

2. Urge my child to attend all meetings and take responsibility for parts of the program.

3. Lend kitchen, backyard, living room, garage, or basement for a meeting or workshop.

4. Assist my child in giving at least one presentation during the year.

5. Share a special interest or hobby with the group at a monthly 4-H meeting or special workshop.

6. Provide transportation: to and from group meetings, to club activities, or to county activities.

7. Chaperone: a club tour, a group of 4-H'ers, at a county activity, a group camp-out, or local parties.

8. Assist 4-H'ers enrolled in a particular project.

9. Pursue other volunteer interests, such as clerical (filling out forms), helping with the club events, or activities, helping with county events or activities, helping with floats or booths, helping with community projects, or helping with money-making projects.

We're glad that you and your child are starting an adventure in 4-H together. Contact your Iowa State University Extension county office for more information.

\_\_\_\_\_

your name

\_\_\_\_\_

address

\_\_\_\_\_

your 4-H'er's name and grade

\_\_\_\_\_

4-H group name

\_\_\_\_\_

daytime phone

\_\_\_\_\_

evening phone

\_\_\_\_\_

best time of day to call



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