

4-H Communications Programs

We exchange messages in many different ways every day of our lives. We can communicate with words (verbally) without words (nonverbally), and by listening, writing and teaching. In 4-H, you can strengthen your communication skills by giving presentations and working exhibits, writing newspaper articles, giving reports to your club, talking on the radio, entering a poster contest, keeping records, talking to a judge about your exhibit, and even by participating in a 4-H meeting. There are many ways to practice your communication skills at the county level too. This sheet explains the **5 Communication Contests** that are held at the county and state level.

4-H Educational Presentations

Every Cass County 4-H'er has the opportunity and the responsibility of giving an Educational Presentation to their 4-H club each year.

An Educational Presentation includes:

- ✓ Catchy Title
- ✓ Introduction
- ✓ Body
- ✓ Conclusion



Once you have shared your Educational Presentation with your 4-H club, why not enter the county contest at fair!

4-H Poster Contest

The Poster Contest gives 4-H'ers the opportunity to communicate without speaking.

Each year there are 5 themes that you can choose from when designing your poster. These themes will be listed in the fairbook and in the 4-H newsletter.

Show what the theme means to you using paint, crayon, charcoal, or any other materials. Posters must be 14" x 22" in dimension.

Bring your poster to be judged on Saturday of County Fair with the rest of your fair exhibits. There is no pre-entry.

4-H Share the Fun

Share the Fun acts can be performed by individual 4-H members, small groups, or the entire 4-H club.

4-H'ers can sing, dance, play the piano or other musical instrument, tell jokes, give a dramatic reading, or put on a skit.



The Cass County Contest is in **February**. Deadline to sign up is February 1. There is a \$5 entry fee. Prize money is awarded to the top performances and acts may be selected to advance to the Iowa State Fair.

Get your club together to entertain others.

4-H Working Exhibits

In a Working Exhibit, YOU are the teacher. You get to show and tell other people how to do something informally.

The audience is walking by and it is your job to get them to stop. People at your display will want to be involved in hands-on activity.



Working Exhibits are given on **Wednesday of County Fair**. Registrations for this event are due on July 1.

4-H Extemporaneous Speaking

This contest is for senior 4-H'ers in grades 9 - 12.

Participants will select one of three 4-H related topics and have 30 minutes to prepare a four to six minute speech.



The Extemporaneous Speaking Contest is held on Wednesday during County Fair. Registrations are due July 1.

4-H Presentation or Working Exhibit Ideas

<p>How to Apply for a Job Haircuts Make Up - Do's & Don'ts How to give a Manicure How to (and not to) break an egg Etiquette Health Physical Fitness Aerobic Exercise Personal Hygiene Severe Weather Safety Do's & Don'ts of Halloween Costumes First Aid Farm Safety Snowmobile Safety Gun Safety Bicycle Safety Water Safety Motorcycle Care Tractor Safety Knot Tying Energy Saving Techniques Animal Care Beef Breeds Cross Breeding Showmanship Livestock Judging Cattle Production Testing Artificial Insemination Diseases & Their Controls Livestock Grooming & Handling Chicken & Egg Production Wool Production How to Make a Necktie A Camp I attended Astrology Indian Language Foreign Culture Aerospace Fishing Travel A Collection I Have Arc Welding Pet Care Marketing Grain & Livestock Swine Ear Notching Swine Backfat Probing How to Measure Flower Arranging Transplant a Flower Terrariums Mounting a plant Specimen Mounting an Insect Specimen</p>	<p>Identification of -- Weed Insects Flowers Trees Wood Leaves Seeds Animal Tracks How a Plant grows Soil Types & Testing Fertilizers & Chemicals (use safely) How a TV Works How a Radio Works How to use a Square Measurer Small Engines Grain Testing for Wetness Soil Conservation Weed Control Entomology Child Care/Baby-sitting Making Homemade Games (Toys) Music The American Hat Dance Square Dancing Folk Dancing Internet Safety Geology Self Defense Judo/Yoga Recreation (games/sports) Ecology Gift Wrapping Techniques Procedure on Voting Registration How to decorate a cake/cookies Buying Food Baking Bread Food Pyramid Identifying Meat Cuts Preparing Foreign Foods Outdoor Cookery Meal Planning Low Calorie Cooking Uses for different pots & Pans Dieting Food Preparation or Nutrition How to set a Dinner Table Napkin Folding Food Safety Hand Washing Reading Food Labels Packing a Picnic Basket</p>	<p>Redecorating Interior Designing Stamp Art Trash to Treasurers (recycling) Art Principles Elements of Design Needlepoint Care of Sewing Machines Making Clothes Sew on a Button Rule of Thirds Parts of a Camera Needlepoint Tie Dying Decoupage Cane Seat Weaving Knitting Crocheting Re-upholstering Buying Furniture Making Furniture Biodegradable Substances and what they do Household Electronics: Wiring/appliances Fixing a leak How to train a dog Building a model Changing oil in a car Bicycle parts Cleaning a saddle How to use sandpaper How to plant a garden Read through your project manuals....Be creative!</p> <div style="text-align: center;">  </div>

