

# 4-H Communications Programs

We exchange messages in many different ways every day of our lives. We can communicate with words (verbally) without words (nonverbally), and by listening, writing and teaching. In 4-H, you can strengthen your communication skills by giving presentations and working exhibits, writing newspaper articles, giving reports to your club, talking on the radio, entering a poster contest, keeping records, talking to a judge about your exhibit, and even by participating in a 4-H meeting. There are many ways to practice your communication skills at the county level too. This sheet explains the **5 Communication Contests** that are held at the county and state level.

## 4-H Educational Presentations

Every Cass County 4-H'er has the opportunity and the responsibility of giving an Educational Presentation to their 4-H club each year.

An Educational Presentation includes:

- ✓ Catchy Title
- ✓ Introduction
- ✓ Body
- ✓ Conclusion



Once you have shared your Educational Presentation with your 4-H club, why not enter the county contest at fair!

## 4-H Poster Contest

The Poster Contest gives 4-H'ers the opportunity to communicate without speaking.

Each year there are 5 themes that you can choose from when designing your poster. These themes will be listed in the fairbook and in the 4-H newsletter.

Show what the theme means to you using paint, crayon, charcoal, or any other materials. Posters must be 14" x 22" in dimension.

Bring your poster to be judged on Saturday of County Fair with the rest of your fair exhibits. There is no pre-entry.

## 4-H Share the Fun

Share the Fun acts can be performed by individual 4-H members, small groups, or the entire 4-H club.

4-H'ers can sing, dance, play the piano or other musical instrument, tell jokes, give a dramatic reading, or put on a skit.



The Cass County Contest is in **February**. Deadline to sign up is February 1. There is a \$5 entry fee. Prize money is awarded to the top performances and acts may be selected to advance to the Iowa State Fair.

Get your club together to entertain others.

## 4-H Working Exhibits

In a Working Exhibit, YOU are the teacher. You get to show and tell other people how to do something informally.

The audience is walking by and it is your job to get them to stop. People at your display will want to be involved in hands-on activity.



Working Exhibits are given on **Wednesday of County Fair**. Registrations for this event are due on July 1.

## 4-H Extemporaneous Speaking

This contest is for senior 4-H'ers in grades 9 - 12.

Participants will select one of three 4-H related topics and have 30 minutes to prepare a four to six minute speech.



The Extemporaneous Speaking Contest is held on Wednesday during County Fair. Registrations are due July 1.

## 4-H Presentation or Working Exhibit Ideas

<p>How to Apply for a Job          Haircuts          Make Up - Do's &amp; Don'ts          How to give a Manicure          How to (and not to) break an egg          Etiquette          Health          Physical Fitness          Aerobic Exercise          Personal Hygiene          Severe Weather Safety          Do's &amp; Don'ts of Halloween Costumes          First Aid          Farm Safety          Snowmobile Safety          Gun Safety          Bicycle Safety          Water Safety          Motorcycle Care          Tractor Safety          Knot Tying          Energy Saving Techniques          Animal Care          Beef Breeds          Cross Breeding          Showmanship          Livestock Judging          Cattle Production Testing          Artificial Insemination          Diseases &amp; Their Controls          Livestock Grooming &amp; Handling          Chicken &amp; Egg Production          Wool Production          How to Make a Necktie          A Camp I attended          Astrology          Indian Language          Foreign Culture          Aerospace          Fishing          Travel          A Collection I Have          Arc Welding          Pet Care          Marketing Grain &amp; Livestock          Swine Ear Notching          Swine Backfat Probing          How to Measure          Flower Arranging          Transplant a Flower          Terrariums          Mounting a plant Specimen          Mounting an Insect Specimen</p>	<p>Identification of --          Weed          Insects          Flowers          Trees          Wood          Leaves          Seeds          Animal Tracks          How a Plant grows          Soil Types &amp; Testing          Fertilizers &amp; Chemicals (use safely)          How a TV Works          How a Radio Works          How to use a Square Measurer          Small Engines          Grain Testing for Wetness          Soil Conservation          Weed Control          Entomology          Child Care/Baby-sitting          Making Homemade Games (Toys)          Music          The American Hat Dance          Square Dancing          Folk Dancing          Internet Safety          Geology          Self Defense          Judo/Yoga          Recreation (games/sports)          Ecology          Gift Wrapping Techniques          Procedure on Voting          Registration          How to decorate a cake/cookies          Buying Food          Baking Bread          Food Pyramid          Identifying Meat Cuts          Preparing Foreign Foods          Outdoor Cookery          Meal Planning          Low Calorie Cooking          Uses for different pots &amp; Pans          Dieting          Food Preparation or Nutrition          How to set a Dinner Table          Napkin Folding          Food Safety          Hand Washing          Reading Food Labels          Packing a Picnic Basket</p>	<p>Redecorating          Interior Designing          Stamp Art          Trash to Treasurers (recycling)          Art Principles          Elements of Design          Needlepoint          Care of Sewing Machines          Making Clothes          Sew on a Button          Rule of Thirds          Parts of a Camera          Needlepoint          Tie Dying          Decoupage          Cane Seat Weaving          Knitting          Crocheting          Re-upholstering          Buying Furniture          Making Furniture          Biodegradable Substances and what they do          Household Electronics: Wiring/appliances          Fixing a leak          How to train a dog          Building a model          Changing oil in a car          Bicycle parts          Cleaning a saddle          How to use sandpaper          How to plant a garden</p> <p>Read through your project manuals....Be creative!</p> <div style="text-align: center;">  </div>

